



INSPIRED SENIOR LIVING

June 2024 Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Activity Packages Available At Reception 2

10:00 Exercises with Shantel (PL)
 10:30 Sunday Trivia (BAR)
 10:30 Manor Road United Church YouTube Service (All Welcome) (TH)
 2:00 Sunday Movie Screening: Redeeming Love (TH)
 2:00 Who Wants to be a Millionaire? (PL)
 3:00 Afternoon Tea Social (BAR)
 3:00 Sunday Entertainment with Dave Rowen (CK)
 6:30 Movie Night: Redeeming Love (TH)

Hearing Clinic (Sign Up @ Reception) (PL) 3

10:00 Seated Exercises with Shantel (PL)
 10:45 Drumfit Classics with Shantel (PL)
 11:00 Go4Life Walking Group to Mel Lastman Square (L)
 2:00 Bridge Game (2:00pm to 4:00pm) (GR)
 2:00 Musical Movie Mondays: Pot o' Gold (TH)
 2:00 Painting with Lynn (Sign Up @ Reception) (CK)
 3:00 Afternoon Tea Social (BAR)
 3:00 Tech Corner with the Students (Sign-up at Reception) (GR)
 3:30 Java Music Club Sing A-long (CK)
 6:30 Musical Movie Mondays: Pot o' Gold (TH)

10:00 Gentle Fitness (CK) 4

10:00 Outing to Dufferin Mall (Sign up @ Reception) (L)

10:30 Jumbo Crossword (BAR)
 10:45 Falls Prevention Exercise Class (CK)
 2:00 Euchre (GR)
 2:00 Wild Babies: Bonds That Tie (TH)
 2:00 Meet Me at the MoMa Presentation-Sofonisba Anguissola (PL)
 2:30 Meet Me at the MoMa Painting Session (PL)
 3:00 Afternoon Tea Social (BAR)
 3:00 Fit Minds-Stay Sharp (PL)
 3:30 Balloon Toss (CK)
 6:30 Movie Night: Legends of the Fall (TH)
 7:00 Pub Night with Ryan & Sandra featuring Blue Jays vs Baltimore Orioles (BAR)

10:00 4 Pictures One Word (BAR) 5

10:00 Drumfit Classics with Sandra (PL)
 10:15 Seated Yoga With Deborah (CK)
 11:00 Go4Life Walking Group to Mel Lastman Square (L)
 2:00 Movie Matinee: The Tearsmith (TH)
 2:00 Artfull Enrichment Workshop: Italian View Painting (PL)
 3:00 Afternoon Tea Social (BAR)
 3:00 Kings in the Corner (GR)
 3:00 Make Your Own Ice Cream Float (Please Sign up @ Reception) (CK)
 3:30 Resident Food Meeting with Crystal (PL)
 6:30 Poker Night with Effie (GR)
 6:30 Movie Night: The Tearsmith (TH)

10:00 Gentle Fitness (CK) 6

10:30 Thursday Trivia with Bill (BAR)
 10:45 Falls Prevention Exercise Class (CK)
 2:00 Loonie Bingo (CK)
 2:00 Netflix Series: Bridgerton Episode 4 - Old Friends (TH)
 3:00 Afternoon Tea Social (BAR)
 3:00 Happy Hour (BAR)
 3:30 Four Corners Debate (CK)
 6:00 Paraffin Wax Treatment (Register @ Reception) (CK)
 6:30 Bridge Night (GR)
 6:30 Movie Night: D-Day (TH)
 7:00 Scrabble (GR)

National Donut Day! 7

10:00 Exercises with Sandra (CK)
 10:30 Quiddler with Andrea (GR)
 10:45 Drumfit Classics with Sandra (PL)
 11:00 Go4Life Walking Group to Mel Lastman Square (L)
 2:00 Movie Matinee: Laapataa Ladies (TH)
 2:00 Scattergories (CK)
 3:00 Kings in the Corner (GR)
 3:00 Special Donut Afternoon Tea Social (BAR)
 6:30 Movie Night: Laapataa Ladies (TH)
 6:45 Friday Night Bingo w/ Tom (CK)

