





INSPIRED
SENIOR LIVING

October 2025

Gardenside



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div><div>WEDNESDAY OCT 1</div><div>Breast Cancer Awareness Month</div></div></div>	<div><div><div>WEDNESDAY OCT 1</div><div>International Day of Seniors</div></div></div>	<div><div>Be Colourful</div></div>	<div>10:00 Morning Exercise: Move Better (GAR) 1</div> <div>11:00 FitMinds -Morning Word Games (GAR)</div> <div>2:00 Bingo (GDR)</div> <div>3:30 Hot Drink Social and Pumpkin Spiced Muffins (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Morning Exercises (GAR) 2</div> <div>11:00 Who am I ? (GAR)</div> <div>2:00 Washer Toss Game (GAR)</div> <div>3:30 Sing a Long (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>9:45 Mostly Music with Lorri (GAR) 3</div> <div>10:30 Catholic Communion and Prayers (CRM)</div> <div>11:15 Music Connection with Lorri (RR)</div> <div>11:30 Dice Roulette (GAR)</div> <div>2:00 Performance by Hands over Heart (FL)</div> <div>3:30 Cornhole Game (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Piano Music with Mabon (GAR) 4</div> <div>11:00 Giant Crosswords (GAR)</div> <div>2:30 Fall Decorating: Let's Make Fall Table Centres (GAR)</div> <div>6:30 Evening Movie (GAR)</div>
<div>10:00 Sunday Funday Bingo! (GDR) 5</div> <div>2:00 Performance for the Mid-Autumn Festival - Chinese instruments played by students. (DR)</div> <div>4:00 You Be The Judge - Discussion Group (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>Active Aging Week 6</div> <div>10:00 Exercises (GAR)</div> <div>11:00 Giant Crosswords (GAR)</div> <div>2:00 Armchair Travel: Czech Republic (GAR)</div> <div>3:30 Roll-o-Trump Game! (GDR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>Active Aging Week 7</div> <div>10:00 Rise & Shine Exercises (GAR)</div> <div>11:00 Trivia Tuesdays! (GAR)</div> <div>2:00 Creative Hands: Fall edition (GAR)</div> <div>3:00 Afternoon Movie - Disney's Lilo and Stitch (GAR)</div> <div>6:30 Evening Manicures (GAR)</div> <div>6:30 Theraputic Coloring (GAR)</div>	<div>Active Aging Week 8</div> <div>10:00 Exercises (GAR)</div> <div>11:00 Morning Word Games (GAR)</div> <div>2:00 Bingo (GDR)</div> <div>4:00 Education Talk - Let's Talk about Centenarians (GAR)</div>	<div>Active Aging Week 9</div> <div>10:00 Morning Exercise : Movement Matters (GAR)</div> <div>11:00 Mindbender Games: Give Me Five Things (GAR)</div> <div>2:00 Active Aging Week - Let's make no bake granola bites + warm apple cider (GDR)</div> <div>4:00 Where in the world is that? Guess the landmark game (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>Active Aging Week 10</div> <div>10:00 Gentle Exercises (GAR)</div> <div>10:30 Catholic Mass (CRM)</div> <div>11:00 Java Music Club (GAR)</div> <div>2:00 DIY Amazing Race Game (GAR)</div> <div>4:00 Cool Refreshments (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>Active Aging Week 11</div> <div>10:00 Piano Music with Mabon (GAR)</div> <div>11:00 Would You Rather Game (GAR)</div> <div>2:30 Let's Talk Turkey & Enjoy a Warm Drink! (GAR)</div> <div>4:00 Balloon Badminton (GAR)</div> <div>6:30 Evening Movie (GAR)</div>
<div>Active Aging Week 12</div> <div>10:00 Farkle - Dice Game (GAR)</div> <div>2:00 Sunday Funday Bingo! - Thanksgiving edition (GDR)</div> <div>3:30 Fall Flower Arranging (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>Happy Thanksgiving! 13</div> <div>10:00 Morning Exercise: Movement Matters (GAR)</div> <div>11:00 Giant Crosswords (GAR)</div> <div>2:00 Thanksgiving Word Games (GAR)</div> <div>3:30 Balloon Badminton (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Rise & Shine Exercises (GAR) 14</div> <div>11:00 Trivia Tuesdays! (GAR)</div> <div>2:00 Bocce (GAR)</div> <div>3:00 Garden Group Gathers - Spring Bulb Planting Time! (GAR)</div> <div>6:30 Evening Manicures (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Morning Exercise Move Better (GAR) 15</div> <div>11:00 Morning Word Games (GAR)</div> <div>2:00 Bingo (GDR)</div> <div>3:30 Let's Reminiscing (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Morning Exercise: Move Better (GAR) 16</div> <div>11:00 People, Places & Things Game (GAR)</div> <div>2:00 Therapeutic Colouring (GAR)</div> <div>3:30 Beach Ball Questions Game (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>9:45 Mostly Music with Lorri (GAR) 17</div> <div>10:30 Catholic Communion and Prayers (CRM)</div> <div>11:15 Music Connection with Lorri (RR)</div> <div>11:30 Shake Loose Memories Game (GAR)</div> <div>2:30 Pumpkin Themed Monthly Birthday & Welcome Tea with live music by Angie Faith (GDR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Piano Music with Mabon (GAR) 18</div> <div>11:00 Giant Crosswords (GAR)</div> <div>2:30 Art Dough Creations (GAR)</div> <div>6:30 Evening Movie (GAR)</div>
<div>10:00 Gentle Excercises (GAR) 19</div> <div>11:00 Catholic Communion- Virtual (GAR)</div> <div>11:30 Wordle Word Games (GAR)</div> <div>2:30 Sunday Funday Bingo! (GDR)</div> <div>4:00 Random Trivia and Facts (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Rise & Shine Exercises (GAR) 20</div> <div>11:00 Giant Crosswords (GAR)</div> <div>2:00 Who is that? Guess the famous celebrity (GAR)</div> <div>3:30 Roll-o-Trump Game! (GDR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Rise & Shine Exercises (GAR) 21</div> <div>11:00 Trivia Tuesdays! (GAR)</div> <div>2:00 Arts & Crafts: Ocean Inspired Artwork (GAR)</div> <div>3:30 All About Apples - Tasting Included!! (GAR)</div> <div>4:00 One on One visits (GAR)</div> <div>6:30 Evening Manicures (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Morning Exercise: Movement Matters (GAR) 22</div> <div>11:00 Morning Word Games (GAR)</div> <div>2:00 Bingo (GDR)</div> <div>3:30 Warm Drink Social (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Exercises: Move Better (GAR) 23</div> <div>11:00 Shake Loose Memories Game (GAR)</div> <div>2:00 Let's Play Cornhole! (GAR)</div> <div>3:30 Dominoes (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>9:45 Mostly Music with Lorri (GAR) 24</div> <div>10:30 Catholic Communion and Prayers (CRM)</div> <div>11:15 Music Connection with Lorri (RR)</div> <div>11:30 Friday Farkle (GAR)</div> <div>2:30 Scenic Drive (Outi)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Piano Music with Mabon (GAR) 25</div> <div>11:00 Let's Play Petanque! (GAR)</div> <div>2:30 Pumpkin Decorating (GAR)</div> <div>4:00 Halloween Howl Social with Witches Brew! (GAR)</div> <div>6:30 Evening Movie (GAR)</div>
<div>10:00 Sunday Stretches (GAR) 26</div> <div>11:00 Farkle - Dice Game (GAR)</div> <div>2:00 Sunday Funday Bingo! (GDR)</div> <div>3:30 Good News Network with Hailey! (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Morning Exercises: Movement Matters (GAR) 27</div> <div>11:00 Giant Crosswords (GAR)</div> <div>2:00 Reminiscing: "What did you wear on your Wedding Day?" (GAR)</div> <div>3:30 Balloon Games (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Rise & Shine Exercises (GAR) 28</div> <div>11:00 Trivia Tuesdays - Halloween Edition (GAR)</div> <div>2:00 Artful Moments (GAR)</div> <div>3:30 Cornhole Game (GAR)</div> <div>6:30 Evening Manicures (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Exercises: Move Better (GAR) 29</div> <div>11:00 Morning Word Games (GAR)</div> <div>2:00 Bingo (GDR)</div> <div>3:30 Theraputic Coloring (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>10:00 Morning Exercises: Movement Matters (GAR) 30</div> <div>11:00 Balloon Badminton (GAR)</div> <div>2:00 Creative Hands (GAR)</div> <div>3:30 Hymn Sing-A-Long (GAR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>Happy Halloween! 31</div> <div>9:45 Mostly Music with Lorri (GAR)</div> <div>10:30 Arts & Crafts with the students of Bowling Green Preschool (DR)</div> <div>10:30 Catholic Communion and Prayers (CRM)</div> <div>11:15 Music Connection with Lorri (RR)</div> <div>2:00 Halloween Costume Party with music by Allison Berry - Prizes for best costumes! (DR)</div> <div>6:30 Evening Movie (GAR)</div>	<div>Locations Legend</div> <div>Gardenside Lounge (GAR)</div> <div>Gardenside Dining Room (GDR)</div> <div>Carnation Room (CRM)</div> <div>Rose Room (RR)</div> <div>Dogwood Room (DR)</div> <div>Fireside Lounge (FL)</div> <div>Outing (Outi)</div>