




INSPIRED SENIOR LIVING

April 2026

Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>April Fool's Day</p>		<p>Passover Begins! 1 April Fools Day! 10:00 First Set- Sign Up for Programs & Outings (PL) 10:15 Seated Yoga With Deborah (CK) 2:00 Second Set- Sign Up for Programs & Outings (PL) 3:00 Afternoon Tea Social (BAR) 3:30 April Fool's Spelling Bee (CK) 4:00 Go4Life Walking Grp (L) 6:30 Poker Night with Effie (GR) 6:30 Classic Movie Wednesdays: The Parent Trap (1961) (TH)</p>	<p>Fit Minds-Stay Sharp (Pick Up @ Reception) (IS) 2 Hearing Clinic (Sign Up @ Reception, 1:00 - 4:00 p.m.) (GR) 10:00 Gentle Fitness (CK) 10:00 Outing to Trinity Presbyterian Church for the Encore Band Concert (Sign Up Required) (L) 10:30 Thursday Trivia with Simone (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Musical Hang Man with Shantel & Sandra (CK) 2:00 Ted Talks Double Feature: Faith, friends and fulfillment Rabbi David Wolpe TEDxHollywood How we can face the future without fear, together Rabbi Lord Jonathan Sacks (TH) 3:00 Afternoon Tea Social (BAR) 3:30 Loonie Bingo with Sandra (CK) 6:30 Bridge Night (GR) 6:30 Movie Night: Ordinary Angels (TH)</p>	<p>Good Friday 3 10:00 Virtual Exercises (PL) 10:00 Go4Life Walking Grp in the Building (L) 10:30 Quiddler (Self-Directed) (GR) 2:00 Council's Pick Movie Fridays: Life Is Beautiful (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Celebrate Passover with David Skolnick (PL) 6:30 Council's Pick Movie Fridays: Life Is Beautiful (TH)</p>	<p>10:00 Exercises with Sandra (CK) 4 10:30 Quiddler (Self-Directed) (GR) 10:45 Drumfit Classics with Sandra (PL) 1:30 Go4Life Walking Grp (L) 2:00 Scattergories with Sandra (CK) 2:00 Saturday Afternoon Entertainment: Shostakovich: Symphony No. 4 Sir Simon Rattle and the London Symphony Orchestra (TH) 3:00 Euchre (GR) 3:00 Afternoon Tea Social (BAR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: The Passion of Christ (TH)</p>
<p>Activity Packages Available At Reception 5 Happy Easter! 10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Allan (BAR) 2:00 Scrabble Self Directed (GR) 2:00 Easter Entertainment with Martin Wall (PL) 2:00 Opera Gala: Joyce DiDonato - Gala Concert Bayreuth Baroque Festival 2020 (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Easter Loonie Bingo with Lette (CK) 4:30 Special Easter Dinner (DR) 6:30 Movie Night: One Life (TH)</p>	<p>10:00 Exercises with Sandra (CK) 6 10:45 Drumfit Classics with Sandra (PL) 1:30 Go4Life Walking Grp (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Painting with Lynn (Sign Up Required) (PL) 2:00 Celebrating Passover: Passover: Jesus In The Feasts of Israel A Day of Discovery Legacy (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign Up Required) (IS) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Mondays: Easter Parade (TH)</p>	<p>10:00 Gentle Fitness (CK) 7 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Artful Enrichment Workshop: Portrait in Van Gogh's Style (PL) 2:00 Ballet Masterpiece: Strauss - Die Fledermaus Ballet (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Beer and Sausage Tasting (CK) 6:30 Movie Night: The Art of Racing in the Rain (TH)</p>	<p>10:00 Outing to Sherway Gardens Group 1 (Sign Up Required) (L) 8 10:15 Seated Yoga With Deborah (CK) 10:30 Go4Life Walking Grp (L) 2:00 Resident Food Meeting with Crystel (CK) 2:00 Classic Movie Wednesdays: Schindler's List (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Crafty Wednesdays with Sandra: Make your Own Mini Clay Cedar Plate (Sign Up Required) (PL) 6:30 Poker Night with Effie (GR) 6:30 Classic Movie Wednesdays: Schindler's List (TH)</p>	<p>Last Day of Passover! 9 10:00 Gentle Fitness (CK) 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Musical Hang Man with Shantel & Sandra (CK) 2:00 Ted Talks Double Feature: How childhood trauma affects health across a lifetime Nadine Burke Harris TED / The Art of Reading Minds Oz Pearlman TED (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Garden Club Meeting (CK) 3:30 Fit Minds-Stay Sharp (PL) 6:00 Paraffin Wax Treatment (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: The Longest Ride (TH) 7:00 Loonie Bingo with Sandra (CK)</p>	<p>10:00 Exercises with Sandra (PL) 10 10:00 Go4Life Walking Grp (L) 10:00 Outing to Sherway Gardens Group 2 (Sign Up Required) (L) 10:30 Church Service with Msgr. Pat (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics with Shantel (PL) 2:00 Council's Pick Movie Fridays: Dunkirk (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Pub Afternoon featuring a Meet and Greet with Lily Cheng Tea Social (CK) 4:30 Living Loving Local Theme Dinner - Featuring Eggs (DR) 6:30 Council's Pick Movie Fridays: Dunkirk (TH)</p>	<p>10:00 Exercises with Sandra (CK) 11 10:30 Quiddler (Self-Directed) (GR) 10:45 Drumfit Classics with Sandra (PL) 1:30 Go4Life Walking Grp (L) 2:00 Presentation with Lianne Harris - The Earth Shakers: How Mongolia Changed the Face of The World (PL) 2:00 Saturday Afternoon Entertainment: Tchaikovsky: Symphony No. 2 London Symphony Orchestra & Sir John Eliot Gardiner / Mozart: Symphony No. 35 Haffner Bernard Haitink and the Royal Concertgebouw Orchestra (TH) 3:00 Euchre (GR) 3:00 Afternoon Tea Social (BAR) 3:30 Saturday Entertainment with Ella (PL) 6:30 Movie Night: Nomadland (TH)</p>
<p>Activity Packages Available At Reception 12 10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Allan (BAR) 2:00 Scrabble Self Directed (GR) 2:00 Loonie Bingo with Andrea (CK) 2:00 Opera Gala: Gala aus dem Festspielhaus Baden-Baden - Gounod, Mascagni, Puccini, Boito, Verdi - Marco Armiliato (TH) 3:00 Afternoon Tea Social (BAR) 6:30 Movie Night: The In Between (TH)</p>	<p>10:00 Seated Zumba Class with Bette (CK) 13 10:45 Drumfit Classics with Shantel (PL) 1:30 Meet Me at the MoMa Presentation with Lisa & Nathaniel - Camille Pissarro (PL) 1:30 Go4Life Walking Grp (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Meet Me at the MoMa Painting Session (PL) 2:00 Musical Movie Mondays: Hello, Dolly! (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign Up Required) (IS) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Mondays: Hello, Dolly! (TH)</p>	<p>National Dolphin Day! 14 10:00 Gentle Fitness (CK) 10:30 Outing to Ripley's Aquarium (Sign Up Required) (L) 10:45 Falls Prevention Exercise Class (CK) 1:30 Resident Council Meeting (PL) 2:00 Euchre (GR) 2:00 Artful Enrichment Workshop: Painted Picasso Portrait (CK) 2:00 Ballet Masterpiece: CASCANUECES Ballet Nacional Ruso S. Radchenko (TH) 3:00 Afternoon Tea Social (BAR) 3:30 Spelling Bee Challenge (CK) 6:30 Movie Night: Remember the Titans (TH)</p>	<p>National Titanic Remembrance Day 15 10:15 Seated Yoga With Deborah (CK) 10:30 Go4Life Walking Grp (L) 2:00 Steel Drum Workshop with Sandra and Athena (Sign up Required) (PL) 2:00 Classic Movie Wednesdays: Titanic (TH) 3:00 Afternoon Tea Social (BAR) 6:30 Poker Night with Effie (GR) 6:30 Classic Movie Wednesdays: Titanic (TH)</p>	<p>10:00 Gentle Fitness (CK) 16 10:30 Thursday Trivia with Adrienn (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Ted Talks Double Feature: Sleep Is Your Superpower Matt Walker TED / Power Foods for the Brain Neal Barnard TEDxBismarck (TH) 2:30 Musical Hang Man with Shantel & Sandra (CK) 3:00 Afternoon Tea Social (BAR) 3:30 Fit Minds-Stay Sharp (CK) 6:00 Paraffin Wax Treatment (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: The Man in the Moon (TH) 7:00 Loonie Bingo with Sandra & Athena (CK)</p>	<p>Sandra's Last Day 17 10:00 Go4Life Walking Grp (L) 10:00 Tai Chi with Maryam (CK) 10:30 Quiddler (GR) 2:00 Council's Pick Movie Fridays: Double Jeopardy (TH) 2:00 Friday Afternoon Bingo with Shantel & Sandra (CK) 3:00 Celebrate Sandra at the Pub Afternoon Featuring Paloma & Funnel Cake (CK) 3:00 Afternoon Tea Social (CK) 6:30 Council's Pick Movie Fridays: Double Jeopardy (TH)</p>	<p>10:00 Exercises with Athena (CK) 18 10:30 Quiddler (Self-Directed) (GR) 10:45 Drumfit Classics with Athena (PL) 1:30 Go4Life Walking Grp (L) 2:00 Scattergories with Athena (CK) 2:00 Saturday Afternoon Entertainment: Bizet - Symphony no. 1 Netherlands Chamber Orchestra Gordan Nikolic Concertgebouw, Amsterdam / Debussy: La mer Bernard Haitink and the Royal Concertgebouw Orchestra (TH) 3:00 Euchre (GR) 3:00 Afternoon Tea Social (BAR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: A Star is Born (TH)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Packages Available At Reception 19</p> <p>10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Loonie Bingo with Adrienn (CK)</p> <p>2:00 Opera Gala: Gala Opera, Ermonela Jaho, Charles Castronovo, Jacopo Sipari di Pescasseroli, Tirana Opera House (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: Crazy/Beautiful (TH)</p>	<p>10:00 Exercises with Shantel (CK) 20</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Painting with Lynn (Sign Up Required) (PL)</p> <p>2:00 Musical Movie Mondays: High Society (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Movie Night: High Society (TH)</p>	<p>10:00 Gentle Fitness (CK) 21</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>12:00 Lunch at Earls Yorkdale Group 1 (Sign Up Required) (L)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Artful Enrichment Workshop: Modigliani-Inspired Portrait (PL)</p> <p>2:00 Ballet Masterpiece: A Folk Tale - Royal Danish Ballet (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Spelling Bee Challenge (CK)</p> <p>6:30 Movie Night: Rain Man (TH)</p>	<p>Earth Day ! 22</p> <p>10:15 Seated Yoga With Deborah (CK)</p> <p>10:30 Go4Life Walking Grp (L)</p> <p>12:00 Lunch at Earls Yorkdale Group 2 (Sign Up Required) (L)</p> <p>2:00 Crafty Wednesdays with Athena: Earth Day Pistachio Tulip Fields (Sign Up Required) (PL)</p> <p>2:00 Classic Movie Wednesdays: The Birdcage (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Living, Loving, Local Chef's Demo with Crystel - Featuring Eggs (CK)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Movie Night: The Birdcage (TH)</p>	<p>10:00 Gentle Fitness (CK) 23</p> <p>10:30 Thursday Trivia with Shantel (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Ted Talks Double Feature: Why art is important Katerina Gregos TEDxGhent / How drawing helps you think Ralph Ammer TEDxTUM (TH)</p> <p>2:00 Musical Hang Man with Shantel & Athena (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Life Enrichment Meeting (PL)</p> <p>3:30 Fit Minds-Stay Sharp (PL)</p> <p>6:00 Paraffin Wax Treatment (PL)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: One Special Night (TH)</p> <p>7:00 Loonie Bingo with Athena (CK)</p>	<p>10:00 Go4Life Walking Grp (L) 24</p> <p>10:00 Exercises with Athena (CK)</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>2:00 Friday Afternoon Bingo with Athena (CK)</p> <p>2:00 