

November 2025

Carp Commons Retirement Village

Wednesday





Saturday

Enrichment Oatmeal Bar! (CK) 9:30 The most talked about DAILY

10:00 Brain Puzzle Package Pick-up in

the Country Kitchen! (CK) 10:00 Resident Run: Go 4 Life Walking

10:30 Weekend Virtual Exercise (T) 1:30 Resident Run Bridge (T)

2:30 Live Entertainment with the **Barley Shakers Celtic Concert**

Be Blood (2008) (T) 7:00 Sens vs Habs on the TV in the

7:00 Award Winning Movie: There Will

New York Times Wordle Game (T)

9:00 Late Breakfast with Life

Club (LO)

Pub! (PB)

Calendar Legend

Sunday

Outing **Special Program** Vendor Living, Loving, Local Signature Program **Highlight**

9:30 Church Service - St. Paul's United Church (Off-site,

9:30 Exercise Class with Steven Ristow from the (LHIN)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen!

10:30 Church Service-St. James Anglican (Off-site, walking

10:30 Non-Denominational TV Church Service and Hymn

1:30 Outing: Shopping at One World Bazaar in Manotick

3:00 Meet me at the MoMA: Presentation and Discussion

(Hand Crafted Artisans from Around the World) (RSVP)

1:00 Sunday Football on the TV in the Bistro! (PB)

4:00 Sunday Football on the TV in the Bistro! (PB)

7:00 Sunday Classic Movie: The Third Man (1949) (T)

Football Sundays!

9:30 Church Service - St. Paul's United Church

9:30 Exercise Class with Steven Ristow from the

10:00 Brain Puzzle Package Pick-up in the Country

10:30 Church Service- St. James Anglican (Off-site,

10:30 Non-Denominational TV Church Service and

1:00 Sunday Football on the TV in the Bistro! (PB)

4:00 Sunday Football on the TV in the Bistro! (PB)

7:00 Sens vs Mammoths on the TV in the Pub! (PB)

2:00 Resident Run: Rummikub in the Bar! (PB)

7:00 Sunday Classic Movie: The Night of the

(Off-site, Walking Distance) (VILL)

9:00 Exercise Class with Steven Ristow from

2:00 Resident Run: Rummikub in the Bar! (PB)

on Artist William Kentridge (T)

the (LHIN) (CK)

Kitchen! (CK)

Hymn Sing (T)

walking distance) (VILL)

1:00 Afternoon Movie Matinee (T)

3:00 Piano Music with Ileen (MP)

Hunter (1955) (T)

Walking Distance) (VILL)

1:00 Afternoon Movie Matinee (T)

distance) (VILL)

Sing (T)

Football Sundays! 10:30 Strength & Endurance 2 Day Light Savings Time **Exercise Class with Steven** 9:00 Exercise Class with Steven Ristow from the (LHIN)

11:00 Canadian Canuckle & Wordle (T) 1:30 St. John's Dog Therapy Visit with

Monday

Susan Reid and Kira (Library) (LL)

2:00 * B-I-N-G-O! * (PB)

2:45 Hand and Foot Card Game: Learn to Play (CK)

3:00 Happy Hour on the Life **Enrichment Team (PB)**

4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)

6:30 Resident Run: Quiddler Game Night (CK)

7:00 Mystery Movie Night: Flightplan (2005) (T)

Tuesday

Movember

10:00 Carp Commons Men's Group! (B) 10:00 Outing: Swimming at Richcraft

Recreation Centre\$ (RSVP) 10:30 Gentle Exercise Class (Low Impact) (CK)

11:00 Vendor: Maggie's Designs (GF)

11:15 Strength & Stretch (Assisted Living)

1:30 Resident Run: Bridge (PB)

2:00 Townhall Meeting with Darren and Managers (CK)

3:00 *NEW Scenic Country Side Drive 3:00pm-4:00pm (RSVP)

3:00 Crafters Corners: Felt Poppy Pin Craft for the Table Display (ACW)

3:45 Light Zumba Exercise Class (CK)

4:00 Resident Run: Go 4 Life Walking Club

6:30 Learn to Play Pool with Locks (PB) 7:00 Drama Movie Night: A Civil Action

TUESDAY NOV Remembrance Day

Hair Salon with Kelly\$ (SS)

9:45 The most talked about DAILY New York Times Wordle Game (T)

10:00 Resident Run: Go 4 Life Walking Club

10:30 The Flour Power Baking Club (CK)

10:30 The Knotty Knitters and Crocheting Coffee Social Group: Making Newborn Hats for The Ottawa Hospital (LL)

11:00 Vendor: Scott's Shoe Store (GF) 2:00 Drumfit Exercise Class! (T)

3:00 Live Entertainment with Bob & Don (CK)

4:00 Half Price Happy Hour Social and Billiards: Signature Drink "Apple Cider" (PB) 6:30 Resident Run: 6 Hand Euchre (CK)

7:00 Movie Night: Your Pick! (T)

National Nacho Day!

9:30 Outing: Carlingwood Mall\$ (RSVP) 10:00 Anglican Church Service with New Rector Bob Albert (In-person) with support dog Chloe (T)

Thursday

10:30 Strength & Endurance Exercise Class with Steven (CK)

10:30 Exercise Class (Assisted Living) (2AR)

11:00 Word in a Word on the Smartboard (T)

2:00 *Fitminds Stay Sharp Brain Health* (ACW) 2:30 P-O-K-E-N-O (Mix Between Bingo and Poker)

3:00 Beer and Oven Baked Nacho Social! (PB)

3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano 4:00 Tech Help with Life Enrichment(RSVP with LE)

(STS) 6:30 Resident Run Game Night: Wizard (CK)

7:00 Comedy Movie: The Laundromat (2019) (T)

7:00 Sens vs Bruins on the TV in the Pub! (PB)

11:00 Cranium Crunches (T)

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2:00 *Fitminds Stay Sharp Brain Health* (ACW)

2:30 P-O-K-E-N-O (Mix Between Bingo and Poker)

Power Baking Club (CK)

Joanne, Choir Leader: Locks and Mary: Piano

4:00 Tech Help with Life Enrichment(RSVP with LE)

6:30 Resident Run Game Night: Wizard (CK)

7:00 Thriller Movie Night: The Hateful Eight (2015)

7:00 Sens vs Bruins on the TV in the Pub! (PB)

10:00 Resident Run: Wake and

Friday

10:30 Chair Yoga with Penny (T)

Walk - Get your body

10:30 Memory Care Scenic Country Drive 10:15am-11:30am (RSVP)

2:00 Euchre Fridays! (PB)

moving-(LO)

2:00 Schubert: Piano Trio No. 2, op. 100 (D929) / Isabelle Faust, Sol Gabetta, Kristian Bezuidenhout (T)

3:00 Wine and Say Cheese Social

7:00 Friday Night You Pick Movie Night! (T)

9:00 Late Breakfast with Life **Enrichment Oatmeal Bar!**

9:30 The most talked about DAILY New York Times Wordle Game 10:00 Brain Puzzle Package Pick-up

in the Country Kitchen! (CK) 10:00 Resident Run: Go 4 Life

Walking Club (LO)

10:30 Weekend Virtual Exercise (T) 1:00 Sens vs Flyers on the TV in the

Pub! (PB) 1:30 Resident Run Bridge (T)

2:30 MUSICAL Bingo (PB)

7:00 Award Winning Movie: The Godfather (1972) (T)

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9:00 Late Breakfast with Life **Enrichment Oatmeal Bar!**

(CK) 9:30 The most talked about DAILY New York Times Wordle Game

10:00 Brain Puzzle Package Pick-up in

the Country Kitchen! (CK) 10:00 Resident Run: Go 4 Life Walking

Club (LO)

10:30 Weekend Virtual Exercise (T) 1:30 Resident Run Bridge (T)

2:30 MUSICAL Bingo (PB)

