

GILMORE GARDENS WEEKENDER HIGHLIGHTS



August 29th, 2025

IN HOUSE NEWS

We have a delicious **Hawaiian Featured Dinner** on Friday, August 29th. Seatings will take place from 4:45PM to 6:00PM with guests priced at \$31.50 and children \$16.80. Invite your loved ones to enjoy a lovely meal with you! **Remember to wear your hawaiian shirts and muumuus!** Please make your guest reservations at Reception. Thank you!



Gilmore Gardens is once again participating in the **Forever Young 8K** on Sunday, September 7th at Richmond Oval. The bus will leave at 8:15AM. We will cover the cost for your registration – **deadline is Thursday, September 4th**. You will receive a t-shirt and number, together with goodies in your race package. Come and enjoy this invigorating walk! You have the option to complete a 5km walk or the full 8km. Prizes are drawn at the end and there will be sponsor booths to peruse along with after-race snacks! If you are interested, please sign up in the Activity Room for a seat on the bus.

REMINDERS

We have a **Bus Outing: Lunch & Shopping at Tsawwassen Mills Mall** on Wednesday, September 3rd at 11:00AM. Tsawwassen Mills has many, different stores to browse and lovely, wide hallways to walk. There is also a large Food Court, as well as several restaurants to have a coffee and lunch. Please sign up in the activity room if you are interested!

We have our second **Book Club Meeting** on Wednesday, September 3rd in the Club Lounge at 2:00PM. This month we will be chatting about the book we read in the month of August and getting our new books for the month of September! Friendly reminder to please remember to bring your book back so they can be returned on time to the library, thank you!

Join the fun at **Bean Bag Toss** on Thursday, September 4th at 1:00PM in the Activity Room. Come and practice your aim at throwing the bean bag and see if you can place it through one of the holes!

We have our monthly **Wellness Session: Vitals Monitoring Clinic with Nurse Next Door** on Thursday, September 4th at 2:30PM in the Activity Room. Come for a health check with a professional! Sign up for a slot in the activity room!



Enjoy a hour of **Trivia with Angela** on Thursday, September 4th at 2:30PM in the Fireside Lounge. Test your knowledge with all things “trivia”!







It's Corn Festival time and we have our **Corn Shucking on the West Patio** on Friday, September 5th at 11:00AM. Come and see how quickly we can complete shucking the pile of corn! Remember to wear your plaid this day.. or any western attire you may have!



The same day, enjoy our **Corn Festival and Entertainment with Mike Kinal** on Friday, September 5th at 2:00PM on the Country Kitchen Patio. Put on your dancing shoes and be ready to dance the hour away! You can also sit, clap your hands and sing along! 🍌 Chef Val will also be preparing buttered corn for you to enjoy – we hope to see you there!

On Friday, September 5th, come and enjoy a complimentary glass of punch or purchase a glass of wine or beer at **Happy Hour** from 3:00PM-4:00PM on the West Patio where we serve tasty appetizers from our Kitchen every Friday!

Weekly Calendar for August 29th – September 5th, 2025

Saturday, August 30 th		Sunday, August 31 st		
10:00AM 11:00AM 3:00PM 6:00PM	Armchair Exercise Video Gentle Fit with Winnie Artful Aging: Painting with Elizabeth & Friends Mah Jong	10:00AM 10:30AM 11:00AM 1:30PM 7:30PM	Armchair Exercise Video GPUC Worship Service Gentle Fit with Winnie Tech Time with Erin Sing Along with Roger	
Monday September 1 st	Tuesday September 2 nd	Wednesday September 3 rd	Thursday September 4 th	Friday September 5 th
<p>Labour Day</p> 10:00AM Advanced Armchair Video with Curtis	10:00AM Armchair Video	10:00AM Chair Fitness	<p>Hairdresser</p> 10:00AM Advanced Armchair Video with Curtis	<p>Living Loving Local: Featuring Corn</p> 10:00AM Osteofit with Robin Masters
11:00AM Go4Life Walking Club	11:30AM Meditation	10:30AM Catholic Prayer & Communion	11:00AM Go4Life Walking Club	11:00AM Play Reading with Stephen
		11:00AM RMS Ukulele Lessons	11:00AM Armchair Video	11:00AM Corn Shucking on the West Patio
11:00AM Armchair Exercise Video	1:30PM Chair Yoga with Lynn Walters	<p>11:00AM Bus Outing: Lunch & Shopping at Tsawwassen Mills</p> 1:30PM Billiards		
	2:45PM Giant Crosswords	1:30PM Chair Yoga with Lauren Video	<p>1:00PM Bean Bag Toss</p> 2:30PM Wellness Session: Vitals Monitoring Clinic with NND	<p>2:00PM Corn Festival with Mike Kinal</p> 3:00PM Happy Hour
<p>7:30PM Bingo</p>		<p>2:00PM Book Club Meeting</p> 3:00PM Happy Hour	<p>2:30PM Trivia with Angela</p> 7:00PM Game of Hearts	3:30PM Table Tennis
	6:00PM Mah Jong	7:00PM Rummikub		6:00PM Mah Jong
	7:00PM Crib/Chess			