

GILMORE GARDENS WEEKENDER "HIGHLIGHTS"



March 29th, 2024

IN HOUSE NEWS



On Easter Sunday, come and enjoy your morning coffee whilst searching for a treat! We have a special **Easter Egg Hunt** on Sunday, March 31st on the main floor where you can look high and low for different coloured plastic eggs that will be hidden! Some of the eggs will contain a message that you can hand to Recreation on Monday and receive an extra treat! We encourage each resident to find only **four plastic eggs** so that everyone who participates has a chance to find some!

REMINDERS

Join us for **Entertainment with Cherie Lam Music Recital** on Saturday, March 30th at 2:00PM in the Fireside Lounge. The students are always excited to share their talents with our residents!

Remember to check your appointment time if you have booked a spot for **Foot Care with Nerissa** on Saturday, March 30th from 9:00AM in the Beauty Salon. If you would like your feet taken care of, check with Reception to see if she has any availability.



Do you need help with your technical device? Come to **Tech Time with Radha** on Easter Sunday, March 31st at 3:00PM in the Club Lounge. She will try to help with any questions you have.

If you need any shopping, sign up for a **Bus Outing: Shopping Trip to Seafair** on Monday, April 1st at 1:00PM. Remember to bring your reusable shopping bags!

Invite your neighbour for a fun card game at **Poker 5 Card Stud** on Monday, April 1st at 1:30PM in the Activity Room. You never know ... you may win a prize!

Join us for a change of scenery on our **Bus Outing: Lunch and Shopping Trip to Richmond Centre** on Wednesday, April 3rd at 11:30AM. Please wait in the Fireside Lounge before we board the bus. Sign up to browse the shops and have a coffee or lunch at the food court!



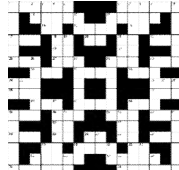



Come and have fun at a new **Trivia Game: "I Should Have Known That!"** on Wednesday, April 3rd at 1:30PM in the Activity Room. This entertaining game has questions about common things that everyone should know. In contrast to traditional trivia formats, you don't receive points for answering questions correctly. Instead, points are subtracted for every incorrect answer!

Are you looking for a spring outfit? Browse the new styles at **Laura Fashions** on Thursday, April 4th from 10:00AM in the Fireside Lounge. You may find something you like!

We have our weekly **Bus Outing: Steveston Village** on Friday, April 5th at 12:00PM. If you need any household items or yummy treats, why not sign up and shop at Save on Foods which is close to the drop-off point. Or enjoy a stroll along the waterfront, or a lunch in one of the many cafes.

We have **Entertainment with The Camilli Quartet** on Friday, April 5th at 2:00PM in the Fireside Lounge. Enjoy the delightful music performed by talented musicians who will keep you entranced throughout their performance. Afterwards, you can savour tasty appetizers at our **Happy Hour** at 3:00PM in the Club Lounge.

Weekly Calendar for March 30th – April 5th, 2024

Saturday, March 30 th		Sunday, March 31 st		
			<i>Happy Easter!</i>	
<p>9:00AM Footcare with Nerissa</p> <p>10:00AM Armchair Exercise Video</p> <p>11:00AM Tai Chi</p> <p>2:00PM Cherie Lam Music Recital</p> <p>3:00PM Artful Aging: Painting with Elizabeth & Friends</p> <p>7:00PM Movie Night: The Ten Commandments (1956): Part 1</p>	<p>10:00AM Armchair Exercise Video</p> <p>10:30AM GPUC Worship Service</p> <p>11:00AM Gentle Fit with Winnie</p> <p>3:00PM Tech Time with Radha</p> <p>7:00PM Movie Night: The Ten Commandments (1956): Part 2</p> <p>7:30PM Sing Along with Errol</p>			
Monday April 1 st	Tuesday April 2 nd	Wednesday April 3 rd	Thursday April 4 th	Friday April 5 th
<p style="color: red;"><i>Easter Monday!</i></p> <p style="text-align: center;">April Fools' Day!</p> <p>10:00AM Chair Fitness</p> <p>11:00AM Go4Life Walking Club</p> <p>11:00AM Armchair Video Exercises</p> <p>1:00PM Bus Outing: Shopping Trip to Seafair</p> <p>1:30PM Poker 5 Card Stud!</p>  <p>3:00PM "Sit and Be Fit" Gentle Arthritis Video Exercise Class</p> <p>7:30PM Bingo</p>	<p>10:00AM Armchair Video Exercises</p> <p>11:30AM Meditation</p> <p>1:30PM Wellness Session: Chair Yoga with Lynn Walters</p>  <p>2:45PM Giant Crosswords</p>  <p>7:00PM Crib/Chess</p>	<p>10:00AM Chair Fitness</p> <p>10:30AM Catholic Prayer and Communion</p> <p>11:00AM Armchair Video Exercises</p> <p>11:30AM Bus Outing: Shopping at Richmond Centre Mall</p> <p>1:30PM Billiards</p> <p>1:30PM Trivia Game: "I Should Have Known That!"</p>  <p>3:00PM Happy Hour</p> <p>7:00PM Rummikub</p>	<p style="color: red;"><i>Hairdresser</i></p> <p>10:00AM Chair Fitness: Strength & Balance</p> <p>10:00AM Laura Fashions</p> <p>11:00AM Armchair Video Exercises</p> <p>1:30PM Meet Me at The MoMA: Kelani Aabass, Abraham Onoriode, Mallory Lowe Mpoka (Mixing African Photography)</p>  <p>7:00PM Game of Hearts</p>	<p style="color: red;"><i>Hairdresser</i></p> <p style="text-align: center;">Living Loving Local Dinner: Featuring Eggs</p>  <p>10:00AM Osteofit with Robin Masters</p> <p>11:00AM Play Reading with Stephen</p> <p>11:00AM Get Moving with Valerie</p> <p>12:00PM Bus Outing: Steveston Village</p> <p>1:30PM Weekender Review (in Chinese) 中文講解中文講本週活動</p> <p>2:00PM Entertainment with The Camilli Quartet</p> <p>3:00PM Happy Hour</p> <p>3:30PM Table Tennis</p> <p>6:45PM Mah Jong</p>