



INSPIRED SENIOR LIVING

# December 2024

## Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Activity Packages Available At Reception 1</b> 10:00 Exercises with Sandra (CK) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia (BAR) 2:00 Sunday Movie Screening: 2 Hearts (TH) 2:00 Loonie Bingo with Sandra (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Scrabble (GR) 6:30 Movie Night: 2 Hearts (TH)	<b>Hearing Clinic (Sign Up @ Reception) (S) 2</b> 10:00 Seated Exercises with Sandra (CK) 10:45 Drumfit Classics with Sandra (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Monday: The Sound of Music (TH) 2:00 The History of Christmas Carols Lecture with Shannon Graham (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (IS) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Monday: The Sound of Music (TH)	<b>10:00 Gentle Fitness (CK) 3</b> 10:00 Outing to Vaughan Mills Mall Group 1 (Sign up @ reception) (O) 10:30 Jumbo Crossword (BAR) 10:45 Falls Prevention Exercise Class (CK) 1:30 Resident Council Meeting (PL) 2:00 Euchre (GR) 2:00 Christmas Animation Movies: The Grinch (TH) 2:00 Meet Me at the MoMa Presentation - J.E.H. MacDonald (PL) 2:00 Decorating Christmas Tree on Second Floor (BAR) 2:30 Meet me at the MoMa - Painting Session (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Getting to Know Hadizat Abike (Student)-Presentation (CK) 6:30 Movie Night: Swiss Family Robinson (TH)	<b>10:00 Drumfit Classics (PL) 4</b> 10:00 Outing to Vaughan Mills Mall Group 2 (Sign up @ reception) (O) 10:15 Seated Yoga With Deborah (CK) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Link Word (BAR) 2:00 Movie Matinee: Gremlins (TH) 2:00 Decorating Christmas Tree on Second Floor (BAR) 3:00 Afternoon Tea Social (BAR) 3:00 Crafty Wednesdays with Savita and Amandeep: Ceramic Painting (Please Sign up @ Reception) (PL) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: Gremlins (TH)	<b>10:00 Gentle Fitness (CK) 5</b> 10:30 Thursday Trivia with Bill (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Holiday Documentary: Legends of Santa Around the World (TH) 2:00 Loonie Bingo (CK) 3:00 Afternoon Tea Social (BAR) 6:00 Paraffin Wax Treatment (Register @ Reception) (CK) 6:30 Bridge Night (GR) 6:30 Movie Night: The Art of Racing in the Rain (TH)	<b>Door Decorating Contest Begins! Sunshinecanada Clothing Vendor (10:00AM to 2:00PM) (PL) 6</b> 10:00 Seated Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Scattogories with Sandra (PL) 2:00 Movie Matinee: Blue Miracle (TH) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 3:00 Resident Food Meeting with Crystel (CK) 6:30 Movie Night: Blue Miracle (TH) 6:45 Friday Night Bingo w/ David Cowper (CK)	<b>10:00 Exercises with Shantel (CK) 7</b> 10:30 Quiddler (GR) 10:45 Drumfit Classics Exercises (PL) 1:30 Go4Life Walking Grp (L) 1:30 Outing to Trinity Presbyterian Church for Holiday Concerts (Please Sign Up @ Reception) (L) 2:00 Word in a Word (CK) 2:00 Saturday Afternoon Entertainment: Mozart: Eine kleine Nachtmusik: McGill Symphony Orchestra Montreal conducted by Alexis Hauser (TH) 2:00 Presentation with Lianne Harris - Christmas: Stories & Symbols (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: Megan Leavey (TH)
