





INSPIRED SENIOR LIVING

April 2026

Independent Living

Four Elms Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Passover (1st - 9th)</p>	 <p>Easter</p>					
<p>Activity Package Available At Reception (RECE) 5</p> <p>Easter Holiday Buffet! (D)</p> <p>9:15 Balloon Tennis (A)</p> <p>10:00 Exercise (GYM)</p> <p>10:45 Trivia with Frances. P (A)</p> <p>2:00 Easter Sunday Concert with Jessica Rios (A)</p> <p>3:30 Floor Curling (GYM)</p> <p>6:45 T.V. Series:Crave Season 1: Be Witched (A)</p>	<p>Nelly's Comfort Shoes (FL) 6</p> <p>10:00 Exercise (GYM)</p> <p>10:45 Words in a Word (A)</p> <p>11:00 Go For Life Walking Club (CY)</p> <p>2:00 Floor Curling (GYM)</p> <p>2:00 Cards: Euchre (L)</p> <p>2:00 Live Concert: Ana Rosa (A)</p> <p>3:15 Wine & Cheese Social (A)</p> <p>4:00 Java Music Club/Karoke (A)</p> <p>6:30 Resident Run Card Games (A)</p>	<p>National Coffee Cake Day! 7</p> <p>10:00 Full Body workout with Chelsea (GYM)</p> <p>11:00 Go For Life Walking Club - (Residen't Run) (BW)</p> <p>1:15 Resident Choir Practice (A)</p> <p>2:00 Bridge Group (L)</p> <p>2:00 Mini Putting with Volunteer (A)</p> <p>2:00 Heads Up Game (B)</p> <p>3:15 Coffee Cake Pub! (A)</p> <p>6:45 T.V. Series: F.R.I.E.N.D.S (A)</p>	<p>Passover Begins (BW)</p> <p>April's Fool Day (BW)</p> <p>10:30 April Fool's Live Comedy Show with Peter Meenie (A)</p> <p>2:00 Dime Bingo with Volunteer (A)</p> <p>2:00 Artful Enrichment - Portrait in Van Gogh's Style (B)</p> <p>2:00 Movie: Comedy : The Bounty Hunter (T)</p> <p>3:30 Go For Life Walking Club (BW)</p> <p>4:00 Technology Class! (A)</p> <p>4:15 Wii Bowling Class with Irving! (A)</p> <p>6:45 T.V. Series: Bones (A)</p> <p>1</p>	<p>HHS Mens Club Thursday! 2</p> <p>9:30 Balloon Tennis (A)</p> <p>10:00 Tai Chi (A)</p> <p>10:30 Go For Life Walking Club (BW)</p> <p>10:30 Outing: Encore Symphonic Concert Band *Sign Up Required* (OS)</p> <p>10:45 Trivial Pursuit (B)</p> <p>11:00 Catholic Communion Service (A)</p> <p>2:00 Live Concert: Bruce Tournay (A)</p> <p>3:15 Robert's Pub Social (A)</p> <p>6:45 T.V. Series: Season 1: LOST (A)</p>	<p>Good Friday (BW) 3</p> <p>10:00 Virtual: Seated Zumba (GYM)</p> <p>10:45 Words in a Word (A)</p> <p>2:00 Drum Fit (GYM)</p> <p>2:00 Movie: Netflix : Red Notice (T)</p> <p>3:00 Happy Hour Pub with Manager Christine & Tracy! (A)</p> <p>4:00 Go 4 Life Walking Club (BW)</p> <p>4:15 Mini Putting with Irving (A)</p> <p>6:30 Movie: Prime - The Time Travelers Wife - Crave (A)</p>	<p>10:00 Exercise (GYM) 4</p> <p>10:45 FitMinds with Frances P (A)</p> <p>1:30 Saturday Word Search (A)</p> <p>3:15 Happy Hour Pub with Manager On Duty! (A)</p> <p>4:00 Java Music Club/Karoke (A)</p> <p>6:45 Bingo with Frances.P (A)</p> <p>6:45 Cards: Euchre, Bridge, Rummy & Canasta (L)</p>
<p>Activity Package Available At Reception (RECE) 12</p> <p>9:15 Balloon Tennis (A)</p> <p>10:00 Exercise (GYM)</p> <p>10:45 Trivia with Frances. P (A)</p> <p>2:00 Dime Bingo with Manager on Duty (A)</p> <p>2:30 Afternoon Movie: The Intern (T)</p> <p>3:30 Floor Curling (GYM)</p> <p>6:45 T.V. Series:Crave Season 1: Be Witched (A)</p>	<p>National Scrabble Day! 13</p> <p>10:00 Exercise (GYM)</p> <p>10:45 Words in a Word (A)</p> <p>11:00 Go For Life Walking Club (CY)</p> <p>1:30 Scrabble Group Game (GR)</p> <p>2:00 Floor Curling (GYM)</p> <p>2:00 Cards: Euchre (L)</p> <p>2:00 Live Concert: Alisa Kanda (A)</p> <p>3:15 Wine & Cheese Social (A)</p> <p>4:00 Java Music Club/Karoke (A)</p> <p>6:30 Resident Run Card Games (A)</p>	<p>10:00 Full Body workout with Chelsea (GYM) 14</p> <p>10:30 Painting with Sammy (A)</p> <p>11:00 Go For Life Walking Club - (Residen't Run) (BW)</p> <p>1:15 Resident Choir Practice (A)</p> <p>2:00 Bridge Group (L)</p> <p>2:00 Mini Putting with Volunteer (A)</p> <p>3:15 Farwell Pub Social to Volunteer Noza & Sanam! (A)</p> <p>6:45 T.V. Series: F.R.I.E.N.D.S (A)</p>	<p>National Titanic Remembrance Day 15</p> <p>9:30 Balloon Tennis (A)</p> <p>10:00 Seated Dance Class with Katya (A)</p> <p>10:45 Chef Demo with Jason! (A)</p> <p>2:00 Dime Bingo with Volunteer (A)</p> <p>2:00 Artful Enrichment - Painted Picasso Portrait (B)</p> <p>3:00 Farwell Pub Social to Volunteer Mizuki! (A)</p> <p>3:30 Go For Life Walking Club (BW)</p> <p>3:30 Titanic Movie First Half (T)</p> <p>6:30 Titanic Movie Second Half (A)</p>	<p>HHS Mens Club Thursday! 16</p> <p>9:30 Balloon Tennis (A)</p> <p>10:00 Tai Chi (GYM)</p> <p>10:30 Go For Life Walking Club - Walking to Shoppers! (BW)</p> <p>10:45 Trivial Pursuit (B)</p> <p>11:00 Catholic Communion Service (A)</p> <p>2:00 Words in a Word with Sandy! (A)</p> <p>3:15 Robert's Pub Social (A)</p> <p>6:45 T.V. Series: Season 1: LOST (A)</p>	<p>Living Loving Local Dinner! 17</p> <p>10:00 Virtual: Seated Zumba (GYM)</p> <p>10:45 Words in a Word (A)</p> <p>1:45 Drum Fit (GYM)</p> <p>3:30 Pre-Shabbat Service (A)</p> <p>4:00 Go 4 Life Walking Club (BW)</p> <p>4:00 Mini Putting with Irving (A)</p> <p>6:30 Resident Run Card Games (A)</p>	<p>10:00 Exercise (GYM) 18</p> <p>10:45 FitMinds with Frances P (A)</p> <p>1:30 Saturday Word Search (A)</p> <p>2:00 Karoke with Alicia Santos (A)</p> <p>3:15 Happy Hour Pub with Manager On Duty! (A)</p> <p>4:00 Java Music Club/Karoke (A)</p> <p>6:45 Bingo with Frances.P (A)</p> <p>6:45 Cards: Euchre, Bridge, Rummy & Canasta (L)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Activity Package Available At Reception (RECE) Volunteer Appreciation Week! 9:15 Balloon Tennis (A) 10:00 Exercise (GYM) 10:45 Trivia with Frances. P (A) 2:00 Dime Bingo with Manager on Duty (A) 2:30 Afternoon Movie: The Last Laugh (T) 3:30 Floor Curling (GYM) 6:45 T.V. Series:Crave Season 1: Be Witched (A)	20 10:00 Exercise (GYM) 10:45 Words in a Word (A) 11:00 Go For Life Walking Club (CY) 11:30 Lunch Outing: Cafe Landwer (OU) 2:00 Floor Curling (GYM) 2:00 Cards: Euchre (L) 2:00 Bingo with Helen! (A) 3:15 Wine & Cheese Social (A) 4:00 Java Music Club/Karoke (A) 6:30 Resident Run Card Games (A)	21 Pancake Tuesday! (A) 10:00 Full Body workout with Chelsea (GYM) 11:00 Go For Life Walking Club - (Residen't Run) (BW) 1:15 Resident Choir Practice (A) 2:00 Bridge Group (L) 2:00 Mini Putting with Volunteer (A) 2:00 Live Concert Frank Sinatra themed with Jay Vazquez (A) 3:15 Happy Hour Pub! (A) 6:45 T.V. Series: F.R.I.E.N.D.S (A)	22 VENDOR: EZFITS SHOES Earth Day 9:30 Balloon Tennis (A) 10:00 Seated Dance Class with Katya (A) 10:30 Global Warning: Youtube - Inside the Planets Most Urgent Climate Warning (A) 10:45 Words in a Word (B) 1:30 Meet me at MoMA Presentation: Georgia O'Keefe (A) 2:00 Meet me at MoMA: Georgia O'keeffe Sping Landscape (A) 3:00 "Worms in Dirt" Social (A) 3:30 Go For Life Walking Club (BW) 4:00 Spirit Day: Wear Green, Floral Prints, Gardening Hats & Overalls 4:15 Wii Bowling Class with Irving! (A) 6:45 T.V. Series: Bones (A)	23 HHS Mens Club Thursday! 