



INSPIRED SENIOR LIVING

May 2026 Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 Cinco De Mayo		 Mother's Day			
3 Activity Packages Available At Reception 10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Allan (BAR) 2:00 Scrabble Self Directed (GR) 2:00 Loonie Bingo with Simone (CK) 2:00 Sunday Movie Screening: Chocolat (TH) 3:00 Afternoon Tea Social (BAR) 6:30 Movie Night: Chocolat (TH)	4 Access Abilities Service Clinic Please Sign Up @ Reception (2:30PM to 4:00PM) (S) 10:00 Exercises with Shantel (CK) 10:45 Drumfit Classics with Shantel (PL) 1:30 Go4Life Walking Grp (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Tech Corner with Stephen Velasco and Co from Silver Wiazrd Sign Up Required (2:00PM to 4:00PM) (PL) 2:00 Musical Movie Mondays: Aladdin 2019 Film (TH) 3:00 Afternoon Tea Social (BAR) 3:30 Java Music Club Sing A-long (CK) 6:30 Movie Night: Aladdin 2019 Film (TH)	5 Cinco De Mayo! 10:00 Gentle Fitness (CK) 10:45 Falls Prevention Exercise Class (CK) 1:30 Spelling Bee Challenge (CK) 2:00 Euchre (GR) 2:00 Artful Enrichment Workshop: Floral Series: Spring Tulips Painting (PL) 2:00 Ballet Masterpiece: Giselle - Svetlana Zakharova - Sergei Polunin (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Cinco De Mayo Entertainment with the Antonella (CK) 6:30 Movie Night: Bridge to Terabithia (TH)	6 10:15 Seated Yoga With Deborah (CK) 10:30 Go4Life Walking Grp (L) 2:00 Crafty Wednesdays with Athena: Mother's Day Frame Card (Sign Up Required) (PL) 2:00 Classic Movie Wednesdays: Singin' in the Rain (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Health and Wellness Meeting with Lette Nikolic (CK) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: Singin' in the Rain (TH)	7 10:00 Gentle Fitness (PL) 10:30 Outing to Trinity Presbyterian Church for the Encore Band Concert (Sign Up Required) (L) 10:30 Thursday Trivia with Andrea (BAR) 10:45 Falls Prevention Exercise Class (PL) 2:00 Musical Hang Man with Shantel & Athena (CK) 2:00 Ted Talks Double Feature: The Brain-Changing Benefits of Exercise Wendy Suzuki TED/How to Make Stress Your Friend Kelly McGonigal TED (TH) 3:00 Afternoon Tea Social (BAR) 3:30 Fit Minds-Stay Sharp (PL) 6:00 Paraffin Wax Treatment (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: Stepmom (TH) 7:00 Loonie Bingo with Athena (PL)	1 Hearing Clinic (Sign Up @ Reception, 1:00 - 4:00 p.m.) (GR) 9:30 Sign Up for Programs & Outings ONLY TIME (PL) 10:00 Go4Life Walking Grp (L) 10:00 Tai Chi Class with Maryam (CK) 10:30 Quiddler (GR) 2:00 Council's Pick Movie Fridays: The Thursday Murder Club (PL) 2:30 Resident Art Show (2:30PM - 4:00PM) (CK) 3:00 Afternoon Tea Social/ Pub Afternoon Featuring Wine (CK) 4:30 Living Loving Local Theme Dinner - Featuring Asparagus and Rhubarb (DR) 6:30 Movie Night: The Thursday Murder Club (TH)	2 10:00 Exercises with Athena (CK) 10:30 Quiddler (Self-Directed) (GR) 10:45 Drumfit Classics with Athena (PL) 1:30 Go4Life Walking Grp (L) 2:00 Presentation with Lianne Harris - The Queen's Closet: The Messages Behind 1000 Years of European Fashion (PL) 2:00 Saturday Afternoon Entertainment: Beethoven: Symphony No. 9 Jordi Savall with Le Concert des Nations (TH) 3:00 Euchre (GR) 3:00 Afternoon Tea Social (BAR) 3:00 Saturday Afternoon Bingo with Shantel & Athena (CK) 6:30 Movie Night: The Princess Bride (TH) 7:00 Outing to Meridian Arts Centre - Beethoven's Piano Concerto No. 5, "The Emperor," (Sign Up Required) Limited Seating (L)
10 Mother's Day Activity Packages Available At Reception Mother's Day Brunch! (DR) 10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Allan (BAR) 11:30 Mother's Day Brunch! (DR) 2:00 Scrabble Self Directed (GR) 2:00 Mother's Day Pieces of Love Craft with Athena (Sign Up Required) (PL) 2:00 Sunday Movie Screening: Double Happiness (TH) 3:00 Celebrating Mother's Day with Marcus Schwan (CK) 3:00 Afternoon Tea Social (BAR) 6:30 Movie Night: Double Happiness (TH)	11 10:00 Exercises with Shantel (CK) 10:45 Drumfit Classics with Shantel (PL) 1:30 Go4Life Walking Grp (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Painting with Lynn (Sign Up Required) (PL) 2:00 Musical Movie Mondays: The Greatest Showman (TH) 3:00 Afternoon Tea Social (BAR) 3:30 Java Music Club Sing A-long (CK) 6:30 Movie Night: The Greatest Showman (TH)	12 10:00 Gentle Fitness (CK) 10:00 Outing to Home Depot for Flowers Group 1 (Sign Up Required) (L) 10:45 Falls Prevention Exercise Class (CK) 1:30 Resident Council Meeting (PL) 2:00 Euchre (GR) 2:00 Artful Enrichment Workshop: Floral Series: Field of Daisies Painting (PL) 2:00 Ballet Masterpiece: THE SLEEPING BEAUTY - Pas De Deux Semyon Chudin & Olga Smirnova (TH) 3:00 Afternoon Tea Social (BAR) 3:30 Spelling Bee Challenge (CK) 6:30 Movie Night: Shakespeare in Love (TH) 7:00 The Chorolairs Performance (CK)	13 COVID 19 Booster Clinic (10:00AM to 12:00PM) (CK) 10:00 Outing to Home Depot for Flowers Group 2 (Sign Up Required) (L) 10:15 Seated Yoga With Deborah (PL) 10:30 Go4Life Walking Grp (L) 2:00 Crafty Wednesdays with Athena: Make a colourful Pom Pom Bear (Sign Up Required) (PL) 2:00 Classic Movie Wednesdays: The Sound of Music (TH) 3:00 Living, Loving, Local Chef's Demo with Crystel - Featuring Asparagus and Rhubarb (CK) 3:00 Afternoon Tea Social (BAR) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: The Sound Of Music (TH)	14 10:00 Gentle Fitness (PL) 10:30 Thursday Trivia with Athena (BAR) 10:45 Falls Prevention Exercise Class (PL) 2:00 Musical Hang Man with Shantel & Athena (CK) 2:00 Ted Talks Feature: The surprising science of happiness Dan Gilbert (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Resident Food Meeting with Crystel (PL) 3:30 Fit Minds-Stay Sharp (CK) 4:30 Dinner at IL FORNELLO - Bayview Village Group 1 (Sign Up Required) (L) 6:00 Paraffin Wax Treatment (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: Our Family Wedding (TH) 7:00 Loonie Bingo with Athena (PL)	15 10:00 Go4Life Walking Grp (L) 10:00 Exercises with Athena (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics with Shantel (PL) 12:00 Lunch at IL FORNELLO - Bayview Village Group 2 (Sign Up Required) (L) 2:00 Friday Afternoon Bingo with Shantel & Athena (CK) 2:00 Council's Pick Movie Fridays: The Graduate (TH) 3:00 Afternoon Tea Social/ Pub Afternoon Featuring Pomagranate Martini (BAR) 6:30 Movie Night: The Graduate (TH)	16 10:00 Exercises with Athena (CK) 10:30 Quiddler (Self-Directed) (GR) 10:45 Drumfit Classics with Athena (PL) 1:30 Go4Life Walking Grp (L) 2:00 Scattergories with Athena (CK) 2:00 Saturday Afternoon Entertainment: Mahler: 3. Sinfonie · hr-Sinfonieorchester · Andrés Orozco-Estrada (TH) 3:00 Euchre (GR) 3:00 Afternoon Tea Social (BAR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: Yours, Mine, and Ours 1968 (TH)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Packages Available At Reception 17</p> <p>10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Loonie Bingo with Roshan (CK)</p> <p>2:00 Sunday Movie Screening: Are We There Yet? (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: Are We There Yet? (TH)</p>	<p>Victoria Day 18</p> <p>10:00 Virtual Exercises (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Musical Movie Mondays: Mr. Holland's Opus (TH)</p> <p>3:00 Victoria Day Celebration with Patricia Duffy (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: Mr. Holland's Opus (TH)</p>	<p>10:00 Gentle Fitness (CK) 19</p> <p>10:00 Outing to Yorkdale Shopping Centre Group 1 (Sign Up Required) (L)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Outing to Yorkdale Shopping Centre Group 2 (Sign Up Required) (L)</p> <p>2:00 Artful Enrichment Workshop: Floral Series: Daffodil Painting (CK)</p> <p>2:00 Ballet Masterpiece: LA BAYADÈRE - Kingdom of the Shades Artemy Belyakov & Olga Smirnova (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Spelling Bee Challenge (CK)</p> <p>6:30 Movie Night: The Sheperd (TH)</p>	<p>10:15 Seated Yoga With Deborah (CK) 20</p> <p>10:30 Go4Life Walking Grp (L)</p> <p>11:00 Outing to Stratford Festival showcasing Guys and Dolls (Sign Up Required) (L)</p> <p>2:00 Crafty Wednesdays with Athena: Make your own paper ice cream cone (Sign Up Required) (PL)</p> <p>2:00 Classic Movie Wednesdays: The Godfather (TH)</p> <p>3:00 Wine Tasting featuring Vintage Wines (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Movie Night: The Godfather (TH)</p>	<p>10:00 Gentle Fitness (CK) 21</p> <p>10:30 Thursday Trivia with Shantel (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Musical Hang Man with Shantel & Athena (CK)</p> <p>2:00 Ted Talks Double Feature: What I Got Wrong About Changing the World Malala Yousafzai TED The Missing Piece in Climate Action (It's Not What You Think) Yi Li TED (TH)</p> <p>3:00 Life Enrichment Meeting (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Fit Minds-Stay Sharp (PL)</p> <p>6:00 Paraffin Wax Treatment (PL)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: Sully (PL)</p> <p>7:00 Loonie Bingo with Athena (PL)</p>	<p>Fifth Avenue Jewelry Vendor (11:00AM-2:00PM) (TH) 22</p> <p>10:00 Go4Life Walking Grp (L)</p> <p>10:00 Exercises with Athena (CK)</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>2:00 Canterbury Place High Tea with Davis Stevens (RSVP with Life Enrichment) (DR)</p> <p>2:00 Council's Pick Movie Fridays: Oklahoma! (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: Oklahoma! (TH)</p>	<p>10:00 Exercises with Athena (CK) 23</p> <p>10:30 Quiddler (Self-Directed) (GR)</p> <p>10:45 Drumfit Classics with Athena (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Scattergories with Athena (CK)</p> <p>2:00 Saturday Afternoon Entertainment: Gustav Mahler - Symphony No. 5 WDR Symphony Orchestra (TH)</p> <p>3:00 Euchre (GR)</p> <p>3:00 Saturday Afternoon Bingo with Athena (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: The Long Game (TH)</p>
<p>Activity Packages Available At Reception 24</p> <p>10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Loonie Bingo with Shantel (PL)</p> <p>2:00 Sunday Movie Screening: Madagascar (TH)</p> <p>3:00 Sunday Afternoon Entertainment with John Bridges (CK)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: Madagascar (TH)</p>	<p>Access Abilities Service Clinic Please Sign Up @ Reception (2:30PM to 4:00PM) (S) 25</p> <p>10:00 All Resident Information Meeting (CK)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Painting with Lynn (Sign Up Required) (PL)</p> <p>2:00 Musical Movie Mondays: Mamma Mia! (TH)</p> <p>3:00 Tech Corner with the Students (Sign Up Required) (IS)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Movie Night: Mamma Mia! (TH)</p>	<p>FOOTCARE CLINIC (Sign Up @ Reception) (IS) 26</p> <p>10:00 Gentle Fitness (CK)</p> <p>10:00 Outing to Walmart (Sign Up Required) Group 1 (L)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Outing to Walmart (Sign Up Required) Group 2 (L)</p> <p>2:00 Artful Enrichment Workshop: Floral Series: Peony Painting (PL)</p> <p>2:00 Ballet Masterpiece: Swan Lake Makar Mikhalkin 21 Mar 2026 Bolshoi Theatre (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Spelling Bee Challenge (CK)</p> <p>6:30 Movie Night: The King (TH)</p> <p>7:00 Sing A-long with Patricia Duffy (PL)</p>	<p>10:15 Seated Yoga With Deborah (CK) 27</p> <p>10:30 Go4Life Walking Grp (L)</p> <p>2:00 Classic Movie Wednesdays: Gladiador (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Crafty Wednesdays with Athena: Make a Cotton Rainbow Cloud (Sign Up Required) (PL)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Movie Night: Gladiador (TH)</p>	<p>10:00 Gentle Fitness (CK) 28</p> <p>10:30 Thursday Trivia with Shantel (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Musical Hang Man with Shantel & Athena (BAR)</p> <p>2:00 Ted Talks: The Case for Spending More Time with Your Friends Rhaina Cohen TED (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Celebrating May Birthdays with Shannon Graham (CK)</p> <p>6:00 Paraffin Wax Treatment (PL)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: Night at the Museum (TH)</p> <p>7:00 Loonie Bingo with Athena (PL)</p>	<p>Let's Walk for Alzheimers Day! 29</p> <p>10:00 Go4Life Walking Grp (L)</p> <p>10:00 Exercises with Athena (CK)</p> <p>10:30 Quiddler (GR)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>11:30 Bistro Lunch (Sign Up Required) (BAR)</p> <p>2:00 Walk Around the Building for Alzheimers (L)</p> <p>2:00 Council's Pick Movie Fridays: Meet the Fockers (TH)</p> <p>2:30 Live Entertainment with Kenn Lewis featuring Gelato Bar (CD)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Movie Night: Meet the Fockers (TH)</p>	<p>10:00 Seated Yoga with Jamie (CK) 30</p> <p>10:30 Quiddler (Self-Directed) (GR)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Saturday Afternoon Entertainment: Tschaiokowsky: 6. Sinfonie («Pathétique») · hr-Sinfonieorchester · Lionel Bringuern) (TH)</p> <p>3:00 Euchre (GR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Saturday Afternoon Bingo with Athena (CK)</p> <p>6:30 Movie Night: King Kong (TH)</p>

Activity Packages Available At Reception **31**

10:00 Virtual Full Length Tai Chi Class | Piedmont Healthcare (PL)

10:30 Manor Road United Church YouTube Service (All Welcome) (TH)

10:30 Sunday Trivia with Allan (BAR)

2:00 Scrabble Self Directed (GR)

2:00 Loonie Bingo with Lette (CK)

2:00 Sunday Movie Screening: Finding Nemo (TH)

3:00 Afternoon Tea Social (BAR)

6:30 Movie Night: Finding Nemo (TH)



Locations Legend

Theatre (TH)	Lobby (L)
Country Kitchen (CK)	Dining Room (DR)
Piano Lounge (PL)	Salon (S)
Bar (BAR)	In Suite (IS)
Games Room (GR)	Canterbury Driveway (CD)

Calendar Legend

Outing	Living,
Special Program	Loving, Local
Cruise Week	Signature Program