



Lunch



Week 2	Monday Dec 18	Tuesday Dec 19	Wednesday Dec 20	Thursday Dec 21	Friday Dec 22	Saturday Dec 23	Sunday Dec 24
Soup	Italian Wedding	Potato and Bacon	Corn Egg Drop Soup	Cream of Tomato	Fish & Seafood Chowder	Cream of Cauliflower	Carrot and Ginger
Entrée 1	Perogies with Sauteed Onion, Bacon, & Cheddar Cheese	Crispy Chicken Burger with Lettuce, Tomato & Dijonnaise	Rueben Sandwich	Bacon Tomato & Cheese Grilled Sandwich	Fish Taco with Rainbow Slaw, Salsa & Sour Cream	Scrambled Egg with Bacon & Toast	All Dressed Nathan's Hot Dog
side	Sour Cream & Mixed Green Salad	Sweet Potato Fries	Potato Chips	Greek Salad	French Fries	Fresh Seasonal Fruits	Chickpea Salad
Entrée 2	Egg Salad Sandwich on White	Coconut Shrimp on Farro Salad	Crab Salad Salad on Croissant	Beef & Lamb Gyro on Pita with Tzatziki Sauce & Greek Salad	BBQ Chicken Ranch Salad with Corn, Black Beans, Cheese & Tortilla Strips	French Toast with Breakfast Sausage	Smoked Turkey & Cheese Sandwich with Lettuce, Tomato & Cucumber
Side	Mixed Green Salad	Garlic Toast	Potato Chips		Dinner Roll	Fresh Seasonal Fruits	Chickpea Salad
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
Appetizer	Corn and Black Bean Salad	Honey Brie Apple Crostini	Apple Potato Salad	Fried Dumpling with Plum Sauce	Citrus Pasta Salad	Caesar Salad	Bacon Wrapped Scallops with Remoulade Sauce
Entrée 1	Orange Glazed Chicken	Penne Carbonara	Veal Parmesan	Spaghetti with Meatballs	English Bangers with Onion Gravy	Pork Tenderloin with Peach & Mango Chutney	Braised Boneless Beef Short Ribs au Jus
Side	Parisienne Boiled Potatoes	Garlic Toast & House Salad	Baked Potato with Sour Cream	Garlic Toast & Tossed Salad	Whipped Potato	Lyonnais Potato	Duchess Potato
Entrée 2	Pork & Black Bean Stew	Baked Haddock Filet with Curry Coconut Shrimp Sauce	Korean BBQ Pork Back Ribs	Roasted Garlic & Rosemary Chicken Thigh	Curried Lamb Stew	Gnocchi with Peppers and Mushroom	Garlic Parmesan Crusted Baked Salmon
Side	Parisienne Boiled Potatoes	Parisienne Potato	Baked Potato with Sour Cream	Roasted Potatoes	Whipped Potato	Lyonnais Potato	Duchess Potato
Vegetable	Roasted Zucchini	Sauteed Peppers	Beets	Sugar Snap Peas	Buttered Corn	Vegetable Medley	Broccoli
Vegetable	Cauliflower	Asparagus	* Green Beans Almondine	Carrot Coins	Minted Green Peas		Baby Carrots
Dessert	Chocolate Rice Pudding	Lemonburst Macaroon	Triple Chocolate Cake	Coconut Custard Pie	Assorted Dessert	Carrot Cake	Warm Ginger Spiced Caramel Cake

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health



Living Loving Local - Cranberry

Breakfast - Daily menu choices -Boiled Eggs, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea