



INSPIRED SENIOR LIVING

December 2023

Carp Commons Retirement Village



INSPIRED SENIOR LIVING WITH Verve

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MONDAY
DEC 25

Christmas Day

THURSDAY
DEC 7

Hanukkah

1

Fisbee the Elf on the Shelf is back! Please report your findings each morning you find him to reception! (GF)

10:00 Memory Care Scenic Country Drive 10:30am-11:30am (RSVP)

10:30 Chair Yoga (T)

2:00 Crafters Corners: Ribbon Christmas Wreaths (ACW)

2:30 Coffee & Snacks in the Bistro are available (PB)

3:00 Learn to Play Euchre! (PB)

3:15 Wine and Say Cheese Social! (PB)

4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)

7:00 Hallmark Christmas Movie: A Chance for Christmas (Almonte) (T)

2

Find Fisbee the Elf!

9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB)

9:30 The most talked about DAILY New York Times Wordle Game (T) (T)

10:00 Go 4 Life Walking Club (LO)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

10:00 Dental Hygiene Students Presents an Information Session on Denture Care, Nutrition, Arthritis and Dry Mouth (T)

1:30 Resident Run Bridge (Theatre) (T)

2:30 Coffee & Snacks in the Bistro are available (PB)

2:30 Christmas MUSICAL Bingo (PB)

7:00 Hallmark Christmas Movie: The Christmas Club (T)

3

Find Fisbee the Elf!

9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)

10:30 Non- Denominational TV Church Service and Hymn Sing (T)

1:30 Afternoon Movie Matinee (T)

2:00 Resident Run: Rummikub in the Bar! (PB)

2:30 Coffee & Snacks in the Bistro are available (PB)

3:00 Active Minds Trivia: Cinema *NEW* (PB)

7:00 Hallmark Christmas Movie: Two Turtle Doves (T)

4

Hair Salon with Kelly (SS)

Find Fisbee the Elf!

10:30 Strength & Endurance Exercise Class (CK)

11:00 Canadian Canuckle & Wordle (CK)

11:30 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)

2:00 Stocking Stuffer B-I-N-G-O! (PB)

3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)

3:00 Hands and Foot Card Game- Learn to Play- (Thelma is Teaching) (CK)

4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)

6:30 Learn to Play Pool with Locks (PB)

7:00 Christmas Movie: Family Stone (T)

5

Find Fisbee the Elf!

10:00 Carp Commons Men's Group! (B)

10:30 Gentle Exercise Class (Low Impact) (CK)

11:15 Strength & Stretch (Assisted Living) (2AR)

1:30 Resident Run Bridge (PB)

2:00 Food for Thought Meeting with Rob, Darren and Kim (T)

3:00 Crafters Corners : Christmas Cards (ACW)

3:45 Let's Dance with a Zumba Class! (CK)

4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)

6:30 Christmas Lights Tour at Wesley Clover Park for Memory Care (RSVP)

6:30 Resident Run Play Shuffleboard (PB)

7:00 Christmas Movie: Love Actually (T)

6

Find Fisbee the Elf!

10:00 The most talked about DAILY New York Times Wordle Game (T)

10:00 Vendor: Silver Desire (10am-2pm) (GF)

10:30 Christmas Baking Club (CK)

11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)

2:00 Drumfit Exercise Class! (T)

3:00 Live Entertainment with Fit as a Fiddle (CK)

4:00 Half Price Happy Hour Social and Billiards: Cranberry Cocktails (PB)

6:00 Resident Run Evening Euchre (PB)

7:00 Christmas Movie: Christmas Chronicles (T)

7

Find Fisbee the Elf!

10:00 Church Service (In-person) (T)

11:00 Strength & Endurance Exercise Class (CK)

1:00 Outing: Signature Originals Craft Show\$ - EY Centre (RSVP)

2:00 Fitminds Stay Sharp Brain Health (ACW)

2:00 Afternoon Resident Run Cribbage Game (PB)

3:00 Christmas Baked Goods from the Baking Club served in the Bistro (PB)

3:00 Scrabble Games! (PB)

3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)

4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)

7:00 Christmas Movie: Spirited (T)

8

Find Fisbee the Elf!

10:00 Memory Care Scenic Country Drive 10:30am-11:30am (RSVP)

10:30 Chair Yoga (T)

2:00 History Presentation: Christmas: Stories & Symbols with Lianne (T)

3:00 Learn to Play Euchre! (PB)

3:30 Latin Chair Dancing with Michael (CK)

4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)

7:00 Christmas Movie: The Holiday (T)

9

Find Fisbee the Elf!

9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB)

9:30 The most talked about DAILY New York Times Wordle Game (T) (T)

10:00 Go 4 Life Walking Club (LO)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

1:30 Resident Run Bridge (Theatre) (T)

2:30 Christmas MUSICAL Bingo (PB)

7:00 Christmas Movie: Christmas with the Kranks (T)

10

Find Fisbee the Elf!

9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)

10:30 Non- Denominational TV Church Service and Hymn Sing (T)

1:30 Afternoon Movie Matinee (T)

2:00 Resident Run: Rummikub in the Bar! (PB)

3:00 Jeopardy Game! *NEW* (T)

7:00 Christmas Movie: Klaus (T)

11

Hair Salon with Kelly (SS)

Find Fisbee the Elf!

9:00 RSV Vaccine Clinic (Please sign up at reception) (T)

10:30 Strength & Endurance Exercise Class (CK)

11:00 Canadian Canuckle & Wordle (CK)

11:30 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)

2:00 B-I-N-G-O! (PB)

3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)

3:00 Hands and Foot Card Game- Learn to Play- (Thelma is Teaching) (CK)

4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)

6:30 Learn to Play Pool with Locks (PB)

6:45 Caroling with The Carp Scouts (CK)

12

12 days of Spirit: Candy Cane Lane- Wear Red and White

Find Fisbee the Elf!

10:00 Carp Commons Men's Group! (B)

10:30 Gentle Exercise Class (Low Impact) (CK)

11:15 Strength & Stretch (Assisted Living) (2AR)

1:30 Resident Run Bridge (PB)

2:00 Crafters Corners: Christmas Jar Centerpieces for the Christmas Cheer Party (ACW)

3:00 Christmas Wrapping Station *Free* Bring your gifts and we will wrap them (PB)

3:45 Let's Dance with a Zumba Class! (CK)

4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)

6:30 Outing: Christmas Lights Tour at Wesley Clover Park\$ (RSVP)

6:30 Resident Run Play Shuffleboard (PB)

7:00 Christmas Movie: Jack Frost (T)

13

12 days of Spirit: Baby it's Cold Outside- Wear a Cozy Flannel

Find Fisbee the Elf!

10:00 The most talked about DAILY New York Times Wordle Game (T)

10:00 Vendor: Kanata-Hazeldean Lions Club sells Christmas cakes, shortbread, fudge and truffles (GF)

10:30 Christmas Baking Club (CK)

11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)

2:00 Drumfit Exercise Class! (T)

3:00 Live Entertainment with Polished Brass Quintet (CK)

4:00 Half Price Happy Hour Social and Billiards: Cranberry Cocktails (PB)

6:00 Resident Run Evening Euchre (PB)

7:00 Movie Night: Your Pick! (T)

14

12 days of Spirit: Rudolph the Red Nose Reindeer- Dress like a reindeer

Find Fisbee the Elf!

9:30 Outing: Walmart Shopping- Fernbank (RSVP)

10:30 Strength & Endurance Exercise Class (CK)

11:00 Christmas Word in a Word (T)

2:00 Fitminds Stay Sharp Brain Health (ACW)

2:00 Afternoon Resident Run Cribbage Game (PB)

3:00 Candy Cane Hot Chocolate Social with Candy Cane IceCream! (PB)

3:00 Scrabble Games! (PB)

3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)

4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)

7:00 Christmas Movies: National Lampoon's Christmas Vacation (T)

15

12 Days of Spirit: Christmas Tree Traditions- Dress like a Christmas Tree

Find Fisbee the Elf!

10:00 Memory Care Scenic Country Drive 10:30am-11:30am (RSVP)

10:30 Chair Yoga (T)

2:00 Special Guest Speaker: James Powell "A Brief History of Ottawa" (T)

3:00 Learn to Play Euchre! (PB)

3:15 Wine and Say Cheese Social! (PB)

4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)

7:00 Christmas Movie: Home Alone 2 (T)

16

12 days of Spirit: Two Turtle Doves- Twin Day

Find Fisbee the Elf!