10:00 Exercises with Shantel (CK) 8

10:30 Quiddler (GR)
 10:45 Drumfit Classics Exercises (PL)
 1:30 Go4Life Walking Grp (L)
 2:00 Word in a Word (CK)
 2:00 Saturday Afternoon Entertainment: Tschaiakowsky: Violinkonzert · hr-Sinfonieorchester · Hilary Hahn · Andrés Orozco-Estrada (TH)
 3:00 Afternoon Tea Social (BAR)
 3:00 Euchre (GR)
 3:30 Creative Colouring and Relaxing Music (CK)
 6:30 Movie Night: The Lost Husband (TH)

Activity Packages Available At Reception 9

10:00 Exercises with Shantel (PL)
 10:30 Sunday Trivia (BAR)
 10:30 Manor Road United Church YouTube Service (All Welcome) (TH)
 2:00 Sunday Movie Screening: The Big Country (TH)
 2:00 Euchre Card Game (GR)
 3:00 Afternoon Tea Social (BAR)
 3:00 Name That Tune with Shantel (CK)
 6:30 Movie Night: The Big Country (TH)

10:00 Seated Exercises with Sandra (PL) 10

10:45 Drumfit Classics with Sandra (PL)
 11:00 Go4Life Walking Group to Mel Lastman Square (L)
 2:00 Bridge Game (2:00pm to 4:00pm) (GR)
 2:00 Musical Movie Mondays: Garden of Evil (TH)
 2:00 Energy Healing Session with Michelle (CK)
 3:00 Afternoon Tea Social (BAR)
 3:00 Tech Corner with the Students (Sign-up at Reception) (PL)
 3:30 Java Music Club Sing A-long (CK)
 6:30 Musical Movie Mondays: Garden of Evil (TH)

10:00 Gentle Fitness (CK) 11

10:30 Jumbo Crossword (BAR)
 10:45 Falls Prevention Exercise Class (CK)
 2:00 Euchre (GR)
 2:00 Wild Babies: Finding Your Place (TH)
 2:00 Artfull Enrichment Workshop: Fun Guy, Fungi (CK)
 3:00 Afternoon Tea Social (BAR)
 3:00 Fit Minds-Stay Sharp (Pick up @ Reception) (IS)
 3:30 Balloon Toss (CK)
 6:30 Movie Night: Gifted (TH)
 6:30 Game Night with Sandra: Kings in the Corner (GR)

10:00 4 Pictures One Word (BAR) 12

10:00 Drumfit Classics with Sandra (PL)
 10:15 Seated Yoga With Deborah (CK)
 11:00 Go4Life Walking Group to Mel Lastman Square (L)
 2:00 Movie Matinee: Sully (PL)
 2:00 Crafty Wednesdays with Sandra: DIY Suncatchers (Sign-up @ Reception) (BAR)
 3:00 Afternoon Tea Social (BAR)
 3:00 Kings in the Corner (GR)
 3:00 Wine Tasting Featuring Wines from Chile (CK)
 6:30 Poker Night with Effie (GR)
 6:30 Movie Night: Sully (PL)

10:00 Gentle Fitness (CK) 13

10:30 Thursday Trivia (BAR)
 10:45 Falls Prevention Exercise Class (CK)
 1:00 Tuck Shop Meeting (CK)
 2:00 Loonie Bingo with Stu (PL)
 2:00 Netflix Bridgerton Episode 5 - Tick Tock (TH)
 3:00 Afternoon Tea Social (BAR)
 3:30 Make Your Strawberry Arugula Salad (Please Sign up @ Reception) (CK)
 6:00 Paraffin Wax Treatment (Register @ Reception) (CK)
 6:30 Bridge Night (GR)
 6:30 Movie Night: The Godfather (TH)
 7:00 Scrabble (GR)

10:00 Exercises with Sandra (PL) 14

10:30 Church Service with Msgr. Pat (CK)
 10:30 Quiddler (GR)
 10:45 Drumfit Classics (PL)
 11:00 Go4Life Walking Group to Mel Lastman Square (L)
 2:00 Movie Matinee: Beautiful Boy (TH)
 3:00 Kings in the Corner (GR)
 3:00 Afternoon Tea Social (BAR)
 3:00 Getting To Know Simone Community Relations Manager (PL)
 6:30 Movie Night: Beautiful Boy (TH)
 6:45 Friday Night Bingo w/ Tom (CK)

9:30 Outing to St. Jacobs Farmer Market (Sign up @ Reception) (L) 15

10:00 Virtual Exercises (PL)
 10:30 Quiddler (GR)
 10:45 Drumfit Classics Exercises (PL)
 1:30 Go4Life Walking Grp (L)
 2:00 Word in a Word (CK)
 2:00 Saturday Afternoon Entertainment: REMASTERED: Yunchan Lim - RACHMANINOV Piano Concerto No. 3 in D Minor, op. 30 (TH)
 3:00 Afternoon Tea Social (BAR)
 3:00 Euchre (GR)
 3:30 Creative Colouring and Relaxing Music (CK)
 6:30 Movie Night: Fatherhood (TH)



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June 2024 Canterbury Place Retirement Residence



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday										
FATHER'S DAY Activity Packages Available At Reception 16 10:00 Virtual Exercises (PL) 10:30 Sunday Trivia (BAR) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 11:30 BRUNCH (DR) 2:00 Sunday Movie Screening: The Pursuit of Happiness (TH) 2:00 Loonie Bingo with Sandra (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Father's Day Entertainment with Bruce Tournay (CK) 6:30 Movie Night: The Pursuit of Happiness (TH)	17 10:00 Seated Exercises with Felix Instructor (CK) 10:45 Drumfit Classics (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Mondays: The Umbrellas of Cherbourg (TH) 2:00 Painting with Lynn (Sign Up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (PL) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Mondays: The Umbrellas of Cherbourg (TH)	18 10:00 Gentle Fitness (CK) 10:30 Jumbo Crossword with Roshan (BAR) 10:45 Falls Prevention Exercise Class (CK) 1:30 Resident Council Meeting (PL) 2:00 Euchre (GR) 2:00 Wild Babies: Hostile Homes (TH) 2:00 Artfull Presentation: Indigenous & Native American Art (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Fit Minds-Stay Sharp (CK) 3:30 Gardening Club Meeting (PL) 6:30 Movie Night: Atanarjuat, The Fast Runner (TH) 6:30 Game Night with Shantel: Hot Seat Guessing Game (GR)	19 National Martini Day! 10:00 4 Pictures One Word (BAR) 10:00 Drumfit Classics with Sandra (PL) 10:15 Seated Yoga With Deborah (CK) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Movie Matinee: Falls Around Her (TH) 2:00 Artsy Wednesdays with Sandra: Indigenous Art Print (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Kings in the Corner (GR) 3:30 Martini Tasting with Shantel & Sandra (CK) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: Falls Around Her (TH)	20 National Cheese Day! First Day Of Summer! 10:00 Gentle Fitness (CK) 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Toronto Fire Safety Presentation (CK) 2:00 Indigenous Documentary: Our People Will Be Healed (TH) 3:00 Afternoon Tea Social (BAR) 3:00 First Day of Summer Happy Hour (3T) 3:30 Four Corners Debate (CK) 6:00 Paraffin Wax Treatment (Register @ Reception) (CK) 6:30 Bridge Night (GR) 6:30 Movie Night: Rustic Oracle (TH) 7:00 Loonie Bingo (CK)	21 National Indigenous People' Day 10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics Exercises (PL) 11:00 Outing on the Toronto Odyssey Boat Cruise (Please Sign Up @ Reception) (L) 1:30 Go4Life Walking Grp (L) 2:00 Word in a Word (CK) 2:00 Saturday Afternoon Entertainment: Beethoven: Piano Concerto No. 5 in E-flat Major "Emperor", Rosalía Gómez Lasheras (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: Indian Horse (TH)	22 10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics Exercises (PL) 11:00 Outing on the Toronto Odyssey Boat Cruise (Please Sign Up @ Reception) (L) 1:30 Go4Life Walking Grp (L) 2:00 Word in a Word (CK) 2:00 Saturday Afternoon Entertainment: Beethoven: Piano Concerto No. 5 in E-flat Major "Emperor", Rosalía Gómez Lasheras (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: Indian Horse (TH)										
