



What is a Nurse Practitioner?

Nurse practitioners have special experience, training, and education that enable them to function much like your family doctor.

Nurse practitioners can:

- Prescribe medication
- Order tests, such as blood work, x-rays and ultrasounds
- Refer to specialists, such as cardiologists and neurologists
- Order health and community services, such as physical therapy and personal care support
- Sign off on official documents, such as insurance assessments and tax forms



Verve Senior Living

Verve is one of the industry leading Health Care Management companies to offer personalized health care from Optimal Retirement Care Solutions within their retirement homes. This is a unique and innovative program which will provide you and your loved ones with the very best on-site medical care.



Nurse Practitioners in *Retirement Living*



INSPIRED
SENIOR LIVING



INSPIRED
SENIOR LIVING

What does personalized health care mean for me?

At Optimal Retirement Care Solutions, personalized health care means we partner with your retirement residence to ensure accessible, on-site, 24-hour care - it's like having your family doctor right downstairs! One of our nurse practitioners will be available to meet with you and address your needs, and our team is on-call 24 hours a day. Also, each of our nurse practitioners is partnered with a medical doctor, so you can be sure you're getting the most expert care possible.

How do my loved ones benefit?

Our brand of personalized care doesn't stop with you: your family benefits as well.

For Example

- Your children won't have to call in sick or take time off work to take you to the doctor's office after all, your nurse practitioner's clinic is right there in the building. *(and they make house calls!)*
- When your family has questions or concerns about your care, your nurse practitioner is always available to get them the answers and reassurance they need.
- Your nurse practitioner can help your family advocate for you if you need increased community services or referrals to specialists.
- If you do have to go to the hospital, your family can rely on your on-site nurse practitioner to see that you are settled safely back in your home.
- With your consent, open communication about your medical health will be communicated to your loved ones. They are able to access the Nurse Practitioner by appointment, phone or email anytime to discuss your any health concerns and your medical care.



How do I benefit?

It's likely that you already have a family doctor, and if you're satisfied with your care, then maybe you're wondering why you would want to switch. Here are just a few of the benefits of the personalized care that we offer:

- You can see your nurse practitioner without ever leaving the building - that means no hassling with the subway or Wheel-Trans; no paying for taxis; and no risking a fall in icy or wet weather.
- You often have to wait days or weeks for an appointment with your doctor - and it can be difficult to get a same-day appointment - but with personalized care through ORCS, if you're suddenly feeling ill your nurse practitioner will always be available to see you.

- When your doctor orders blood tests or x-rays, you have to travel to a separate lab to get the work done, but with ORCS all blood tests, urine tests, x-rays, ultrasounds, and ECGs can be done in your own room
- If you do have to go to the hospital, your nurse practitioner will be sure that your most up-to-date medical records go with you so you can get the right care, as quickly as possible. The ORCS team will follow up with the hospital to ensure a safe transition home.
- If you have a medical emergency a Nurse Practitioner is available 24/7 including weekends and holidays.

What does all this cost?

When it comes to the cost, there are two options:

- 1 If you switch from your current doctor to the ORCS team (*meaning we manage all your health care needs*), the fee is \$120 + HST per month. Unlimited visits per month.
- 2 If you just want to see the nurse practitioner on a walk-in basis (*for example, if you suddenly feel unwell and can't get to your doctor's office*), it's \$95 per visit

Of course, it's natural to ask why you have to pay for something that you've always gotten as part of OHIP - we are still living in Canada, right?

Well, the answer is, you're not paying for the medical service itself, but for the personalization of that service. You're paying for having that service brought to your doorstep and delivered in the most convenient way possible.

But you may not even have to pay those fees at all...Our fees are covered through extended healthcare plans through insurance companies. Depending on your coverage this service may be fully reimbursed to you. This medical expense can also be claimed towards your medical tax credits on your personal income taxes.

If you have more questions or you'd like to sign up, please speak to the nursing staff at your retirement residence and we will gladly arrange a free visit to introduce ourselves.