



INSPIRED SENIOR LIVING

June 2026

Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Ladies One Stop Shop (10:00AM. to 3:00PM) (TH) 1</p> <p>10:00 Tai Chi Class with Maryam (CK)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Sign Up for Programs & Outings ONLY TIME (PL)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Movie Night: I am Woman (TH)</p>	<p>10:00 Gentle Fitness (CK) 2</p> <p>10:00 Outing: Fairview Mall Group 1 (Sign Up Required) (L)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Artful Enrichment Workshop: Fruit Series: A Single Pair (PL)</p> <p>2:00 Outing: Fairview Mall Group 2 (Sign Up Required) (L)</p> <p>2:00 Ballet Masterpiece: LA BAYADÈRE - Kingdom of the Shades Artemy Belyakov & Olga Smirnova. (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Spelling Bee Challenge (CK)</p> <p>6:30 Movie Night: Revolutionary Road (TH)</p>	<p>National Red Shirt Day! Let's Wear a Red Shirt 3</p> <p>10:15 Seated Yoga With Deborah (CK)</p> <p>10:30 Go4Life Walking Grp (L)</p> <p>2:00 Crafty Wednesdays with Athena: Folded to Flourish - Lotus Origami (Sign up Required) (PL)</p> <p>2:00 Classic Movie Wednesdays: Notting Hill (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Cryptograms with Shantel (CK)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Movie Night: Notting Hill (TH)</p>	<p>10:00 Gentle Fitness (CK) 4</p> <p>10:30 Thursday Trivia with Athena (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Loonie Bingo with Athena (CK)</p> <p>2:00 Ted Talk Thursday Features : The Ethical Case for Taking On the Climate Crisis Al Gore, Wanjira Mathai and Karennia Gore TED (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: Remarkably Bright Creatures (TH)</p>	<p>Hearing Clinic (Sign Up @ Reception, 1:00 - 4:00 p.m.) (GR) 5</p> <p>Mobile Senior Shop (10:00AM to 2:00PM) (TH)</p> <p>10:00 Go4Life Walking Grp (L)</p> <p>10:30 Quiddler with Athena (GR)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>2:00 Friday Afternoon Bingo with Shantel & Athena (CK)</p> <p>2:00 Council's Pick Movie Fridays: MASH 1970 (PL)</p> <p>3:00 Afternoon Tea Social/ Pub Afternoon Featuring Blue Margarita Cocktail (BAR)</p> <p>4:30 Living, Loving, Local Themed Dinner Featuring Strawberries (DR)</p> <p>6:30 Movie Night: MASH 1970 (TH)</p>	<p>10:00 Exercises with Athena (CK) 6</p> <p>10:30 Quiddler (Self-Directed) (GR)</p> <p>10:45 Drumfit Classics with Athena (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Saturday Afternoon Entertainment: [музыка] Beethoven: Symphony No. 6 "Pastoral" Herbert Blomstedt and the Gewandhausorchester Leipzig (TH)</p> <p>2:00 Presentation with Lianne Harris - The Japanese Geisha (PL)</p> <p>3:00 Euchre (GR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Fit Minds-Stay Sharp (CK)</p> <p>6:30 Movie Night: It Ends With Us (TH)</p>
<p>Activity Packages Available At Reception 7</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Loonie Bingo with Andrea (PL)</p> <p>2:00 Opera Gala: Gala aus dem Festspielhaus Baden-Baden - Gounod, Mascagni, Puccini, Boito, Verdi - Marco Armiliato (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Sunday Entertainment with Samira Yeo (CK)</p> <p>6:30 Movie Night: Gifted Hands (TH)</p>	<p>Access Abilities Service Clinic Sign Up @ Reception (2:30PM to 4:00PM) (S) 8</p> <p>10:00 Exercises with Shantel (CK)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Painting with Lynn (Sign Up Required) (PL)</p> <p>2:00 Musical Movie Mondays: Beauty and the Beast 2017 (TH)</p> <p>3:00 Tech Corner with the Students (Sign Up Required) (IS)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Mondays: Beauty and the Beast 2017 (TH)</p>	<p>10:00 Gentle Fitness (CK) 9</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>12:00 Outing: Lunch to Queen's Harbour Group 1 (Sign Up Required) (L)</p> <p>1:30 Resident Council Meeting (PL)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Artful Enrichment Workshop: Fruit Series: Watercolour Avocado (CK)</p> <p>2:00 Ballet Masterpiece: Strauss - Die Fledermaus Ballet (TH)</p> <p>2:00 Health and Wellness Meeting with Lette and Cleopatra (BAR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Spelling Bee Challenge (CK)</p> <p>6:30 Movie Night: Nonnas (TH)</p>	<p>10:15 Seated Yoga With Deborah (CK) 10</p> <p>10:30 Go4Life Walking Grp (L)</p> <p>12:00 Outing: Lunch to Queen's Harbour Group 2 (Sign Up Required) (L)</p> <p>2:00 Crafty Wednesdays with Athena: From Plain to Painted - Rock Painting (Sign up Required) (CK)</p> <p>2:00 Classic Movie Wednesdays: Speed (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Cryptograms with Shantel (CK)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Movie Night: Speed (TH)</p>	<p>The World Cup Begins 11</p> <p>10:00 Gentle Fitness (CK)</p> <p>10:30 Thursday Trivia with Athena (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Ted Talk Thursday Features : How to Eat with Awareness and Purpose (w/ Sean Sherman) How to Be a Better Human TED (TH)</p> <p>2:00 Musical Hang Man with Shantel & Athena (BAR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Opening Day of World Cup: Watch Mexio vs South Africa (CK)</p> <p>5:30 Paraffin Wax Treatment (BAR)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: The Horse Whisperer (TH)</p> <p>7:00 Loonie Bingo with Shantel (CK)</p>	<p>10:00 Go4Life Walking Grp (L) 12</p> <p>10:00 Exercises with Athena (PL)</p> <p>10:30 Church Service with Msgr. Pat (CK)</p> <p>10:30 Quiddler with Athena (GR)</p> <p>2:00 Council's Pick Movie Fridays: Monuments Men (TH)</p> <p>2:00 Friday Afternoon Bingo with Andrea (CK)</p> <p>3:00 Afternoon Tea Social/ Pub Afternoon Featuring White Wine Sangria and World Cup Game: Canada vs Bosnia and Herzegovina (BAR)</p> <p>6:30 Council's Pick Movie Fridays: Monuments Men (TH)</p>	<p>10:00 Exercises with Athena (CK) 13</p> <p>10:30 Quiddler (Self-Directed) (GR)</p> <p>10:45 Drumfit Classics with Athena (PL)</p> <p>11:00 Outing: Dufferin Grove Park: Na-Me-Mes Pow Wow Community Festival (Sign up Required) (L)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Scattergories with Athena (CK)</p> <p>2:00 Saturday Afternoon Entertainment: Vivaldi: The Four Seasons (Orquesta Reino de Aragón) (TH)</p> <p>3:00 Euchre (GR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Fit Minds-Stay Sharp (CK)</p> <p>6:00 FIFA 2026 World Cup Series: Brazil vs Morocco (PL)</p> <p>6:30 Movie Night: Master and Commander (TH)</p>
<p>Activity Packages Available At Reception 14</p> <p>10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>1:00 FIFA 2026 World Cup Series: Germany vs Curaçao (PL)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Loonie Bingo with Adrienn (CK)</p> <p>2:00 Opera gala with Juan Diego Flórez and Friends Vienna Philharmonic & Harmonia Symphony Orchestra (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>4:00 FIFA 2026 World Cup Series: Netherlands vs Japan (PL)</p> <p>6:30 Movie Night: The Age of Adaline (TH)</p>	<p>10:00 Tai Chi Class with Maryam (CK) 15</p> <p>10:30 Short Course: Pasta Making with Andrea: Making the Dough (Sign up Required) (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>1:30 Meet Me at the MoMa Presentation - Kent Mockman (CK)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Musical Movie Mondays: Mulan 2020 (TH)</p> <p>2:00 Meet Me at the MoMa Painting Session (CK)</p> <p>2:00 Short Course: Pasta Making with Andrea: Shaping and cooking the Pasta (Sign up Required) (PL)</p> <p>3:00 Tech Corner with the Students (Sign Up Required) (IS)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Cryptograms with Mai-Vy (CK)</p> <p>6:30 Musical Movie Mondays: Mulan 2020 (TH)</p>	<p>National Doughnut Day! Easy Fit Shoes Vendor (11:00AM to 3:00PM) (TH) 16</p> <p>10:00 Gentle Fitness (CK)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>1:30 Spelling Bee Challenge (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Artful Enrichment Workshop: Fruit Series: Strawberry Picnic (CK)</p> <p>2:00 Ballet Masterpiece: Dmitri Shostakovich HYPOTHETICALLY MURDERED complete Ballet (PL)</p> <p>3:00 Afternoon Tea Social /FIFA World Cup Series: France vs Senegal (BAR)</p> <p>3:30 Doughnut Tasting (Sign Up Required) (CK)</p> <p>6:30 Movie Night: Society of the Snow (TH)</p>	<p>10:15 Seated Yoga With Deborah (CK) 17</p> <p>10:30 Go4Life Walking Grp (L)</p> <p>2:00 Crafty Wednesdays with Athena: Make your Own Dream Catcher (Sign up Required) (CK)</p> <p>2:00 Classic Movie Wednesdays: Indiana Jones 1981 (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Resident Food Meeting with Crystal (CK)</p> <p>4:00 FIFA 2026 World Cup Series: England vs Croatia (PL)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Classic Movie Wednesdays: Indiana Jones 1981 (TH)</p>	<p>10:00 Gentle Fitness (CK) 18</p> <p>10:30 Thursday Trivia with Allan (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Ted Talk Thursday Features : How Your Brain Alters Your Reality (W/ Anil Seth) How to Be a Better Human TED (TH)</p> <p>2:00 Musical Hang Man with Athena (BAR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Loonie Bingo with Athena (CK)</p> <p>6:00 FIFA 2026 World Cup Series: Canada vs Qatar (PL)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: Good Fortune (TH)</p>	<p>Andrea's Last Day! 19</p> <p>10:00 Go4Life Walking Grp (L)</p> <p>10:00 Exercises with Athena (CK)</p> <p>10:30 Quiddler with Athena (GR)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>2:00 Council's Pick Movie Fridays: Thomas Crown Affair 1968 (TH)</p> <p>2:00 Friday Afternoon Bingo with Shantel & Athena (PL)</p> <p>3:00 Celebrating June Birthdays with Antonella V. (CK)</p> <p>6:30 Council's Pick Movie Fridays: Thomas Crown Affair 1968 (TH)</p>	<p>10:00 Exercises with Athena (CK) 20</p> <p>10:30 Quiddler (Self-Directed) (GR)</p> <p>10:45 Drumfit Classics with Athena (PL)</p> <p>1:00 FIFA 2026 World Cup Series: Netherlands vs Sweden (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Scattergories with Athena (CK)</p> <p>2:00 Saturday Afternoon Entertainment: Mendelssohn: Double Concerto Faust, Bezuidenhout, Gardiner & the London Symphony Orchestra (TH)</p> <p>3:00 Euchre (GR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Fit Minds-Stay Sharp (CK)</p> <p>6:30 Movie Night: John Wick (TH)</p>





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>FATHER'S DAY 21 National Indigenous People's Day Activity Packages Available At Reception</p> <p>10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>11:30 Special Father's Day Brunch (DR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Father's Day Spin the Wheel Prize Bingo with Shantel & Athena (PL)</p> <p>2:00 Opera Gala: great arias from Rossini, Verdi, Puccini, Donizetti, Bellini, Lehár and others (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Father's Day Entertainment with Filipa Sousa (CK)</p> <p>6:30 Movie Night: The Pursuit of Happyness (TH)</p>	<p>Access Abilities Service Clinic Sign Up @ Reception (2:30PM to 4:00PM) (S) 22</p> <p>10:00 Exercises with Shantel (CK)</p> <p>10:45 Drumfit Classics with Shantel (PL)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Painting with Lynn (Sign Up Required) (PL)</p> <p>2:00 Musical Movie Mondays: Mufasa (The Lion King 2024) (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Life Enrichment Meeting (CK)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Mondays: Mufasa (The Lion King 2024) (TH)</p>	<p>FOOTCARE CLINIC (Sign Up @ Reception) (IS) 23</p> <p>10:00 Gentle Fitness (PL)</p> <p>10:45 Falls Prevention Exercise Class (PL)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Artful Enrichment Workshop: Fruit Series: Lemon Tree (PL)</p> <p>2:00 Canada - The return of the Blackfoot DW Documentary (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Spelling Bee Challenge (PL)</p> <p>6:30 Movie Night: Wrath of Man (TH)</p>	<p>10:15 Seated Yoga With Deborah (CK) 24</p> <p>10:30 Go4Life Walking Grp (L)</p> <p>10:30 Outing to Art Gallery of Toronto: The J.S. McLean Centre for Indigenous & Canadian Art (Sign Up Required) (L)</p> <p>2:00 Staff vs Residents Family Feud Competition (CK)</p> <p>2:00 Classic Movie Wednesdays: Legends of the Fall (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Living, Loving, Local Chef's Demo with Crystal - Featuring Strawberries (CK)</p> <p>6:00 FIFA 2026 World Cup Series: Scotland vs Brazil (PL)</p> <p>6:30 Poker Night with Effie (GR)</p> <p>6:30 Movie Night: Legends of the Fall (TH)</p>	<p>10:00 Gentle Fitness (CK) 25</p> <p>10:30 Thursday Trivia with Shantel (BAR)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Ted Talk Thursday Double Features : Resilience: I Am the Walking Dream of My Ancestors Michelle Chubb TEDxQueensU/Recognizing Our Implicit Bias Towards Indigenous Peoples Kelly Terbasket TEDxBYU (TH)</p> <p>3:00 Met Gala Ball (Everyone is Invited) (CK)</p> <p>3:00 Afternoon Tea Social (CK)</p> <p>6:30 Bridge Night (GR)</p> <p>6:30 Movie Night: My Old Lady (TH)</p>	<p>10:00 Go4Life Walking Grp (L) 26</p> <p>10:00 Exercises with Athena (CK)</p> <p>10:15 Outing to Monet: The Immersive Experience (Sign Up Required) (L)</p> <p>10:30 Quiddler with Athena (GR)</p> <p>11:30 Bistro Lunch (Sign Up Required) (BAR)</p> <p>2:00 Friday Afternoon Bingo with Shantel & Athena (CK)</p> <p>2:00 Council's Pick Movie Fridays: What About Bob 1991 (TH)</p> <p>3:00 Afternoon Tea Social/ Pub Afternoon Featuring Moscule Mule featuring Norway vs France (BAR)</p> <p>4:30 Dinner Service Violin Entertainment with Dabrowski (4:30pm to 6:30pm) (DR)</p> <p>6:30 Council's Pick Movie Fridays: What About Bob 1991 (TH)</p>	<p>10:00 Exercises with Athena (CK) 27</p> <p>10:30 Quiddler (Self-Directed) (GR)</p> <p>10:45 Drumfit Classics with Athena (PL)</p> <p>11:00 Outing to The Brickworks Farmers Market (Sign Up Required) (L)</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>2:00 Scattergories with Athena (CK)</p> <p>2:00 Saturday Afternoon Entertainment: Fei-Fei Dong plays Rachmaninoff's Rhapsody on a Theme of Paganini, Op. 43 (TH)</p> <p>3:00 Euchre (GR)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Fit Minds-Stay Sharp (CK)</p> <p>5:00 FIFA 2026 World Cup Series: Panama vs England (PL)</p> <p>6:30 Movie Night: I am Legend (TH)</p>
<p>Activity Packages Available At Reception 28</p> <p>10:00 Virtual Full Length Tai Chi Class Piedmont Healthcare (PL)</p> <p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p> <p>10:30 Sunday Trivia with Allan (BAR)</p> <p>2:00 Scrabble Self Directed (GR)</p> <p>2:00 Loonie Bingo with Ryan (PL)</p> <p>2:00 Opera Gala: Vinci Gala: Franco Fagioli Bayreuth Baroque Festival 2021 (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Sunday Entertainment with the West Enders (CK)</p> <p>6:30 Movie Night: Alpha (TH)</p>	<p>10:00 All Resident Information Meeting (CK) 29</p> <p>1:30 Go4Life Walking Grp (L)</p> <p>1:30 Meet Me at the MoMa Presentation - Emily Carr (PL)</p> <p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p> <p>2:00 Musical Movie Mondays: Dumbo 1941 film (TH)</p> <p>2:00 Meet Me at the MoMa Painting Session (PL)</p> <p>3:00 Tech Corner with the Students (Sign Up Required) (IS)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:00 Cryptograms with Mai-Vy (CK)</p> <p>3:30 Java Music Club Sing A-long (CK)</p> <p>6:30 Musical Movie Mondays: Dumbo 1941 film (TH)</p>	<p>10:00 Gentle Fitness (CK) 30</p> <p>10:00 Outing to Walmart (Sign Up Required) Group 1 (L)</p> <p>10:45 Falls Prevention Exercise Class (CK)</p> <p>2:00 Euchre (GR)</p> <p>2:00 Artful Enrichment Workshop: Fruit Series: Banana Still Life (PL)</p> <p>2:00 Outing to Walmart (Sign Up Required) Group 2 (L)</p> <p>2:00 Ballet Masterpiece: "Фея кукол". АРБ им Вагановой. "Fairy Doll" by Vaganova Academy (TH)</p> <p>3:00 Afternoon Tea Social (BAR)</p> <p>3:30 Spelling Bee Challenge (CK)</p> <p>6:30 Movie Night: Taken (TH)</p> <p>7:00 Sing A-long with Patricia Duffy (PL)</p>	 <p>Red Shirt Day</p>		 <p>Father's Day</p>	



National Donut Day



Be Among Friends

Locations Legend

Country Kitchen (CK)	Games Room (GR)
Theatre (TH)	Lobby (L)
Piano Lounge (PL)	In Suite (IS)
Bar (BAR)	Dining Room (DR)
	Salon (S)

Calendar Legend

Outing
Special Program
Cruise Week
Living, Loving, Local
Signature Program