Activity Packages Available At Reception 23 10:00 Exercises with Shantel (PL) 10:30 Sunday Trivia (BAR) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 2:00 Sunday Movie Screening: The Grizzlies (TH) 2:00 Euchre (GR) 2:00 Life Enrichment Meeting (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Sunday Afternoon Entertainment with Gilad (CK) 6:30 Movie Night: The Grizzlies (TH)	24 10:00 All Resident Information Meeting (CK) 10:45 Drumfit Classics (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Mondays: Music of the Heart (TH) 2:00 Meet Me at the MoMa Presentation- Cuno Amiet (PL) 2:00 Euchre Tournament (CK) 2:30 Meet Me at the MoMa Painting Session (PL) 3:00 Afternoon Tea Social (BAR) 6:30 Musical Movie Mondays: Music of the Heart (TH)	25 FOOT CLINIC (Sign Up @ Reception) (IS) 10:00 Gentle Fitness (CK) 10:00 Outing to Walmart (Sign up @ Reception) (L) 10:30 Jumbo Crossword (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Wild Babies: Stepping Up (TH) 2:00 Artfull Enrichment Workshop: Pastel Vase of Lemons (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Living, Local, Local, Themed Demo Featuring Strawberries (CK) 3:30 Fit Minds-Stay Sharp (PL) 4:00 Balloon Toss (CK) 6:30 Movie Night: The Miracle Season (TH) 7:00 Sing A-long with Patricia Duffy (PL)	26 Wear a Plaid Shirt Day! 10:00 4 Pictures One Word (BAR) 10:00 Drumfit Classics with Sandra (PL) 10:15 Seated Yoga With Deborah (CK) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Movie Matinee: Robin Hood (TH) 2:00 Crafty Wednesdays with Sandra: Foam Sheet Small Gift Basket (Sign-up @ Reception) (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Kings in the Corner (GR) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: Robin Hood (TH)	27 10:00 Gentle Fitness (CK) 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Loonie Bingo (PL) 2:00 Indigenous Documentary: For Love (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Celebrating June Birthdays with Shannon Graham (CK) 4:30 Living, Loving, Local Themed Dinner Featuring Strawberries (CK) 6:00 Paraffin Wax Treatment (Register @ Reception) (CK) 6:30 Bridge Night (GR) 6:30 Movie Night: High Plains Drifter (TH) 7:00 Scrabble (GR)	28 10:00 Exercises with Shantel (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics with Students (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Movie Matinee: Life with Dog (TH) 2:00 Indigenous Show: Drumming & Smudging Ceremony with Steve Blue (CK) 3:00 Kings in the Corner (GR) 3:00 Special Indigenous Celebratory Afternoon Tea Social (BAR) 6:30 Movie Night: Life with Dog (TH) 6:45 Friday Night Bingo w/ Tom (CK)	29 10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics Exercises (PL) 1:30 Go4Life Walking Grp (L) 2:00 Word in a Word (CK) 2:00 Presentation with Lianne Harris - The Garden: The History & Stories of Famous Flowers (Please Sign up @ Reception) (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 3:30 Saturday Afternoon Entertainment: Yuja Wang: Rachmaninov Piano Concerto No. 2 in C minor Op. 18 (TH) 6:30 Movie Night: Woman in Gold (TH)										
Activity Packages Available At Reception 30 10:00 Virtual Exercises (PL) 10:30 Sunday Trivia (BAR) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 2:00 Sunday Movie Screening: Two if by Sea (TH) 2:00 Giant Checkers (CK) 3:00 Afternoon Tea Social (BAR) 6:30 Movie Night: Two if by Sea (TH)					<h3>Locations Legend</h3> <table border="0"> <tr> <td>Country Kitchen (CK)</td> <td>Lobby (L)</td> </tr> <tr> <td>Piano Lounge (PL)</td> <td>In Suite (IS)</td> </tr> <tr> <td>Theatre (TH)</td> <td>3rd Floor Terrace (3T)</td> </tr> <tr> <td>Games Room (GR)</td> <td>Dining Room (DR)</td> </tr> <tr> <td>Bar (BAR)</td> <td></td> </tr> </table>		Country Kitchen (CK)	Lobby (L)	Piano Lounge (PL)	In Suite (IS)	Theatre (TH)	3rd Floor Terrace (3T)	Games Room (GR)	Dining Room (DR)	Bar (BAR)	
Country Kitchen (CK)	Lobby (L)															
Piano Lounge (PL)	In Suite (IS)															
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