



INSPIRED SENIOR LIVING

March 2026 Gardenside



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Sunday Stretches (GAR) 1</p> <p>11:00 Java Music Club - Sing-A-Long (GAR)</p> <p>2:00 Sunday Funday Bingo! (GDR)</p> <p>3:30 Armchair Travel: Vietnam (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Excercises (GAR) 2</p> <p>11:00 Giant Crosswords (GAR)</p> <p>2:00 Life Long Learning - 20 questions from your 20's (FL)</p> <p>2:45 Let's Play Farkle (dice game) (GAR)</p> <p>3:30 Balloon Badminton (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Rise & Shine Exercises (GAR) 3</p> <p>11:00 Trivia Tuesdays! (GAR)</p> <p>2:00 Cornhole Game (GAR)</p> <p>3:00 Word Games with Wendy (GAR)</p> <p>3:30 Therapeutic Coloring (GAR)</p> <p>6:30 Evening Manicures (GAR)</p>	<p>10:00 Morning Exercises: Movement Matters (GAR) 4</p> <p>11:00 Morning Word Games (GAR)</p> <p>2:00 Bingo (GAR)</p> <p>3:30 Documentary: Spring - The Return of Life, Secret of Nature (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Exercises: Spring Stretching w/ Violeta (GAR) 5</p> <p>11:00 FitMinds: Building Words (GAR)</p> <p>2:00 Ping pong Ball Toss (into the Cup game) (GAR)</p> <p>3:30 Music and Memories with Violeta (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>9:45 Mostly Music with Lorri (GAR) 6</p> <p>11:15 Music Connection with Lorri (RR)</p> <p>11:15 New 'Squaredle' Word Game (GAR)</p> <p>2:00 Kierah Raymond- Classic Celtic Fiddler (FL)</p> <p>3:00 Tic Tac Toe Bean Bag Toss (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Piano Music with Mabon (GAR) 7</p> <p>11:00 Wordle Word Games (GAR)</p> <p>2:30 Sugar -Petal Blossom Cookies (GAR)</p> <p>4:00 Cookies and Milk Tasting (GAR)</p> <p>6:30 Evening Movie (GAR)</p>
<p>International Women's Day 8</p> <p>10:00 Sunday Stretches (GAR)</p> <p>10:30 Washer Toss Game (GAR)</p> <p>11:00 Catholic Communion- Virtual (GAR)</p> <p>2:00 Sunday Funday Bingo! (GDR)</p> <p>3:30 International Womens Day Discussion (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Exercises: Keep Fit, Feel Lit .. (GAR) 9</p> <p>11:00 Giant Crosswords (GAR)</p> <p>2:00 Creative Hands: Spring Edition (GAR)</p> <p>3:30 Bowling! (GDR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Rise & Shine Exercises (GAR) 10</p> <p>11:00 Trivia Tuesdays! (GAR)</p> <p>2:00 Let's Play Dominoes (GAR)</p> <p>3:00 Mini Science Experiments (RR)</p> <p>3:30 1:1 Visits with Life Enrichment Staff (RES)</p> <p>6:30 Evening Manicures (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 DrumFit (GAR) 11</p> <p>11:00 Morning Word Games (GAR)</p> <p>2:00 Bingo (GDR)</p> <p>3:15 Helping Hands (GAR)</p> <p>3:30 Marvelous Maple - Facts & Maple Tastings (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Gentle Excercises (GAR) 12</p> <p>11:00 FitMinds: Building Words (GAR)</p> <p>2:00 Let's Play Shuffleboard (GAR)</p> <p>3:30 Hymn Sing-A-Long (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Java Music Club (GAR) 13</p> <p>1:00 Farkle - Dice Game (GAR)</p> <p>2:00 Artfull Enrichment - (Art Program) (DR)</p> <p>3:30 Finishing Projects - Workshop (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Piano Music with Mabon (GAR) 14</p> <p>11:00 Morning Movement (GAR)</p> <p>2:00 Let's Play Farkle (dice game) (GAR)</p> <p>3:30 Let's Play Bocce! (GAR)</p> <p>6:30 Evening Movie (GAR)</p>
<p>10:00 Sunday Stretches (GAR) 15</p> <p>11:00 Word Game - Luck Letter List (GAR)</p> <p>2:00 Sunday Funday Bingo! (GDR)</p> <p>3:30 Arts & Crafts - Leprechaun Hats (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Excercises (DR) 16</p> <p>11:00 Giant Crosswords (GAR)</p> <p>2:00 Balloon Games (GDR)</p> <p>3:30 Armchair Travel: Ireland! (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>Happy St. Patrick's Day! 17</p> <p>10:00 Rise & Shine Exercises (GAR)</p> <p>11:00 Trivia Tuesdays! (GAR)</p> <p>3:15 St.Patricks Day Party with live music by Mark Wilson (DR)</p> <p>4:00 Irish Cream Hot Chocolate Social (GAR)</p> <p>6:30 Evening Manicures (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Morning Exercises: Movement Matters (GAR) 18</p> <p>11:00 Morning Word Games (GAR)</p> <p>2:00 Bingo (GDR)</p> <p>3:15 Helping Hands (GAR)</p> <p>3:30 Creative Hands (arts & crafts) (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Gentle Stretching and Rhythm Exercise (GAR) 19</p> <p>11:00 FitMinds: Building Words (GAR)</p> <p>2:00 Table Top Games (GAR)</p> <p>3:30 Hymn Sing-A-Long (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>First Day of Spring! 20</p> <p>9:45 Mostly Music with Lorri (GAR)</p> <p>11:15 Music Connection with Lorri (RR)</p> <p>2:00 Table Games - A minute to win it (GAR)</p> <p>3:30 Sensory : Snoezelen (GAR)</p> <p>6:30 Evening Movie (GAR)</p> <p>11:15 Let's Play Dominoes (GAR)</p>	<p>10:00 Piano Music with Mabon (GAR) 21</p> <p>11:00 Spring News and Views Discussion (GAR)</p> <p>2:00 Floor Curling (GAR)</p> <p>3:30 Name That Tune (GAR)</p> <p>6:30 Evening Movie (GAR)</p>
<p>10:00 Sunday Stretches (GAR) 22</p> <p>11:00 Catholic Communion- Virtual (GAR)</p> <p>11:30 Spring Trivia (GAR)</p> <p>1:30 Helping Hands (GAR)</p> <p>2:00 Sunday Funday Bingo! (GDR)</p> <p>3:30 Maple Ice Cream Social (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Gentle Stretching and Rhythm Exercise (GAR) 23</p> <p>11:00 Giant Crosswords (GAR)</p> <p>2:00 Expressive Arts (GAR)</p> <p>3:30 Roll-o-Trump Game! (GDR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Rise & Shine Exercises (GAR) 24</p> <p>11:00 Trivia Tuesdays! (GAR)</p> <p>2:00 Warm Drink Social and Sing-Along (FL)</p> <p>3:00 Crafty Crafters: Spring Theme! (GAR)</p> <p>3:30 1:1 Visits with Life Enrichment Staff (RES)</p> <p>6:30 Evening Movie (GAR)</p> <p>6:30 Evening Manicures (GAR)</p>	<p>10:00 Excercises (GAR) 25</p> <p>11:00 Morning Word Games (GAR)</p> <p>2:00 Bingo (GDR)</p> <p>3:30 Armchair Travel to Korea - with Sonia (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Excercises (GAR) 26</p> <p>11:00 Table Games (GAR)</p> <p>2:00 Gardenside Resident Council Meeting (GDR)</p> <p>2:00 1:1 Visits - Hand Massages + Sensory Stimulation (RES)</p> <p>3:30 Coloring and OBIE games (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>9:45 Mostly Music with Lorri (GAR) 27</p> <p>11:00 FitMinds (GAR)</p> <p>11:15 Music Connection with Lorri (RR)</p> <p>3:00 Scenic Drive (Outi)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Piano Music with Mabon (GAR) 28</p> <p>11:00 A Look Back: A Day at the Hairdresser (GAR)</p> <p>2:30 We're off to the Black Forest Germany! (GAR)</p> <p>4:00 Balloon Badminton (GAR)</p> <p>6:30 Evening Movie (GAR)</p>
<p>10:00 Morning Stretch Class (GAR) 29</p> <p>10:30 Clay Slab "Spring" Embossing Workshop (GAR)</p> <p>2:00 Sunday Funday Bingo! (GDR)</p> <p>3:30 Family Feud Game (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Morning Exercises (GAR) 30</p> <p>11:00 Giant Crosswords (GAR)</p> <p>2:00 Sing a Long (GAR)</p> <p>2:30 Monthly Birthday & Welcome Tea: "Spring Theme" - With live music by Sincerely Yours (DR)</p> <p>3:30 Roll-o-Trump Game! (GDR)</p> <p>6:30 Evening Movie (GAR)</p>	<p>10:00 Rise & Shine Exercises (GAR) 31</p> <p>11:00 Trivia Tuesdays! (GAR)</p> <p>2:00 Table Top Games (GAR)</p> <p>3:00 All About Caramel! (GAR)</p> <p>3:30 Sensory : Snoezelen with Violeta (RR)</p> <p>6:30 Evening Manicures (GAR)</p> <p>6:30 Evening Movie (GAR)</p>	 <p>Elimination of Racial Discrimination Day</p>	 <p>Be Colourful</p>	<p><u>Calendar Legend</u></p> <p>Outing</p> <p>Special Program</p> <p>Cruise Week</p> <p>Living, Loving, Local</p> <p>Signature Program</p>	<p><u>Locations Legend</u></p> <p>Gardenside Lounge (GAR)</p> <p>Gardenside Dining Room (GDR)</p> <p>Rose Room (RR)</p> <p>Dogwood Room (DR)</p> <p>Fireside Lounge (FL)</p> <p>Residents Room (RES)</p> <p>Outing (Outi)</p>