

GILMORE GARDENS WEEKENDER "HIGHLIGHTS"



April 19th, 2024

IN HOUSE NEWS

The Nevin family will be having a **Celebration of Life** for Denis Nevin on Saturday, April 20th from 1:00PM – 3:00PM in the Private Dining Room/Club Lounge and part of the Dining Room. The family is inviting any residents to drop by and share in the afternoon if they choose to.

Please note: **Pictionary with Angela** will be cancelled on Saturday, April 20th at 1:30PM.

Do you have any hemming or alterations that need to be done? We have a seamstress available to pick up and drop off any items that need to be serviced. Please see Valerie for more information!

REMINDERS

On Sunday, April 21st, test your abilities with **Table Tennis with Sally** at 1:00PM in the Activity Room. Sally is a regular volunteer here at Gilmore and would be more than happy to have a game with you.

Do you need help with your technical device? Come to **Tech Time with Radha** on Sunday, at 3:00PM in the Club Lounge. She will try to help with any questions you may have.

Join us for some after dinner entertainment on Sunday, April 21st at **Sing Along with Errol** at 7:30PM in the Fireside Lounge. You can sing along to some of your favourite songs as he strums his guitar.

Sign up for a **Bus Outing: Shopping Trip to Lansdowne/T&T** on Monday, April 22 at 1:00PM. There are plenty of stores in and around this mall you could visit. There is also a dollar store if you have a need. Bring your reusable shopping bags!



It's Earth Day and we have a **Craft Session: Earth Day Planting Clay Pots (part 2)** on Monday, April 22nd at 1:30PM in the Activity Room. In this session we will be planting flowers in the beautifully painted pots we created in part one! There are extra pots for those who just want to come and plant a flower on Earth Day! 😊

Join us for a fun session of **Fit Minds** on Tuesday, April 23rd at 2:00PM in the Club Lounge. All the exercises that form this innovative activity are both challenging and engaging and are designed to improve cognitive functioning. Why not join us for a session and participate or come, sit and listen!

See if luck is on your side and join us on our popular **Bus Outing: River Rock Casino** on Wednesday, April 24th at 11:30AM. Sign up early so you guarantee a seat on the bus and maybe come home a winner!








On Thursday, April 25th we have our monthly **Birthday Party and Welcome Tea** at 2:00PM in the Dining Room. Join us for some delicious cake and coffee or tea while we celebrate our April birthdays and welcome our new residents. All are invited!

We have our weekly **Bus Outing: Steveston Village** on Friday, April 26th at 12:00PM. If you need any household items or just strolling around the area, why not sign up and enjoy your afternoon with other residents.

Come and get to know your neighbors a little better over a glass of punch or maybe a glass of beer or wine at **Happy Hour** on Friday, April 26th at 3:00PM in the Club Lounge. Hot appetizers will be served along with great conversations! All are welcome!!

Weekly Calendar for April 20th – April 26th, 2024

Saturday, April 20 th		Sunday, April 21 st		
10:00AM 11:00AM 7:00PM	Armchair Exercise Video Tai Chi Movie Night: Marley and Me	10:00AM 10:30AM 10:30AM 11:00AM 1:00PM 3:00PM 7:30PM	<i style="color: red;">National Tea Day!</i> Gentle Fit with Winnie GPUC Worship Service Beginner Rummikub with Sally Gentle Fit with Winnie Table Tennis with Sally Tech Time with Radha Sing Along with Errol	
Monday April 22 nd	Tuesday April 23 rd	Wednesday April 24 th	Thursday April 25 th	Friday April 26 th
<i style="color: red;">Earth Day</i> 10:00AM Chair Fitness 11:00AM Go4Life Walking Club 11:00AM Armchair Video Exercises 1:00PM Bus Outing: Shopping Trip Lansdowne/T&T 1:30PM Craft Session: Earth Day Planting Clay Pots (Part 2)  2:30PM Men's Chat Club 3:00PM "Sit and Be Fit" Gentle Arthritis Video Exercise Class 7:30PM Bingo	10:00AM Armchair Video Exercises 11:30AM Meditation  1:30PM Drumfit 2:00PM Fit Minds 7:00PM Crib/Chess	10:00AM Chair Fitness 10:30AM Catholic Prayer and Communion 11:00AM Armchair Video Exercises 11:30AM Bus Outing: River Rock Casino  1:30PM Billiards 3:00PM Happy Hour 7:00PM Rummikub	10:00AM Chair Fitness: Strength & Balance 11:00AM Armchair Video Exercises 2:00PM Birthday Party and Welcome Tea  7:00PM Game of Hearts	10:00AM Osteofit with Robin Masters 11:00AM Play Reading with Stephen 11:00AM Armchair Video 12:00PM Bus Outing: Steveston Village 1:30PM Weekender Review (in Chinese) 中文講解中文講本週活動 3:00PM Happy Hour 3:30PM Table Tennis  6:45PM Mah Jong