

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Football Sundays! 9:00 Exercise Class with Steven Ristow from the (LHIN) (CK) 9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL) 9:30 Exercise Class with Steven Ristow from the (LHIN) (2AR) 10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK) 10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL) 10:30 Non- Denominational TV Church Service and Hymn Sing (T) 1:00 Afternoon Movie Matinee (T) 1:00 Sunday Football on the TV in the Bistro! (PB) 2:00 Resident Run: Rummikub in the Bar! (PB) 3:00 Meet me at the MoMA: Presentation and Discussion on Artist Pacita Abad (T) 4:00 Sunday Football on the TV in the Bistro! (PB) 7:00 Sunday Classic Movie: Hard Times (1975) (T) 16	10:00 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP) 10:30 Strength & Endurance Exercise Class with Steven (CK) 11:00 Canadian Canuckle & Wordle (T) 1:30 St. John's Dog Therapy Visit with Susan Reid and Kira (Library) (LL) 2:00 * B-I-N-G-O! * (PB) 2:45 Hand and Foot Card Game: Learn to Play (CK) 3:00 Happy Hour on the Life Enrichment Team (PB) 4:15 Tech Help with Life Enrichment (RSVP with LE) (STS) 6:30 Resident Run: Quiddler Game Night (CK) 7:00 Mystery Movie Night: Psycho (1960) (T) 17	International Men's Day! 10:00 Carp Commons Men's Group! (B) 10:30 Gentle Exercise Class (Low Impact) (CK) 11:00 Outing: Men's Micro Brewery Lunch Outing (Men's Decision) (RSVP) 11:15 Strength & Stretch (Assisted Living) (2AR) 1:30 Resident Run: Bridge (PB) 2:00 Crafters Corners: Macrame Key Chains (ACW) 2:00 Food for Thought Meeting with Rob, Darren and Kim (T) 3:00 *NEW Scenic Country Side Drive 3:00pm-4:00pm (RSVP) 3:00 Ted Talk Discussion and Learning with Tea and Tea Biscuits (T) 3:45 Light Zumba Exercise Class (CK) 4:00 Resident Run: Go 4 Life Walking Club (LO) 6:30 Learn to Play Pool with Locks (PB) 7:00 Drama Movie Night: Downton Abbey: A New Era (2022) (T) 18	Hair Salon with Kelly\$ (SS) 9:45 The most talked about DAILY New York Times Wordle Game (T) 10:00 Resident Run: Go 4 Life Walking Club (LO) 10:30 The Flour Power Baking Club (CK) 10:30 The Knotty Knitters and Crocheting Coffee Social Group: Making Newborn Hats for The Ottawa Hospital (LL) 1:30 Manicures and Hand Massages (Sign up with Life Enrichment) (CK) 2:00 Drumfit Exercise Class! (T) 3:00 Live Entertainment with Spencer Scharf (CK) 4:00 Half Price Happy Hour Social and Billiards: Signature Drink "Apple Cider" (PB) 6:30 Resident Run: 6 Hand Euchre (CK) 7:00 Movie Night: Your Pick! (T) 19	9:30 Outing: Walmart Shopping, Fernbank\$ (RSVP) 10:00 United Church Service with Rev. Neil Wallace (In-person) (T) 10:30 Strength & Endurance Exercise Class with Steven (CK) 10:30 Exercise Class (Assisted Living) (2AR) 11:00 Strengthen your Mind: Memory Game on the Smartboard (T) 2:00 *Fitminds Stay Sharp Brain Health* (ACW) 2:30 P-O-K-E-N-O (Mix Between Bingo and Poker) (PB) 3:00 Afternoon Baked Goods Social by the Flour Power Baking Club (CK) 3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK) 4:00 Tech Help with Life Enrichment(RSVP with LE) (STS) 6:30 Resident Run Game Night: Wizard (CK) 7:00 Comedy Movie: Office Space (1999) (T) 20	10:00 Resident Run: Wake and Walk - Get your body moving- (LO) 10:30 Chair Yoga with Penny (T) 10:30 Memory Care Scenic Country Drive 10:15am-11:30am (RSVP) 2:00 Euchre Fridays! (PB) 2:00 Digital Concert Filmed: Judy Collins - (A Love Letter to Stephen Sondheim' filmed at The Boettcher Concert Hall) (T) 3:00 Wine and Say Cheese Social (PB) 7:00 Friday Night You Pick Movie Night! (T) 21	9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (CK) 9:30 The most talked about DAILY New York Times Wordle Game (T) 10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK) 10:00 Resident Run: Go 4 Life Walking Club (LO) 10:30 Weekend Virtual Exercise (T) 1:30 Resident Run Bridge (T) 2:30 MUSICAL Bingo (PB) 7:00 Award Winning Movie: La La Land (2016) (T) 7:00 Sens vs Sharks on the TV in the Pub! (PB) 22
Football Sundays! 9:00 Exercise Class with Steven Ristow from the (LHIN) (CK) 9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL) 9:30 Exercise Class with Steven Ristow from the (LHIN) (2AR) 10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK) 10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL) 10:30 Non- Denominational TV Church Service and Hymn Sing (T) 1:00 Afternoon Movie Matinee (T) 1:00 Sunday Football on the TV in the Bistro! (PB) 2:00 Resident Run: Rummikub in the Bar! (PB) 3:00 Piano Music with Ileen (MP) 4:00 Sunday Football on the TV in the Bistro! (PB) 7:00 Sunday Classic Movie: Jojo Rabbit (2019) (T) 23	10:00 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP) 10:30 Strength & Endurance Exercise Class with Steven (CK) 11:00 Christmas Carol Performance by the Huntley School Choir (CK) 1:30 St. John's Dog Therapy Visit with Susan Reid and Kira (Library) (LL) 2:00 * B-I-N-G-O! * (PB) 2:45 Hand and Foot Card Game: Learn to Play (CK) 3:00 Happy Hour on the Life Enrichment Team (PB) 4:15 Tech Help with Life Enrichment (RSVP with LE) (STS) 6:30 Resident Run: Quiddler Game Night (CK) 7:00 Documentary Movie Night: Sunday Best (2025) (T) 24	National Cake Day! 10:00 Carp Commons Men's Group! (B) 10:00 Outing: Centrum (Indigo/Chapters/Healthy Planet/Dollarama) (RSVP) 10:30 Gentle Exercise Class (Low Impact) (CK) 11:15 Strength & Stretch (Assisted Living) (2AR) 1:30 Resident Run: Bridge (PB) 2:00 *NEW* Texas Hold'Em Card Game (PB) 2:00 Artful Talks: Family In Art (ACW) 2:00 Annual Church Social (Invite Only) (T) 3:00 *NEW Scenic Country Side Drive 3:00pm-4:00pm (RSVP) 3:00 *NEW Program* Resident Show n Tell & Afternoon Cake and Coffee (T) 3:45 Light Zumba Exercise Class (CK) 4:00 Resident Run: Go 4 Life Walking Club (LO) 6:30 Learn to Play Pool with Locks (PB) 7:00 Action Movie Night: Taking Chance (2009) (T) 25	Hair Salon with Kelly\$ (SS) 9:45 The most talked about DAILY New York Times Wordle Game (T) 10:00 Resident Run: Go 4 Life Walking Club (LO) 10:30 The Flour Power Baking Club (CK) 10:30 The Knotty Knitters and Crocheting Coffee Social Group: Making Newborn Hats for The Ottawa Hospital (LL) 11:00 Vendor: Carp Vintage Thread\$ (11:00am-2:00pm) (GF) 1:30 Manicures and Hand Massages (Sign up with Life Enrichment) (CK) 2:00 Drumfit Exercise Class! (T) 3:00 Live Entertainment with Derek Favreau (CK) 4:00 Half Price Happy Hour Social and Billiards: Signature Drink "Apple Cider" (PB) 6:30 Resident Run: 6 Hand Euchre (CK) 7:00 Movie Night: Your Pick! (T) 26	9:30 Outing: Walmart Shopping, Fernbank\$ (RSVP) 10:30 Strength & Endurance Exercise Class with Steven (CK) 10:30 Exercise Class (Assisted Living) (2AR) 11:00 Name that Tune (T) 12:30 Read between the Wines Book Club "One Golden Summer" by Carly Fortune (T) 2:00 *Fitminds Stay Sharp Brain Health* (ACW) 2:30 P-O-K-E-N-O (Mix Between Bingo and Poker) (PB) 3:00 Afternoon Baked Goods Social by the Flour Power Baking Club (CK) 3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK) 4:00 Tech Help with Life Enrichment(RSVP with LE) (STS) 6:30 Resident Run Game Night: Wizard (CK) 7:00 Thriller Movie: Turner & Hooch (1989) (T) 27	10:00 Resident Run: Wake and Walk - Get your body moving- (LO) 10:30 Chair Yoga with Penny (T) 10:30 Memory Care Scenic Country Drive 10:15am-11:30am (RSVP) 2:00 Euchre Fridays! (PB) 2:00 Computer & Smart Devices 101 with Jill (Library) (LL) 3:00 Christmas Market at the Carp Farmers Market 3:00pm-8:00pm (RSVP) 3:00 Wine and Say Cheese Social (PB) 4:00 Sens vs Blues on the TV in the Pub! (PB) 7:00 Friday Night You Pick Movie Night! (T) 28	8:00 Christmas Market at the Carp Farmers Market 8:00am-2:00pm (RSVP) 9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (CK) 9:30 The most talked about DAILY New York Times Wordle Game (T) 10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK) 10:00 Resident Run: Go 4 Life Walking Club (LO) 10:30 Weekend Virtual Exercise (T) 1:30 Resident Run Bridge (T) 2:30 MUSICAL Bingo (PB) 7:00 Award Winning Movie: Good Will Hunting (1997) (T) 29
Calendar Legend Outing Special Program Vendor Living, Loving, Local Signature Program Highlight						
Locations Legend Theatre (T) Country Kitchen (CK) Pub/Bistro (PB) Outing (RSVP) Meet in the Lobby (LO) 2nd Floor Activity Room (2AR) IN THE VILLAGE (VILL) Library/Lounge (LL) Suite-to-Suite (STS) Art and Craft Workshop (ACW) Ground Floor (GF) Salon/Spa (SS) Boardroom (B) Multipurpose Room (MP)						