9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB)

9:30 The most talked about DAILY New York Times Wordle Game (T) (T)

10:00 Go 4 Life Walking Club (LO)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

1:30 Resident Run Bridge (Theatre) (T)

2:00 Live Acapella Performance with the Sunday Singers (CK)

7:00 Christmas Movies: Home Alone 2 (T)



INSPIRED SENIOR LIVING

December 2023

Carp Commons Retirement Village



INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>12 days of Spirit: Christmas Hat Day- Wear your Favourite Christmas Hat 17 Find Fisbee the Elf!</p> <p>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>1:30 Afternoon Movie Matinee (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>3:30 Live Christmas Recital with Cassandra and Children (CK)</p> <p>7:00 Christmas Movie: Jingle all the Way (T)</p>	<p>Hair Salon with Kelly (SS) 18</p> <p>12 Days of Spirit: Christmas Sweater Day- Wear your Tacky Christmas Sweater Find Fisbee the Elf!</p> <p>10:30 Strength & Endurance Exercise Class (CK)</p> <p>11:00 Canadian Canuckle & Wordle (CK)</p> <p>2:00 B-I-N-G-O! (PB)</p> <p>3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)</p> <p>3:00 Hands and Foot Card Game- Learn to Play- (Thelma is Teaching) (CK)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Learn to Play Pool with Locks (PB)</p> <p>7:00 Christmas Movie: A Christmas Story (T)</p>	<p>12 Days of Spirit: Crazy Christmas Socks- Wear your Favourite Christmas Socks! 19 Find Fisbee the Elf!</p> <p>10:00 Carp Commons Men's Group! (B)</p> <p>11:00 Gentle Exercise Class (Low Impact) (CK)</p> <p>1:30 Resident Run Bridge (PB)</p> <p>2:00 Crafters Corners: Scrapbooking with Betty B (ACW)</p> <p>3:45 Let's Dance with a Zumba Class! (CK)</p> <p>4:30 Ground Floor will be closed from 4:30pm-6:00pm to set up for the party (GF)</p> <p>6:00 Photos with Santa 6:00pm-6:45pm (GF)</p> <p>6:30 Resident Run Play Shuffleboard (PB)</p> <p>7:00 Carp Christmas Cheer Resident and Family Cocktail Party 7:00pm-9:00pm with live music from The Assembly Required (RSVP) (GF)</p>	<p>12 Days of Spirit: The Night Before Christmas- Wear your PJ's 20 Find Fisbee the Elf!</p> <p>10:00 The most talked about DAILY New York Times Wordle Game (T)</p> <p>10:30 Christmas Baking Club (CK)</p> <p>11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)</p> <p>2:00 Drumfit Exercise Class! (T)</p> <p>3:00 Live Entertainment with Jeff Stoddard (CK)</p> <p>4:00 Half Price Happy Hour Social and Billiards: Cranberry Cocktails (PB)</p> <p>6:00 Resident Run Evening Euchre (PB)</p> <p>7:00 Christmas Movies: The Grinch (T)</p>	<p>12 days of Spirit: Winter Wonderland- Wear Blue, White and Sparkles 21 Find Fisbee the Elf!</p> <p>9:30 Outing: Walmart Shopping- Fernbank (RSVP)</p> <p>10:00 Church Service (In-person) (T)</p> <p>11:00 Strength & Endurance Exercise Class (CK)</p> <p>2:00 Christmas Performance by the Residents Choir (CK)</p> <p>3:00 Christmas Choir Kitchen Social After Performance (PB)</p> <p>3:00 Scrabble Games! (PB)</p> <p>4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)</p> <p>7:00 Christmas Movie: Scrooged (T)</p>	<p>12 Days of Spirit: Grinch Celebration Day (wear green or dress like the grinch) 22 Find Fisbee the Elf!</p> <p>10:00 Memory Care Scenic Country Drive 10:30am-11:30am (RSVP)</p> <p>10:30 Chair Yoga (T)</p> <p>1:30 Monthly Euchre Tournament 1:30pm-3:30pm (PB)</p> <p>3:30 Latin Chair Dancing with Michael (CK)</p> <p>3:30 Elves Christmas Delivery (STS)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>7:00 Christmas Movie: Polar Express (T)</p>	<p>12 Days of Spirit: 12 days of Spirit: Light Up the Night- Dress in Bright Colours & Flashy Light Necklaces 23 Find Fisbee the Elf!</p> <p>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB)</p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T) (T)</p> <p>10:00 Go 4 Life Walking Club (LO)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>1:30 Resident Run Bridge (Theatre) (T)</p> <p>2:00 Live Christmas/Jazz Music with Jenna Nation (Resident's Granddaughter) (CK)</p> <p>7:00 Christmas Movie: A Christmas Carol (T)</p>
<p>12 Days of Spirit: Santa's Elves Day- Dress like an Elf 24 Merry Christmas Eve! Find Fisbee the Elf!</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:00 Christmas Eve Scavenger Hunt- Christmas Gift Basket for Prize Winner (Pick up your Scavenger Hunt Directions at Reception) (LO)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>1:30 Afternoon Movie Matinee (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>3:00 Christmas Trivia and Egg Nog Social (T)</p> <p>4:00 Christmas Eve Service: St. James Anglican (Off-site, walking distance) (VILL)</p> <p>4:30 Christmas Eve Service St. Paul's United Church (Off-site, Walking Distance) (VILL)</p> <p>7:00 Christmas Movie: Miracle on 34th Street (T)</p>	<p>12 Days of Spirit: Merry Christmas- Red, White or Green Casual 25 On behalf of all of us at Carp Commons, we would like to wish you a very Merry Christmas! Find Fisbee the Elf!</p> <p>10:00 Christmas Day Movie Marathon: Santa Clause 1 (T)</p> <p>10:00 Christmas Service at St.James Anglican Parish of Huntley (Walking Distance Across the Street) (VILL)</p> <p>2:00 Christmas Day Movie Marathon: Santa Clause 2 (T)</p> <p>7:00 Christmas Movie Marathon: Santa Claus 3 (T)</p>	<p>Boxing Day Holiday! 26</p> <p>10:00 Carp Commons Men's Group! (B)</p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>1:30 Resident Run Bridge (T)</p> <p>2:00 New Years Eve Special Money JACKPOT Bingo (PB)</p> <p>3:45 Let's Dance with a Zumba Class! (CK)</p> <p>6:30 Resident Run Play Shuffleboard (PB)</p> <p>7:00 Christmas Movie: It's a Wonderful Life (T)</p>	<p>10:00 The most talked about DAILY New York Times Wordle Game (T) 27</p> <p>10:30 Christmas Baking Club (CK)</p> <p>11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)</p> <p>2:00 Drumfit Exercise Class! (T)</p> <p>3:00 Live Entertainment with Gary Matthews (CK)</p> <p>4:00 Half Price Happy Hour Social and Billiards: Cranberry Cocktails (PB)</p> <p>6:00 Resident Run Evening Euchre (PB)</p> <p>7:00 New Year's Movie: About a Boy (T)</p>	<p>9:30 Outing: Walmart Shopping- Fernbank (RSVP) 28</p> <p>10:30 Strength & Endurance Exercise Class (CK)</p> <p>11:00 New Years Anagram Word Games (T)</p> <p>2:00 Fitminds Stay Sharp Brain Health (ACW)</p> <p>2:00 Afternoon Resident Run Cribbage Game (PB)</p> <p>3:00 Session 3-Active Minds-Learning Series - The Everyday Guide to Cocktail and Spirits: Taste and Traditions. *Learn and make your own cocktail* (PB)</p> <p>3:00 Scrabble Games! (PB)</p> <p>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</p> <p>4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)</p> <p>7:00 New Year's Movie: About Time (T)</p>	<p>10:00 The most talked about DAILY New York Times Wordle Game (CK) 29</p> <p>10:30 Chair Yoga (T)</p> <p>11:00 Strength & Strength (Assisted Living) (2AR)</p> <p>2:00 Artful Enrichment: New Year Fireworks Painting Session (ACW)</p> <p>3:00 Learn to Play Euchre! (PB)</p> <p>3:15 Wine and Say Cheese Social! (PB)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>7:00 New Year's Movie: Four Rooms (1995) (T)</p>	<p>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB) 30</p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T) (T)</p> <p>10:00 Go 4 Life Walking Club (LO)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>1:30 Resident Run Bridge (Theatre) (T)</p> <p>2:30 MUSICAL Bingo (PB)</p> <p>7:00 New Year's Movies: Trading Places (1983) (T)</p>

<p>New Years Eve! 31</p> <p>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>2:00 Champagne Toast New Years Eve Party and Countdown w/ live music from the International Set (CK)</p> <p>7:00 New Year's Movie: New Year's Eve (T)</p>



Calendar Legend

- Outing
- Special Program
- Vendor
- Theme Day
- Living, Loving, Local
- Signature Program
- Highlight

Locations Legend

- Theatre (T)
- Pub/Bistro (PB)
- Country Kitchen (CK)
- Meet in the Lobby (LO)
- Outing (RSVP)
- IN THE VILLAGE (VILL)
- Art and Craft Workshop (ACW)
- Suite-to-Suite (STS)
- Ground Floor (GF)
- Boardroom (B)
- Library/Lounge (LL)
- Salon/Spa (SS)
- 2nd Floor Activity Room (2AR)