





INSPIRED SENIOR LIVING

# March 2024

## Carp Commons Retirement Village



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>FRIDAY</b> <b>MAR 8</b></p> <p><b>International Women's Day</b></p>		 <p>Verve Senior Living's Majestic Mediterranean Odyssey</p>			<p><b>10:00 Memory Care Scenic Country Drive 10:30am-11:30am (RSVP)</b></p> <p><b>10:30 Chair Yoga w/ Susan (T)</b></p> <p><b>1:30 Tai Chi Exercise Class (CK)</b></p> <p><b>2:00 Learn to Play Euchre! (PB)</b></p> <p><b>2:00 Opera Musical Film Afternoon: The Music of Silence (Andrea Bocelli) True Story Film (T)</b></p> <p><b>3:00 5 Year Anniversary Celebration Social with Wine and Cake w/ Darren and the Team (PB)</b></p> <p><b>4:00 Indoor Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</b></p> <p><b>7:00 Friday Night You Pick Movie Night (T)</b></p>	<p><b>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB) 2</b></p> <p><b>9:30 The most talked about DAILY New York Times Wordle Game (T) (T)</b></p> <p><b>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</b></p> <p><b>10:00 Indoor Go 4 Life Walking Club- Sign up with Life Enrichment (LO)</b></p> <p><b>10:30 *NEW* Weekend Virtual Exercise (T)</b></p> <p><b>1:30 Resident Run Bridge (Theatre) (T)</b></p> <p><b>2:30 MUSICAL Bingo (PB)</b></p> <p><b>7:00 Movie Night: Fried Green Tomatoes (T)</b></p>
<p><b>9:00 Exercise Class with Steven Ristow from the (LHIN) (NEW) (CK) 3</b></p> <p><b>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)</b></p> <p><b>9:30 Exercise Class with Steven Ristow from the (LHIN) (NEW) (2AR)</b></p> <p><b>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</b></p> <p><b>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</b></p> <p><b>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</b></p> <p><b>1:00 Afternoon Movie Matinee (T)</b></p> <p><b>2:00 Resident Run: Rummikub in the Bar! (PB)</b></p> <p><b>3:00 Meet me at the MoMA: Art History Presentation Andy Warhol - Visual Artist (T)</b></p> <p><b>7:00 Sunday Night: The Apartment (T)</b></p>	<p><b>Hair Salon with Kelly\$ (SS) 4</b></p> <p><b>10:30 Strength &amp; Endurance Exercise Class (CK)</b></p> <p><b>11:00 Canadian Canuckle &amp; Wordle (CK)</b></p> <p><b>11:30 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)</b></p> <p><b>2:00 B-I-N-G-O! (PB)</b></p> <p><b>3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)</b></p> <p><b>3:00 Hand and Foot Card Game- Learn to Play- (Thelma is Teaching) (CK)</b></p> <p><b>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</b></p> <p><b>6:30 Learn to Play Pool with Locks (PB)</b></p> <p><b>7:00 Movie Night: Vertigo (1958) (T)</b></p>	<p><b>10:00 Carp Commons Men's Group! (B) 5</b></p> <p><b>10:30 Gentle Exercise Class (Low Impact) (CK)</b></p> <p><b>11:00 Outing: Lunch at an Irish/Scottish Pub\$ (RSVP)</b></p> <p><b>11:15 Strength &amp; Stretch (Assisted Living) (2AR)</b></p> <p><b>1:30 Resident Run Bridge (PB)</b></p> <p><b>2:00 Virtual Live Artfull Workshop: Pastel Sunset (ACW)</b></p> <p><b>2:00 Food for Thought Meeting with Rob, Darren and Kim (T)</b></p> <p><b>3:00 *NEW*Ladies Friendship Circle (T)</b></p> <p><b>3:45 Let's Dance with a Zumba Class! (CK)</b></p> <p><b>3:45 Read between the Wines Book Club &amp; Movie Review (B)</b></p> <p><b>4:00 Indoor Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</b></p> <p><b>6:30 Resident Run Play Shuffleboard (PB)</b></p> <p><b>7:00 Movie Night: High Society (T)</b></p>	<p><b>9:30 The most talked about DAILY New York Times Wordle Game (T) 6</b></p> <p><b>10:00 