<b>Activity Packages Available At Reception 8</b> 10:00 Exercises with Shantel (CK) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia (BAR) 2:00 Scrabble (GR) 2:00 Sunday Movie Screening: Hanukkah on Rye (TH) 2:00 Musical Hang Man with Shantel (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Sunday Entertainment with the West Enders (CK) 6:30 Movie Night: Hanukkah on Rye (TH)	<b>10:00 Exercises with Shantel (CK) 9</b> 10:45 Drumfit Classics with Shantel (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Painting with Lynn (Sign Up @ Reception) (PL) 2:00 Musical Movie Monday: The Muppet Christmas Carol (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (PL) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Monday: The Muppet Christmas Carol (TH)	<b>10:00 Gentle Fitness (CK) 10</b> 10:00 Outing to Distillery District Christmas Market OUTDOOR TRIP (Sign-up @ Reception) (L) 10:30 Jumbo Crossword (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Create Your Own Flower Wreath with Megan (Please Sign Up @ Reception) (PL) 2:00 Christmas Animation Movies: Mickey's Once Upon A Christmas (TH) 3:00 Afternoon Tea Social (BAR) 3:30 Fit Minds-Stay Sharp (Pick up @ Reception) (IS) 3:30 Canterbury Happy Hour Cocktail Competiton (CK) 6:30 Movie Night: Iron Will (TH) 7:00 Piano Evening with Patricia Duffy (PL)	<b>10:00 Seated Exercises with Sandra (CK) 11</b> 10:00 Outing to Distillery District Christmas Market Group 2 OUTDOOR TRIP (Sign-up @ Reception) (L) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Link Word (BAR) 2:00 Movie Matinee: The Family Stone (TH) 2:00 Painting Workshop with Canvas Paint Parties (Please Sign Up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Living, Loving, Local Chef's Demo with Crystel - Featuring Cranberry (CK) 4:30 Living, Loving, Local Themed Dinner (DR) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: The Family Stone (TH)	<b>Ladies One Stop Shop (10:00AM. to 3:00PM) (PL) 12</b> 10:00 Gentle Fitness (CK) 10:30 Thursday Trivia with Andrea (BAR) 10:45 Falls Prevention Exercise Class (CK) 1:00 LLL Chef's Demo with Charlotte from Fresh Start Foods (PL) 2:00 Dance Showcase from Claude Watson School of Arts (CK) 2:00 Holiday Documentary: The Tudors' Bizarre 12 Days Of Christmas Ritual (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Happy Hour \$5 a Glass (BAR) 6:00 Paraffin Wax Treatment (Register @ Reception) (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: A Christmas Story (TH) 7:00 Loonie Bingo (CK)	<b>First Day of Christmas - Wear Santa Hats! 13</b> 10:00 Seated Yoga With Deborah (PL) 10:30 Church Service with Msgr. Pat (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Holiday Variety Show Featuring Samira Yeo (2:00 p.m. - 4:00 p.m.) (CK) 2:00 Movie Matinee: Love, Actually (TH) 3:00 Afternoon Tea Social (CK) 6:30 Movie Night: Love, Actually (TH) 6:45 Friday Night Bingo w/ David Cowper (CK)	<b>Second Day of Christmas - Candy Cane Colours 14</b> 10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics Exercises (PL) 1:30 Go4Life Walking Grp (L) 2:00 Gingerbread House Decorating Contest (Please Sign Up @ Reception) (CK) 2:00 Saturday Afternoon Entertainment: Baroque Christmas Concert with works by Bach, Handel and Mozart   Freiburg Baroque Orchestra (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 6:30 Outing to Trinity Presbyterian Church for a Concert (Please Sign Up @ Reception) (L) 6:30 Movie Night: The Santa Clause (TH)
