Verve) $\begin{gathered}\text { inspirgd } \\ \text { SENior Lling }\end{gathered}$

## Lunch

| Week 5 | Monday May 6 | Tuesday May 7 | Wednesday May 8 | Thursday May 9 | Friday May 10 | Saturday May 11 | Sunday May 12 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Soup | Chicken \& Orzo | Chicken \& Dill | * Cream of Broccoli | Mulligatawny Soup | Potato Leek | * Minestrone Soup |  |
| Entrée 1 <br> side | * Eggs Benedict <br> Hashbrowns \& Tomato Slices | Roast Beef \& Cheddar Sandwich on Whole Wheat <br> Tossed Salad | California Chicken Salad <br> Pita | Assorted Sandwich on White <br> * Beet \& Onion Salad | Turkey Mango Salad <br> Dinner Roll | Philly Cheese Steak Sub <br> French Fries | Brunch Buffet |
| Entrée 2 <br> Side | Turkey Burger <br> Hashbrowns \& Tomato Slices | Tempura Shrimp on Warm Quinoa Salad <br> Dinner Roll | Grilled Cheese Sandwich <br> Potato Chips | Leek \& Bacon Quiche <br> * Beet \& Onion Salad | * Egg Salad on Croissant <br> House Salad | Chicken Salad Sandwich on Whole Wheat <br> Garden Salad | Brunch Buffet |
| Dessert | Lemon Lavender Ice Cream | Assorted Desserts | Apple Cake | Cinnamon Danish | Strawberry Banana Smoothie | Carrot Cake | Assorted Desserts |
| Dinner |  |  |  |  |  |  |  |
| Appetizer | Tossed Salad | House Salad | Risotto Balls \& Garlic Mayo | Garden Salad | Mini Spring Rolls Plum Sauce | Artichoke Salad | House Salad |
| Entrée 1 <br> Side | Shepherds Pie <br> Mashed Potatoes | Butter Chickpeas on Rice <br> Naan | Turkey Divan <br> Roasted Mini Red Potatoes | Penne \& Meat Sauce <br> Garlic Bread | Teriyaki Beef \& Broccoli <br> Steamed Rice | Veal Marsala <br> Mashed Potatoes | Mediterranean Chicken <br> Roasted Mini Red Potatoes |
| Entrée 2 <br> Side <br> Vegetable <br> Vegetable | Pork Stir Fry <br> Shanghai Noodles <br> * Broccoli <br> Diced Carrots | Fish n' Chips Tartar Sauce <br> Coleslaw <br> Seasoned Peas | Lamb Curry <br> Naan <br> *Cauliflower <br> Zucchini | * Coq au Vin Chicken Thighs <br> Steamed Potatoes with Parslev <br> *Cauliflower <br> * Seasoned Broccoli | Miso Soy Glazed Cod <br> Steamed Rice <br> Sauteed Red \& Yellow Peppers Sauteed Bok Choy | Pork Goulash <br> Mashed Potatoes <br> Roasted Carrots <br> Buttered Corn | Sole Filet w/ Parsley Sauce <br> Roasted Mini Red Potatoes <br> Mixed Vegetables |
| Dessert | Warm Bread Pudding | Assorted Desserts | Maple Chocolate Cake | Brownies \& Ice Cream | Pineapple Upsidedown Cake | Cherry Cheesecake | Assorted Desserts |
| * Menu item contains a Superfood. |  | Superfoods $\quad$ Choose Superfoods more often for optimal health |  |  |  | Living Loving Local |  |

