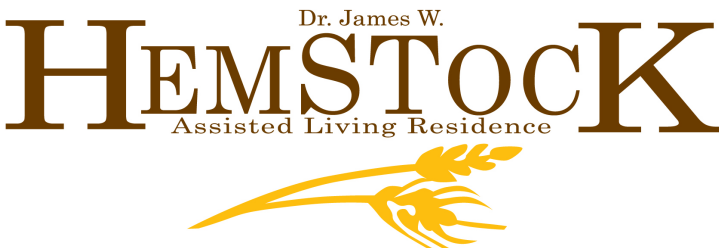




INSPIRED
SENIOR LIVING

December 2022

Dr. James Hemstock & Hearthstone Place



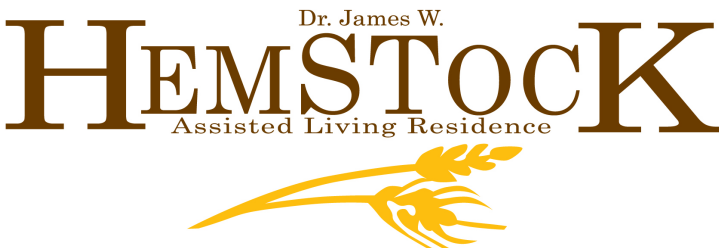
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Wishing our Friends and Family a Joyous Holiday filled with Peace, Love, and Prosperity. Best Wishes for a Healthy New Year!</i></p> <p><i>Merry Christmas</i></p> 		<p>Be Festive</p>		<p>The Daily Chronicles (RD) 1 National Pie Day</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Pool Games (BR)</p> <p>10:00 Craft and Bake Sale with Various outside Vendors (10-3 pm) (HPC)</p> <p>2:00 Bridge Group (HPC)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Bible Fellowship (All Faiths-Devotion, Music, and Sharing) (C)</p>	<p>The Daily Chronicles (RD) 2 Celebrating National Coats and Toys for Kids Day</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:30 Drum Fit Program (MP)</p> <p>10:00 Pool Games (BR)</p> <p>1:00 Canasta (CAFE)</p> <p>2:00 Happy Hour (Hot Buttered Rum Drink Special) (MP)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>The Daily Chronicles (RD) 3 Make a Gift Day</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>10:00 Pool Games (BR)</p> <p>1:30 Crafting with Krista (max of 10 must sign up by November 30) (MP)</p> <p>6:30 Resident Choice Games (RC)</p>
<p>The Daily Chronicles (RD) 4</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>10:00 Pool Games (BR)</p> <p>1:30 Norwegian Whist (CAFE)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>The Daily Chronicles (RD) 5</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:30 Seated Exercise (MP)</p> <p>10:00 Pool Games (BR)</p> <p>10:00 Walmart Outing (for resident's who have signed up) (DHRL)</p> <p>1:30 Creative Journaling - Christmas Past (SQ)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>The Daily Chronicles (RD) 6</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Pool Games (BR)</p> <p>10:00 Rosary (Resident Directed) (C)</p> <p>11:30 Tuesday Trivia /Fit Minds/LLL (DR)</p> <p>1:30 Sing Along with Kevin and Barb (MP)</p> <p>2:30 Warm Apple Cider Social with Life Enrichment (MP)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>The Daily Chronicles (RD) 7</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:15 Exercises (DHRB)</p> <p>9:30 Wellness Clinic (C)</p> <p>10:00 Pool Games (BR)</p> <p>10:30 Horse Racing (\$0.25 bets) (MP)</p> <p>1:30 Bingo \$1.00 to play (MP)</p> <p>2:00 Coffee with Amber (CAFE)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>The Daily Chronicles (RD) 8 National Brownie Day</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Pool Games (BR)</p> <p>1:30 Artful Enrichment / Moma Art Appreciation (MP)</p> <p>1:30 Roman Catholic Mass (C)</p> <p>2:00 Bridge Group (HPC)</p> <p>6:30 Resident Choice Games (RC)</p> <p>7:00 Old Fashioned Christmas Concert Festive Attire Please (DR)</p>	<p>The Daily Chronicles (RD) 9 Christmas Card Day</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:30 Drum Fit Program (MP)</p> <p>10:00 Pool Games (BR)</p> <p>11:30 Christmas Brunch Buffet (DR)</p> <p>1:00 Canasta (CAFE)</p> <p>2:00 Lloydminstrals will be coming in to sing for you this afternoon. Please come down and enjoy a wonderful afternoon of entertainment (MP)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>The Daily Chronicles (RD) 10</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>10:00 Pool Games (BR)</p> <p>1:30 Crafting with Krista (max of 10 must sign up by December 7) (MP)</p> <p>6:30 Resident Choice Games (RC)</p>
<p>The Daily Chronicles (RD) 11</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>10:00 Pool Games (BR)</p> <p>1:30 Norwegian Whist (CAFE)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>The Daily Chronicles (RD) 12 Wear your Ugly Christmas Shirt or Sweater Day!</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:30 Seated Exercise (MP)</p> <p>10:00 Pool Games (BR)</p> <p>10:00 Gingerbread House Making for those residents who have signed up (MP)</p> <p>1:30 Darrel Howel and the Meri-dian Ukuleles Perform (MP)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Christmas Caroling with Ella and Friends - Everyone Welcome (AOH)</p>	<p>The Daily Chronicles (RD) 13 Wear Your Festive Christmas Jewelry Today!</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Pool Games (BR)</p> <p>10:00 Rosary (Resident Directed) (C)</p> <p>11:30 Tuesday Trivia /Fit Minds/LLL (DR)</p> <p>1:30 Special Entertainment with Second Chance a Country Gospel Band. Please welcome Mike, MJ, from Cold Lake Alberta. (MP)</p> <p>2:30 Peppermint Hot Chocolate (MP)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Special Entertainment - Vermilion Quartet (MP)</p>	<p>The Daily Chronicles (RD) 14 Wear a Festive Christmas Hat Today!</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:15 Exercises (DHRB)</p> <p>9:30 Wellness Clinic (C)</p> <p>10:00 Pool Games (BR)</p> <p>10:30 Bean Bag Game (HPC)</p> <p>10:30 Horse Racing (\$0.25 bets) (MP)</p> <p>1:30 Twinkle Tour Video with Musgrave Agencies - Please join us for some Christmas goodies and Cheer! (AOH)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>The Daily Chronicles (RD) 15 Resident Requested - Rudolf the Red Nose Reindeer Day</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Pool Games (BR)</p> <p>1:00 Life Enrichment Administration Afternoon/Staff Meetings</p> <p>1:30 Artful Enrichment / Moma Art Appreciation (MP)</p> <p>2:00 Bridge Group (HPC)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Bible Fellowship (All Faiths-Devotion, Music, and Sharing) (C)</p> <p>7:00 Caroling with students from Holy Rosary (MP)</p>	<p>The Daily Chronicles (RD) 16 Christmas Flair Day - Wear festive attire - Let Your Personal Style Shine Through</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>9:30 Drum Fit Program (MP)</p> <p>10:00 Pool Games (BR)</p> <p>1:00 Canasta (CAFE)</p> <p>2:00 Family Social Happy Hour (Drink Specials LLL Cranberry Punch; Mrs. Clause Cocktails) (MP)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>The Daily Chronicles (RD) 17</p> <p>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</p> <p>10:00 Pool Games (BR)</p> <p>2:00 Piano Recital Hosted By Michelle Andrews (MP)</p> <p>6:30 Resident Choice Games (RC)</p>



