

GILMORE GARDENS WEEKENDER HIGHLIGHTS



June 20th, 2025

IN HOUSE NEWS

We are very happy to announce that our **Alzheimer's "Walk in a Box" Fundraiser** was very successful in raising \$1,136 for this worthy cause. Thank you to everyone who supported this event!

Reminder: Please notify reception if you are feeling unwell so we can take appropriate steps to support you and reduce the risk of spreading illnesses. Thank you!



Big Brothers will be picking up donations from Gilmore Gardens on Tuesday, June 24th. Please put your clothing in garbage bags and household items in a box. Any items that are loose will not be accepted. Take your items, clearly marked with "BB", directly to the **secured** area in the underground parking (as you come out of the elevator, turn right and go through the door) where there will be a large sign that reads, "Big Brothers Drop Off". **Deadline to drop off items is Monday, June 23rd by 3:00PM.**

It's our annual tradition to participate in the **Canada Day Steveston Parade** on July 1st! If you would like a seat on the bus and join in the fun, please add your name to the sign-up sheet in the Activity Room. We will be sharing the bus with Courtyard Gardens so only 7 seats are available for us! Which will be leaving at 8:15AM to head to the Parade starting point. The bus will return at approximately 12:00PM. Come and wave your Canada Flag and show your Canadian spirit on this 2km route through Steveston!



Maintenance Update: All the broken screens are out for repair now and should take about a week, then we will reinstall. For window cleaning that was missed, window washing will take place in July. On the same day as the gutter cleaning! Thank you for your patience with this.

Please note: With effect from July 1st, **Farah's Beauty Salon** will be increasing her prices for Shampoo and Cut to \$50 and a Perm to \$105.

REMINDERS



Come for a fun hour at our **Horseraces Game** on Saturday, June 21st at 1:30PM in the Activity Room. Please remember to bring \$1.75 in quarters.

Join our lovely volunteer Mark in the Fireside Lounge for some laid back casual Piano Music at 2:30PM on Saturday, June 21st. He's excited to come in and entertain you all!



Invite your neighbour and enjoy music in the afternoon with the **Youth Musician Association** on Sunday, June 22nd at 2:30PM in the Fireside Lounge. The same day, end your weekend at **Sing Along with Errol** on Sunday, June 22nd at 7:30PM in the Fireside Lounge. Errol, our community volunteer, plays the guitar and has a song book for you to join in!

Pick up all your household essentials on our **Bus Outing: Shopping Trip to Seafair** on Monday, June 23rd at 1:00PM. Please sign up in the Activity Room for a seat on the bus and wait in the Fireside Lounge. **Please note: sign up sheets will be in a binder going forward, in the same location in the Activity Room!**

Come learn more about **Artificial Intelligence**, a talk presented by **Nurse Next Door** on Monday, June 23rd at 1:30PM in the Activity Room. All are welcome!

Join us at **Bean Bag Toss** on Monday, June 23rd at 3:00PM on the patio outside the Activity Room. This is a fun game for everyone to come and enjoy!




Come and browse the footwear at **Clarks Shoes** on Tuesday, June 24th at 10:30AM in the Fireside Lounge. Clarks Shoes provide comfort, good styles and reasonable prices! See what you can find!

If you fancy a change of scenery, join us for our **Bus Outing: Scenic Drive & Ice Cream** on Wednesday, June 25th at 1:00PM. Please sign up for a seat on the bus in the Activity Room.

It's our monthly **Birthday Party & Welcome Tea** on Thursday, June 26th at 2:00PM in the Dining Room. Come and celebrate your fellow June birthday residents and meet our new residents! We offer a slice of delicious cake from Steveston Bakery!



We are excited to host our popular **Strawberry Social & Entertainment with Roberto Risman** on Friday, June 27th at 2:00PM on the Patio (Fireside Lounge if it's a gloomy day). Everyone is welcome! Come and enjoy the sweet, local strawberries with a nice, cold drink! Afterwards, we will have **Happy Hour** at 3:00PM on the Fireside Patio (outside the Activity Room) where you can enjoy tasty appetizers from our Kitchen!

Weekly Calendar for June 20 th – 27 th , 2025				
Saturday, June 21 st		Sunday, June 22 nd		
8:30AM 10:00AM 11:00AM 1:30PM 2:30PM 3:00PM	<i>National Indigenous Peoples Day</i> Nails with Angie Armchair Exercise Tai Chi Horseraces Game Piano Music with Mark Artful Aging: Painting with Elizabeth & Friends	10:00AM 10:30AM 11:00AM 1:30PM 2:30PM 7:30PM	Armchair Exercise Video GPUC Worship Service Gentle Fit with Winnie Tech Time with Erin Youth Music Association Sing Along with Errol	
Monday June 23 rd	Tuesday June 24 th	Wednesday June 25 th	Thursday June 26 th	Friday June 27 th
Big Brothers Drop Off Deadline 10:00AM Chair Fitness 11:00AM Go4Life Walking Club 11:00AM Armchair Exercise Video 1:00PM Bus Outing: Shopping Trip to Seafair 1:30PM Artificial Intelligence Talk by Nurse Next Door 3:00PM Bean Bag Toss 7:30PM Bingo	Big Brothers Donation Pick Up 10:00AM Armchair Exercise Video 10:30AM Clarks Shoes 11:30AM Meditation 11:30AM Food Committee Meeting  1:30PM Chair Yoga with Lynn Walters 2:45PM Giant Crosswords 7:00PM Crib/Chess	10:00AM Chair Fitness 10:30AM Catholic Prayer & Communion 11:00AM RMS Ukulele Lessons 1:00PM Bus Outing: Scenic Drive & Ice Cream 1:30PM Chair Yoga with Lauren Video 1:30PM Billiards 3:00PM Happy Hour 7:00PM Rummikub	Hairdresser 10:00AM Chair Fitness: Strength & Balance 11:00AM Beginner Mah Jong – Kaela & Toy 11:00AM Go4Life Walking Club  11:00AM Armchair Video 2:00PM Birthday Party & Welcome Tea 7:00PM Game of Hearts	Hairdresser 10:00AM Osteofit with Robin Masters 11:00AM Play Reading with Stephen 11:00AM Decorate for Canada Day! 1:30PM Weekender Review (in Chinese) 中文講解中文講本週活動 2:00PM Strawberry Social & Entertainment with Roberto Risman  3:00 Happy Hour 3:30PM Table Tennis 6:00PM Mah Jong