



INSPIRED SENIOR LIVING

# November 2023

## Carp Commons Retirement Village



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL) <b>5</b></p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing *New* (T)</p> <p>1:30 Afternoon Movie Matinee (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>2:30 MoMA Art Program Presentation and Discussion: Van Gogh Poppies (T)</p> <p>7:00 Sunday Night Classics (T)</p>	<p><b>Hair Salon with Kelly (SS) 6</b></p> <p>10:30 Strength &amp; Endurance Exercise Class (CK)</p> <p>11:00 Canadian Canuckle &amp; Wordle (CK)</p> <p>11:30 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)</p> <p>2:00 B-I-N-G-O! (PB)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)</p> <p>3:00 Canasta - Learn to play - (CK)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Learn to Play Pool with Locks (PB)</p> <p>7:00 Documentary: Genius - Albert Einstein S1 E5 (T)</p>	<p>10:00 Carp Commons Men's Group! (B) <b>7</b></p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>11:15 Strength &amp; Stretch (Assisted Living) (2AR)</p> <p>1:00 Outing: Canadian War Museum \$\$ (RSVP)</p> <p>1:30 Resident Run Bridge (PB)</p> <p>2:00 Food for Thought Meeting w/ Rob, Kim and Darren (T)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Meet Me at the MoMA Painting: Van Gogh- Poppies- (ACW)</p> <p>3:45 Let's Dance with a Zumba Class! (CK)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>6:30 Resident Run: Learn how to play Shuffleboard (PB)</p> <p>7:00 Drama Movie Night (T)</p>	<p>10:00 The most talked about DAILY New York Times Wordle Game (T) <b>1</b></p> <p>10:30 Crummiest Cakes Baking Club (CK)</p> <p>11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)</p> <p>2:00 Drumfit Exercise Class! (T)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Live Entertainment with Bruce Baker (CK)</p> <p>4:00 Half Price Happy Hour Social and Billiards: Caesars (PB)</p> <p>6:00 Resident Run Kings in the Corner *Beginner Card Game* (PB)</p> <p>7:00 Movie Night: Your Pick! (T)</p>	<p>9:30 Outing: Walmart Shopping- Fernbank (RSVP) <b>2</b></p> <p>11:00 Strength &amp; Endurance Exercise Class (CK)</p> <p>11:00 Anagram Word Games (T)</p> <p>2:00 Fitminds Stay Sharp Brain Health (ACW)</p> <p>2:00 *New* afternoon Resident Run: Cribbage Game (PB)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Scrabble Games! (CK)</p> <p>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</p> <p>4:00 Tech Help with Life Enrichment(Please sign up with LE) (STS)</p> <p>7:00 Romance Movie Night (T)</p>	<p>10:00 Memory Care Scenic Country Drive 10:30am-11:30am (RSVP) <b>3</b></p> <p>10:30 Virtual Chair Yoga *Penny is away today* (T)</p> <p>2:00 Crafters Corners: Remembrance Day Poppy Centerpieces (ACW)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Learn to Play Euchre! (PB)</p> <p>3:15 Wine and Say Cheese Social! (PB)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>7:00 Friday Night You Pick Movie Night (T)</p>	<p>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB) <b>4</b></p> <p>9:30 The most talked about DAILY New York Times Wordle Game Weekend Edition (CK)</p> <p>10:00 Go 4 Life Walking Club (LO)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>1:30 Resident Run Bridge (Theatre) (T)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>2:30 MUSICAL Bingo (PB)</p> <p>7:00 Award Winning Films (T)</p>
<p>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL) <b>5</b></p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing *New* (T)</p> <p>1:30 Afternoon Movie Matinee (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>2:30 MoMA Art Program Presentation and Discussion: Van Gogh Poppies (T)</p> <p>7:00 Sunday Night Classics (T)</p>	<p><b>Hair Salon with Kelly (SS) 6</b></p> <p>10:30 Strength &amp; Endurance Exercise Class (CK)</p> <p>11:00 Canadian Canuckle &amp; Wordle (CK)</p> <p>11:30 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)</p> <p>2:00 B-I-N-G-O! (PB)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)</p> <p>3:00 Canasta - Learn to play - (CK)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Learn to Play Pool with Locks (PB)</p> <p>7:00 Documentary: Genius - Albert Einstein S1 E5 (T)</p>	<p>10:00 Carp Commons Men's Group! (B) <b>7</b></p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>11:15 Strength &amp; Stretch (Assisted Living) (2AR)</p> <p>1:00 Outing: Canadian War Museum \$\$ (RSVP)</p> <p>1:30 Resident Run Bridge (PB)</p> <p>2:00 Food for Thought Meeting w/ Rob, Kim and Darren (T)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Meet Me at the MoMA Painting: Van Gogh- Poppies- (ACW)</p> <p>3:45 Let's Dance with a Zumba Class! (CK)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>6:30 Resident Run: Learn how to play Shuffleboard (PB)</p> <p>7:00 Drama Movie Night (T)</p>	<p>Covid &amp; Flu Shots (Please see Collins or Reception for more details) (GF) <b>8</b></p> <p>10:00 The most talked about DAILY New York Times Wordle Game (T)</p> <p>10:30 Crummiest Cakes Baking Club (CK)</p> <p>11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)</p> <p>2:00 Drumfit Exercise Class! (T)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Live Entertainment with Yvan Petit (CK)</p> <p>4:00 Half Price Happy Hour Social and Billiards: Caesars (PB)</p> <p>6:00 Resident Run Evening Euchre (PB)</p> <p>7:00 Movie