



INSPIRED SENIOR LIVING

February 2026

Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Packages Available At Reception 1</p> <p>Black History Month Heart and Stroke Month</p> <p>10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Opera Gala: Opera gala with Juan Diego Flórez and Friends Vienna Philharmonic & Harmonia Symphony Orchestra (TH)</p> <p>2:00 Loonie Bingo with Andrea (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: Hidden Figures (TH)</p>	<p>10:00 Seated Zumba Class with Bette (CK) 2</p> <p>10:00 First Set- Sign Up for Programs & Outings (PL)</p> <p>11:00 Go4Life Walking Grp (L)</p> <p>11:00 Virtual Drumfit Classics (CK)</p> <p>1:30 Meet Me at the MoMa Presentation - Kehinde Wiley (CK)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Musical Movie Mondays: Hairspray (TH)</p> <p>2:00 Meet Me at the MoMa Painting Session (CK)</p> <p>2:00 Second Set- Sign Up for Programs & Outings (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Tech Corner with the Students (Sign Up Required) (IS)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Mondays: Hairspray (TH)</p>	<p>Winter Olympics! 3</p> <p>10:00 Gentle Fitness (CK)</p> <p>10:00 Outing to Bayview Village Group 1 (Sign Up Required) (L)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>1:00 Spelling Bee Challenge (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Ballet Masterpiece: FOREST SONG Skorulskiy – Dnipro Academic Opera and Ballet Theatre (TH)</p> <p>2:00 Artful Enrichment Workshop: Snowy Sunset (PL)</p> <p>2:00 Outing to Bayview Village Group 2 (Sign Up Required) (L)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Canterbury Winter Olympics Opening Ceremony with Antonella V (CK)</p> <p>6:30 Movie Night: Something the Lord Made (TH)</p>	<p>Winter Olympics! 4</p> <p>9:30 Smoothie Wednesdays: Chocolate Protein Smoothie (BAR)</p> <p>10:15 Seated Yoga With Deborah (CK)</p> <p>2:00 Classic Movie Wednesdays: The Sting (TH)</p> <p>2:00 Find the Country on the World Map (BAR)</p> <p>2:00 Resident Food Meeting with Crystal (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Frozen Olympic Glory with Dr. Lindsay (CK)</p> <p>4:00 Go4Life Walking Grp (L)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Movie Night: The Sting (TH)</p>	<p>Winter Olympics! 5</p> <p>10:00 Gentle Fitness (CK)</p> <p>10:30 Olympic Thursday Trivia with the Managers (BAR)</p> <p>10:30 Outing: Classical Band/Orchestra Concert at Trinity Presbyterian Church (Sign Up Required) (L)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Musical Hang Man with Shantel & Sandra (CK)</p> <p>2:00 Netflix Series: Self Made (The Life of Madam C.J. Walker), Episode 1 - The Fight of the Century (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 The Inner Flo Presentation with Michael Leung (CK)</p> <p>3:30 Fit Minds-Stay Sharp (PL)</p> <p>6:00 Paraffin Wax Treatment (PL)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: Coming to America (TH)</p> <p>7:00 Loonie Bingo with Sandra (CK)</p>	<p>Winter Olympics! 6</p> <p>Hearing Clinic (Sign Up @ Reception, 1:00 - 4:00 p.m.) (PL)</p> <p>10:00 Exercises with Sandra (CK)</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Olympic Drumfit Classic with Shantel & Sandra (CK)</p> <p>2:00 Council's Pick Movie Fridays: Casablanca (TH)</p> <p>2:00 Friday Afternoon Bingo with Shantel & Sandra (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Elite Scavenger Hunt (CK)</p> <p>4:30 Go4Life Walking Grp (L)</p> <p>4:30 Living Loving Local Theme Dinner - Featuring Potatoes (DR)</p> <p>6:30 Council's Pick Movie Fridays: Casablanca (TH)</p>	<p>Winter Olympics! 7</p> <p>10:00 Exercises with Sandra (CK)</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Virtual Drumfit Classics (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Saturday Afternoon Entertainment: Venetian Splendors: Sacred Baroque Music with Women's Choirs Le Concert Spirituel & Hervé Niquet (TH)</p> <p>2:00 Jigsaw Puzzle Challenge (2:00PM to 4:00PM) (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Euchre (GR)</p> <p>6:30 Movie Night: The Butler (TH)</p>
<p>Winter Olympics! 8</p> <p>Activity Packages Available At Reception</p> <p>10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Opera Gala: Amsterdam Baroque Orchestra & Choir: Magnificat (TH)</p> <p>2:00 Loonie Bingo with Simone (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: The Bodyguard (TH)</p>	<p>Winter Olympics! 9</p> <p>10:00 Olympic Seated Zumba Class with Bette (CK)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>11:00 Go4Life Walking Grp (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Musical Movie Mondays: West Side Story (1961) (TH)</p> <p>2:00 Frosty Painting with Lynn (Sign Up Required) (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Tech Corner with the Students (Sign Up Required) (IS)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Mondays: West Side Story (1961) (TH)</p>	<p>Winter Olympics! 10</p> <p>10:00 Gentle Fitness (CK)</p> <p>10:00 Outing to The Royal Ontario Museum (Sign Up Required) (L)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>1:00 Golden Spelling Bee Challenge (CK)</p> <p>1:30 Resident Council Meeting (PL)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Ballet Masterpiece: CINDERELLA Prokofiev – Royal Ballet and Opera (TH)</p> <p>2:00 Artful Enrichment Workshop: I Cherish You Valentine's Day Card/Painting (BAR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Catch Me If You Can Bucket Toss (CK)</p> <p>6:30 Movie Night: Notting Hill (TH)</p>	<p>Winter Olympics! 11</p> <p>Anne Marie Fifth Avenue Jewelry - Vendor (11:00AM-3:00PM) (PL)</p> <p>10:15 Seated Yoga With Deborah (CK)</p> <p>2:00 Classic Movie Wednesdays: The Notebook (TH)</p> <p>2:00 Crafty Wednesdays with Sandra: Valentines Day Craft (Sign Up Required) (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Wine Tasting Featuring Wines from Italy (CK)</p> <p>4:00 Go4Life Walking Grp (L)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Classic Movie Wednesdays: The Notebook (TH)</p>	<p>Winter Olympics! 12</p> <p>10:00 Gentle Fitness (CK)</p> <p>10:30 Thursday Trivia with Shantel (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Netflix Series: Self Made (The Life of Madam C.J. Walker), Episode 2 - Bootstraps (TH)</p> <p>2:00 Olympic Staff Snow Ball Toss (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Living Loving Local Chef's Demo with Crystal- Featuring Potatoes (CK)</p> <p>6:00 Paraffin Wax Treatment (PL)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: The Fault in our Stars (TH)</p> <p>7:00 Loonie Bingo with Sandra (CK)</p>	<p>Winter Olympics! 13</p> <p>10:00 Exercises with Sandra (PL)</p> <p>10:30 Church Service with Msgr. Pat (CK)</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>2:00 Council's Pick Movie Fridays: Titanic (TH)</p> <p>2:00 Galentines Day Pasta Making with Andrea (Sign Up Required) (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Friday Afternoon Bingo with Simone (CK)</p> <p>4:30 Go4Life Walking Grp (L)</p> <p>6:30 Council's Pick Movie Fridays: Titanic (TH)</p>	<p>Valentines Day! 14</p> <p>10:00 Exercises with Sandra (CK)</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics with Sandra (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Saturday Afternoon Entertainment: Mahler: Symphony No. 4 Deutsches Symphonie-Orchester Berlin & Cornelius Meister Saint-Saëns: Symphony No. 3 'Organ Symphony' Berlin Radio Symphony Orchestra & Iveta Apkalna (TH)</p> <p>2:00 Lover's Lane Floral Arrangement Workshop with Athena (Sign Up Required) (PL)</p> <p>3:00 Euchre (GR)</p> <p>3:00 Valentines Day Entertainment with Marcus Schwan (CK)</p> <p>3:00 Valentines Day Afternoon Tea Social (CK)</p> <p>4:30 Special Valentines Dinner (DR)</p> <p>6:30 Movie Night: A Walk To Remember (TH)</p>
