



INSPIRED  
SENIOR LIVING








# November 2025

## Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>Movember</p></div> <div>Activity Packages Available At Reception2</div> <div>10:00 Tai Chi with Thomas from Kinnected Chain (CK) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia (BAR) 2:00 Scrabble Self Directed (GR) 2:00 Opera Gala: Famous arias by Mozart, Verdi, Puccini, Donizetti, Handel, Offenbach, Massenet &amp; others (TH) 2:00 Loonie Bingo (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Fit Minds-Stay Sharp (CK) 6:30 Movie Night: Maleficent (TH)</div>	<div><p>MONDAY NOV 3</p><p>National Sandwich Day</p></div> <div>10:00 Seated Exercises with Sandra (CK)3 10:45 Drumfit Classics with Sandra (PL) 11:00 Go4Life Walking Grp (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Painting with Lynn (Sign Up is Required) (PL) 2:00 Musical Movie Mondays: Maestro (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with Priscilla Student (Sign-up Required) (IS) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Mondays: Maestro (TH)</div>	<div><p>MONDAY NOV 3</p><p>National Sandwich Day</p></div> <div>10:00 Gentle Fitness (CK)4 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Ballet Masterpiece: The Ninth Symphony by Maurice Bejart - Full Dance Event   Zubin Mehta, Tokyo Ballet, Béjart Ballet (TH) 2:00 Artful Enrichment Workshop: Felt Poppy Pin Craft (PL) 3:00 Afternoon Tea Social (BAR) 3:30 Spelling Bee Challenge (CK) 6:30 Movie Night: Ocean's 8 (TH)</div>	<div><p>MONDAY NOV 3</p><p>National Sandwich Day</p></div> <div>10:00 Drumfit Classics with Sandra (PL)5 10:00 Outing to Hillcrest Mall (Sign Up Required) Group 1 (L) 10:15 Seated Yoga With Deborah (CK) 2:00 Outing to Hillcrest Mall (Sign Up Required) Group 2 (L) 2:00 Classic Movie Wednesdays: Titanic (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Subway &amp; Smiles: Build your Own Subs with Sandra &amp; Gab ( Sign Up Required ) (CK) 4:00 Go4Life Walking Grp (L) 6:30 Poker Night with Effie (GR) 6:30 Classic Movie Wednesdays: Titanic (TH)</div>	<div><p>TUESDAY NOV 11</p><p>Remembrance Day</p></div> <div>National Nacho Day6 10:00 Gentle Fitness (CK) 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Musical Hang Man with Shantel &amp; Sandra (CK) 2:00 Netflix Series: The Empress: Episode 1 One's Place in the World (TH) 3:00 Special Build Your Own Nachos Afternoon Tea Social (BAR) 3:30 Presentation with James Kekanovich: The Music that Went to WWII (CK) 6:00 Paraffin Wax Treatment (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: The Graduate (TH) 7:00 Loonie Bingo (CK)</div>	<div><p>TUESDAY NOV 11</p><p>Remembrance Day</p></div> <div>Hearing Clinic (Sign Up @ Reception, 1:30 - 4:30 p.m.) (PL)7 10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Virtual Drumfit Classics (PL) 2:00 Movie Matinee: Small Things like These (TH) 2:00 Kombucha Tasting with Chef Crystel (CK) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 3:00 Holiday Bazaar Meeting Would You Like to Participate ? (PDR) 3:30 Clay Sculpting Class with Sandra ( Sign Up Required) (CK) 4:30 Go4Life Walking Grp (L) 6:30 Movie Night: Small Things like These (TH)</div>	<div><p>TUESDAY NOV 11</p><p>Remembrance Day</p></div> <div>10:00 Exercises with Sandra (CK)8 10:30 Quiddler (GR) 10:45 Drumfit Classics with Sandra (PL) 1:30 Go4Life Walking Grp (L) 2:00 Saturday Afternoon Entertainment: Symphony No. 5 / Ralph Vaughan Williams / Vasily Petrenko / Oslo Philharmonic (TH) 2:00 Scattergories with Sandra (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Saturday Afternoon Bingo with Sandra (CK) 6:30 Movie Night: Robin Hood: Prince of Thieves (TH)</div>
