

GILMORE GARDENS WEEKENDER HIGHLIGHTS



November 7th, 2025

IN HOUSE NEWS

Remembrance Day is just around the corner. We invite you to attend a wonderful service at Gilmore Gardens with Reverend Bruce on Tuesday, November 11th at 10:45AM in the Fireside Lounge. This is a meaningful service to commemorate the men and women who sacrificed their lives to protect Canada. There will be coffee, tea and treats to follow. Everyone is invited to attend!

Please note: Due to our *Dining Team Staff Appreciation Dinner*, we are offering 2 seatings for **Dinner on Thursday, November 13th at 4:45PM and 5:15PM**. We will not be taking guest reservations this evening. Please mark this on your calendar!

We would like to remind residents when **requesting a Dinner Tray delivery** to please phone Reception as early as possible on the day as the lead up to dinnertime becomes very busy at Reception. Thank you for your understanding and cooperation!

If you have borrowed any **Richmond Library Books** from the Club Lounge, please ensure they are returned by end of day on Monday, November 10th. Thank you! New books will be available on Thursday, November 13th.

Save the Date! We are excited to have our annual **Craft Fair & Bake Sale and Raffle Bottle Draw** on Saturday, December 6th. Any new or unused bottle donations will be greatly appreciated and can be given to Life Enrichment. If you have any questions, please speak to Suman or Jill.

REMINDERS

Come for a game of **Bean Bag Toss** on Saturday, November 8th at 1:30PM in the Activity Room. This is a fun activity for everyone! Aim a bean bag at one of the holes and hear the cheers!

Do you enjoy a little music in the afternoon? Come for **Music with Instrumentopia** on Saturday, November 8th at 2:30PM in the Fireside Lounge. These gifted students will charm you with their musical talents. Take a seat and enjoy!

Spend your evening at **Sing Along with Roger** on Sunday, November 9th at 7:30PM in the Fireside Lounge. Roger, our resident volunteer, brings his guitar and harmonica, together with song sheets for you to sing along to the popular songs he plays! Come and enjoy social time with everyone!

If you are in need of provisions, sign up for our **Bus Outing: Shopping to Lansdowne Mall/T&T** on Monday, November 10th at 11:30AM. T&T is a large, Asian supermarket that offers many different products. Remember to bring your reusable shopping bags!



Do you enjoy crafts? Come join us for our **Craft Session: Coffee Filter Poppy** on Monday, November 10th at 2:30PM in the Activity Room.

Sign up for our **Bus Outing: Bridgeport (Michaels, Dollarama & Tim Hortons)** on Wednesday, November 12th at 11:45AM. Why not shop at Michaels the craft store, then pick up a few useful items at Dollarama and finish with a coffee or lunch at Tim's!

Did you know we have a **National Social Hour Day**?! It's the perfect time to join us for some social time. Come join us for our **Happy Hour Pizza Party** on Wednesday, November 12th at 3:00PM in the Club Lounge! You can drink our complimentary fruit punch or purchase a glass of wine or beer!

We have a **Wellness Session: Downsizing Made Easy with Stephanie from Home to Home** on Thursday, November 13th at 2:30PM in the Activity Room. We all know the process of downsizing and relocating can present unique challenges and emotional considerations. Come and learn essential tips, practical strategies and valuable resources to empower you during this difficult transition time.

Join us for **Entertainment with The Fera Brothers** on Friday, November 14th at 2:00PM in the Fireside Lounge. This lively duo plays popular songs that will have you stomping your feet! Afterwards, round off the week with complimentary juice or you can purchase a cold beer or wine whilst savouring tasty appetizers at **Happy Hour** from 3:00PM-4:00PM in the Club Lounge!

Weekly Calendar for November 8th – 14th, 2025

Saturday, November 8 th		Sunday, November 9 th		
10:00AM	Armchair Exercise Video	9:00AM	Nails with Angie	
11:00AM	Tai Chi	10:00AM	Armchair Exercise Video	
1:30PM	Bean Bag Toss	10:30AM	GPUC Worship Service	
2:30PM	Music with Instrumentopia	11:00AM	Gentle Fit with Winnie	
3:00PM	Painting with Elizabeth & Friends	1:30PM	Tech Time with Erin	
6:00PM	Mah Jong	7:30PM	Sing Along with Roger	
Monday November 10 th	Tuesday November 11 th	Wednesday November 12 th	Thursday November 13 th	Friday November 14 th
Richmond Public Library Books Due	Remembrance Day	National Social Hour Day!	Hairdresser	
10:00AM Chair Fitness		10:00AM Chair Fitness	New Richmond Public Library Books available	10:00AM Osteofit with Robin Masters
11:00AM Go4Life Walking Club	10:00AM Armchair Exercise Video	10:30AM Catholic Prayer & Communion	10:00AM Advanced Armchair Video with Curtis	11:00AM Play Reading with Stephen
11:00AM Armchair Exercise Video	10:45AM Remembrance Day Service with Reverend Bruce	11:00AM RMS Ukulele Lessons	11:00AM Go4Life Walking Club	11:00AM Advanced Armchair Exercise Video with Curtis
11:30AM Bus Outing: Shopping Trip to Lansdowne/ T&T	1:30PM Chair Yoga with Lynn Walters	11:45AM Bus Outing: Bridgeport (Michaels, Dollarama and Tim Hortons)	11:00AM Armchair Video	2:00PM Entertainment with The Fera Brothers
2:30PM Craft Session: Coffee Filter Poppy	6:00PM Mah Jong	1:30PM Billiards	2:30PM Wellness Session: Downsizing Made Easy with Stephanie from Home to Home	3:00PM Happy Hour
7:30PM Bingo	7:00PM Crib/Chess	1:30PM Chair Yoga with Lauren Video	7:00PM Game of Hearts	3:30PM Table Tennis
		3:00PM Happy Hour Pizza Party!		
		7:00PM Rummikub		