

Join us for a HEALTH | ONE  
Information Session:

NOVEMBER IS  
**DIABETES**   
AWARENESS MONTH

**Tuesday, November 14, 2023**  
3:00 PM - 4:00 PM | Country Kitchen

**1 Canterbury Place, North York, ON, M2N 0G7**  
416.227.1643 | [info@canterburyplaceretirement.com](mailto:info@canterburyplaceretirement.com)



**DIABETES  
AWARENESS  
MONTH**

This Diabetes Awareness Month, we're calling on Canadians to show support for people affected by diabetes by spending their time learning more about this too-often "invisible" condition and sharing that knowledge with their communities.

**#WearBlue** this November!



HEALTH | ONE

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