<div>Fit Minds-Stay Sharp ( Pick Up @ Reception) (IS)9 Activity Packages Available At Reception 10:00 Tai Chi with Thomas from Kinnected Chain (CK) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia (BAR) 2:00 Scrabble Self Directed (GR) 2:00 Opera Gala: La bohème full opera with English subtitles (Zeffirelli, 1965) (TH) 2:00 Loonie Bingo (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Shir Harmony Community Choir Performance (CK) 6:30 Movie Night: Hitch (TH)</div>	<div>10:00 Exercises with Shantel (CK)10 10:45 Drumfit Classics with Shantel (PL) 11:00 Go4Life Walking Grp (L) 1:30 Meet Me at the MoMa Presentation - David Hockney (PL) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Meet me at the MoMa - Painting Session (PL) 2:00 Musical Movie Mondays: Swing Kids (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Resident Food Meeting with Crystel (PL) 3:00 Tech Corner with Priscilla Student (Sign-Up Required) (IS) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Mondays: Swing Kids (TH)</div>	<div>Remembrance Day ! (CK)11 10:50 Remembrance Day Ceremony w/ Marcus (CK) 1:30 Resident Council Meeting (PL) 2:00 Euchre (GR) 2:00 Ballet Masterpiece: Raymonda: Bolshoi Ballet (TH) 2:00 Artful Enrichment Workshop: Watercolour Poppies (CK) 3:00 Afternoon Tea Social (BAR) 3:30 Spelling Bee Challenge (CK) 6:30 Movie Night: Passchendaele (TH)</div>	<div>National Happy Hour Day12 10:00 Drumfit Classics with Sandra (PL) 10:15 Seated Yoga With Deborah (CK) 2:00 Classic Movie Wednesdays: Saving Private Ryan (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Canterbury Happy Hour Cocktail Competiton (CK) 4:00 Go4Life Walking Grp (L) 6:30 Poker Night with Effie (GR) 6:30 Classic Movie Wednesdays: Saving Private Ryan (TH)</div>	<div>10:00 Gentle Fitness (CK)13 10:00 Outing to Toronto Police Museum (Sign Up Required) (L) 10:30 Thursday Trivia with Adrienn (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Musical Hang Man with Shantel &amp; Sandra (PL) 2:00 Netflix Series: The Empress: Episode 2: The Arrival (TH) 3:00 Afternoon Tea Social (BAR) 3:00 David: Sculptures of a Biblical Hero by Donatello and Michelangelo with Anik Waldek, Art Historian (CK) 6:00 Paraffin Wax Treatment (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: The Forgotten Battle (TH) 7:00 Loonie Bingo (CK)</div>	<div>Anne Marie Fifth Avenue Jewelry - Vendor (11:00AM-3:00PM) (PL)14 10:00 Seated Yoga with Shweta (PL) 10:30 Church Service with Msgr. Pat (CK) 10:30 Quiddler (GR) 10:45 Virtual Drumfit Classics (PL) 2:00 Friday Afternoon Bingo with Shantel (CK) 2:00 Movie Matinee: All Quiet on the Western Front (TH) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 3:30 Clay Creations: Painting Your Masterpiece with Shantel (PL) 4:30 Go4Life Walking Grp (L) 4:30 Outing- Dinner to Hibachi Teppanyaki &amp; Bar (Sign Up Required) Group 1 (L) 6:30 Movie Night: All Quiet on the Western Front (TH)</div>	<div>10:00 Exercises with Shantel (CK)15 10:30 Quiddler (GR) 10:45 Drumfit Classics with Shantel (PL) 1:30 Go4Life Walking Grp (L) 2:00 Saturday Afternoon Entertainment: NIKOLAI RIMSKY-KORSAKOV   Scheherazade   Jader Bignamini, conductor   Detroit Symphony Orchestra (TH) 2:00 Scattergories with Shantel (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 4:30 Outing- Dinner to Hibachi Teppanyaki &amp; Bar (Sign Up Required) Group 2 (L) 6:30 Movie Night: The Conspirator (TH)</div>





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Packages Available At Reception <b>16</b></p> <p>10:00 Tai Chi with Thomas from Kinnected Chain (CK)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia (BAR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Loonie Bingo (CK)</p> <p>2:00 Opera Gala: Mozart Gala from the Berlin State Opera (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Fit Minds-Stay Sharp (CK)</p> <p>6:30 Movie Night: Our Family Wedding (TH)</p>	<p>10:00 Seated Exercises with Sandra (CK) <b>17</b></p> <p>10:45 Drumfit Classics with Sandra (PL)</p> <p>11:00 Go4Life Walking Grp (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Painting with Lynn (Sign Up Required) (PL)</p> <p>2:00 Musical Movie Mondays: Oliver (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Tech Corner with Priscilla Student (Sign-Up Required) (IS)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Mondays: Oliver (TH)</p>	<p>10:00 Gentle Fitness (CK) <b>18</b></p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Ballet Masterpiece: "Fairy Doll" by Vaganova Academy (TH)</p> <p>2:00 Artful Enrichment Workshop: Fall Birch (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Living Loving Local Chef's Demo with Gab- Featuring Tomato (CK)</p> <p>4:30 Living Loving Local Theme Dinner (DR)</p> <p>6:30 Movie Night: The Theory of Everything (TH)</p>	<p>9:30 Outing to Michaels Craft Store (Sign Up Required) (L) <b>19</b></p> <p>10:00 Drumfit Classics with Sandra (PL)</p> <p>10:15 Seated Yoga With Deborah (CK)</p> <p>2:00 Speed Friendship: Get to Know Your Neighbours (All Residents Are Welcomed) 2:00PM to 3:30PM) (DR)</p> <p>2:00 Classic Movie Wednesdays: Catch Me If You Can (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>4:00 Go4Life Walking Grp (L)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Classic Movie Wednesdays: Catch Me If You Can (TH)</p>	<p>Fifth Avenue Jewelry - Vendor (11:00AM-2:00PM) (PL) <b>20</b></p> <p>10:00 Gentle Fitness (CK)</p> <p>10:30 Thursday Trivia (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Musical Hang Man with Shantel &amp; Sandra (CK)</p> <p>2:00 Netflix Series: The Empress: Episode 3: The Wedding (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Life Enrichment Meeting (PL)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: Sherlock Holmes: A Game of Shadows (TH)</p> <p>7:00 Pub Night with Roshan &amp; Ryan, Toronto Maple Leafs VS Columbus Blue Jackets (Gents Only) (PL)</p>	<p>10:00 Exercises with Sandra (CK) <b>21</b></p> <p>10:30 Quiddler (GR)</p> <p>10:45 Virtual Drumfit Classics (PL)</p> <p>2:00 Movie Matinee: Walk the Line (TH)</p> <p>2:00 Friday Afternoon Bingo with Sandra (PL)</p> <p>3:00 Kings in the Corner (GR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>4:30 Go4Life Walking Grp (L)</p> <p>6:30 Movie Night: Walk the Line (TH)</p>	<p>10:00 Seated Exercises with Sandra (CK) <b>22</b></p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics with Sandra (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Saturday Afternoon Entertainment: P.Tchaikovsky Suite from the ballet "Swan Lake" Moscow State Symphony Orchestra.D.Filatov conductor (TH)</p> <p>2:00 Scattergories with Sandra (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Euchre (GR)</p> <p>3:30 Creative Colouring and Relaxing Music (CK)</p> <p>6:30 Movie Night: Flight Risk (TH)</p>
<p>Fit Minds-Stay Sharp ( Pick Up @ Reception) (IS) <b>23</b></p> <p>Activity Packages Available At Reception</p> <p>10:00 Tai Chi with Thomas from Kinnected Chain (CK)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia (BAR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Opera Gala: World-famous arias by Puccini, Verdi, Rossini, Bizet, Wagner, Purcell, Delibes &amp; more (TH)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Sunday Entertainment with the West Enders (CK)</p> <p>6:30 Movie Night: The Rookie (TH)</p>	<p>10:00 All Residents Information Meeting (CK) <b>24</b></p> <p>10:45 Drumfit Classics (PL)</p> <p>11:00 Go4Life Walking Grp (L)</p> <p>1:30 Meet Me at the MoMa Presentation - Pacita Abad (PL)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Meet me at the MoMa - Painting Session (PL)</p> <p>2:00 Musical Movie Mondays: Guys and Dolls (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Mondays: Guys and Dolls (TH)</p>	<p>FOOTCARE CLINIC (Sign Up @ Reception) (IS) <b>25</b></p> <p>10:00 Gentle Fitness (CK)</p> <p>10:00 Outing to Walmart (Sign Up Required) (L)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Ballet Masterpiece: THE LITTLE HUMPHACKED HORSE - Rodion Shchedrin (TH)</p> <p>2:00 Artfull Presentation: Family in Art (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Spelling Bee Challenge (CK)</p> <p>6:30 Movie Night: Thelma (TH)</p> <p>7:00 Sing A-long with Patricia Duffy (PL)</p>	<p>National Cake Day! <b>26</b></p> <p>10:00 Drumfit Classics with Sandra (PL)</p> <p>10:00 Outing to Walmart (Sign Up Required) Group 2 (L)</p> <p>10:15 Seated Yoga With Deborah (CK)</p> <p>2:00 Cakes Around the World Tasting (Sign Up Required) (CK)</p> <p>2:00 Classic Movie Wednesdays: The Green Mile (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>4:00 Go4Life Walking Grp (L)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Classic Movie Wednesdays: The Green Mile (TH)</p>	<p>10:00 Gentle Fitness (CK) <b>27</b></p> <p>10:00 Outing to One-of-a-Kind Winter Show Group 1 (Sign Up Required) (L)</p> <p>10:30 Thursday Trivia with Roshan (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Musical Hang Man with Andrea &amp; Sandra (PL)</p> <p>2:00 Netflix Series: The Empress: Episode 4: The Hunt (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Celebrating November Birthdays with Davis Steven (CK)</p> <p>6:00 Paraffin Wax Treatment (PL)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: Steve (TH)</p> <p>7:00 Loonie Bingo (CK)</p>	<p>Ladies One Stop Shop (10:00AM. to 3:00PM) (PL) <b>28</b></p> <p>10:00 Exercises with Sandra (CK)</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Virtual Drumfit Classics (PL)</p> <p>2:00 Healthy Aging &amp; Falls Prevention with Dr. Josh Summers (CK)</p> <p>2:00 Movie Matinee: You've Got Mail (TH)</p> <p>3:00 Kings in the Corner (GR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Friday Afternoon Bingo with Shantel &amp; Sandra (PL)</p> <p>4:30 Go4Life Walking Grp (L)</p> <p>6:30 Movie Night: You've Got Mail (TH)</p>	<p>10:00 Exercises with Shantel (CK) <b>29</b></p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Saturday Afternoon Entertainment: BERLIOZ "Symphonie fantastique" complete Detroit Symphony Orchestra / Jader Bignamini (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Euchre (GR)</p> <p>4:30 Outing to Willowdale Christmas Market (Sign Up Required) (L)</p> <p>6:30 Movie Night: The Family Man (TH)</p>

<p>Activity Packages Available At Reception <b>30</b></p> <p>10:00 Tai Chi with Thomas from Kinnected Chain (CK)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia (BAR)</p> <p>11:30 BRUNCH (DR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Opera Gala: Les Miserables 10th Anniversary "Dream Cast" (TH)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Fit Minds-Stay Sharp (CK)</p> <p>6:30 Movie Night: Charlie St. Cloud (TH)</p>
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WEDNESDAY

NOV 12

National Social Hour Day



National Gratitude Month



National Family Caregivers Month