

Lunch

				Lunch			
Week 5	Monday May 6	Tuesday May 7	Wednesday May 8	Thursday May 9	Friday May 10	Saturday May 11	Sunday May 12
Soup	Chicken & Orzo	Chicken & Dill	* Cream of Broccoli	Mulligatawny Soup	Potato Leek	* Minestrone Soup	
Entrée 1	* Eggs Benedict	Roast Beef & Cheddar Sandwich on Whole Wheat	California Chicken Salad	Assorted Sandwich on White	Turkey Mango Salad	Philly Cheese Steak Sub	Brunch Buffet
side	Hashbrowns & Tomato Slices	Tossed Salad	Pita	* Beet & Onion Salad	Dinner Roll	French Fries	
Entrée 2	Turkey Burger	Tempura Shrimp on Warm Quinoa Salad	Grilled Cheese Sandwich	Leek & Bacon Quiche	* Egg Salad on Croissant	Chicken Salad Sandwich on Whole Wheat	Brunch Buffet
Side	Hashbrowns & Tomato Slices	Dinner Roll	Potato Chips	* Beet & Onion Salad	House Salad	Garden Salad	
Dessert	Lemon Lavender Ice Cream	Assorted Desserts	Apple Cake	Cinnamon Danish	Strawberry Banana Smoothie	Carrot Cake	Assorted Desserts
Dinner							
Appetizer	Tossed Salad	House Salad	Risotto Balls & Garlic Mayo	Garden Salad	Mini Spring Rolls Plum Sauce	Artichoke Salad	House Salad
Entrée 1	Shepherds Pie	Butter Chickpeas on Rice	Turkey Divan	Penne & Meat Sauce	Teriyaki Beef & Broccoli	Veal Marsala	Mediterranean Chicken
Side	Mashed Potatoes	Naan	Roasted Mini Red Potatoes	Garlic Bread	Steamed Rice	Mashed Potatoes	Roasted Mini Red Potatoes
Entrée 2	Pork Stir Fry	Fish n' Chips Tartar Sauce	Lamb Curry	* Coq au Vin Chicken Thighs	Miso Soy Glazed Cod	Pork Goulash	Sole Filet w/ Parsley Sauce
Side	Shanghai Noodles		Naan	Steamed Potatoes with Parsley	Steamed Rice	Mashed Potatoes	Roasted Mini Red Potatoes
Vegetable	* Broccoli	Coleslaw	*Cauliflower	*Cauliflower	Sauteed Red & Yellow Peppers	Roasted Carrots	Mixed Vegetables
Vegetable	Diced Carrots	Seasoned Peas	Zucchini	* Seasoned Broccoli	Sauteed Bok Choy	Buttered Corn	0
Dessert	Warm Bread Pudding	Assorted Desserts	Maple Chocolate Cake	Brownies & Ice Cream	Pineapple Upsidedown Cake	Cherry Cheesecake	Assorted Desserts
* Menu item contains a Superfood.		×				Living Loving Local	

Choose Superfoods more often for optimal health

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea. Bacon on Saturdays and Sundays, sausages on Tuesdays and Wednesdays.

Meal Times: Breakfast 7:30-9:00a.m.; Lunch First Seating 11:45-12:30, Second Seating 12:30-1:15; Dinner First Seating 4:45-5:30, Second Seating 5:30-6:15