

GILMORE GARDENS WEEKENDER "HIGHLIGHTS"



December 1st, 2023

IN HOUSE NEWS

We wish to give a big 'thank you' to all our donors listed below who generously contributed a variety of wonderful prizes for our Raffle Draw on Saturday, November 25th. We would also like to acknowledge our resident volunteers, Barbara Tuai and Irene Shiho, who undertook coordinating all the volunteers who sold raffle tickets. Thank you, Barbara and Irene and all our residents who gave their time to sell tickets. With all the support and donations offered, we are extremely happy to announce that the final sum raised is \$2,666.00! All the proceeds will be split between two local organizations; The Richmond Food Bank, and Richmond Cares, Richmond Gives.

Safeway Seafair
Steveston Bakery
Richmond News
Westside Nursing
Ecolab

Save on Foods Ironwood
O'Hare's Pub
Gateway Theatre
Quilchena Golf Club

Shoppers Drug Mart Seafair
Isadora Landscaping
Shaw Cable
Touch of Class

Please note: There will be no **Get Moving with Valerie** on Friday, December 1st at 11:00AM in the Activity Room. In it's place we will have **Advanced Armchair Video with Curtis**. Your regular class with Valerie will resume on Friday, December 8th.

A Reminder that on Sunday December 3rd the Dining Room will be open for dinner starting at 4:45PM for all residents to dine early. As our Staff will be attending the Staff Christmas Party that evening. We are encouraging those residents who dine later to come a bit earlier. Thank you!



Best Christmas Door Contest begins on Tuesday December 5th. Cast a vote or 2 in the Activity Room for your favorite Christmas door(s) and we will announce the winners on Friday, December 22nd in the Fireside Lounge before the entertainment begins. So, it's time to get your festive Christmas doors ready and you may win 1st, 2nd or 3rd prize! Remember to enter your votes too!!

REMINDERS

Did you place an order for "Avon"? Or would you like to browse through the Avon brochure and order a product? Come and visit **Avon with Janice** on Saturday, December 2nd from 10:00AM-1:30PM outside the Country Kitchen. She will be happy to chat with you about the new Avon products!

If you enjoy listening to music in the afternoon, take a seat for **Jessica's Music School** on Saturday, December 2nd at 2:30PM in the Fireside Lounge. The students are thrilled to play for our residents!

Invite your neighbour and come for a laugh at **Movie Night: "Elf"** on Saturday, December 2nd at 7:00PM in the Activity Room. It's a tradition in many people's homes to watch this hilarious Christmas movie!

Come and sing to your heart's content at **Sing Along with Errol** on Sunday, December 3rd at 7:30PM in the Fireside Lounge. Errol brings his guitar and his repertoire of favourite songs!

Sign up for our **Bus Outing: Shopping Trip to Walmart** on Monday, December 4th at 1:00PM. Take a trip to buy any essential groceries or household provisions. Please wait in the Fireside Lounge.

Join our **Craft Session: Making Christmas Swags** on Monday, December 4th at 1:30PM in the Activity Room. Imagine the pleasure when you hang your own hand-crafted swag or wreath on your front door for all to admire!

Keep your mind active with **'Fit Minds'** on Tuesday, December 5th at 2:00PM in the Club Lounge. This fun activity provides complex exercises to challenge your mind, along with many laughs!

Sign up for a **Bus Outing: Scenic Drive** on Wednesday, December 6th at 12:30PM please meet in the Fireside Lounge. Keep your fingers crossed that the weather is sunny and dry, which always makes for a pleasant drive!

Come for some creative therapy at our **Artful Enrichment Workshop: Painting a Fall Birch Tree** on Wednesday, December 6th at 1:30PM in the Activity Room. All are welcome!

You can find an accessory to two or a beautiful gift for a friend or family member at **Fifth Avenue Jewelry** on Thursday, December 7th at 11:00AM in the Fireside Lounge. Come and take a look!

Enjoy learning more about the Italian artist, Raphael at **Meet Me at The MoMA: Raphael – The Sistine Madonna** on Thursday, December 7th at 1:30PM in the Activity Room.

Enjoy an hour of music and fun at **Entertainment with Jennifer Lauren** on Friday, December 8th at 2:00PM in the Fireside Lounge. **Happy Hour** at 3:00PM in the Club Lounge will follow with drinks and appetizers!

As you finalize your plans over the Christmas and New Year holidays, we would appreciate it if you would kindly inform Reception if you will be away during this time.



