

GILMORE GARDENS WEEKENDER "HIGHLIGHTS"



March 22nd, 2024

IN HOUSE NEWS

Please note the following changes in activities:

- **Open House and Entertainment** on Saturday, March 23rd – Cancelled.
- **Youth Musician Association** on Sunday, March 24th – Cancelled.
- **DrumFIT** on Tuesday, March 26th – Cancelled.
- **Fit Minds** on Tuesday, March 26th is moved to 1:00PM in the Club Lounge.
- **Hairdresser Farah** will not be here on **Good Friday, Friday March 29th**. She will be here Thursday March 28th. Please book your appointments at Reception.
- **Weekender Review (in Chinese)** Friday, March 29th – Cancelled.

We have our **Easter Buffet** on Thursday, March 28th with seatings at 5:00PM and 6:30PM. There is a limit of 3 guests per resident (\$42 per adult guest; \$16 per child aged 4–12). Please make your reservations at Reception. If you are not inviting guests, please let Reception know what time you would like to dine; 5:00PM or 6:30PM. Thank you!



Come for a special visit from the **Easter Bunny** on Thursday, March 28th from 4:00PM-4:30PM in the Reception Area, during which time you can have your photo taken!

It has been brought to our attention that the **daily newspapers** which are provided for the Country Kitchen are occasionally missing. We kindly request that all newspapers remain for every resident to enjoy and read at their leisure in the Country Kitchen. Thank you.

REMINDERS



Invite your neighbour for a relaxing hour at **Wine Glass Painting** on Saturday, March 23rd at 2:00PM in the Activity Room. No special skills are required. We will provide all supplies; all you need to bring is your enthusiasm to try something new!

It's the fourth day of our Cruise Week and we have a **Travelogue with Rick Steves on Central Turkey** on Sunday, March 24th at 1:30PM in the Activity Room. Come and learn some interesting facts about Turkey's traditions and culture in the comfort of an armchair!

Bring your reusable shopping bags with you and join the **Bus Outing: Shopping Trip to Ironwood** on Monday, March 25th at 1:00PM. Please wait in the Fireside Lounge.

It's Day 5 of our Cruise Week, and we invite you to **Greece: A Scavenger Hunt** on Monday, March 25th at 2:00PM. Please meet in the Club Lounge where the guidelines of this game will be explained. Everyone is welcome!

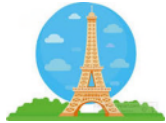


Join us for a special **Greek Happy Hour with Spanakopita and Ouzo** on Monday, March 25th at 2:45PM in the Club Lounge. Come and enjoy this aperitif with fellow neighbours and a tasty treat!



Do you enjoy watching professional chefs prepare food on cooking shows? We have our very own **Food Demo with Chef Val** on Tuesday, March 26th at 2:00PM in the Activity Room! Come and watch – you never know, there may be sample treats!





Spring is here and the new blossoms are making an appearance! Join our **Bus Outing: Cherry Blossom Scenic Drive** on Wednesday, March 27th at 1:00PM and let's see what we can find!



On Wednesday, March 27th our port of call is France where we invite you to join us for **Le Bingo in France** at 1:30PM in the Activity Room. Join us for prizes!! Following this, we have **Happy Hour in France with Cheese and Wine** at 3:00PM in the Club Lounge.

Our Cruise Week ends with our **Easter Buffet** and **Entertainment with Cherelle Jardine** on Thursday, March 28th from 4:30PM in the Fireside Lounge. Come and enjoy the delicious food at our Buffet whilst listening to the dulcet tones of Cherelle's singing!

Weekly Calendar for March 23rd – March, 29th, 2024

Saturday, March 23 rd		Sunday, March 24 th		
10:00AM 11:00AM 2:00PM 7:00PM	<i>Port of Call: Italy</i> Armchair Exercise Video Tai Chi Wine Glass Painting Movie Night: The Italian Job	10:00AM 10:30AM 11:00AM 1:30PM	<i>Port of Call: Turkiye</i> Armchair Exercise Video GPUC Worship Service Gentle Fit with Winnie Travelogue: Turkey	
Monday March 25 th	Tuesday March 26 th	Wednesday March 27 th	Thursday March 28 th	Friday March 29 th
<i>Port of Call: Greece</i> 10:00AM Chair Fitness in Greece 11:00AM Go4Life Walking Club 11:00AM Armchair Video Exercises 1:00PM Bus Outing: Shopping Trip to Ironwood 2:00PM Greece Scavenger Hunt  2:45PM Happy Hour with Spanakopita and Ouzo 3:00PM "Sit and Be Fit" Gentle Arthritis Video Exercise Class 7:30PM Bingo	<i>Port of Call: Croatia</i> 10:00AM Armchair Video Exercises 11:30AM Meditation 1:00PM Fit Minds 2:00PM Food Demo with Chef Val  7:00PM Crib/Chess	<i>Port of Call: France</i> 10:00AM Chair Fitness in France 10:30AM Catholic Prayer and Communion 11:00AM Armchair Video Exercises 1:00PM Bus Outing: Cherry Blossom Scenic Drive 1:30PM Billiards 1:30PM Le Bingo in France 3:00PM Happy Hour in France with Cheese and Wine 7:00PM Rummikub	<i>Cruise Week Ends</i> Hairdresser 10:00AM Advanced Armchair Video with Curtis 11:00AM Armchair Video Exercises 11:00AM De-Decorate Cruise Week! Decorate for Easter!  4:30PM Entertainment with Cherelle Jardine 5:00PM & 6:30PM Seatings for Easter Buffet 7:00PM Game of Hearts	Good Friday 10:00AM Osteofit with Robin Masters  11:00AM Play Reading with Stephen 11:00AM Get Moving with Valerie 12:00PM Bus Outing: Steveston Village 3:00PM Happy Hour 3:30PM Table Tennis 6:45PM Mah Jong