<b>Third Day of Christmas - Flannel Day 15</b> <b>Activity Packages Available At Reception</b> 10:00 Exercises with Shantel (CK) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia (BAR) 2:00 Tech Corner with the Shantel (Sign-up at Reception) (PL) 2:00 Sunday Movie Screening: Miracle Maker (TH) 3:00 Afternoon Tea Social (BAR) 3:30 Match the Bowes Holiday Program (CK) 6:30 Movie Night: Miracle Maker (TH)	<b>Fourth Day of Christmas- Wear a Green Sweater and Green Tights 16</b> <b>10:00 All Resident Information Meeting (CK)</b> 10:45 Drumfit Classics (BAR) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Monday: Mrs. Santa Claus (TH) 2:00 Fit Minds-Stay Sharp (BAR) 3:00 Afternoon Tea Social (BAR) 3:30 Java Music Club Sing A-long (CK) 5:00 Outing- Dinner to The Keg ( Sign up @ Reception) (L) 6:30 Musical Movie Monday: Mrs. Santa Claus (TH)	<b>Fifth Day of Christmas- Two Turtle Doves Twin Day 17</b> 10:00 Gentle Fitness (CK) 10:30 Jumbo Crossword (BAR) 10:45 Falls Prevention Exercise Class (CK) 1:30 Resident Council Meeting (PL) 2:00 Euchre (GR) 2:00 Christmas Animation Movies: Disney's A Christmas Carol (TH) 3:00 Canterbury Place Bake Sale (CK) 3:00 Afternoon Tea Social (CK) 6:30 Movie Night: Serendipity (TH) 7:00 The Chorolairs Performance (CK)	<b>Sixth Day of Christmas - Dress up as your Favourite Christmas Movie Character 18</b> 10:00 Drumfit Classics with Sandra (PL) 10:15 Seated Yoga With Deborah (CK) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Movie Matinee: Elf (TH) 2:00 Artfull Presentation: The Magic of Monet (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Canterbury Place Murder Mystery High Tea (Please Sign up @ Reception) (DR) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: Elf (TH) 6:30 Christmas Lights Tour Group 1 (Sign-up @ Reception) (L)	<b>Seventh Day of Christmas - Pajama Day let's see your PJs 19</b> 10:00 Gentle Fitness (CK) 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Holiday Documentary: The Tudors' Bizarre 12 Days Of Christmas Ritual (TH) 2:00 Travelling Sleigh: Christmas Cookies and Egnog with Cinnamon Sticks (17th Floor to 11th Floor) (IS) 3:00 Afternoon Tea Social (BAR) 3:00 Travelling Sleigh: Christmas Cookies and Egnog with Cinnamon Sticks (10th Floor to 3rd Floor) (IS) 6:00 Paraffin Wax Treatment (Register @ Reception) (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: An Affair to Remember (TH) 7:00 Holiday Bingo with Andrea (CK)	<b>FOOT CLINIC (Sign Up @ Reception) (IS) 20</b> <b>Eighth Day of Christmas - Ugly Sweater Day</b> 9:00 Special Holiday Breakfast with the Managers (BAR) 10:00 Tai Chi Class with Steve (CK) 10:30 Quiddler (GR) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Movie Matinee: I'll Be Home for Christmas (TH) 2:00 Mixology Class with Shantel & Sandra (Please Sign Up @ Reception) (BAR) 3:00 Afternoon Tea Social (BAR) 3:00 Canterbury Holiday Entertainment with Concerts In Care (CK) 6:30 Movie Night: I'll Be Home for Christmas (TH)	<b>Ninth Day of Christmas- Dress up as Elves 21</b> 10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics Exercises (PL) 1:30 Go4Life Walking Grp (L) 2:00 Word in a Word (CK) 2:00 Saturday Afternoon Entertainment: André Rieu - Home for Christmas (TH) 2:00 Smores Making with Sandra (Please Sign Up @ Reception) (PL) 3:00 Euchre (GR) 3:00 The Church of Jesus Christ Latter-Day Saints Performance (CK) 3:00 Afternoon Tea Social (BAR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: How the Grinch Stole Christmas (TH) 6:30 Christmas Lights Tour Group 2 (Sign-up @ Reception) (L)