Guided Meditation w/Susan (T)</b></p> <p><b>10:30 Crummiest Cakes Baking Club (CK)</b></p> <p><b>11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)</b></p> <p><b>2:00 Drumfit Exercise Class! (T)</b></p> <p><b>3:00 Live Entertainment with The Classics w/ Dave and Joe (CK)</b></p> <p><b>4:00 Half Price Happy Hour Social and Billiards: Maple Cocktail (PB)</b></p> <p><b>6:30 Resident Run Evening Euchre (PB)</b></p> <p><b>7:00 Movie Night: Your Pick! (T)</b></p>	<p><b>Ismile Dental Hygiene in the Spa (Please see Collins or Reception for more details) (SS) 7</b></p> <p><b>9:30 Outing: Walmart Shopping\$ - Fernbank (RSVP)</b></p> <p><b>10:00 Church Service with Mary-Cate(In-person) (T)</b></p> <p><b>11:00 Strength &amp; Endurance Exercise Class (CK)</b></p> <p><b>2:00 Fitminds Stay Sharp Brain Health (ACW)</b></p> <p><b>2:00 Resident Run: Cribbage Game (PB)</b></p> <p><b>3:00 Scrabble Games! (PB)</b></p> <p><b>3:00 Freshly Baked Goods being served in the Pub/Bistro from our Baking Club (PB)</b></p> <p><b>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</b></p> <p><b>4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)</b></p> <p><b>6:30 Social Hour and Games Night: Learn to play a new game: Wizard (Resident Run) (PB)</b></p> <p><b>7:00 Movie Night: Woman's Day-Saudi Women's Driving School (T)</b></p>	<p><b>International Woman's Day! 8</b></p> <p><b>10:00 Memory Care Scenic Country Drive 10:30am-11:30am (RSVP)</b></p> <p><b>10:30 Chair Yoga (T)</b></p> <p><b>2:00 Guest Speaker for International Woman's Day: MUSIC Women Composers (T)</b></p> <p><b>3:00 Learn to Play Euchre! (PB)</b></p> <p><b>3:15 Wine and Say Cheese Social! (PB)</b></p> <p><b>3:30 Latin Chair Dancing with Michael (CK)</b></p> <p><b>4:00 Indoor Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</b></p> <p><b>7:00 Movie-Woman's Day: Michelle Obama: The Story (T)</b></p>	<p><b>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB) 9</b></p> <p><b>9:30 The most talked about DAILY New York Times Wordle Game (T) (T)</b></p> <p><b>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</b></p> <p><b>10:00 Indoor Go 4 Life Walking Club- Sign up with Life Enrichment (LO)</b></p> <p><b>10:30 *NEW* Weekend Virtual Exercise (T)</b></p> <p><b>1:30 Resident Run Bridge (Theatre) (T)</b></p> <p><b>2:30 MUSICAL Bingo (PB)</b></p> <p><b>7:00 Cruise Movie: Ship of Fools (1965) (T)</b></p>
<p><b>Change Your Clocks: Spring Forward! 10</b></p> <p><b>9:00 Exercise Class with Steven Ristow from the (LHIN) (NEW) (CK)</b></p> <p><b>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)</b></p> <p><b>9:30 Exercise Class with Steven Ristow from the (LHIN) (NEW) (2AR)</b></p> <p><b>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</b></p> <p><b>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</b></p> <p><b>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</b></p> <p><b>1:00 Afternoon Movie Matinee (T)</b></p> <p><b>2:00 Resident Run: Rummikub in the Bar! (PB)</b></p> <p><b>3:00 Meet me at the MoMA: Art History Presentation Charles Jervas- Ireland Portrait Painting (T)</b></p> <p><b>7:00 Cruise Movie: Romance on the High Seas (1948) (T)</b></p>	<p><b>Hair Salon with Kelly\$ (SS) 11</b></p> <p><b>10:30 Strength &amp; Endurance Exercise Class (CK)</b></p> <p><b>11:00 Canadian Canuckle &amp; Wordle (CK)</b></p> <p><b>11:30 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)</b></p> <p><b>2:00 B-I-N-G-O! (PB)</b></p> <p><b>3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)</b></p> <p><b>3:00 Hand and Foot Card Game- Learn to Play- (Thelma is Teaching) (CK)</b></p> <p><b>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</b></p> <p><b>6:30 Learn to Play Pool with Locks (PB)</b></p> <p><b>7:00 Cruise Movie: Shall We Dance? (1937) (T)</b></p>	<p><b>9:30 Outing: Walmart Shopping\$ - Fernbank (RSVP) 12</b></p> <p><b>10:00 Carp Commons Men's Group! (B)</b></p> <p><b>10:30 Gentle Exercise Class (Low Impact) (CK)</b></p> <p><b>11:15 Strength &amp; Stretch (Assisted Living) (2AR)</b></p> <p><b>1:30 Resident Run Bridge (PB)</b></p> <p><b>2:00 Virtual Live Artfull Workshop: Clover Field (ACW)</b></p> <p><b>3:00 Active Minds-Learning Series- The Everyday Guide to Spirits and Cocktails: Tastes and Traditions *Learn and then create your cocktail (PB)</b></p> <p><b>3:00 *NEW*Ladies Friendship Circle (T)</b></p> <p><b>3:45 Let's Dance with a Zumba Class! (CK)</b></p> <p><b>4:00 Indoor Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</b></p> <p><b>6:30 Resident Run: Bridge (PB)</b></p> <p><b>7:00 Cruise Movie: Royal Wedding (1951) (T)</b></p>	<p><b>9:30 Vendor: Mary Kay (GF) 13</b></p> <p><b>10:00 The most talked about DAILY New York Times Wordle Game (T)</b></p> <p><b>10:00 Guided Meditation w/Susan (T)</b></p> <p><b>10:30 Crummiest Cakes Baking Club (CK)</b></p> <p><b>11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)</b></p> <p><b>2:00 Drumfit Exercise Class! (T)</b></p> <p><b>3:00 Live Entertainment with Mike Ryan (CK)</b></p> <p><b>4:00 Half Price Happy Hour Social and Billiards: Maple Cocktail (PB)</b></p> <p><b>6:30 Resident Run Evening Euchre (PB)</b></p> <p><b>7:00 Cruise Movie: Gentlemen Prefer Blondes (1953) (T)</b></p>	<p><b>10:30 Strength &amp; Endurance Exercise Class (CK) 14</b></p> <p><b>11:00 Living, Loving, Local Maple Trivia *Maple Prizes Awarded* (T)</b></p> <p><b>11:30 Outing: Lunch and Visit to the Maple Sugar Shack\$ (RSVP)</b></p> <p><b>2:00 Fitminds Stay Sharp Brain Health (ACW)</b></p> <p><b>2:00 Resident Run: Cribbage Game (PB)</b></p> <p><b>3:00 Scrabble Games! (PB)</b></p> <p><b>3:00 Freshly Baked Goods being served in the Pub/Bistro from our Baking Club (PB)</b></p> <p><b>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</b></p> <p><b>4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)</b></p> <p><b>6:30 Social Hour and Games Night: Learn to play a new game (Resident Run) (PB)</b></p> <p><b>7:00 Cruise Movie: Carry on Cruising (1962) (T)</b></p>	<p><b>10:00 Memory Care Scenic Country Drive 10:30am-11:30am (RSVP) 15</b></p> <p><b>10:30 Chair Yoga (T)</b></p> <p><b>1:30 Special Guest Speaker: James Powell from the Historical Society of Ottawa (T)</b></p> <p><b>2:30 Virtual Orchestra Concert: Brahms: Symphony No. 1   Ivor Bolton &amp; the Sinfonieorchester Basel (T)</b></p> <p><b>2:30 Learn to Play Euchre! (PB)</b></p> <p><b>3:15 Wine and Say Cheese Social! (PB)</b></p> <p><b>4:00 Indoor Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</b></p> <p><b>7:00 Cruise Movie: The Parent Trap (1998) (T)</b></p>	<p><b>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB) 16</b></p> <p><b>9:30 The most talked about DAILY New York Times Wordle Game (T) (T)</b></p> <p><b>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</b></p> <p><b>10:00 Indoor Go 4 Life Walking Club- Sign up with Life Enrichment (LO)</b></p> <p><b>10:30 *NEW* Weekend Virtual Exercise (T)</b></p> <p><b>1:30 Resident Run Bridge (Theatre) (T)</b></p> <p><b>2:30 MUSICAL Bingo (PB)</b></p> <p><b>7:00 Cruise Movie: Monkey Business (1931) (T)</b></p>





