November is filled with fall fun!





Happy Hour Day – Cocktail Making with Brandon

Location: Windows Bar

Comecraft delicious cocktails in a fun, interactive happy hour session. Toast to good times with great company.



Tai Chi Exercise Classes

Location: Movement Studio

Find your flow and boost your balance with our gentle Tai Chi classes, perfect for all fitness levels. This mindful movement practice helps reduce stress, improve flexibility, and energize your day. Come move with us and feel the calm from within.



Crafty Afternoon – Fall Landscape Painting Class

Location: Craft Kitchen

Capture the beauty of the season with a relaxing fall landscape painting session, perfect for beginners and seasoned artists alike. Enjoy a cozy afternoon of creativity, warm conversation, and seasonal inspiration. All materials are provided!

RSVP to all events! Space is limited, so call soon!

Call (905) 502-8882

820 Scollard Court, Mississauga, ON L5V 0A1 Visit us online at VerveSeniorLiving.com

