






INSPIRED SENIOR LIVING

August 2023 Gardenside



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>SUNDAY AUG 6 National Friendship Day</p>	 <p>WEDNESDAY AUG 8 International Cat Day</p>	<p>10:45 Piano Performance by Yuliya 1 2:00 Afternoon Manicures 4:00 Iced Chai Latte Social</p>	<p>10:00 Gentle Chair Exercises 2 11:00 Morning Word Games 2:00 1 on 1 visits with Life Enrichment Staff 2:00 Bingo</p>	<p>9:30 1 on 1 Mobility Program 3 10:30 Fit Minds 2:00 Artfull Enrichment 3:30 Beanbag Shuffleboard</p>	<p>11:00 Reading The Daily Chronicles 4 1:00 1 on 1 visits with Mona 2:00 Live Music w/ Music Variations 3:30 Sing-a-long with Susie Q</p>	<p>10:00 Balloon Badminton 5 11:00 Daily Chronicles 2:00 Java Music Club with Mona 3:30 Garden Strolls with Mona</p>
<p>National Friendship Day 6 10:00 Catholic Mass on TV 10:30 Piano with Thelma 4:00 1 on 1 visits</p>	<p>B C Day Holiday 7 10:30 Horseshoes in the Round 2:00 B.C Fun Facts 3:30 Piano Music w/Mabon</p>	<p>10:00 Let's Play Bocce! 8 11:00 Morning Word Games 2:00 Bon Bon Baking Club 3:00 Are you a Camper or a Glamper? 6:30 Evening Manicures 7:45 1:1 Visits with Wendy J 8:00 Hand Massages & Glasses Cleaning</p>	<p>10:00 Gentle Chair Exercises 9 11:00 Morning Word Games 2:00 Bingo 2:00 1 on 1 visits with Life Enrichment Staff 3:30 Summer Drink Social</p>	<p>10:00 Gentle Exercise 10 2:30 Birthday & Welcome Tea with Yuliya Performing</p>	<p>10:00 Trio Bike Rides 11 2:00 Live Music w/ The Shoe Makers (New Group) 3:00 Gardenside Scenic Drive</p>	<p>10:00 Gentle Excercises 12 11:00 Conversations in The Gardens 2:30 Peaches: Facts & Flavors 3:30 In Room Plant Care</p>
<p>10:00 Catholic Mass on TV 13 10:30 Piano with Thelma 3:30 Hawaiian Pineapple Milkshake Social</p>	<p>9:30 1 on 1 Mobility Program 14 10:30 Roll - O - Trump Game 2:00 Herbal Lemonade 3:30 Piano Music w/Mabon</p>	<p>10:00 Carpet Bowling 15 3:00 All About Bees - Honey Tasting Included! 6:30 Evening Manicures</p>	<p>10:00 Horseshoes In the Round 16 11:00 Morning Word Games 2:00 Bingo 2:00 1 on 1 visits with Life Enrichment Staff 3:30 S'more Social</p>	<p>National Dog Day 17 10:00 Gentle Exercises 11:00 Uno 2:00 Pinch Pot Workshop 4:00 Garden Strolls</p>	<p>10:00 Gentle Exercise 18 11:00 Reading The Daily Chronicles 2:00 Live Music w/ Peter Williams 3:30 Pinch Pot Painting</p>	<p>10:00 Let's Play Cornhole! 19 10:00 Roll - O - Trump 2:30 Front Porch Travels: Valencia, Spain 4:00 Non-Alcoholic Sangria Drink Social</p>
<p>10:00 Catholic Mass on TV 20 10:30 Piano with Thelma 2:00 Bingo 3:30 Turtle Quiz</p>	<p>9:30 1 on 1 Mobility Program 21 10:30 Bocce 2:00 Penny Ante Game 3:30 Piano Music w/Mabon</p>	<p>10:00 Gentle Exercises 22 11:00 Shake Loose More Memories Game 2:00 Beanbag Shuffleboard 3:30 Summertime Drink Social</p>	<p>10:00 Balloon Badminton 23 11:00 Morning Word Games 2:00 Bingo 2:00 1 on 1 visits with Life Enrichment Staff 3:30 Ice Cream Sandwich Social</p>	<p>10:00 Gentle Exercise 24 11:00 Summer Sing A-Long 2:00 Planting Tiny Succulents 4:00 Library Visits</p>	<p>9:45 Music Therapy Session 1 with Lorri 25 10:45 Music Therapy Session 2 with Lorri 3:00 Gardenside Scenic Drive</p>	<p>10:00 Java Music Club with Mona 26 2:00 Artfull Enrichment 3:30 Drumfit with Mona</p>
<p>10:00 Catholic Mass on TV 27 10:30 Piano with Thelma 11:00 Morning Word Games 2:00 1 on 1 visits with Mona 3:30 Horseshoes In the Round</p>	<p>9:30 1 on 1 Mobility Program 28 10:00 Carpet Bowling 2:00 Live Music w/ John Dean (New Entertainer to Courtyard) 2:00 Spa Time Hand Massages 3:30 Piano Music w/Mabon</p>	<p>10:00 Noodle Hockey 29 2:00 World Trivia 3:30 Bocce with Megan 6:30 Evening Manicures</p>	<p>10:00 Roll O Trump 30 2:00 Bingo 2:00 1 on 1 visits with Life Enrichment Staff 3:30 Lemonade Social</p>	<p>10:00 Rustik Ring Toss 31 11:00 I Have Never Game 2:00 Remembering Berry Picking 3:30 Blackberry Limeade Social</p>	 <p>WEDNESDAY AUG 26 National Dog Day</p>	 <p>WEDNESDAY AUG 28 National Red Wine Day</p>