



INSPIRED  
SENIOR LIVING



## Menu for the Week of December 8 - December 14, 2025

Menu items are subject to change due to availbitlty of product. \* Please check the Daily Menu Board\*

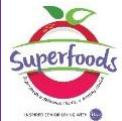
# Dinner

### OMELET OF THE WEEK: BABY SHRIMP, GREEN ONION, FETA CHEESE

**RESIDENT CHRISTMAS  
DINNER**

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Appetizer: SOUP	GREEN *LENTIL SOUP	LOBSTER BISQUE SOUP	CHICKEN GUMBO SOUP	BUTTERNUT SQUASH SOUP	TOMATO BISQUE SOUP	CHICKEN NOODLE SOUP	CREAM OF *BROCCOLI SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	FRESH BLACKBERRIES & CANTALOUPE ON ICEBERG LETTUCE SALAD	ROASTED BUTTERNUT SQUASH SALAD WITH *CRANBERRIES, PUMPKIN SEEDS, & GOAT CHEESE	SLICED *PAPAYA & *RASPBERRIES ON ICEBERG LETTUCE SALAD	SHREDDED CRAB MEAT & BOILED EGGS SALAD	TOASTED PECANS, *STRAWBERRIES ON ICEBERG LETTUCE	FRESH *SPINACH WITH DRIED *CRANBERRIES & TOASTED *ALMONDS	CHERRY *TOMATOES & BOCCONCINI CHEESE SALAD
Entrée 1	BAKED VEAL CHAMPIGNON WITH GRAVY	CARVED TURKEY WITH STUFFING, GRAVY & CRANBERRY SAUCE	TERIYAKI PORK, BROCCOLI & BELL PEPPERS WRAP WITH SALAD	GRILLED FARMER SAUSAGES WITH SAUERKRAUT & MASH POTATOES	BBQ PORK SPARERIBS	CABBAGE ROLLS IN *TOMATO SAUCE WITH SOUR CREAM	ROASTED LEG OF LAMB WITH GRAVY & MINT JELLY
Entrée 2	GRILLED CHICKEN BREAST WITH *CRANBERRY SAUCE	GRILLED NEW YORK STEAK WITH CARAMELIZED ONION IN RED WINE SAUCE	BAKED CHICKEN THIGHS WITH GRAVY	BRAISED CHICKEN BREAST WITH CIDER & *APPLES	BUTTER CHICKEN ON RICE, NAAN BREAD	BAKED CHICKEN KABOBS WITH RICE PILAF & TZATZIKI SAUCE	CHICKEN LEGS WITH BBQ GLAZE
Entrée 3	PAN FRIED LOBSTER CAKE WITH TARTAR SAUCE	BAKED HALIBUT FILET WITH LEMON WEDGE	BAKED SOYA-GINGER COD FILET	PAN FRIED HADDOCK FILET WITH LEMON SAUCE	POACHED SALMON FILET WITH CAPER SAUCE	FISH & CHIPS WITH COLESLAW & TARTAR SAUCE	SHRIMP & VEGETABLES STIR FRY ON RICE
Starch	ROASTED ROSEMARY POTATOES	MASHED POTATOES	MASHED YAM POTATOES	WHIPPED POTATOES	POTATOES PATTIES	POTATO LYONNAISE	POTATO O'BRIEN
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	YELLOW WAXED *BEANS	SAUTEED CARROTS, GREEN BEANS, CAULIFLOWER	BRAISED RED CABBAGE	SEASONED PEAS	MIXED VEGETABLES	*BROCCOLI FLORETS	BALSAMIC *BEETS
Vegetable	*BROCCOLI	RED & YELLOW PEPPER	GREEN *BEANS ALMANDINE	PARSLIED *CAULIFLOWER		GLAZED CARROTS	SUI CHOY & *SPINACH
FEATURED Dessert	BAKED *APPLES (GALA *APPLES WITH CARAMEL SAUCE)	INDIVIDUAL CHRISTMAS CHOCOLATE BOX	ASSORTED DESSERTS	BAKED *APPLE CRUMBLE WITH ICE CREAM	BOSTON CREAM PIE	VANILLA PUDDING	COUNTRY CARROT CAKE

\* Menu item contains a Superfood.



Choose Superfoods more often for optimal health



APPLES  
AVOCADO  
BEANS & LENTILS  
BEETS

BLACKBERRIES  
BLUEBERRIES  
BRAN & OAT  
BROCCOLI

CAULIFLOWER  
CHERRIES  
CRANBERRIES  
EGGS

FATTY FISH  
NUTS  
PEACHES  
RASPBERRIES

SPINACH  
STRAWBERRIES  
SQUASH  
TOMATO  
YOGURT