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INSPIRED SENIOR LIVING WITH Verve

Sunday
<p><b>St.Patrick's Day! *WEAR GREEN*</b> <b>17</b></p> <p>9:00 Exercise Class with Steven Ristow from the (LHIN) (NEW) (CK)</p> <p>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)</p> <p>9:30 Exercise Class with Steven Ristow from the (LHIN) (NEW) (2AR)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>1:00 Travel Documentary to Ireland (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>3:00 St.Patrick's Day Pub Hour with music by Seventh Town on the Pub TV! Enjoy Green Beer and Green Snacks! (PB)</p> <p>7:00 Cruise Movie: Waking Ned Devine (1998) (T)</p>
<p><b>Mediterranean Cruise Week</b> <b>24</b></p> <p>Port: Turkey</p> <p>Theme Day: Wear your Tie-dye!</p> <p>9:00 Exercise Class with Steven Ristow from the (LHIN) (NEW) (CK)</p> <p>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)</p> <p>9:30 Exercise Class with Steven Ristow from the (LHIN) (NEW) (2AR)</p> <p>10:00 Cruise Word and Brain Games Package Pick up! (CK)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>1:00 Cruise Afternoon Movie Matinee: Out to Sea (1997) (T)</p> <p>2:00 Deck Game: Resident Run: Rummikub in the Bar! (PB)</p> <p>2:00 Beach Craft: Jewelry Bracelet Making of the Turkey Blue Glass Evil Eye *New Trend* (CK)</p> <p>3:00 Cosmo Swinging Sultan Cocktail Bar (PB)</p> <p>7:00 Traveling to the Greek Islands! (Travel Documentary) (T)</p>
<p><b>Easter!</b> <b>31</b></p> <p>9:00 Exercise Class with Steven Ristow from the (LHIN) (NEW) (CK)</p> <p>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)</p> <p>9:30 Exercise Class with Steven Ristow from the (LHIN) (NEW) (2AR)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:00 Easter Egg Hunt *Pick up a Basket at Reception* (GF)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>1:00 Afternoon Movie Matinee (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>3:00 Easter Social and Trivia *Prizes Awarded* (PB)</p> <p>7:00 Sunday Night Movie: Ben-Hur (1959) (T)</p>

Monday
<p><b>Hair Salon with Kelly\$ (SS)</b> <b>18</b></p> <p>10:30 Strength &amp; Endurance Exercise Class (CK)</p> <p>11:00 Canadian Canuckle &amp; Wordle (CK)</p> <p>11:30 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)</p> <p>2:00 B-I-N-G-O! (PB)</p> <p>3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)</p> <p>3:00 Hand and Foot Card Game- Learn to Play- (Thelma is Teaching) (CK)</p> <p>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Learn to Play Pool with Locks (PB)</p> <p>7:00 Cruise Movie: Now, Voyager (1942) (T)</p>
<p><b>Mediterranean Cruise Week</b> <b>25</b></p> <p>Port: Greece</p> <p>Beach Day in the Greek Islands: Wear your Beach Attire!</p> <p>Hair Salon with Kelly\$ (SS)</p> <p>10:30 Strength &amp; Endurance Exercise Class in the Greek Islands! (CK)</p> <p>11:00 Around the Globe &amp; Mediterranean Sea Trivia Session! (CK)</p> <p>11:30 Outing: Swimming at Island Richcraft Recreation Centre\$ (RSVP)</p> <p>2:00 Deck Game by the Pool: Mediterranean Sea B-I-N-G-O! (PB)</p> <p>3:00 Live Entertainment in the Greek Islands with Chairman George (CK)</p> <p>3:15 Greek Ouzo Lemonade and Mimosa Cocktail Bar in the Greek Islands (PB)</p> <p>4:00 Greek Dip and Olive Tasting Appetizers in the Bistro (PB)</p> <p>6:00 Casino Night on the Cruise! (CK)</p> <p>8:00 Greek Movie: My Big Fat Greek Wedding (T)</p>

Tuesday
<p><b>Carp Commons Men's Group! (B)</b> <b>19</b></p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>11:00 Outing: Casino and Lunch at the Rideau Carleton Casino\$(Ottawa) (RSVP)</p> <p>11:15 Strength &amp; Stretch (Assisted Living) (2AR)</p> <p>1:30 Resident Run Bridge (PB)</p> <p>2:00 Crafters Corners: Making Cruise Week Centerpieces (ACW)</p> <p>3:00 *NEW*Ladies Friendship Circle (T)</p> <p>3:45 Let's Dance with a Zumba Class! (CK)</p> <p>4:00 Indoor Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>6:30 Resident Run Play Shuffleboard (PB)</p> <p>7:00 Cruise Movie: An Affair to Remember (1957) (T)</p>
<p><b>Mediterranean Cruise Week</b> <b>26</b></p> <p>Port: Croatia</p> <p>Theme Day: Sunhats and Flag Colors: Red, White and Blue</p> <p>10:00 Carp Commons Men's Group! (B)</p> <p>10:30 Mediterranean Gentle Exercise Class (Low Impact) (CK)</p> <p>11:15 Mediterranean Music Strength &amp; Stretch (Assisted Living) (2AR)</p> <p>2:00 Live on the Cruise: Croatia Resident and Staff Talent Show (CK)</p> <p>3:00 Deck Game: Indoor Mini Golf on the Ship (GF)</p> <p>3:00 *NEW*Ladies Friendship Circle (T)</p> <p>3:15 Croatia Old Fashions Cocktail Bar (PB)</p> <p>3:45 Zumba Dance Class in Croatia (CK)</p> <p>6:30 Deck Game: Resident Run Bridge (PB)</p> <p>6:30 Wine and Paint Night in Paris! Painting of the Eiffel Tower for the Vive Party tomorrow (CK)</p> <p>8:00 Travel to France by Rick Stevens (Travel Documentary) (T)</p>

Wednesday
<p><b>First Day of Spring!</b> <b>20</b></p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T)</p> <p>10:00 Vendor: Anna's Travelling Shop (LO)</p> <p>10:00 Guided Meditation w/Susan (T)</p> <p>10:30 Crummiest Cakes Baking Club (CK)</p> <p>11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)</p> <p>2:00 Drumfit Exercise Class! (T)</p> <p>3:00 Live Entertainment with Jumpin Jimmy! (CK)</p> <p>4:00 Half Price Happy Hour Social and Billiards: Maple Cocktail (PB)</p> <p>6:30 Resident Run Evening Euchre (PB)</p> <p>7:00 Travel Documentary to Spain by Rick Stevens! (T)</p>
<p><b>Mediterranean Cruise Week</b> <b>27</b></p> <p>Port: France</p> <p>Theme Day: Vive La France Pink Party! *Wear Pink and White*</p> <p>10:00 Cruise &amp; Famous Monuments Hangman Word Game (T)</p> <p>10:00 Sunrise Ocean Sounds Guided Meditation w/Susan (T)</p> <p>10:30 Island Hopping Scavenger Hunt *Pick up at Reception* (GF)</p> <p>10:30 France Boulangeries Bakery Baking Club (CK)</p> <p>11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)</p> <p>2:00 French Cuisine Chef Demo with Rob! (CK)</p> <p>2:45 Deck Games: Seated Soccer Competition *Prizes will be Awarded* (CK)</p> <p>3:15 Vive La France French Pastries, Cheese and Wine Bar (PB)</p> <p>4:00 Virtual France Uniquely Chic City Walk Tour (T)</p> <p>6:30 Deck Game: Resident Run Evening Euchre (PB)</p> <p>7:30 Vive La France Party with Live Entertainment by the Main &amp; Abbott Dance Band (17 piece) (CK)</p>

Thursday
<p><b>Mediterranean Cruise Week</b> <b>21</b></p> <p>Port: Spain</p> <p>Theme Day: Sundress Day in Spain</p> <p>9:30 Outing: Walmart Shopping\$ - Fernbank (RSVP)</p> <p>10:00 United Church Service with Rev. Neil Wallace(In-person) (T)</p> <p>11:00 Exercise Class with Spanish Music! (CK)</p> <p>2:00 Spanish Hand Fans -Design your Own- *Bring them to the Kick-Off Entertainment- (CK)</p> <p>2:30 Majestic Mediterranean Odyssey Passport Cruise Pick Up &amp; Photo Booth (GF)</p> <p>3:00 Welcome Aboard the Mediterranean Cruise Odyssey with Live Spanish Entertainment by Los Pisanos (PB)</p> <p>3:15 Spanish Sangria Cocktail Bar, Olive Oil and Baguette Tasting (PB)</p> <p>4:00 Suite Case Packing Contest - Resident and Staff (PB)</p> <p>6:30 Deck Game: Resident Run Spanish Mexican Train (PB)</p> <p>7:00 Travel Documentary to MOROCCO (T)</p>
<p><b>Mediterranean Cruise Week</b> <b>28</b></p> <p>Port: Back in Canada</p> <p>Theme Day: Wear Red and White!</p> <p>10:30 Strength &amp; Endurance Exercise Class (CK)</p> <p>11:00 How Canadian are you? Canadian Trivia Session (T)</p> <p>11:30 Canadian Caesar Bar in the Dining Room! (DR)</p> <p>2:00 Cruise Week Guest Speaker: Canadian Tim Horton - Hockey Star and Businessman (Dr. Andrew Lindsay) (T)</p> <p>3:00 Resident Choir Spring Concert! (CK)</p> <p>4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)</p> <p>4:00 Please Hand in your Passports to Life Enrichment! (PB)</p> <p>6:30 Social Hour and Games Night: Learn to play a new game: Wizard (Resident Run) (PB)</p> <p>7:00 Canadian Travel Documentary! (T)</p>

Friday
<p><b>Mediterranean Cruise Week</b> <b>22</b></p> <p>Port: Morocco</p> <p>Theme Day: Tacky Tourist Day!</p> <p>10:00 Memory Care Scenic Country Drive 10:30am-11:30am (RSVP)</p> <p>10:00 Artisan Jewelry Vendor: Wristjoy with Jacqueline (Local artisan specializing in gemstone, leather and wrap bracelets from Carp) (GF)</p> <p>10:30 Chair Yoga on the Cruise with Ocean Sounds (T)</p> <p>2:00 Sailors, Superstitions &amp; Folklore History Presentation with Lianne (T)</p> <p>3:00 Taste and Name the Spices in Morocco &amp; Morocco Mojitos Cocktail Bar (PB)</p> <p>3:00 Deck Game: Euchre! (CK)</p> <p>3:30 Morocco Chair Dancing with Michael (CK)</p> <p>4:00 Go 4 Life Excursion Island Scavenger Find (Pick up at Reception) (LO)</p> <p>7:00 Travelogue: Bell'Italia ( Travel to Italy) (T)</p>
<p><b>Good Friday Holiday</b> <b>29</b></p> <p>9:00 Late Breakfast with Life Enrichment: Good Friday Yogurt Parfaits (CK)</p> <p>9:30 Holiday Morning Cranium Crunches Word Puzzels (CK)</p> <p>10:30 Chair Yoga (T)</p> <p>1:30 March Euchre Tournament 1:30pm-3:30pm (PB)</p> <p>1:30 Tai Chi Exercise Class (CK)</p> <p>2:00 Virtual Orchestra Concert - Mozart (Requiem) (T)</p> <p>3:15 Wine and Say Cheese Social! (PB)</p> <p>4:00 Indoor Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>7:00 Movie Night: The Last Temptation of Christ (T)</p>

Saturday
<p><b>Mediterranean Cruise Week</b> <b>23</b></p> <p>Port: Italy</p> <p>Theme Day: National Majestic Mediterranean Odyssey Cruise Open House (1:00pm-4:00pm)</p> <p>9:00 Caffè Sicily- Enjoy Specialty Coffee and Cannoli's (PB)</p> <p>10:00 Virtual Italian Church and Cathedral City Walk Tour (T)</p> <p>1:00 National Majestic Mediterranean Odyssey Open House 1:00pm-4:00pm (GF)</p> <p>1:00 Italian Spritzes and Peroni Bar 1:00pm-4:00pm (PB)</p> <p>1:00 Cruise Week Floral Painted Wine Glass Craft and Painting (GF)</p> <p>7:00 Virtual: Italian Composer Giuseppe Verdi (T)</p>
<p><b>Late Breakfast with Life Enrichment Oatmeal Bar!</b> <b>30</b></p> <p>9:00 Late Breakfast with Life Enrichment: Good Friday Yogurt Parfaits (CK)</p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T) (T)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:00 Indoor Go 4 Life Walking Club- Sign up with Life Enrichment (LO)</p> <p>10:30 *NEW* Weekend Virtual Exercise (T)</p> <p>1:30 Resident Run Bridge (Theatre) (T)</p> <p>2:30 MUSICAL Bingo (PB)</p> <p>7:00 Movie Night: Fargo (T)</p>



**Calendar Legend**

Outing

Special Program

Cruise Week

Living, Loving, Local

Signature Program

Highlight

**Locations Legend**

Theatre (T)

Pub/Bistro (PB)

Country Kitchen (CK)

Outing (RSVP)

Meet in the Lobby (LO)

IN THE VILLAGE (VILL)

2nd Floor Activity Room (2AR)

Ground Floor (GF)

Suite-to-Suite (STS)

Salon/Spa (SS)

Boardroom (B)

Art and Craft Workshop (ACW)

Library/Lounge (LL)

Dining Room (DR)