INSPIRED SENIOR LIVING

# December 2024

## Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Tenth Day of Christmas - Wear Bright Red 22</b></p> <p>Activity Packages Available At Reception</p> <p>10:00 Exercises with Sandra (CK)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia (BAR)</p> <p>11:00 <b>Outing to Meridian Hall to watch Twas The Night Before (Sign-up at Reception) (L)</b></p> <p>2:00 Sunday Movie Screening: Falling for Christmas (TH)</p> <p>2:30 Name That Tune with Sandra (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Life Enrichment Meeting (PL)</p> <p>6:30 Movie Night: Falling for Christmas (TH)</p> <p>7:00 Piano Evening with Martin Wall (PL)</p>	<p><b>Eleventh Day of Christmas - Dress up like a Reindeer 23</b></p> <p>10:00 Seated Yoga With Deborah (CK)</p> <p>10:45 Drumfit Classics (PL)</p> <p>11:00 Go4Life Walking Group to Mel Lastman Square (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 <b>Painting with Lynn (Sign Up @ Reception) (PL)</b></p> <p>2:00 Musical Movie Monday: Meet Me in St. Louis (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Monday: Meet Me in St. Louis (TH)</p>	<p><b>Twelfth Day of Christmas - Wear A Flashy Outfit Put Some Lights On 24</b></p> <p>10:00 Gentle Fitness (CK)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Christmas Animation Movies: Tim Burton's The Nightmare Before Christmas (TH)</p> <p>2:00 <b>Naughty or Nice - Poke a Tree and Win a Prize (PL)</b></p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Holiday Drink Tasting (CK)</p> <p>3:00 Fit Minds-Stay Sharp (Pick up @ Reception) (IS)</p> <p>6:30 Movie Night: The Man Who Invented Christmas (TH)</p> <p>7:00 Christmas Eve Entertainment with Davis Stevens (PL)</p>	<p><b>Merry Christmas Happy Hanukkah! 25</b></p> <p>10:00 Virtual Exercises (PL)</p> <p>11:00 Go4Life Walking Group to Mel Lastman Square (L)</p> <p>2:00 Movie Matinee: Miracle on the 34th Street (1947) (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 <b>Live Entertainment with Sunday Singers Women's Choir (CK)</b></p> <p>4:30 <b>Special Christmas Dinner (DR)</b></p> <p>6:30 Movie Night: Miracle on the 34th Street (1947) (TH)</p>	<p><b>Boxing Day! 26</b></p> <p>10:00 Seated Zumba Class with Bette (PL)</p> <p>10:30 Thursday Trivia with Bill (BAR)</p> <p>2:00 Holiday Documentary: The Story of Hanukkah - The Feast of Lights, part 1 (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 <b>Boxing Day Concert with Tristan Alexander (CK)</b></p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: Home Alone (TH)</p>	<p>10:00 Exercises with Sandra (CK) <b>27</b></p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics (PL)</p> <p>11:00 Go4Life Walking Group to Mel Lastman Square (L)</p> <p>2:00 Scattogories with Sandra (PL)</p> <p>2:00 Documentary Matinee: Into the light The Festival of Chanukah (TH)</p> <p>3:00 Kings in the Corner (GR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 <b>Learn the History of Hanukkah and Meet Rabbi Yisorel (CK)</b></p> <p>6:30 Movie Night: A Serious Man (TH)</p> <p>6:45 <b>Friday Night Bingo w/ David Cowper (CK)</b></p>	<p>10:00 Exercises with Shantel (CK) <b>28</b></p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics Exercises (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Word in a Word (CK)</p> <p>2:00 Saturday Afternoon Entertainment: Dallas Symphony Christmas Celebration 2014 (TH)</p> <p>3:00 Euchre (GR)</p> <p>3:00 <b>Afternoon Tea Social Featuring Jelly Filled Donuts (BAR)</b></p> <p>6:30 Movie Night: Home Alone 2: Lost In New York (TH)</p>
<p><b>Activity Packages Available At Reception 29</b></p> <p>10:00 Virtual Exercises (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia (BAR)</p> <p>11:30 <b>HOLIDAY BRUNCH (DR)</b></p> <p>2:00 Scrabble (GR)</p> <p>2:00 Sunday Movie Screening: Full-Court Miracle (TH)</p> <p>2:00 Creative Colouring and Relaxing Music (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 <b>Celebrating December Birthdays with Kelly Davis (CK)</b></p> <p>6:30 Movie Night: Full-Court Miracle (TH)</p>	<p><b>10:00 Seated Yoga With Deborah (CK) 30</b></p> <p>10:00 <b>Outing to Walmart (Sign up @ Reception) Group 1 (L)</b></p> <p>11:00 Go4Life Walking Group to Mel Lastman Square (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Musical Movie Monday: Fiddler on the Roof (TH)</p> <p>2:00 Meet Me at the MoMa Presentation - Pietro Adamo (PL)</p> <p>2:00 <b>Outing to Walmart (Sign up @ Reception) Group 2 (L)</b></p> <p>2:30 Meet me at the MoMa - Painting Session (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Monday: Fiddler on the Roof (TH)</p>	<p><b>10:00 Gentle Fitness (CK) 31</b></p> <p>10:30 Jumbo Crossword (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Christmas Animation Movies: Klaus (TH)</p> <p>2:00 Fit Minds-Stay Sharp (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 <b>Hot Chocolate &amp; Holiday Memories Sharing Slide Show (CK)</b></p> <p>6:30 Movie Night: Heaven is For Real (TH)</p> <p>6:30 <b>New Year Eve Entertainment with Marcus Schwan (CK)</b></p>	<p><b>Month of Giving</b></p>		<p><b>SUNDAY DEC 1 Christmas Lights Day</b></p>	

**WEDNESDAY DEC 25 Christmas Day**

**WEDNESDAY DEC 25 Hanukkah**

**Locations Legend**

- Country Kitchen (CK)
- Piano Lounge (PL)
- Theatre (TH)
- Bar (BAR)
- Games Room (GR)

**Locations Legend**

- Lobby (L)
- In Suite (IS)
- Dining Room (DR)
- Outside (O)
- Salon (S)

**Calendar Legend**

- Outing
- Special Program
- Living, Loving, Local
- Signature Program