Verve INSPIRED SENIOR LIVING

September 2021

Gardenside

COURTYARD GARDENS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Music Therapy Session with Lorri-Virtual (GAR) 11:00 Story Time- Daily Chronicles (GS) 2:00 Bingo (GAR) 3:30 Horse Shoes in the Round (GAR)	**2** 10:30 Let's Play Flamingo Ring Toss! (GAR) 2:00 Java Music Club (GAR) 3:30 Blueberry Smoothie Social (GAR)	**3** 10:30 Exercises (GAR) 11:00 September Reminiscing (GAR) 2:30 Group Crosswords (GAR) 4:00 'September Scenes' Colour Me Calm (GAR)	**4** 10:30 Bocce (GAR) 2:30 Artful Aging (GAR) 4:00 One on One Time (RES)
5 10:00 Catholic Mass on TV (GAR) 10:30 Uno (GAR) 3:30 Sunday Sing A-Long (GAR)	**6** *Labor Day Holiday* *Rosh HaShanah, Jewish New Year* 10:30 Exercises (GAR) 11:00 September Trivia (GAR) 2:30 Apron Painting Project (GAR)	**7** 10:30 Chair Exercises (GAR) 11:00 Trivia (GAR) 2:00 Beanbag Suffleboard (GAR) 3:00 Garden Walks (GAR) 4:00 1:1 In Room Plant Care Visits (RES) 6:30 Evening Manicures (GAR)	**8** 10:00 Music Therapy Session with Lorri-Virtual (GAR) 11:00 Story Time- Daily Chronicles (GS) 2:00 Bingo (GAR) 3:30 Bean Bag Shuffle Board (GAR)	**9** 10:30 Balloon Badminton (GAR) 2:00 Food for Thought Discussion: Peaches! (GAR) 3:30 Never Have I Ever Game (GAR)	**10** 10:30 Exercises (GAR) 11:00 Shake Loose A Memeory (GAR) 2:30 Group Crosswords (GAR)	**11** 10:00 Let's Play Bocce (GAR) 2:00 Dominoes Tournament (GAR) 3:00 Colour Me Calm (GAR)
12 10:00 Catholic Mass on TV (GAR) 10:30 Uno (GAR)	**13** 9:30 1 on 1 with Mona (RES) 10:30 Exercises (GAR) 11:00 Short Story Time (GAR) 2:00 Matching Game (GAR) 3:30 Garden Walks (GAR)	**14** 10:30 Chair Exercises (GAR) 11:00 Trivia (GAR) 2:00 Penny Ante Game (GAR) 4:00 1:1 In Room Plant Care Visits (RES) 6:30 Evening Manicures (GAR)	**15** 10:00 Music Therapy Session with Lorri-Virtual (GAR) 11:00 Story Time- Daily Chronicles (GS) 2:00 Bingo (GAR) 3:30 Carpet Bowling (GAR)	**16** 10:30 Exercises with Wendy (GAR) 11:00 Quiz Time: Person, Place or Vegetable? (GAR) 2:00 All about Gaters (GAR) 3:30 Warm Drink Social (GAR)	**17** 10:30 Group Crosswords (GAR) **2:00 Gardenside Scenic Drive (GAR)**	**18** 10:30 Bocce (GAR) 2:30 Crafty 'Thought Pockets" (GAR) 4:00 Finish the Saying (GAR)
19 10:00 Catholic Mass on TV (GAR) 10:30 Let's Play Bocce (GAR) 2:00 Sunday Sing A Long (GAR)	**20** 9:30 1 on 1 with Mona (RES) 10:30 Exercises (GAR) 11:00 Music and Dance (GAR) 3:30 Garden Walks (GAR)	**21** 10:30 Chair Exercises (GAR) 2:00 Let's Reminisce: Remembering a Walk in the Woods (GAR) 3:30 1:1 In Room Plant Care Visits (RES) 6:30 Evening Manicures (GAR)	**22** 10:00 Music Therapy Session with Lorri-Virtual (GAR) 11:00 Story Time- Daily Chronicles (GS) 2:00 Bingo (GAR) 3:30 One on One Visit (RES)	**23** 10:30 Noodle Hockey (GAR) 2:30 September Birthday & Welcome Tea (GAR) 4:00 One on One Visit (RES)	**24** 10:30 Exercises (GAR) 11:00 Trivia (GAR) 2:30 Group Crosswords (GAR) 3:30 Garden Walks (GAR)	**25** 10:15 Balloon Volleyball (GAR) 2:00 Arts and Crafts (GAR) 3:30 Dominoes (GAR)
26 10:00 Catholic Mass on TV (GAR) 2:00 Sing A Long (GAR) 3:30 Ring Toss (GAR)	**27** 10:30 Exercises (GAR) 2:30 Apron Painting Project (GAR) 4:00 One on One Visit (RES)	**28** 10:30 Chair Exercises (GAR) 2:00 All About Grapes - Tasting Required! (GAR) 3:30 1:1 In Room Plant Care Visits (RES) 6:30 Evening Manicures (GAR)	**29** 10:00 Music Therapy Session with Lorri-Virtual (GAR) 11:00 Story Time- Daily Chronicles (GS) 2:00 Bingo (GAR) 3:30 Tic Toc Toe Game (GAR)	**30** 10:30 Bean Bag Shuffle Board (GAR) 2:00 Java Music Club (GAR) 3:00 Puzzle Time! (GAR)	<u>Locations Legend</u> Gardenside Lounge (GAR) Residents Room (RES) GS (GS)	