Night: Your Pick! (T)</p>	<p>Ismile Dental Hygiene in the Spa (Please see Collins or Reception for more details) (SS) <b>9</b></p> <p>10:00 Vendor: Old Carp Vintage Thread Clothing Company (GF)</p> <p>10:00 Church Service with Mary-Cate (T)</p> <p>11:00 Outing: CC's on the Rideau for Lunch in Rideau Ferry \$\$ (RSVP)</p> <p>11:00 Strength &amp; Endurance Exercise Class (CK)</p> <p>2:00 Live Guided Virtual Tour of Artwork and Discussion: 'War of Art', exploring war through the eyes of artists (T)</p> <p>2:00 *New* afternoon Resident Run Cribbage Game (PB)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Scrabble Games! (CK)</p> <p>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</p> <p>4:00 Tech Help with Life Enrichment(Please sign up with LE) (STS)</p> <p>7:00 Romance Movie Night (T)</p>	<p>10:00 Memory Care Scenic Country Drive 10:30am-11:30am (RSVP) <b>10</b></p> <p>10:30 Chair Yoga with Penny (T)</p> <p>2:00 History Presentation: India is not a country; it is a phenomenon with Lianne Harris (T)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Learn to Play Euchre! (PB)</p> <p>3:30 Latin Chair Dancing with Michael (CK)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>7:00 Friday Night You Pick Movie Night (T)</p>	<p><b>Remembrance Day 11</b></p> <p>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB)</p> <p>10:15 Remembrance Day Ceremony at the Carp Cenotaph- We will be walking over at 10:15 (LO)</p> <p>10:30 Remembrance Day Ceremony Live from Downtown Ottawa Ceremony on the Theatre Big Screen (T)</p> <p>1:30 Resident Run Bridge (Theatre) (T)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>2:30 MUSICAL Bingo (PB)</p> <p>7:00 Award Winning Films (T)</p>
<p>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL) <b>12</b></p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing *New* (T)</p> <p>1:30 Afternoon Movie Matinee (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Wii Bowling ! *Let's hit the Bowling Alley* (T)</p> <p>7:00 Sunday Night Classics (T)</p>	<p><b>Hair Salon with Kelly (SS) 13</b></p> <p>10:30 Strength &amp; Endurance Exercise Class (CK)</p> <p>11:00 Canadian Canuckle &amp; Wordle (CK)</p> <p>11:30 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)</p> <p>2:00 B-I-N-G-O! (PB)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)</p> <p>3:00 Canasta - Learn to play - (CK)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Learn to Play Pool with Locks (PB)</p> <p>7:00 Documentary: Genius - Albert Einstein S1 E6 (T)</p>	<p>10:00 Carp Commons Men's Group! (B) <b>14</b></p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>11:00 Outing: Lunch at the Mill Street Crepe Company in Almonte and Shopping \$\$ (RSVP)</p> <p>11:15 Strength &amp; Stretch (Assisted Living) (2AR)</p> <p>1:30 Resident Run Bridge (PB)</p> <p>2:00 Live Artful Painting Workshop: Fallen Leaf (ACW)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 UNO Card Games &amp; Tim Horton's Coffee &amp; Goodies Social (PB)</p> <p>3:45 Let's Dance with a Zumba Class! (CK)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>6:30 Resident Run: Learn how to play Shuffleboard (PB)</p> <p>7:00 Drama Movie Night (T)</p>	<p>10:00 The most talked about DAILY New York Times Wordle Game (T) <b>15</b></p> <p>10:00 Vendor: Anna's Traveling Shop (10:00am-2:00pm) (GF)</p> <p>10:30 Crummiest Cakes Baking Club (CK)</p> <p>11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)</p> <p>2:00 Drumfit Exercise Class! (T)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Seated Exercise Volleyball Competition *New* *Prizes* (CK)</p> <p>4:00 Half Price Happy Hour Social and Billiards: Caesars (PB)</p> <p>6:00 Resident Run Kings in the Corner *Beginner Card Game* (PB)</p> <p>7:00 Movie Night: Your Pick! (T)</p> <p>7:30 Swing Dance Cocktail Evening with the Main and Abbott Dance Band (CK)</p>	<p>9:30 Outing: Walmart Shopping- Fernbank (RSVP) <b>16</b></p> <p>10:00 Church Service with Debbie Roi (T)</p> <p>11:00 Strength &amp; Endurance Exercise Class (CK)</p> <p>2:00 Fitminds Stay Sharp Brain Health (ACW)</p> <p>2:00 *New* afternoon Resident Run Cribbage Game (PB)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Session 2-Active Minds-Learning Series - The Everyday Guide to Cocktail and Spirits: Taste and Traditions. *Learn and make your own cocktail* (PB)</p> <p>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</p> <p>4:00 Tech Help with Life Enrichment(Please sign up with LE) (STS)</p> <p>7:00 Romance Movie Night (T)</p>	<p>10:00 Memory Care Scenic Country Drive 10:30am-11:30am (RSVP) <b>17</b></p> <p>10:30 Chair Yoga with Penny (T)</p> <p>2:00 Learn to Play Euchre! (PB)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>3:00 Wine and Say Cheese Social! (PB)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>6:30 Outing: Almonte Old Town Hall Presents: Spinning Yarns -The Millworkers' Musical-\$25.00 (RSVP)</p> <p>7:00 Friday Night You Pick Movie Night (T)</p>	<p>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB) <b>18</b></p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T)</p> <p>10:00 Go 4 Life Walking Club (LO)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>1:30 Resident Run Bridge (Theatre) (T)</p> <p>2:30 Coffee &amp; Snacks in the Bistro are available (PB)</p> <p>2:30 MUSICAL Bingo (PB)</p> <p>7:00 Award Winning Films (T)</p>



INSPIRED SENIOR LIVING

# November 2023

## Carp Commons Retirement Village



### Sunday

**19**

9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)

10:30 Non- Denominational TV Church Service and Hymn Sing \*New\* (T)

1:30 Afternoon Movie Matinee (T)

2:00 Resident Run: Rummikub in the Bar! (PB)

2:30 Coffee & Snacks in the Bistro are available (PB)

3:00 Wii Bowling ! \*Let's hit the Bowling Alley\* (T)

7:00 Sunday Night Classics (T)

### Monday

**20**

Hair Salon with Kelly (SS)

10:30 Strength & Endurance Exercise Class (CK)

11:00 Canadian Canuckle & Wordle (CK)

11:30 **Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)**

2:00 B-I-N-G-O! (PB)

2:30 Coffee & Snacks in the Bistro are available (PB)

3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)

3:00 Canasta - Learn to play - (CK)

4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)

6:30 Learn to Play Pool with Locks (PB)

7:00 Documentary: Genius - Albert Einstein S1 E7 (T)

### Tuesday

**21**

10:00 Carp Commons Men's Group! (B)

10:30 Gentle Exercise Class (Low Impact) (CK)

11:15 Strength & Stretch (Assisted Living) (2AR)

1:30 Resident Run Bridge (PB)

2:00 Artful Painting Workshop: Fall River Reflection (ACW)

2:30 Coffee & Snacks in the Bistro are available (PB)

3:00 Fit Minds Stay Sharp (ACW)

3:45 Let's Dance with a Zumba Class! (CK)

4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)

6:30 Resident Run: Learn how to play Shuffleboard (PB)

6:30 **Outing: Mary Poppins the Musical at Centre Pointe Theatre \$51.00 (RSVP)**

7:00 Drama Movie Night (T)

### Wednesday

**22**

10:00 The most talked about DAILY New York Times Wordle Game (T)

10:00 **Vendor: Handmade Jewelry by Roz (GF)**

10:30 Crummiest Cakes Baking Club (CK)

11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)

2:00 **Drumfit Exercise Class! (T)**

2:30 Coffee & Snacks in the Bistro are available (PB)

3:00 **Live Entertainment with Bob & Don (CK)**

4:00 Half Price Happy Hour Social and Billiards: Caesars (PB)

6:00 Resident Run Evening Euchre (PB)

7:00 Movie Night: Your Pick! (T)

### Thursday

**23**

10:00 **Outing: The Museums Christmas Market \*FREE\* We'll be back for late lunch (RSVP)**

10:30 Strength & Endurance Exercise Class (CK)

11:00 Wacky Word Games (T)

2:00 **Guest Speaker: Canadian National Institute of the Blind (T)**

2:00 \*New\* afternoon Resident Run Cribbage Game (PB)

2:30 Coffee & Snacks in the Bistro are available (PB)

3:00 Scrabble Games! (CK)

3:30 **Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)**

4:00 Tech Help with Life Enrichment(Please sign up with LE) (STS)

7:00 Romance Movie Night (T)

### Friday

**24**

10:00 **Memory Care Scenic Country Drive 10:30am-11:30am (RSVP)**

10:30 Chair Yoga with Penny (T)

2:00 **Monthly Euchre Tournament 2:00pm-4:00pm (PB)**

2:30 Coffee & Snacks in the Bistro are available (PB)

3:30 Latin Chair Dancing with Michael (CK)

4:00 **Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)**

7:00 Friday Night You Pick Movie Night (T)

### Saturday

**25**

9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB)

9:30 The most talked about DAILY New York Times Wordle Game (T)

10:00 **Go 4 Life Walking Club (LO)**

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

1:30 Resident Run Bridge (Theatre) (T)

2:30 Coffee & Snacks in the Bistro are available (PB)

2:30 **MUSICAL Bingo (PB)**

7:00 Award Winning Films (T)

**26**

9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)

10:30 Non- Denominational TV Church Service and Hymn Sing \*New\* (T)

1:30 Afternoon Movie Matinee (T)

2:00 Resident Run: Rummikub in the Bar! (PB)

2:30 Coffee & Snacks in the Bistro are available (PB)

2:30 **Life Long Learning: MoMA Program Presentation and Discussion - Emily Car- (T)**

7:00 Sunday Night Classics (T)

**27**

Hair Salon with Kelly (SS)

10:30 Strength & Endurance Exercise Class (CK)

11:00 Canadian Canuckle & Wordle (CK)

11:30 **Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)**

2:00 B-I-N-G-O! (PB)

2:30 Coffee & Snacks in the Bistro are available (PB)

3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)

3:00 Canasta - Learn to play - (CK)

4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)

6:30 Learn to Play Pool with Locks (PB)

7:00 Documentary: Genius - Albert Einstein S1 E8 (T)

**28**

10:00 Carp Commons Men's Group! (B)

10:30 Gentle Exercise Class (Low Impact) (CK)

11:15 Strength & Stretch (Assisted Living) (2AR)

11:30 **Read between the Wines Book Club Lunch and Movie Matinee (T)**

1:30 Resident Run Bridge (PB)

2:00 **Meet Me at the MoMA Painting Session: Artist Emily Car (ACW)**

2:30 Coffee & Snacks in the Bistro are available (PB)

3:00 **Chef Demo with Rob \*Living, Loving, Local Themed: Tomatos\* (CK)**

3:45 Let's Dance with a Zumba Class! (CK)

4:00 **Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)**

6:30 Resident Run: Learn how to play Shuffleboard (PB)

7:00 Drama Movie Night (T)

**29**

10:00 The most talked about DAILY New York Times Wordle Game (T)

10:30 Crummiest Cakes Baking Club (CK)

11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)

2:00 **Drumfit Exercise Class! (T)**

2:30 Coffee & Snacks in the Bistro are available (PB)

3:00 **Live Entertainment with Jumpin Jimmy! (CK)**

4:00 Half Price Happy Hour Social and Billiards: Caesars (PB)

6:00 Resident Run Kings in the Corner \*Beginner Card Game\* (PB)

7:00 Movie Night: Your Pick! (T)

**30**

9:30 **Outing: Walmart Shopping-Fernbank (RSVP)**

10:30 Strength & Endurance Exercise Class (CK)

11:00 Word in a Word Game! (T)

1:30 **Christmas Tree Decorating all over Carp Commons! \*We would love your help\* 1:30pm-4:00pm\* (GF)**

2:00 \*New\* afternoon Resident Run Cribbage Game (PB)

2:30 Coffee & Snacks in the Bistro are available (PB)

3:00 Scrabble Games! (CK)

3:30 **Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)**

4:00 Tech Help with Life Enrichment(Please sign up with LE) (STS)

7:00 Romance Movie Night (T)

**National Diabetes Month**

**National Family Caregivers Month**

**Be Grateful**

**Locations Legend**

Pub/Bistro (PB)  
Theatre (T)  
Country Kitchen (CK)  
Outing (RSVP)  
Meet in the Lobby (LO)  
Suite-to-Suite (STS)  
Art and Craft Workshop (ACW)

IN THE VILLAGE (VILL)  
Library/Lounge (LL)  
Salon/Spa (SS)  
Ground Floor (GF)  
Boardroom (B)  
2nd Floor Activity Room (2AR)

**Calendar Legend**

**Outing**  
**Special Program**  
**Vendor**  
**Living, Loving, Local**  
**Signature Program**  
**Highlight**