



Lunch

| Week 6    | Monday August 25  | Tuesday August 26                                     | Wednesday August 27   | Thursday August 28                               | Friday August 29  | Saturday August 30                                     | Sunday August 31                                 |
|-----------|---|---|---|--|---|--|--|
| Soup      | Corn Chowder  | Chicken Noodle  | Scoth Broth   | Red Lentil                                       | Potato and Leek   | Cream of Vegetable                                     | * Minestrone Soup                                |
| Entrée 1  | Beef Taco Salad with Guacamole, Salsa, Sour Cream, Tortilla Chips | Crab Cake With Mango Salsa                            | Monte Cristo Sandwich   | Prosciutto & Caprese spinach salad with focaccia | Filet of Fish in a Bun with Lettuce, Tomato & Tartar Sauce                        | Cheese Omelet with Bacon                               | Crab Salad on Croissant                          |
| side      | –   | Garden Salad & Dinner Roll                            | Pasta Salad   | –  | Lattice Potato  | Homefried Potatoes & Watermelon Slices                 | * Spinach Mandarin Orange Salad                  |
| Entrée 2  | Grilled Turkey, Gouda & Red Onion Sandwich                        | Crispy Chicken Burger with Lettuce Tomato & Dijonaise | *Tuna Nicoise Salad Kalamata Olive Tomato Green Bean              | Pulled Pork Sandwich with Corn Slaw              | Crispy Teriyaki Chicken Bowl - Spinach, Carrot, Broccoli, Marinated Edamame Beans | Belgian Waffle with Mixed Berries and Breakfast Sausge | Vegetable Quesadilla with Sour Cream & Salsa     |
| Side      | Summer Salad  | French Fries  | Dinner Roll   | Sweet Potato Fries                               | Pita  | Watermelon Slices                                      | *Spinach Mandarin Orange Salad                   |
| Dessert   | Chef's Assorted Selection   | Chef's Assorted Selection                             | Chef's Assorted Selection   | Chef's Assorted Selection                        | Chef's Assorted Selection   | Chef's Assorted Selection                              | Chef's Assorted Selection                        |
| DINNER    |   |   |   |  |   |  |  |
| Appetizer | Bruschetta on Garlic Crostini                                     | Corn and Black Bean Salad                             | Veggie Sticks & Dip   | *Nacho chips with Salsa & Sour Cream             | Chickpea Salad  | * Smoked Salmon Pinwheels                              | Apple Potato Salad                               |
| Entrée 1  | Salisbury Steak withMushroom Gravy                                | Braised Pork Shoulder with Apple & Whiskey BBQ Glazed | Gnocchi tossed in Basil Pesto with Peppers, Mushroom & Rose Sauce | Southern Fried Chicken                           | Glazed Ham with Brown Sugar Orange and 5 Spice                                    | Shrimp and Mushroom Rissoto                            | Pan Seared Basa Loin with mango salsa            |
| Side      | Mashed Potato   | Steamed Rice  | Garlic Toast  | Chive Mashed Potatoes                            | Scalloped Potato  |  | Roasted Mini Potato                              |
| Entrée 2  | Jerk Chicken Legs   | Crispy Breaded Sole Fillet with Tartar Sauce          | Pan Fried Beef Liver with Bacon & Fried Onions                    | Mediterranean Cod Loin Stew                      | Classic Duck Confit with Zesty Orange Glaze                                       | Greek Chicken Kebab with Tzatziki Sauce                | Slow Roasted Veal Striploin with Red wine au Jus |
| Side      | Rice and Beans  | Steamed Rice  | Roasted Mini Potato   | Chive Mashed Potatoes                            | Scalloped Potato  | Lemon Rice   | Roasted Mini Potato                              |
| Vegetable | Sweet Corn  | *Cauliflower  | * Seasoned Broccoli   | Roasted Carrots                                  | Green Beans Almondine   | Greek Salad  | Sauteed Bok Choy                                 |
| Vegetable | Brussels Sprouts  | Minted Peas   | Sauteed Red Peppers   | Asparagus  | Ratatouille   |  | Baked Squash                                     |
| Dessert   | Homemade Bread Pudding with Vanilla Custard                       | Tiramisu Mousse                                       | Lemon Buttermilk Cake   | * Pecan Pie                                      | Crème Brulee with Mixed Berries   | German Chocolate Cake                                  | Assorted Dessert & Squares                       |

\* Menu item contains a Superfood.



Choose Superfoods more often for optimal health



Living Loving Local - Raspberry

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea