



Lunch

Week 5	Monday June 12	Tuesday June 13	Wednesday June 14	Thursday June 15	Friday June 16	Saturday June 17	Sunday June 18
Soup	Split Pea and Ham	Turkey and Rice	Apple and Butternut Squash	Minestrone	Corn Chowder	Cream of Vegetable	Cock a Leekie
Entrée 1	Western Sandwich	Tuna Melt	Crab Salad on Croissant	Tempura Shrimp on Couscous and Quinoa Salad	Father's Day BBQ LUNCH	Scrambled Egg with Bacon & Toast	Italian Pasta Primavera
side	Hashbrowns & Tomato Slices	Mixed Green Salad	Garden Salad	Ciabatta Bun		Fresh Seasonal Fruit	Garlic Toast
Entrée 2	Chili con Carne with Sour Cream	Greek Salad wth Grilled Chicken Breast	Philly Cheesesteak Sandwich	Prosciutto and Peach Flatbread	Father's Day BBQ LUNCH	Peanut Butter Stuffed French Toast with Caramelized Banana & Breakfast Sausage	Corned Beef Sandwich on Rye
Side	Corn Muffin & Garden Salad	Dinner Roll	Garden Salad	Caesar Salad		Fresh Seasonal Fruit	Seven Bean Salad
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

DINNER

Appetizer	Assorted Appetizers	Artichoke Salad	Roasted Beets and Peaches on Mixed Green Salad	Mini Spring Rolls with Plum Sauce	* Broccoli Cauliflower Salad	Garlic Cheese Bread	Shrimp Salad Stuffed Belgium Endive
Entrée 1	Chicken Thighs Adobo	Linguine with Clams	Cabbage Rolls Marinara Sauce	Veal Parmesan	Traditional Beef Lasagna	Turkey Divan	Honey Baked Ham with Orange Brown Sugar Glaze
Side	Steamed Rice	Garlic Toast & Garden Salad	Mini Roasted Red Potatoes	Whipped Potatoes	Garlic Toast & Tossed Salad	Rice Pilaf	Mashed Potatoes
Entrée 2	Beef Stir Fry	Pork & Black Bean Stew	* Coq au Vin Chicken Legs Tomato Mushroom Onion Sauce	Pork Tenderloin with Robert Sauce	Catch of the Day with Lemon Butter Sauce	Honey Hoisin Pork Chops	Pan Seared Rainbow Trout with Mango Pineapple Salsa
Side	Steamed Rice	O'Brien Potatoes	Mini Roasted Red Potatoes	Whipped Potatoes	Parisienne Boiled Potato	Rice Pilaf	Mashed Potatoes
Vegetable	Stir Fry Vegetables	Buttered Corn	Mashed Turnips	Seasoned Peas	Yellow waxed Beans	Sugar Snap Peas	Brussels Sprout
Vegetable		Broccoli	* Green Beans Almondine	*Cauliflower	Zucchini	Roasted Candied Carrots	Roasted Mixed Peppers
Dessert	Homemade Bread Pudding	English Trifle	Maple Walnut Ice Cream	Date Squares	Espresso Ice Cream	Salted Caramel Pretzel Brownie	Black Forest Cake

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health



Father's Day Special Dinner

Living Loving Local

Strawberry

Breakfast - Daily menu choices -Boiled Eggs, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea