

GILMORE GARDENS WEEKENDER HIGHLIGHTS



January 2nd, 2026

IN HOUSE NEWS

We will be **de-decorating for Christmas** on Monday, January 5th at 2:00PM. We would greatly appreciate help with removing the baubles and decorations from the Christmas trees on each floor. A large red box will be placed by the trees in the afternoon and maybe a "New Year fairy" on each floor will be good enough to make this happen! 😊 Thank you!

Richmond Public Library Books are due by Tuesday, January 6th. Please ensure you return your book to the Club Lounge and sign it back in. Thank you! New Richmond Library books will be available on Thursday, January 8th.

REMINDERS

Invite your neighbour for a game of **Lotto 649 Game** on Saturday, January 3rd at 1:30PM in the Activity Room. Remember to bring your dimes for the game sheet. This is a fun game which everyone can play!

Do you enjoy painting? Is there a new project that you would like to start? Come join in for **Artful Aging: Painting with Elizabeth and Friends** on Saturday, January 3rd at 3:00PM in the Activity Room. Everyone is welcome! Elizabeth is a volunteer who comes in twice a month, she is very talented and can help guide you through a painting. Come give it a try, or come for a little chat!

Join **Sing Along with Errol** on Sunday, January 4th at 7:30PM in the Fireside Lounge. You can sing along to your heart's content to all the favourite songs you know!

If you are in need of provisions, sign up for our **Bus Outing: Shopping to Ironwood** on Monday, January 5th at 11:30AM. Ironwood has a Save-on-Foods and London Drugs plus other stores nearby. Remember to make your shopping list and bring your reusable shopping bags!

If you like learning about different artists and their artwork, join **Meet Me At The MoMA: Robert Colquhoun** on Monday, January 5th at 1:30PM in the Activity Room. An informal discussion revolves around slides and videos of the artist highlighted at each event.

Join us for our monthly **Book Club Meeting** on Wednesday, January 7th at 2:00PM in the Club Lounge. If you're interested in joining us, feel free to come sit in and pick up the next book!

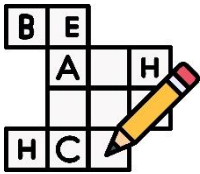

Sign up for our **Bus Outing: Lunch at O'Hares Pub** on Wednesday, January 7th at 11:30AM. This is a great time to enjoy some tasty food and a change of scenery with good company from fellow-residents! Sign-up sheet is located in the Activity Room!

We have a **Creative Aging Workshop by Debbie & Joanna** on Thursday, January 8th at 2:30PM in the Activity Room. Debbie Hertha, gerontologist and aging specialist explains the "aging journey", and the innovative solutions by her company to support older adults and their caregivers. Come and gain an overview about services and activities that will help you stay happy and healthy well into the future.

It's **National Trivia Day** on Friday, January 9th! Join in for **Trivia with Jill** at 11:00AM in the Activity Room and have fun with many different kinds of trivia, riddles and puzzles!

Come and take a seat at **Entertainment with Luke Sandford, Pianist** on Friday, January 9th at 2:00PM in the Fireside Lounge. Afterward, join us at Happy Hour for a glass of complimentary punch or purchase a glass of wine or beer. On Fridays, we serve appetizers from our kitchen too!

Weekly Calendar for January 2nd – 9th, 2026

Saturday, January 3 rd		Sunday, January 4 th		
10:00AM	Armchair Exercise Video	10:00AM	Armchair Exercise Video	
11:00AM	Tai Chi	10:30AM	GPUC Worship Service	
1:30PM	Lotto 649 Game	11:00AM	Gentle Fit with Winnie	
3:00PM	Artful Aging: Painting with Elizabeth and Friends	1:30PM	Tech Time with Erin	
6:00PM	Mah Jong	2:00PM	Rummikub	
		7:30PM	Sing Along with Errol	
Monday January 5 th	Tuesday January 6 th	Wednesday January 7 th	Thursday January 8 th	Friday January 9 th
10:00AM Chair Fitness	Richmond Public Library Books Due	10:00AM Chair Fitness	New Richmond Public Library Books Available	National Trivia Day!
11:00AM Go4Life Walking Club	10:00AM Armchair Exercise Video	10:30AM Catholic Prayer & Communion	Hairdresser	10:00AM Osteofit with Robin Masters
11:00AM Armchair Exercise Video	11:30AM Meditation	11:30AM Bus Outing: Lunch at O'Hares	10:00AM Chair Fitness: Strength & Balance	11:00AM Play Reading with Stephen
11:30AM Bus Outing: Shopping Trip to Ironwood	1:30PM Chair Yoga with Lynn	1:30PM Billiards	11:00AM Go4Life Walking Club	11:00AM Trivia with Jill
1:30PM Meet Me at The MoMA: Robert Colquhoun		1:30PM Chair Yoga with Lauren Video	11:00AM Armchair Exercise Video	
2:00PM De-decorate Christmas	2:45PM Giant Crosswords	2:00PM Book Club Meeting	2:30PM Creative Aging Workshop by Debbie & Joanna	2:00PM Entertainment with Luke Sandford, Pianist
6:45PM Music with Ron	6:00PM Mah Jong	3:00PM Happy Hour	6:45PM Music with Ron	3:00PM Happy Hour
7:30PM Bingo	7:00PM Crib/Chess	6:45PM Music with Ron	7:00PM Game of Hearts	3:30PM Table Tennis
		7:00PM Rummikub		6:00PM Mah Jong