

the Inspired times

FOCUSING ON THE INSPIRING RETIREMENT JOURNEY AT YOUR VERVE RESIDENCE

INSPIRED SENIOR LIVING WITH



Each month we highlight ways we help Verve residents in any of our locations experience the fullness of life in retirement. This month, we're exploring

Words for May

May is celebrated as a month of renewal, growth, and vibrant energy, inspiring joy, hope, and the beauty of spring. Our Courtyard is vibrant with spring flowers and the sounds of birds singing. The smell of fresh air is renewing our senses and getting everyone excited for the spring season.

UPCOMING DATES

May 05th - Monthly Birthday Party with live music

May 10th - Mother's Day Buffet

May 19th - Pub Night

May 25th - Alzheimer's Walk for the cure





Message from Helen - General Manager

This May, we are proud to support the Alzheimer's community through a local initiative. On May 19th, we will be hosting a Pub night, with all proceeds going toward Alzheimer's support and awareness. Much like our Walker and Wheelchair wash as well as our Bingo Marathon, these are all ways we are giving back and standing alongside

a cause that touches many of our residents, families, and team members. We welcome everyone to stop by, support, and help make a difference.



Living Loving Local - Rhubarb

Good food is made even better when it's locally sourced, expertly prepared, and enjoyed with family and friends, all in a setting that promotes comfort and conversation. Verve's Living Loving Local program brings local food to life through delicious meals, inspiring events and lifelong learning.

Important dates for May

This month we are raising money and awareness for the Alzheimer's Society.

Here are a few ways we are trying to raise money:

May 07th - We will be having a Bingo Marathon - We will be hosting 2 sessions at 2pm and 6:45pm. The 10 quarters will be towards our Alzheimer's walk - Prizes will be awarded to our winners.

May 15th - We will be hosting a "Walker and Wheel Chair wash" in our Courtyard. This event is by donation.

May 19th - We are hosting a Pub night at 6pm with live music by Mike Kinal. We will be offering a Burger and Beer (\$10 for residents, \$20 for family or friends). Please sign up with reception by May 15th.

May 25th - This will be the day we hold our Alzheimer's walk. It will

start at 2pm. We will meet in the lobby and walk across the street to the track at Minoru. Following our walk we will be having root beer floats in our Courtyard!

Other important dates:

May Birthday Party with Live music by the Fera Brothers- 2pm on May 05th in the Dogwood Room.

Mothers Day Buffet - May 10th. Please sign up with reception if you are bringing guests.

Covid Booster Clinic - May 11th

Weekly shopping bus trips (Every Thursday except the 7th)

Keep an eye out for Tri-Bike rides!

****Reminder **** - Our resident and family surveys will be rolling out in June. Please take your time to let us know your feedback.

If you wish to donate to our Alzheimer's walk - please see QR code below.

WALK FOR ALZHEIMER'S

MAY 25, 2025

Our team is raising money for the Alzheimer Society by participating in the IG Wealth Management Walk for Alzheimer's. By supporting our team, you are helping the Alzheimer Society continue to make a difference in the lives of people affected by dementia.

Please donate today using scanning the QR code



THANK YOU FOR YOUR GENEROUS COMMITMENT AND SUPPORT!



COURTYARD GARDENS
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Thank you to everyone that helped make this years
Cruise Week and success - and to everyone that came



