

Menu for the Week of February 23, 2026 - March 1, 2026

*Menu items are subject to change due to availability of product. * Please check the Daily Menu Board**

Dinner

OMELET OF THE WEEK: PAYSAN (BACON, POTATO, ONION)

	23-Feb-26	24-Feb-26	25-Feb-26	26-Feb-26	27-Feb-26	28-Feb-26	01-Mar-26
Week 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Appetizer: SOUP	COCK A LEEKIE SOUP	TOMATO BASIL SOUP	MULLIGATAWNY SOUP	SEAFOOD CHOWDER SOUP	PUREED PEA SOUP	CHICKEN NOODLE SOUP	NAVY *BEAN SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	WINTER GREENS & BERRY SALAD	BACON, LETTUCE *TOMATO SALAD	FENNEL, FRESH PEAR & DRIED *CRANBERRY SALAD	GREEN SALAD WITH MANGO & *STRAWBERRY	SHREDDED CARROT WITH RAISIN SALAD	ICEBERG LETTUCE WITH HONEY DEW & PINEAPPLE	SLICED *TOMATO, BASIL & BABY BOCCONCINI SALAD
Entrée 1	SALISBURY STEAK WITH MUSHROOM GRAVY	SPAGHETTI BOLOGNESE WITH GARLIC BREAD & PARMESAN CHEESE	CORNEBEEF HASH WITH POACHED EGGS	POLISH PORK HUNTER STEW (CARROTS, CABBAGE, MUSHROOM, POTATO) WITH RYE BREAD	BANGER SAUSAGES WITH SAUERKRAUT & MASHED POTATOES	BAKED HAWAIIAN PIZZA WITH SALAD	MILD SPICED JERK PORK TENDERLOIN
Entrée 2	MUSHROOM RAVIOLI WITH MARINARA SAUCE	ROASTED DUCK BREAST WITH CINNAMON-CHERRY SAUCE	WHOLE ROASTED CHICKEN WITH STUFFING GRAVY	BUTTERMILK CHICKEN DRUMSTICKS	ROASTED CHICKEN THIGHS WITH GRAVY	COBB SALAD (TURKEY, HAM, *EGG, *AVOCADO,*TOMATO, CHEESE) WITH RANCH DRESSING	ROASTED CHICKEN BREAST WITH GRAVY
Entrée 3	TUNA MELT SALAD SANDWICH WITH COLESLAW, FRENCH FRIES	POACHED BASA FILET WITH SAUTEED GARLIC PRAWNS, TARTAR SAUCE	BAKED POTATO CRUSTED COD FILET WITH TARTAR SAUCE	LOBSTER CAKE WITH TARTAR SAUCE	POACHED SALMON FILET WITH DILL SAUCE	PAN FRIED HALIBUT FILET WITH LEMON WEDGE	BAKED SUMMER HERB CRUSTED COD FILET WITH TARTAR SAUCE
Starch	SCALLOPED POTATOES	BOILED POTATOES WITH FRESH PARSLEY	POTATO PATTIES	ROASTED RED POTATOES	MASHED POTATOES	BAKED 1/2 POTATO WITH SOUR CREAM	MASHED YAM POTATOES
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	SAVOY CABBAGE	GREEN KALE	BRAISED RED CABBAGE	SPAGHETTI *SQUASH	BABY BOK CHOY	GREEN KALE	DICED *BEETS
Vegetable	GREEN PEAS	BUTTERED CORN	GREEN PEAS	SUI CHOY & *SPINACH	SLICED CARROTS	YELLOW ZUCCHINI	GREEN *BEANS
FEATURED Dessert	INDIVIDUAL BUTTERSCOTCH PUDDING	LEMON STREUSEL CAKE	KIWI TARTS	TAPIOCA PUDDING	APPLE CRISP WITH ICE CREAM	PEACH PIE	INDIVIDUAL LEMON JELLO

* Menu item contains a Superfood.

Choose Superfoods more often for optimal health



APPLES
AVOCADO
BEANS & LENTILS
BEETS

BLACKBERRIES
BLUEBERRIES
BRAN & OAT
BROCCOLI

CAULIFLOWER
CHERRIES
CRANBERRIES
EGGS

FATTY FISH
NUTS
PEACHES
RASPBERRIES

SPINACH
STRAWBERRIES
SQUASH
TOMATO
YOGURT