7:00 Award Winning Movie: Titanic

Pub! (PB)

10:00 Outing: Swimming at Richcraft 10 Recreation Centre\$ (RSVP)

10:30 Strength & Endurance Exercise Class with Steven (CK)

11:00 Canadian Canuckle & Wordle (T) 1:30 St. John's Dog Therapy Visit with

Susan Reid and Kira (Library) (LL) 2:00 * B-I-N-G-O! * (PB)

2:45 Hand and Foot Card Game: Learn to Play (CK)

3:00 Happy Hour on the Life Enrichment Team (PB) 4:15 Tech Help with Life Enrichment

(RSVP with LE) (STS) 6:30 Resident Run: Quiddler Game Night (CK)

7:00 Documentary Movie Night: Leonard Cohen: I'm Your Man (2005) (T)

Remembrance Day 10:30 Remembrance Day Ceremony at the Carp Cenotaph (Walking Over)

10:30 Remembrance Day Ceremony Live from DT Ottawa (Theatre TV) (T)

1:30 Resident Run: Bridge (PB) 2:00 *NEW* Texas Hold'Em Card Game (PB)

2:00 Artful Painting Workshop: Watercolour Poppies (ACW)

2:45 Remembrance Day Music with Allan Ryan on the Piano (CK) 3:00 *NEW Scenic Country Side Drive

3:00pm-4:00pm (RSVP) 3:45 Light Zumba Exercise Class (CK)

4:00 Resident Run: Go 4 Life Walking Club (LO) 6:30 Learn to Play Pool with Locks (PB)

7:00 Action Movie Night: Battle of Britain 7:00 Sens vs Stars on the TV in the Pub! (PB)

Hair Salon with Kelly\$ (SS) 9:45 The most talked about DAILY New York Times Wordle Game (T)

10:00 Resident Run: Go 4 Life Walking Club

10:00 Vendor: Mary Kay\$ (GF) 10:30 The Flour Power Baking Club (CK)

10:30 The Knotty Knitters and Crocheting Coffee Social Group: Making Newborn Hats for The Ottawa Hospital (LL)

1:30 Manicures and Hand Massages (Sign up with Life Enrichment) (CK)

2:00 Drumfit Exercise Class! (T) 3:00 Live Entertainment with the Bluesy Swing Duo (CK)

4:00 Half Price Happy Hour Social and Billiards: Signature Drink "Apple Cider"

6:30 Resident Run: 6 Hand Euchre (CK) 7:00 Movie Night: Your Pick! (T)

9:30 Outing: Walmart Shopping, Fernbank\$ 13 (RSVP) 10:30 Strength & Endurance Exercise Class with

Steven (CK) 10:30 Exercise Class (Assisted Living) (2AR)

3:00 Afternoon Baked Goods Social by the Flour

3:30 Resident Singing Group: Music Organizer:

Walk - Get your body moving-(LO) 10:30 Chair Yoga with Penny (T)

10:00 Resident Run: Wake and

10:30 Memory Care Scenic Country Drive 10:15am-11:30am (RSVP)

11:00 Computer 101 with Jill or Steph (Learn Computer Techniques) in the Library (LL)

2:00 Lianne Harris History Presentation (T)

Night! (T)

3:00 Euchre Fridays! (PB) 3:00 Wine and Say Cheese Social

7:00 Friday Night You Pick Movie

(1997) (T) 7:00 Sens vs Kings on the TV in the



November 2025

Carp Commons Retirement Village





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Sunday

- 9:00 Exercise Class with Steven Ristow from the (LHIN) (CK)
- 9:30 Church Service St. Paul's United Church (Off-site, Walking Distance) (VILL)
- 9:30 Exercise Class with Steven Ristow from the (LHIN) (2AR)
- 10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK) 10:30 Church Service- St. James Anglican (Off-site,
- walking distance) (VILL) 10:30 Non-Denominational TV Church Service and
- Hymn Sing (T) 1:00 Afternoon Movie Matinee (T)
- 1:00 Sunday Football on the TV in the Bistro! (PB)
- 2:00 Resident Run: Rummikub in the Bar! (PB)
- 3:00 Meet me at the MoMA: Presentation and Discussion on Artist Pacita Abad (T)
- 4:00 Sunday Football on the TV in the Bistro! (PB)
- 7:00 Sunday Classic Movie: Hard Times (1975) (T)

Football Sundays! 9:00 Exercise Class with Steven Ristow

- from the (LHIN) (CK) 9:30 Church Service - St. Paul's United Church
- (Off-site, Walking Distance) (VILL) 9:30 Exercise Class with Steven Ristow from the
- (LHIN) (2AR)
- 10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK) 10:30 Church Service- St. James Anglican (Off-
- site, walking distance) (VILL) 10:30 Non-Denominational TV Church Service
- and Hymn Sing (T)
- 1:00 Afternoon Movie Matinee (T)
- 1:00 Sunday Football on the TV in the Bistro! (PB)
- 2:00 Resident Run: Rummikub in the Bar! (PB)

Football Sundays!

3:00 Piano Music with Ileen (MP)

4:00 Sunday Football on the TV in the Bistro! (PB) 7:00 Sunday Classic Movie: Jojo Rabbit (2019) (T)

3:00 Happy Hour on the Life Enrichment 4:15 Tech Help with Life Enrichment (RSVP

with LE) (STS) 6:30 Resident Run: Quiddler Game Night

Monday

Richcraft Recreation Centre\$

10:30 Strength & Endurance Exercise

11:00 Canadian Canuckle & Wordle (T)

1:30 St. John's Dog Therapy Visit with

2:45 Hand and Foot Card Game: Learn

Susan Reid and Kira (Library) (LL)

Class with Steven (CK)

10:00 Outing: Swimming at

2:00 * B-I-N-G-O! * (PB)

to Play (CK)

Night (CK)

(1960) (T)

with Steven (CK)

2:00 * B-I-N-G-O! * (PB)

Team (PB)

3:00 Happy Hour on the Life

Enrichment Team (PB)

(RSVP with LE) (STS)

4:15 Tech Help with Life Enrichment

6:30 Resident Run: Quiddler Game

7:00 Mystery Movie Night: Psycho

10:00 Outing: Swimming at Richcraft

Recreation Centre\$ (RSVP)

Huntley School Choir (CK)

1:30 St. John's Dog Therapy Visit with

10:30 Strength & Endurance Exercise Class

11:00 Christmas Carol Performance by the

Susan Reid and Kira (Library) (LL)

2:45 Hand and Foot Card Game: Learn to

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(RSVP)

7:00 Documentary Movie Night: Sunday Best (2025) (T)

Tuesday

International Men's Day!

- 10:00 Carp Commons Men's Group! (B)
- 10:30 Gentle Exercise Class (Low Impact) (CK) 11:00 Outing: Men's Micro Brewery Lunch
- Outing (Men's Decision) (RSVP) 11:15 Strength & Stretch (Assisted Living) (2AR)
- 1:30 Resident Run: Bridge (PB)
- 2:00 Crafters Corners: Macrame Key Chains (ACW)
- 2:00 Food for Thought Meeting with Rob, Darren and Kim (T) 3:00 *NEW Scenic Country Side Drive 3:00pm-
- 4:00pm (RSVP) 3:00 Ted Talk Discussion and Learning with Tea
- and Tea Biscuits (T) 3:45 Light Zumba Exercise Class (CK)
- 4:00 Resident Run: Go 4 Life Walking Club (LO)
- 6:30 Learn to Play Pool with Locks (PB)

National Cake Day!

10:00 Carp Commons Men's Group! (B)

(Indigo/Chapters/Healthy

Planet/Dollarama) (RSVP)

7:00 Drama Movie Night: Downton Abbey: A New Era (2022) (T)

Wednesday

Hair Salon with Kelly\$ (SS)

- 9:45 The most talked about DAILY New York Times Wordle Game (T)
- 10:00 Resident Run: Go 4 Life Walking Club
- 10:30 The Flour Power Baking Club (CK)
- 10:30 The Knotty Knitters and Crocheting Coffee Social Group: Making Newborn Hats for The Ottawa Hospital (LL)
- 1:30 Manicures and Hand Massages (Sign up with Life Enrichment) (CK)
- 2:00 Drumfit Exercise Class! (T)

3:00 Live Entertainment with Spencer Scharf (CK)

- 4:00 Half Price Happy Hour Social and Billiards: Signature Drink "Apple Cider"
- 6:30 Resident Run: 6 Hand Euchre (CK)
- 7:00 Movie Night: Your Pick! (T)

6:30 Resident Run Game Night: Wizard (CK) 7:00 Comedy Movie: Office Space (1999) (T)

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(RSVP)

(In-person) (T)

Steven (CK)

Smartboard (T)

Fernbank\$ (RSVP) 10:30 Strength & Endurance Exercise Class with Steven (CK)

Thursday

9:30 Outing: Walmart Shopping, Fernbank\$ 20

10:00 United Church Service with Rev. Neil Wallace

11:00 Strengthen your Mind: Memory Game on the

2:00 *Fitminds Stay Sharp Brain Health* (ACW)

3:00 Afternoon Baked Goods Social by the Flour

3:30 Resident Singing Group: Music Organizer:

Joanne, Choir Leader: Locks and Mary: Piano

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4:00 Tech Help with Life Enrichment(RSVP with LE)

Power Baking Club (CK)

9:30 Outing: Walmart Shopping,

2:30 P-O-K-E-N-O (Mix Between Bingo and Poker)

10:30 Strength & Endurance Exercise Class with

10:30 Exercise Class (Assisted Living) (2AR)

- 10:30 Exercise Class (Assisted Living) (2AR)
- 11:00 Name that Tune (T)
- 12:30 Read between the Wines Book Club "One Golden Summer" by Carly Fortune (T)
- 2:00 *Fitminds Stay Sharp Brain Health* (ACW)
- 2:30 P-O-K-E-N-O (Mix Between Bingo and Poker) (PB)
- 3:00 Afternoon Baked Goods Social by the Flour Power Baking Club (CK)
- 3:30 Resident Singing Group: Music Organizer Joanne, Choir Leader: Locks and Mary: Piano (CK)
- 4:00 Tech Help with Life Enrichment(RSVP with LE) (STS) 6:30 Resident Run Game Night: Wizard (CK)
- 7:00 Thriller Movie: Turner & Hooch (1989) (T)

Friday

- 10:00 Resident Run: Wake and Walk - Get your body moving-(LO)
- 10:30 Chair Yoga with Penny (T)
- 10:30 Memory Care Scenic Country Drive 10:15am-11:30am (RSVP)
- 2:00 Euchre Fridays! (PB)
- 2:00 Digital Concert Filmed: Judy Collins - (A Love Letter to Stephen Sondheim' filmed at The Boettcher Concert Hall)
- 3:00 Wine and Say Cheese Social
- 7:00 Friday Night You Pick Movie Night! (T)

10:00 Resident Run: Wake and Walk - Get your body moving-(LO)

- 10:30 Chair Yoga with Penny (T)
- 10:30 Memory Care Scenic Country Drive 10:15am-11:30am (RSVP)
- 2:00 Euchre Fridays! (PB)
- 2:00 Computer & Smart Devices 101 with Jill (Library) (LL)
- 3:00 Christmas Market at the Carp Farmers Market 3:00pm-8:00pm
- 3:00 Wine and Say Cheese Social (PB)
- 4:00 Sens vs Blues on the TV in the Pub! (PB)
- 7:00 Friday Night You Pick Movie Night! (T)

Saturday

9:00 Late Breakfast with Life **Enrichment Oatmeal Bar!**

9:30 The most talked about DAILY

10:00 Brain Puzzle Package Pick-up in

New York Times Wordle Game

- the Country Kitchen! (CK) 10:00 Resident Run: Go 4 Life Walking
- 10:30 Weekend Virtual Exercise (T)
- 1:30 Resident Run Bridge (T)

Club (LO)

- 2:30 MUSICAL Bingo (PB)
- 7:00 Award Winning Movie: La La Land (2016) (T)
- 7:00 Sens vs Sharks on the TV in the Pub! (PB)

8:00 Christmas Market at the Carp Farmers Market 8:00am-2:00pm (RSVP)

- 9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (CK)
- 9:30 The most talked about DAILY New York Times Wordle Game (T)
- 10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)
- 10:00 Resident Run: Go 4 Life Walking Club (LO)
- 10:30 Weekend Virtual Exercise (T) 1:30 Resident Run Bridge (T)
- 2:30 MUSICAL Bingo (PB)
- 7:00 Award Winning Movie: Good Will
- Hunting (1997) (T)

9:00 Exercise Class with Steven Ristow from the (LHIN) (CK)

9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL) 9:30 Exercise Class with Steven Ristow from the

- 10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)
- 10:30 Church Service- St. James Anglican (Offsite, walking distance) (VILL)
- 10:30 Non-Denominational TV Church Service and Hymn Sing (T) 1:00 Afternoon Movie Matinee (T)
- 1:00 Sunday Football on the TV in the Bistro! (PB)
- 2:00 Resident Run: Rummikub in the Bar! (PB)
- 4:00 Sunday Football on the TV in the Bistro! (PB) 6:00 Sens vs Stars on the TV in the Pub! (PB)
- 7:00 Sunday Classic Movie: Witness for the Prosecution (1957) (T)

Calendar Legend

Outing

Local

Special Program Vendor Living, Loving,

Signature Program

Highlight

10:30 Gentle Exercise Class (Low Impact) (CK) 11:15 Strength & Stretch (Assisted Living) (2AR) 1:30 Resident Run: Bridge (PB)

10:00 Outing: Centrum

- 2:00 *NEW* Texas Hold'Em Card Game (PB)
- 2:00 Artful Talks: Family In Art (ACW) 2:00 Annual Church Social (Invite Only) (T) 3:00 *NEW Scenic Country Side Drive
- 3:00pm-4:00pm (RSVP) 3:00 *NEW Program* Resident Show n Tell &
- Afternoon Cake and Coffee (T) 3:45 Light Zumba Exercise Class (CK) 4:00 Resident Run: Go 4 Life Walking Club
- 6:30 Learn to Play Pool with Locks (PB) 7:00 Action Movie Night: Taking Chance

Hair Salon with Kelly\$ (SS) 9:45 The most talked about DAILY New

- York Times Wordle Game (T) 10:00 Resident Run: Go 4 Life Walking Club
- 10:30 The Flour Power Baking Club (CK) 10:30 The Knotty Knitters and Crocheting Coffee Social Group: Making Newborn
- Hats for The Ottawa Hospital (LL) 11:00 Vendor: Carp Vintage Thread\$ (11:00am 2:00pm) (GF)
- 1:30 Manicures and Hand Massages (Sign up with Life Enrichment) (CK)
- 2:00 Drumfit Exercise Class! (T) 3:00 Live Entertainment with Derek Favreau
- 4:00 Half Price Happy Hour Social and Billiards: Signature Drink "Apple Cider"

6:30 Resident Run: 6 Hand Euchre (CK) 7:00 Movie Night: Your Pick! (T)

National Gratitude Month

Locations Legend

Theatre (T) Country Kitchen (CK) Pub/Bistro (PB) Outing (RSVP) Meet in the Lobby (LO)

2nd Floor Activity Room (2AR)

IN THE VILLAGE (VILL)

Art and Craft Workshop Ground Floor (GF) Salon/Spa (SS) Multipurpose Room

Library/Lounge (LL) Suite-to-Suite (STS)

(ACW)

Boardroom (B)

(MP)