Council's Pick Movie Fridays: Moonstruck (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Pub Afternoon Maple Rum Punch (BAR)</p> <p>6:30 Council's Pick Movie Fridays: Moonstruck (TH)</p>	<p>10:00 Exercises with Athena (CK) 25</p> <p>10:30 Quiddler (Self-Directed) (GR)</p> <p>10:45 Drumfit Classics with Athena (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Scattergories with Athena (CK)</p> <p>2:00 Saturday Afternoon Entertainment: Mendelssohn: Symphony No. 4 "Italian" Gustavo Gimeno & Concertgebouworkest / Tchaikovsky - The Sleeping Beauty at the Concertgebouw (TH)</p> <p>3:00 Euchre (GR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: At Eternity's Gate (TH)</p>
<p>Activity Packages Available At Reception 26</p> <p>10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>11:30 BRUNCH (DR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Loonie Bingo with Crystel (CK)</p> <p>2:00 Opera Gala: Gala Concert dedicated to World Opera Day - 2021 (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: Taxi Driver (TH)</p>	<p>Artful Enrichment Week 27</p> <p>10:00 All Resident Information Meeting (CK)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Artful Enrichment Week: FAMOUS PAINTINGS in the World - 100 Great Paintings of All Time (TH)</p> <p>2:00 Artful Enrichment Week: Sip and Paint Hydrangeas with Lette our Health and Wellness Manager (Sign Up Required) (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Mondays: Road to Bali (TH)</p>	<p>Artful Enrichment Week FOOTCARE CLINIC (Sign Up @ Reception) (IS) 28</p> <p>10:00 Gentle Fitness (CK)</p> <p>10:00 Outing to Walmart (Sign Up Required) Group 1 (L)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Outing to Walmart (Sign Up Required) Group 2 (L)</p> <p>2:00 Artful Enrichment Week: Explore Jazz Presentation with James (CK)</p> <p>2:00 Ballet Masterpiece: ROBERTO BOLLE and Svetlana Zakharova ~ Giselle complete (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Spelling Bee Challenge (CK)</p> <p>6:30 Movie Night: Frida (TH)</p> <p>7:00 Sing A-long with Patricia Duffy (PL)</p>	<p>Artful Enrichment Week 29</p> <p>10:15 Seated Yoga With Deborah (CK)</p> <p>10:30 Outing to McMichael Canadian Art Collection Musuem (Sign Up Required) (L)</p> <p>10:30 Go4Life Walking Grp (L)</p> <p>2:00 Artful Enrichment Week: Live Painting Demonstration with Karan from North York Senior Centre (CK)</p> <p>2:00 Classic Movie Wednesdays: The Red Shoes (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Artful Enrichment Week: Living, Loving, Local Deviled Eggs Demonstration with Chef Crystel (CK)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Classic Movie Wednesdays: The Red Shoes (TH)</p>	<p>Artful Enrichment Week Fit Minds-Stay Sharp (Pick Up @ Reception) (IS) 30</p> <p>10:00 Gentle Fitness (CK)</p> <p>10:30 Thursday Trivia with Shantel (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Loonie Bingo with Athena (PL)</p> <p>2:00 Ted Talks Double Feature: The Case for Making Art When the World Is on Fire Amie McNee / Cosmic creativity -- how art evolves consciousness: Alex Grey at TEDxMaui 2013 (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Celebrating April Birthdays with Natalie Wong (CK)</p> <p>6:00 Paraffin Wax Treatment (PL)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: Big Eyes (TH)</p> <p>7:00 Top Dog Showcase (CK)</p>		



Locations Legend

Country Kitchen (CK)	Games Room (GR)
Theatre (TH)	Lobby (L)
Piano Lounge (PL)	In Suite (IS)
Bar (BAR)	Dining Room (DR)

Calendar Legend

Outing
Special Program
Cruise Week
Living, Loving, Local
Signature Program