Weekly Calendar for December 1st – December 8th

Saturday, December 2nd

Sunday, December 3rd

10:00AM Armchair Video Exercises
10:00AM Avon with Janice
11:00AM Tai Chi
2:30PM Jessica's Music School
7:00PM Movie Night: Elf

10:00AM Armchair Video
10:30AM GPUC Worship Service
10:30AM Beginner Rummikub with Sally
11:00AM Gentle Fit with Winnie
1:30PM Advanced Rummikub with Sally
4:45PM All Residents Dine Early
7:30PM Sing Along with Errol

**Monday
December 4th**

**Tuesday
December 5th**

**Wednesday
December 6th**

**Thursday
December 7th**


**Friday
December 8th**

10:00AM Chair Fitness

11:00AM Armchair Exercise Video

11:00AM Go4Life Walking Club

1:00PM Bus Outing: Shopping Trip to Walmart



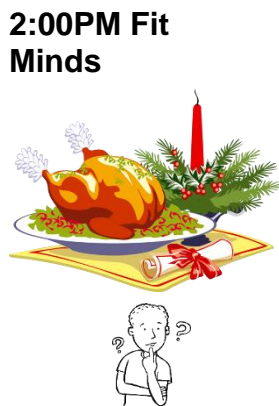
3:15PM 'Sit and Be Fit' Gentle Arthritis Video

All Resident Christmas Dinner at 5:00PM

10:00AM Armchair Video

11:30AM Meditation

1:30PM Drumfit



7:00PM Crib/ Chess

7:00PM Maple Leaf Singers Concert at Gilmore Park United Church

8:00PM Christmas Dessert Buffet

10:00AM Chair Fitness

10:30AM Catholic Prayer & Communion

11:00AM Armchair Exercise Video

12:30PM Bus Outing: Scenic Drive

1:30PM Billiards

1:30PM Artful Enrichment Workshop: Painting a Fall Birch Tree

3:00PM Happy Hour

7:00PM Rummikub

Hairdresser

Happy Hannuka: Begins tonight



9:30AM Morning Chat & Coffee with Mirandah

10:00AM Chair Fitness: Strength and Balance

11:00AM Armchair Exercise Video

11:00AM Fifth Ave Jewelry

1:30PM Java Music Club

1:30PM Meet Me at The MoMA: Italian artist, Raphael - "The Sistine Madonna"

7:00PM Game of Hearts

10:00AM Osteofit with Robin Masters

11:00AM Play Reading with Stephen

11:00AM Get Moving with Valerie

1:30PM Weekender Review (in Chinese)
中文講解中文講本週活動

2:00PM Entertainment with Jennifer Lauren



3:00PM Happy Hour

6:45PM Mah Jong



December 2023

Special Dinner Highlights



Tuesday, December 5th

Resident Christmas Dinner – 5:00PM (All Residents Dine)

Each year we celebrate the holiday season with our Christmas Dinner when all the residents dine at 5:00PM. Following dinner, everyone is invited next door, to Gilmore Park United Church, for a **Christmas Concert with the Maple Leaf Singers at 7:00PM**. We kindly request that you do not invite guests for dinner, however, you are more than welcome to invite friends and family for the concert and dessert buffet. The evening will end with a **Dessert Buffet** at 8:00PM in the Fireside Lounge at Gilmore Gardens.

Thursday, December 21st

Christmas Buffet Dinner – 4:45PM & 6:30PM

This year's Christmas Buffet Dinner promises to be another popular event. Chef Val and his team will present an impressive assortment of salads and appetizers, together with a carving station and delicious vegetable dishes and, of course, an array of fantastic desserts. There will be **Entertainment with John Parsons** in the Foyer at 4:00PM. Reservations for your guests can be made at Reception for the 4:45PM or 6:30PM dinner times. **A maximum of 3 guests per resident.** The cost per adult is \$30 and \$12 for children 4-12yrs. Please note that you may be charged for no-show guests at this event.

Monday, December 25th

Christmas Dinner – 5:00PM only

In addition to our regular lunch program at 12:15PM, we will be serving a Christmas dinner on Christmas Day. There will be one seating at 5:00PM only. We respectfully request that you limit guests on this day. The cost per adult is \$25 and \$12 for children 4-12yrs. We encourage you to take advantage of our Christmas Buffet Dinner on December 21st or arrange a private dinner in our Private Dining Room if you would like to have a larger party of guests.

Sunday, December 31st

New Year's Eve Dinner -from 4:45PM – 6:15PM

Come and celebrate with your friends and family at our annual New Year's Eve dinner. Reservations for your guests can be made at Reception and cost \$25 for adults and \$12 for children 4-12yrs. **Ring in the New Year with Entertainment with Mike Kinal from 7:30PM-9:00PM in the Fireside Lounge!**



We would also like to offer the option of arranging your own special dinner in our Private Dining Room. We would be happy to cater a lunch or dinner for your own group of family or friends. Please contact Reception for more information.

Thank you!