

GILMORE GARDENS WEEKENDER HIGHLIGHTS



October 24th, 2025

IN HOUSE NEWS



We will be having an **Alarmed Fire Drill** on Thursday October 30th at 11:00AM. Residents are advised to please shelter in place and remain inside their suites during the drill. When the alarm is turned off, the fire drill is complete. Thank you for your cooperation.

Get excited about our **Halloween Featured Dinner** on Friday, October 31st! Seatings will take place 4:45 pm to 6:00PM. Invite your family and friends to join us for this special featured dinner prepared by Chef Val and his team. Please make your guest reservations at Reception. Cost for Guests: \$31.50 inc tax per adult and \$16.80 inc tax per child (4-12 yrs). We hope to see you there!

Remembrance Day is just around the corner. Every year, we hold a wonderful service at Gilmore Gardens with Reverend Bruce that is well attended. If you have any memorabilia from WWII that you would like to share with our residents, we will be displaying these items in the Fireside Lounge. Please make sure you label your item(s) with your name and suite number and pass them to Suman or Jill.

Do you have any fun or interesting **DVD movies** that you think our residents would enjoy? If you do, please speak with Suman. We'd love to show something new in the month of November!

Foot Care with Pam is here on Tuesday, October 28th at 9:00AM in the Beauty Salon. If you would like to make an appointment, please see Reception. Thank you.

REMINDERS

Join our **Horserace Game** on Saturday, October 25th at 1:30PM in the Activity Room. This is a fun game in which everyone can participate and win some money! Please remember to bring \$3.50 in quarters.

Are you looking for some afternoon music? Come for **Youth Musician Association** on Sunday, October 26th at 2:30PM in the Fireside Lounge. These talented students will enthrall you with their piano skills. Enjoy!

Spend your evening at **Sing Along with Errol** on Sunday, October 26th at 7:30PM in the Fireside Lounge. Errol, our community volunteer, brings his guitar, together with song sheets for you to sing along to the popular songs he plays! Come and clap your hands or sing to the music with fellow residents!

If you are in need of provisions, sign up for our **Bus Outing: Shopping to Ironwood** on Monday, October 27th at 11:30AM. Ironwood has a Save-on-Foods and London Drugs plus other stores nearby. Remember to make your shopping list and bring your reusable shopping bags!

It's almost Halloween and we have a **Craft Session: Pumpkin Carving or Painting** on Monday, October 27th at 2:00PM in the Activity Room. Come and have fun choosing a pumpkin and either carve or paint a spooky face or image on it! The pumpkins will be displayed in the Fireside Lounge for everyone to admire!



If you'd like to savour a delicious lunch, sign up for our **Bus Outing: Dim Sum at Continental Seafood Restaurant** on Wednesday, October 29th at 11:30AM. There are many tasty options for dim sum! Invite your neighbour and share some mouth-watering food!

We need helping hands as we **Decorate for Halloween** on Wednesday, October 29th at 2:00PM in the Fireside Lounge. Let's add a spider or two, a rat's tail and make this a spooky affair!

Join us for **Happy Hour with Halloween Themed Bingo** on Wednesday, October 29th at 3:00PM in the Club Lounge. We'll try not to 'spook' you with the eerie Halloween pictures! Enjoy a glass of punch, snack on some chips and treats! We look forward to seeing you there.

It's the perfect time to look for a new outfit or accessory at **Chic Couture Fashions** on Thursday, October 30th from 11:00AM-2:00PM in the Fireside Lounge. How about a cozy, new sweater for the colder weather or a fancy top for the upcoming Christmas festivities!

There are several residents who celebrated their birthday this month and are new to Gilmore! Come and enjoy a slice of cake with coffee or tea **Birthday Party & Welcome Tea** on Thursday, October 30th at 2:00PM in the Dining Room! This is a fun, social event for everyone!

It's Halloween and what better way to celebrate than at our special **Halloween Entertainment with Chris Yuill, Comedy Magician** on Friday, October 31st at 2:00PM in the Fireside Lounge. Take a seat and be entranced by this amusing and very clever magician! **Don't forget to wear your Halloween costumes!**

We will be offering complimentary juice and tasty appetizers from our kitchen at **Happy Hour** on Friday, October 31st from 3:00PM-4:00PM in the Club Lounge. You can also purchase a glass of wine or beer. Come and join the fun and socialize with your fellow neighbours at Gilmore!

Weekly Calendar for October 25th – 31st, 2025

| Saturday, October 25 th | | Sunday, October 26 th | | |
|--|---|--|--|---|
| 10:00AM | Armchair Exercise Video | | National Pumpkin Day! | |
| 11:00AM | Tai Chi | 10:00AM | Armchair Exercise Video | |
| 1:30PM | Horseshoe Game | 10:30AM | GPUC Worship Service | |
| 3:00PM | Artful Aging: Painting with Elizabeth and Friends | 11:00AM | Gentle Fit with Winnie | |
| | | 1:30PM | Tech Time with Erin | |
| 6:00PM | Mah Jong | 2:30PM | Youth Musician Association | |
| 7:00PM | Movie Night: The Terminal | 7:30PM | Sing Along with Errol | |
| Monday October 27 th | Tuesday October 28 th | Wednesday October 29 th | Thursday October 30 th | Friday October 31 st |
| 10:00AM Chair Fitness | 9:00AM Foot Care with Pam: by appointment | 10:00AM Chair Fitness | Hairdresser | Happy Halloween! Wear your costume today! |
| 11:00AM Go4Life Walking Club | 10:00AM Armchair Video | 10:30AM Catholic Prayer & Communion | 10:00AM Chair Fitness: Strength & Balance | 10:00AM Osteofit with Robin Masters |
| 11:00AM Armchair Exercise Video | 11:30AM Meditation | 11:00AM RMS Ukulele Lessons | 11:00AM Go4Life Walking Club | 11:00AM Play Reading with Stephen |
| 11:30AM Bus Outing: Shopping Trip to Ironwood | 1:30PM Chair Yoga with Lynn Walters | 11:30AM Bus Outing: Dim Sum at Continental Seafood Restaurant | 11:00AM Armchair Video | 11:00AM Advanced Armchair Video with Curtis |
| 2:00PM Craft Session: Pumpkin Carving or Painting | 2:45PM Giant Crosswords | 1:30PM Billiards | 11:00AM-2:00PM Chic Couture Fashions | 2:00PM Halloween Entertainment with Chris Yuill, Comedy Magician |
| | 6:00PM Mah Jong | 1:30PM Chair Yoga with Lauren Video | 2:00PM Birthday Party & Welcome Tea | 3:00PM Happy Hour |
| | 7:00PM Crib/Chess | 2:00PM Decorate for Halloween | | 3:30PM Table Tennis |
| 7:30PM Bingo | | 3:00PM Happy Hour with Halloween-Themed Bingo! | | 6:00PM Mah Jong |
| | | 7:00PM Rummikub | 7:00PM Game of Hearts | |