9:30 Balloon Tennis (A) 10:00 Tai Chi (GYM) 10:30 Go For Life Walking Club (BW) 10:45 Trivial Pursuit (B) 11:00 Catholic Communion Service (A) 11:00 Outing: Hillcrest Mall *Sign Up Required* (LO) 2:00 Live Concert: Samira Yeo (A) 2:00 TV Show: Season 1: Bewitched (T) 3:15 Robert's Pub Social (A) 6:45 T.V. Series: Season 1: LOST (A)	24 10:00 Virtual: Seated Zumba (GYM) 10:45 Words in a Word (A) 1:45 Drum Fit (GYM) 2:00 Live Concert: Davis Stevens (3A) 3:00 Book Club! (L) 3:30 Pre-Shabbat Service (A) 4:00 Go 4 Life Walking Club (BW) 4:00 Mini Putting with Irving (A) 6:30 Resident Run Card Games (A)	25 10:00 Exercise (GYM) 10:30 Residents Town Hall (A) 10:45 FitMinds with Frances P (A) 1:30 Saturday Word Search (A) 3:15 Happy Hour Pub with Manager On Duty! (A) 4:00 Java Music Club/Karoke (A) 6:45 Bingo with Frances.P (A) 6:45 Cards: Euchre, Bridge, Rummy & Canasta (L)
26 Activity Package Available At Reception (RECE) 9:15 Balloon Tennis (A) 10:00 Exercise (GYM) 10:45 Trivia with Frances. P (A) 2:00 Dime Bingo with Manager on Duty (A) 2:30 Afternoon Movie: Pitch Perfect (T) 3:30 Floor Curling (GYM) 6:45 T.V. Series:Crave Season 1: Be Witched (A)	27 Artful Enrichment Week! April 27th - May 1st (B) 10:00 Exercise (GYM) 10:45 Words in a Word (A) 11:00 Go For Life Walking Club (CY) 2:00 Floor Curling (GYM) 2:00 Cards: Euchre (L) 2:00 Monthly Birthday Party with Davis Stevens (A) 3:15 Wine & Cheese Social (A) 4:00 Java Music Club/Karoke (A) 6:30 Trivia with Frances. P (A)	28 10:00 Full Body workout with Chelsea (GYM) 10:30 Residents Town Hall (A) 11:00 Go For Life Walking Club - (Residen't Run) (BW) 2:00 Bridge Group (L) 2:00 Four Elms Talent Show! (A) 3:15 Happy Hour Pub! (A) 6:45 T.V. Series: F.R.I.E.N.D.S (A)	29 9:30 Balloon Tennis (A) 10:00 Seated Dance Class with Katya (A) 10:45 Words in a Word (A) 2:00 Artful Enrichment (A) 2:00 Four Elms Art Exhibition & Fashion Show! (A) 3:30 Go For Life Walking Club (BW) 4:00 Technology Class! (A) 4:15 Wii Bowling Class with Irving! (A) 6:45 T.V. Series: Bones (A)	30 HHS Mens Club Thursday! Hearing Clinic with Ian Castor (DRO) 9:30 Balloon Tennis (A) 10:00 Tai Chi (GYM) 10:30 Go For Life Walking Club (BW) 10:30 Painting with Sammy (A) 10:45 Trivial Pursuit (B) 11:00 Catholic Communion Service (A) 2:00 TV Show: Season 1: Bewitched (T) 2:00 Words in a Word with Sandy! (A) 3:15 Robert's Pub Social (A) 6:45 T.V. Series: Season 1: LOST (A)	<p>Parkinson's Awareness Month</p>	



Locations Legend

Activity Room (Main Level) (A)	3rd Floor Activity Room (3A)
Gym (Lower Level) (GYM)	Outing (OS)
Building Wide (BW)	Main Dining Room (D)
Library (L)	Fireplace Lounge (FL)
Bar & Bistro (B)	Games Room (GR)
Theatre (Lower Level) (T)	Outing (OU)
Reception (RECE)	Lobby (LO)
Courtyard (CY)	Doctor's Office (DRO)

Calendar Legend

- Outing**
- Special Program**
- Cruise Week**
- Living, Loving, Local Signature Program**