INSPIRED
SENIOR LIVING

December 2022

Dr. James Hemstock & Hearthstone Place



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>The Daily Chronicles (RD)18</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>10:00 Pool Games (BR)</div><div>1:30 Norwegian Whist (CAFE)</div><div>2:00 Christmas Recital with Kim Drury's Music Studio (MP)</div><div>6:30 Resident Choice Games (RC)</div></div>	<div><div>The Daily Chronicles (RD)19</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>9:45 Mother Teresa Pre-School class in to Sing (MP)</div><div>10:00 Pool Games (BR)</div><div>1:30 Christmas Decorating Contest: Life Enrichment will be going around this afternoon to judge the doors and purse shelves in both buildings. Prizes will be given for 1st, 2nd, and 3rd Place. Thank you to all those who participated, and had some holiday fun! (AOH)</div><div>6:30 Resident Choice Games (RC)</div></div>	<div><div>The Daily Chronicles (RD)20</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>9:15 Stretch and Balance (DHRB)</div><div>10:00 Pool Games (BR)</div><div>10:00 Rosary (Resident Directed) (C)</div><div>11:30 Tuesday Trivia /Fit Minds/LLL (DR)</div><div>1:30 Christmas Caroling with Ella and Friends - Everyone Welcome (AOH)</div><div>2:30 Coffee Social (MP)</div><div>6:30 Resident Choice Games (RC)</div><div>6:30 Church Service with Pastor Kevin (C)</div></div>	<div><div>The Daily Chronicles (RD)21</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>9:30 Wellness Clinic (C)</div><div>10:00 Pool Games (BR)</div><div>10:00 Christmas Scavenger Hunt: Please come and see Life Enrichment for your scavenger hunt paper, to find items within our home. The first person is successfully finds all items will win a mystery prize. (MP)</div><div>1:30 Bingo \$1.00 to play (1st person to call Blackout will win a special prize) (MP)</div><div>6:30 Resident Choice Games (RC)</div></div>	<div><div>The Daily Chronicles (RD)22</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>9:15 Stretch and Balance (DHRB)</div><div>10:00 Pool Games (BR)</div><div>1:30 Artful Enrichment / Moma Art Appreciation (MP)</div><div>2:00 Bridge Group (HPC)</div><div>6:30 Resident Choice Games (RC)</div></div>	<div><div>The Daily Chronicles (RD)23</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>10:00 Pool Games (BR)</div><div>10:00 UNO/Right Left and Center/ Memory Game in the MP Room (MP)</div><div>1:00 Canasta (CAFE)</div><div>1:30 Eggnog/Refreshment Social (MP)</div><div>6:30 Resident Choice Games (RC)</div></div>	<div><div>The Daily Chronicles (RD)24</div><div>National Eggnog Day</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>10:00 Pool Games (BR)</div><div>6:30 Resident Choice Games (RC)</div></div>
<div><div>The Daily Chronicles (RD)25</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>10:00 Pool Games (BR)</div><div>1:30 Norwegian Whist (CAFE)</div><div>6:30 Resident Choice Games (RC)</div></div>	<div><div>The Daily Chronicles (RD)26</div><div>Boxing Day</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>10:00 Pool Games (BR)</div><div>6:30 Resident Choice Games (RC)</div></div>	<div><div>The Daily Chronicles (RD)27</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>9:15 Stretch and Balance (DHRB)</div><div>10:00 Pool Games (BR)</div><div>10:00 Rosary (Resident Directed) (C)</div><div>11:30 Tuesday Trivia /Fit Minds/LLL (DR)</div><div>1:30 Sing Along (MP)</div><div>2:30 Coffee Social (MP)</div><div>6:30 Resident Choice Games (RC)</div></div>	<div><div>The Daily Chronicles (RD)28</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>9:15 Exercises (DHRB)</div><div>9:30 Wellness Clinic (C)</div><div>10:00 Pool Games (BR)</div><div>1:30 Celebrating our Birthdays and Anniversaries for this month, with Country Swing! (MP)</div><div>6:30 Resident Choice Games (RC)</div></div>	<div><div>The Daily Chronicles (RD)29</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>9:15 Stretch and Balance (DHRB)</div><div>10:00 Pool Games (BR)</div><div>1:30 Artful Enrichment / Moma Art Appreciation (MP)</div><div>2:00 Bridge Group (HPC)</div><div>6:30 Resident Choice Games (RC)</div></div>	<div><div>The Daily Chronicles (RD)30</div><div>Resident Choice Meal Served Today (DR)</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>9:30 Drum Fit Program (MP)</div><div>10:00 Pool Games (BR)</div><div>1:00 Canasta (CAFE)</div><div>1:30 Dean Mari in Celebrating New Years - Drinks will be served (MP)</div><div>6:30 Resident Choice Games (RC)</div></div>	<div><div>The Daily Chronicles (RD)31</div><div>Warmest thoughts and best wishes for a Happy New Year. May peace, love, and prosperity follow you always.</div><div>8:30 Go4Life Walking - Everyone Welcome Group or Individual Walking (DHRL)</div><div>10:00 Pool Games (BR)</div><div>6:30 Resident Choice Games (RC)</div></div>
<div><div>Locations Legend</div><div>M.P. Room (MP)</div><div>DHR Lobby (DHRL)</div><div>Reception Desk (RD)</div><div>Billiards Room (BR)</div><div>Resident's Choice (RC)</div><div>DHR Basement (DHRB)</div><div>Chapel (C)</div><div>Cafe (CAFE)</div><div>Hearthstone Courtyard (HPC)</div><div>Dining Room (DR)</div><div>Around our home (AOH)</div><div>The Square (SQ)</div></div>	<div><div>Just a reminder that our programming can change at any time. Please refer to our common boards for any updated information during this holiday season. Thank You.</div></div>	<div><div><div>Write to a Friend Month</div></div></div>	<div><div>Happy Birthday and Happy Anniversary Wishes</div><div>Noreen German December 7</div><div>Mary Moser December 8</div><div>Naida Christie December 11</div><div>Eveleen Long December 14</div><div>Marlyss Crockett December 15</div><div>Shirley Patmore December 17</div><div>Doris and Don Spence December 17</div><div>John Patmore December 25</div><div>Kathy Jack December 26</div><div>Dale Kempton December 30</div><div>Donna and Dale Kempton December 30</div></div>	<div><div><div>12 DAYS OF GIVING</div></div></div>		