<p>Activity Packages Available At Reception 15</p> <p>10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Opera Gala: CARMEN Bizet – Palazzetto Bru Zane, Opéra de Rouen Normandie (TH)</p> <p>2:00 Loonie Bingo with Shantel (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: Shanghai Noon (TH)</p>	<p>Family Day! 16</p> <p>10:00 Exercises with Shantel (CK)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>11:00 Go4Life Walking Grp (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Musical Movie Mondays: Moulin Rouge! (TH)</p> <p>2:00 Cryptograms with Shantel (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Mondays: Moulin Rouge! (TH)</p>	<p>Lunar New Year! 17</p> <p>10:00 Gentle Fitness (CK)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>12:00 Outing: Lunch at Mandarin (Sign Up Required) Group 1 (O)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Ballet Masterpiece: Raymonda: Bolshoi Ballet (TH)</p> <p>2:00 Spelling Bee Challenge (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Flavours of China Demo with Chef Crystal (CK)</p> <p>6:30 Movie Night: The Karate Kid (1984) (TH)</p>	<p>10:15 Seated Yoga With Deborah (CK) 18</p> <p>2:00 Classic Movie Wednesdays: Dr. No (TH)</p> <p>2:00 Meet Me at the MoMa Presentation - Qian Songyan (CK)</p> <p>2:30 Meet Me at the MoMa Painting Session (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Life Enrichment Meeting (PL)</p> <p>4:00 Go4Life Walking Grp (L)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Classic Movie Wednesdays: Dr. No (TH)</p>	<p>10:00 Gentle Fitness (CK) 19</p> <p>10:30 Thursday Trivia with Shantel (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>12:00 Outing: Lunch at Mandarin (Sign Up Required) Group 2 (O)</p> <p>2:00 Netflix Series: Self Made (The Life of Madam C.J. Walker), Episode 3 - The Walker Girl (TH)</p> <p>2:00 Musical Hang Man with Sandra (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Fit Minds-Stay Sharp (PL)</p> <p>6:00 Paraffin Wax Treatment (PL)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: Kung Fu Hustle (TH)</p> <p>7:00 Loonie Bingo with Sandra (CK)</p>	<p>National Muffin Day! 20</p> <p>10:00 Exercises with Shantel (CK)</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>2:00 Friday Afternoon Bingo with Shantel (CK)</p> <p>2:00 Council's Pick Movie Fridays: North by Northwest (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Make Banana Muffins with Shantel (Sign Up Required) (CK)</p> <p>4:30 Go4Life Walking Grp (L)</p> <p>6:30 Council's Pick Movie Fridays: North by Northwest (TH)</p>	<p>10:00 Exercises with Sandra (CK) 21</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics with Sandra (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Saturday Afternoon Entertainment: Mozart: Piano Concerto No. 23 Illia Ovcharenko & the Deutsches Symphonie-Orchester Berlin Tchaikovsky: Fantasy Overture 'Romeo and Juliet' - Radio Philharmonic Orchestra - Live Concert HD (TH)</p> <p>2:00 Presentation with Lianne Harris: Canada's Black History (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Euchre (GR)</p> <p>3:00 Bandang Gilid Band Entertainment (CK)</p> <p>6:30 Movie Night: The Help (TH)</p>



INSPIRED SENIOR LIVING

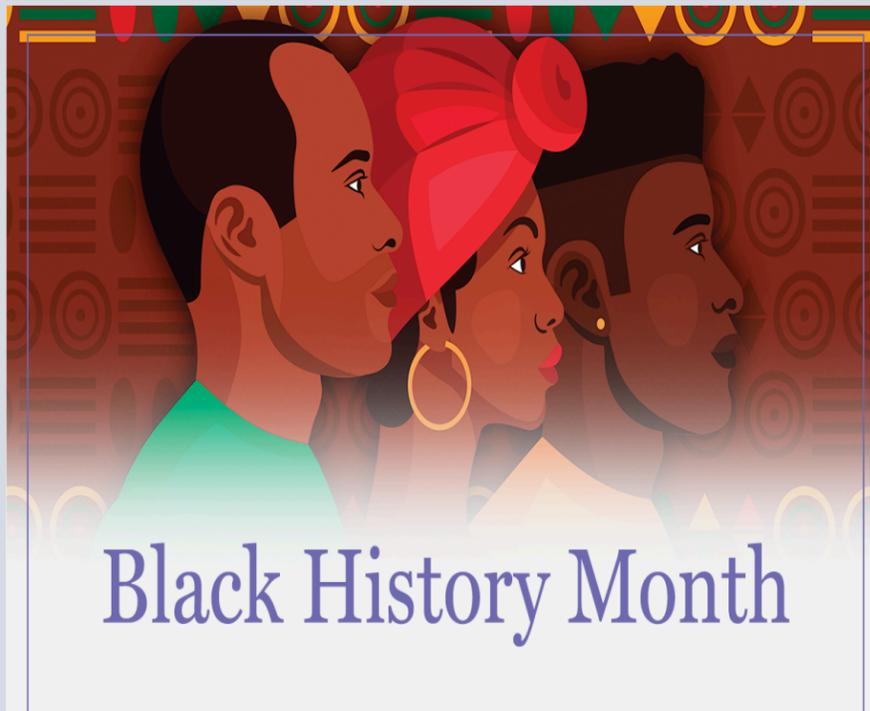
February 2026

Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Packages Available At Reception 22</p> <p>10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>11:30 BRUNCH! (DR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Opera Gala: HAMLET Thomas – Teatro Regio Torino (TH)</p> <p>2:00 Loonie Bingo with Crystel & Loida (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Sunday Entertainment with Martin Wall (PL)</p> <p>6:30 Movie Night: Crazy Rich Asians (TH)</p>	<p>10:00 All Residents Information Meeting (CK) 23</p> <p>10:45 Virtual Drumfit Classics (PL)</p> <p>11:00 Go4Life Walking Grp (L)</p> <p>1:30 Pneumonia Education Presentation with IPAC from North York Gen (CK)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Musical Movie Mondays: Dreamgirls (TH)</p> <p>2:00 Painting with Lynn (Sign Up Required) (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Tech Corner with the Students (Sign Up Required) (IS)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Mondays: Dreamgirls (TH)</p>	<p>FOOTCARE CLINIC (Sign Up @ Reception) (IS) 24</p> <p>10:00 Gentle Fitness (CK)</p> <p>10:00 Outing to Walmart (Sign Up Required) Group 1 (L)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Ballet Masterpiece: Paquita Grand Pas - Bolshoi Ballet (Maria Alexandrova, Alexander Volchkov) (TH)</p> <p>2:00 Artful Enrichment Workshop: Mountains in The Milky Way (PL)</p> <p>2:00 Outing to Walmart (Sign up @ Reception) Group 2 (L)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Spelling Bee Challenge (CK)</p> <p>6:30 Movie Night: The Six Triple Eight (TH)</p> <p>7:00 Sing A-long with Patricia Duffy (PL)</p>	<p>10:15 Seated Yoga With Deborah (CK) 25</p> <p>2:00 Classic Movie Wednesdays: Malcolm X (TH)</p> <p>2:00 Tuck Shop Meeting (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Virtual Tour of China Presentation with Kevin Lee (CK)</p> <p>4:00 Go4Life Walking Grp (L)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Classic Movie Wednesdays: Malcolm X (TH)</p>	<p>10:00 Gentle Fitness (CK) 26</p> <p>10:30 Thursday Trivia with Shantel (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Netflix Series: Self Made (The Life of Madam C.J. Walker), Episode 4 - A Credit to the Race (TH)</p> <p>2:00 Musical Hang Man with Shantel & Sandra (BAR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Celebrating February Birthdays with Filipa Sousa (CK)</p> <p>3:30 Fit Minds-Stay Sharp (Pick Up @ Reception) (IS)</p> <p>4:30 Dinner Service Cello Entertainment with Austin Cha (4:30pm to 6:30pm) (DR)</p> <p>6:00 Paraffin Wax Treatment (PL)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: 42 (TH)</p> <p>7:00 Loonie Bingo with Sandra (CK)</p>	<p>10:00 Exercises with Sandra (CK) 27</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>11:30 Bistro Lunch (Sign Up Required) (BAR)</p> <p>2:00 Council's Pick Movie Fridays: Green Book (TH)</p> <p>2:00 Friday Afternoon Bingo with Shantel & Sandra (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Presentation with Lucas Hung: We Shall Overcome: Music in the Civic Rights Movement (CK)</p> <p>4:30 Go4Life Walking Grp (L)</p> <p>4:30 Special Caribbean Themed Dinner (DR)</p> <p>6:30 Council's Pick Movie Fridays: Green Book (TH)</p>	<p>10:00 Exercises with Sandra (CK)</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics with Sandra (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Scattergories with Sandra (CK)</p> <p>2:00 Saturday Afternoon Entertainment: Yunchan Lim – RACHMANINOV Piano Concerto No. 3 in D Minor, op. 30 Yunchan Lim – MOZART – Sonata No. 9 in D Major, K. 311 (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Euchre (GR)</p> <p>6:30 Movie Night: The Joy Luck Club (TH)</p>



Be Welcomed

Locations Legend

Country	Games Room
Kitchen (CK)	(GR)
Theatre (TH)	Lobby (L)
Piano Lounge (PL)	In Suite (IS)
Bar (BAR)	Dining Room (DR)
	Outside (O)

Calendar Legend

Outing
Special Program
Cruise Week
Living, Loving, Local
Signature Program