



INSPIRED
SENIOR LIVING

November 2025

Courtyard Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 National Gratitude Month		 Remembrance Day				Tea, coffee and snacks available in the Country Kitchen 1 10:00 Roll - O - Trump (DR) 2:00 Mahjong - New Players Welcome (DR) 2:30 Farkle - Dice Game (CRM) 4:00 Wordle Word Games (FL) 6:45 Bananagrams (DR) 7:00 Bible study with Vincent (CRM)
Tea, coffee and snacks available in the Country Kitchen 2 9:00 Nails by Angie "The Candy Shop" - Manicures and Pedicures available (\$45)- Sign up at reception (CRM) 9:30 Sunday Morning Yoga! (DR) 10:30 Random Trivia (FL) 2:00 Performance by Sonore Music Society - Spooktacular sounds (FL) 3:00 Netflix Movie - Mother of the Bride (Comedy Starring Brooke Shields) (DR) 6:30 Bible Study with the Richmond Gospel Tabernacle	Tea, coffee and snacks available in the Country Kitchen 3 9:30 Excercises (DR) 10:45 You Be the Judge (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Balloon Volleyball (DR) 2:30 Therapeutic Coloring (CRM) 3:30 Giant Crosswords (DR) 6:45 Netflix Series- Virgin River (DR)	Tea, coffee and snacks available in the Country Kitchen 4 9:30 Armchair Yoga (Virtual Event) (DR) 10:30 Farkle - Dice Game (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Tuesday Afternoon Roll-O- Trump (DR) 3:30 Warm Drink Social - Cafe Mochas! (FL) 6:45 Evening Movie - The Princess Diaries (Comedy Starring Anne Hathoway) (DR)	Tea, coffee and snacks available in the Country Kitchen 5 10:00 DrumFit (DR) 10:45 Brain Games with Megan (FL) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Resident Forum (DR) 3:30 Trivia (FL) 6:45 Evening Movie - Edward Scissorhands (DR)	Tea, coffee and snacks available in the Country Kitchen 6 9:30 Tai Chi w/ Eric Lui (DR) 10:30 Let's Play Cornhole! (DR) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 1:30 Shopping Bus - Ironwood - Sign Up Sheet at Reception (MEE) 2:00 Let's make poppies for Remembrance Day (CRM) 3:15 Afternoon movie - Moon over Miami (Starring Better Grable) (DR) 6:45 Bingo - Bring 10 quarters! (DR)	Tea, coffee and snacks available in the Country Kitchen 7 9:30 Excercises (DR) 10:30 Mindfulness & Music making with Purple (DR) 10:30 Catholic Communion and Prayers (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Java Music Sing-A-Long (FL) 3:15 Happy Hour (DR) 6:45 Friday Night Movie - Disney's Dumbo (2019 remake) (DR)	Tea, coffee and snacks available in the Country Kitchen 8 10:00 Roll - O - Trump (DR) 2:00 Mahjong - New Players Welcome (DR) 2:30 Afternoon Excercises with Teena (DR) 3:30 November Jeopardy Trivia (FL) 6:45 Bananagrams (DR) 7:00 Bible study with Vincent (CRM)
Tea, coffee and snacks available in the Country Kitchen 9 9:30 Sunday Morning Yoga! (DR) 10:30 Let's Play Cornhole! (DR) 2:00 Farkle (CRM) 3:00 Musical Performance by Leading Tone Education Society (FL) 6:30 Bible Study with the Richmond Gospel Tabernacle Church (DR)	Tea, coffee and snacks available in the Country Kitchen 10 10:00 DrumFit (DR) 10:00 Remembrance Day Service at Richmond High School (All spots already reserved) (MEE) 10:45 Scattergories (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:30 Therapeutic Coloring - Remembrance Day Theme (CRM) 3:30 Giant Crosswords (DR) 6:45 Netflix Series- Virgin River (DR)	Tea, coffee and snacks available in the Country Kitchen 11 9:30 Armchair Yoga (Virtual Event) (DR) 10:00 Guest Speaker - David Darling - Remembrance Day Talk (DR) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:30 Remembrance Day Tea - Wreath Laying and Poetry reading (DR) 6:45 Evening Movie - The Dead Poets Society (Starring Robin Williams) (DR)	Tea, coffee and snacks available in the Country Kitchen 12 9:30 Morning Exercise (DR) 10:30 Drama Club- Skit Readings (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Roll-O-Trump (DR) 3:30 Trivia (FL) 6:45 Evening Movie - Pretty Women (Starring Julia Roberts) (DR)	Tea, coffee and snacks available in the Country Kitchen 13 10:30 Let's Play Penny Ante! (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 1:30 Shopping Bus - Wal-Mart - Sign Up Sheet at Reception (MEE) 2:00 Let's play Nintendo! (Video Games) (FL) 3:30 Meet me at the MoMA - Chris Pratt (Canadaian Artisit) (CRM) 6:45 Bingo - Bring 10 quarters! (DR)	Tea, coffee and snacks available in the Country Kitchen 14 Flu Clinic - Floor by Floor 9:30 Excercises (DR) 10:30 Catholic Mass (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Live Music by Greg Alcock (FL) 3:15 Happy Hour in the lounge! (DR) 6:45 Friday Night Movie - The life of Pi (Drama) - Based on the book (DR)	Tea, coffee and snacks available in the Country Kitchen 15 10:00 Roll - O - Trump (DR) 2:00 Tombola Game (Italian type Bingo) (DR) 3:00 Mahjong - New Players Welcome (DR) 3:30 Warm Drinks & Word Games! (FL) 6:45 Bananagrams (DR) 7:00 Bible study with Vincent (CRM)



INSPIRED
SENIOR LIVING

November 2025

Courtyard Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tea, coffee and snacks available in the Country Kitchen 16 9:30 Sunday Morning Yoga! (DR) 10:30 Good News Network with Hailey! (CRM) 2:30 Musical Performance by the Youth Musician and Artist Association Group (FL) 4:00 Truth or Myth Game and Discussion (FL) 6:30 Bible Study with the Richmond Gospel Tabernacle Church (DR)	Tea, coffee and snacks available in the Country Kitchen 17 10:00 DrumFit (DR) 10:45 Beach Ball Questions Game (GAR) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Cornhole Game (DR) 2:30 Therapeutic Coloring (CRM) 3:30 Giant Crosswords (DR) 6:45 Netflix Series- Virgin River (DR)	Tea, coffee and snacks available in the Country Kitchen 18 9:30 Armchair Yoga (Virtual Event) (DR) 10:30 FitMinds (FL) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Christmas Card Creations with Wendy & Violeta! (DR) 4:00 Jokes and Warm Drinks (FL) 6:45 Evening Movie - Free Guy (Comedy Starring Ryan Reynolds) (DR)	Tea, coffee and snacks available in the Country Kitchen 19 9:30 Exercises (DR) 10:30 Word Games (FL) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Balloon Volleyball (DR) 3:30 Trivia (FL) 6:45 Pub Night for International Men's Day with Live music (Light snacks and drinks will be served) (DR)	Tea, coffee and snacks available in the Country Kitchen 20 9:30 Tai Chi w/ Eric Lui (DR) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Roll O Trump (DR) 3:30 Name That Tune (DR) 6:45 Bingo - Bring 10 quarters! (DR)	Tea, coffee and snacks available in the Country Kitchen 21 9:30 Excercises (DR) 10:30 Mindfulness & Music making with Purple (DR) 10:30 Catholic Communion and Prayers (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Music Bingo (DR) 3:15 Happy Hour (DR) 6:45 Friday Night Movie - The Kid (Drama/Comedy Starring Bruce Willis) (DR)	Tea, coffee and snacks available in the Country Kitchen 22 10:00 Roll - O - Trump (DR) 2:00 Scenic Drive (Outi) 2:00 Mahjong - New Players Welcome (DR) 4:00 Word Game - Buzz Word (FL) 6:45 Bananagrams (DR) 7:00 Bible study with Vincent (CRM)
Tea, coffee and snacks available in the Country Kitchen 23 9:30 Sunday Morning Yoga! (DR) 10:30 Farkle - Dice Game (CRM) 2:00 Drama Club- Skit Readings (CRM) 3:00 Andre Rieu Virtual Concert (DR) 6:30 Bible Study with the Richmond Gospel Tabernacle Church (DR)	Tea, coffee and snacks available in the Country Kitchen 24 9:30 Morning Exercise (DR) 10:30 Giant Crosswords - Please note change in time (DR) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Monthly Birthday Party and Welcome Tea - (DR) 3:30 Dominoes (CRM) 6:45 Netflix Series- Virgin River (DR)	Tea, coffee and snacks available in the Country Kitchen 25 9:30 Armchair Yoga (Virtual Event) (DR) 10:30 UNO - Card Game (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Let's play Petanque (DR) 3:30 Word Game (FL) 6:45 Evening Movie - The Greatest Game ever played: Based on the true story of golfer Francis Ouimet (Starring Shia LeBeouf) (DR)	Tea, coffee and snacks available in the Country Kitchen 26 9:30 Exercises (DR) 10:30 Who Wants to Be A Millionaire? (FL) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Cornhole Game (DR) 3:30 Trivia (FL) 6:45 Evening Movie - Disney's Soul (Comedy/Animation - Starring Jamie Foxx and Tina Fey) (DR)	Tea, coffee and snacks available in the Country Kitchen 27 9:30 Tai Chi w/ Eric Lui (DR) 10:30 Off to Eastern Canada - Wendy's Photo Tour...finally! (DR) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 1:30 Shopping Bus - Garden City Mall - Sign Up Sheet at Reception (MEE) 2:00 Thursday Afternoon Roll-O- Trump (DR) 3:30 Documentary - Famous last wrods - Dr. Jane Goodall (DR)	Tea, coffee and snacks available in the Country Kitchen 28 9:30 Excercises (DR) 10:30 Mindfulness & Music making with Purple (DR) 10:30 Catholic Communion and Prayers (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Live music by Roberto Risman (FL) 3:15 Happy Hour (DR) 6:45 Friday Night Movie -The Book Club - Chapter 2 (Starting Diane Keaton and Jane	Tea, coffee and snacks available in the Country Kitchen 29 10:00 Roll - O - Trump (DR) 2:00 Mahjong - New Players Welcome (DR) 2:30 Painting Hand Built Ceramic Dish (CRM) 4:00 Farkle - Dice Game (CRM) 6:45 Bananagrams (DR) 7:00 Bible study with Vincent (CRM)
Tea, coffee and snacks available in the Country Kitchen 30 9:30 Sunday Morning Yoga! (DR) 10:30 Word Games with Hailey (FL) 2:00 Afternoon Drumfit (DR) 3:30 Craft: Create your own personal Crest (CRM) 6:30 Bible Study with the Richmond Gospel Tabernacle Church (DR)			Be Colourful		Calendar Legend Outing Special Program Cruise Week Living, Loving, Local Signature Program	Locations Legend Dogwood Room (DR) Carnation Room (CRM) Fireside Lounge (FL) Reception (RECE) Meet in Lobby (MEE) Gardenside Lounge (GAR) Outing (Outi)