

GILMORE GARDENS WEEKENDER HIGHLIGHTS



September 12th, 2025

IN HOUSE NEWS

We would like to congratulate our residents who participated in the “**Forever Young**” Walk on Sunday, September 7th at The Richmond Oval. Brian, Maurice, Elsa (visiting), Shirley and Sue - well done to all of you!

All are welcome to join our **Great Canadian Open House** on Saturday, September 13th from 1:00PM-3:00PM. Enjoy **Entertainment with Peter Williams, Pianist** in the Fireside Lounge. There will be two featured programs offered during the event: *Maple Sugar Home-made Scrub* at 1:00PM and *Craft Session: Buttoned-up Maple Leaf Picture* at 2:00PM in the Activity Room. Invite your family and friends! Wear your red and white!



We are excited to announce our **Thanksgiving Buffet Dinner** on Thursday, October 9th with seating at 4:45PM or 6:30PM. Invite your family and friends to join us at this wonderful Fall event! We ask you, however, to be mindful of the number of guests you invite so that we can accommodate everyone. Make your reservations at Reception and even if you are not having guests, please let us know what time you would like to dine. Cost for Guests: \$44.10 inc tax per adult and \$16.80 inc tax per child (4-12 yrs). Thank you!

Please return any **Richmond Public Library books** you have borrowed to the Club Lounge by Monday, September 15th. The new RPL books will be available on Friday, September 19th.



Please note the **Food Committee Meeting** on Tuesday, September 16th has been **rescheduled** to the following week on Tuesday, September 23rd at 11:30PM in the Private Dining Room.



We will be conducting a full **Fire System check including Fire safety Inspections in all suites** starting Thursday, September 17th – 19th from 8:00AM to 4:00PM. Access to suites on Floors 4 and 3 will be required on September 17th from 9:00AM to 12:00PM and Floors 2 and 1 from 12:30PM to 3:30PM. Our Maintenance Department will be assisting. It may be necessary to ring the fire bells periodically throughout the day. We thank you in advance for your cooperation and apologize for any inconvenience.

A reminder to all our residents to please ensure all **incontinence items** are disposed of in the appropriate pail that is clearly labelled for these items. We appreciate your cooperation.

You may have noticed several stains on the carpets on all floors. Many of these are from spills that occur from carrying drinks. We urge you to please use your mugs that have lids to prevent these spills happening. Thank you!



REMINDERS

Join us at an **Education Talk with Nicco from Lumina Law Firm** on Monday, September 15th at 2:30PM in the Activity Room. Learn all you need to know about the importance of “Smart Estate Planning”.

Come for the **Recreation Committee Meeting** on Tuesday, September 16th at 1:30PM in the Private Dining Room where you can give any feedback and thoughts on the programs we have happening at Gilmore!

Sign up for our **Bus Outing: Lunch & Shopping at Richmond Centre Mall** on Wednesday, September 17th at 12:00PM. Richmond Centre has many, different stores to browse and a large Food Court where you can have a coffee and lunch. Sign up in the Activity Room if you would like a seat on the bus!

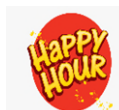
Come for an interesting **Presentation with David Darling: 9/11 Causes & the Long-Term Impact** on Thursday, September 18th at 1:30PM in the Activity Room.



Join the **Resident Council Meeting** on Thursday, September 18th at 3:00PM in the Activity Room. Learn more about the happenings Gilmore Gardens from the Resident Council!

Enjoy our **Entertainment with The Shoe Shakers** on Friday, September 19th at 2:00PM in the Fireside Lounge. These lively musicians will have you tapping your feet and singing along!

We will be offering complimentary juice and tasty appetizers from our kitchen at **Happy Hour** on Friday, September 19th from 3:00PM-4:00PM in the Club Lounge. Come join the fun!



Weekly Calendar for September 13th – 19th, 2025

Saturday, September 13 th		Sunday, September 14 th		
8:30AM	Nails with Angie	10:00AM	Armchair Exercise Video	
10:00AM	Armchair Exercise Video	10:00AM	Advanced Rummikub with Sally	
11:00AM	Tai Chi	10:30AM	GPUC Worship Service	
1:00PM-3:00PM	Great Canadian Fall Open House!	11:00AM	Gentle Fit with Winnie	
1:00PM	Maple Sugar Homemade Scrub	1:00PM	Table Tennis with Sally	
2:00PM	Craft Session: Buttoned Up	1:30PM	Tech Time with Erin	
	Maple Leaf	2:30PM	Beginner Rummikub with Sally	
6:00PM	Mah Jong	7:30PM	Sing Along with Errol	
Monday September 15 th	Tuesday September 16 th	Wednesday September 17 th	Thursday September 18 th	Friday September 19 th
Richmond Public Library Books Due	10:00AM Armchair Video	10:00AM Chair Fitness	Hairdresser	New Richmond Public Library Books
10:00AM Chair Fitness	11:30AM Meditation	10:30AM Catholic Mass	10:00AM Advanced Armchair Video with Curtis	10:00AM Osteofit with Robin Masters
11:00AM Go4Life Walking Club	<i>Food Committee Meeting has been rescheduled to next week *</i>	11:00AM RMS Ukulele Lessons	11:00AM Go4Life Walking Club	11:00AM Play Reading with Stephen
11:00AM Armchair Exercise Video	1:30PM Chair Yoga with Lynn Walters	12:00PM Bus Outing: Lunch & Shopping at Richmond Centre Mall	11:00AM Armchair Video	11:00AM Trivia with Jill
11:30AM Bus Outing: Shopping Trip to FreshCo		1:30PM Billiards	1:00PM Decorate for Autumn	2:00PM Entertainment with The Shoe Shakers
1:30PM Meet Me at The MoMA: Edward Hopper	1:30PM Recreation Committee Meeting	1:30PM Chair Yoga with Lauren Video	1:30PM Presentation with David Darling: 9/11 Causes and the Long-Term Impact	3:00PM Happy Hour
2:30PM Educational Talk with Nicco from Lumina Law Firm	2:45PM Giant Crosswords	3:00PM Happy Hour	3:00PM Resident Council Meeting	3:30PM Table Tennis
	6:00PM Mah Jong	7:00PM Rummikub	7:00PM Game of Hearts	6:00PM Mah Jong
7:30PM Bingo	7:00PM Crib/Chess			