



INSPIRED SENIOR LIVING

March 2026

Gilmore Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Armchair Video (ACT) 1</p> <p>10:30 GPUC Worship Service (GPUC)</p> <p>11:00 Gentle Fit with Winnie (ACT)</p> <p>1:30 Tech Time with Erin (ACT)</p> <p>2:00 Rummikub (CL)</p> <p>3:00 Mayumi Randall Music School (FIR)</p> <p>7:30 Sing Along with Roger (FIR)</p>	<p>Richmond Library Books Due 2</p> <p>11:00 Go4Life Walking Club (GG)</p> <p>11:00 Armchair Video (ACT)</p> <p>11:30 Bus Outing: Shopping Trip to Freshco (GG)</p> <p>1:30 Meet Me at the MoMA: Judy Chicago (ACT)</p> <p>2:00 Chair Yoga with Lauren Video (ACT)</p> <p>6:45 Music with Ron (FIR)</p> <p>7:30 Bingo (ACT)</p>	<p>10:00 Armchair Video (ACT) 3</p> <p>10:45 Resident Handbook Review with Lorne (FIR)</p> <p>11:30 Meditation (ACT)</p> <p>1:30 Chair Yoga with Lynn Walters (ACT)</p> <p>2:45 Giant Crosswords (CL)</p> <p>6:00 Mah Jong (ACT)</p> <p>7:00 Crib/Chess (CL)</p>	<p>10:00 Chair Fitness (ACT) 4</p> <p>10:30 Catholic Prayer & Communion (PRI)</p> <p>11:00 RMS Ukulele Lessons (ACT)</p> <p>11:45 Bus Outing: Lunch & Shopping at Tsawwassen Mills Mall (GG)</p> <p>1:30 Billiards (SFL)</p> <p>3:00 Happy Hour (CL)</p> <p>6:45 Music with Ron (FIR)</p> <p>7:00 Rummikub (CL)</p>	<p>New Richmond Public Library Books Available 5</p> <p>8:00 Hair with Farah (SALO)</p> <p>10:00 - 11:00 Purdy's Easter Order Desk (FIR)</p> <p>11:00 Go4Life Walking Club (GG)</p> <p>2:00 Fit Minds (CL)</p> <p>6:45 Music with Ron (FIR)</p> <p>7:00 Game of Hearts (ACT)</p>	<p>Living Loving Local Dinner: Maple 6</p> <p>Wear Blue Day for Colorectal Cancer Awareness Month</p> <p>10:00 Osteofit with Robin Masters (ACT)</p> <p>11:00 Play Reading with Stephen (PRI)</p> <p>2:00 Entertainment with Angie Faith (FIR)</p> <p>3:00 Happy Hour (CL)</p> <p>3:30 Table Tennis (ACT)</p> <p>6:00 Mah Jong (ACT)</p>	<p>Daylight Savings Time: Spring Forward Tonight 7</p> <p>10:00 Armchair Video (ACT)</p> <p>11:00 Tai Chi (ACT)</p> <p>1:30 Lotto 649 Game (ACT)</p> <p>3:00 Music with Instrumentopia (FIR)</p> <p>6:00 Mah Jong (FIR)</p>
<p>10:00 Armchair Video (ACT) 8</p> <p>10:00 Advanced Rummikub with Sally (CL)</p> <p>10:30 GPUC Worship Service (GPUC)</p> <p>11:00 Gentle Fit with Winnie (ACT)</p> <p>11:00 Beginner Mah Jong with Kaela (FIR)</p> <p>1:00 Table Tennis with Sally (ACT)</p> <p>1:30 Tech Time with Erin (CL)</p> <p>2:30 Piano Forte Music School (FIR)</p> <p>2:30 Mexican Train with Sally (ACT)</p> <p>7:30 Sing Along with Errol (FIR)</p>	<p>11:00 Go4Life Walking Club (GG) 9</p> <p>11:00 Armchair Video (ACT)</p> <p>11:30 Bus Outing: Shopping Trip to Walmart (GG)</p> <p>2:00 Pets & Friends Visit (ACT)</p> <p>6:45 Music with Ron (FIR)</p> <p>7:30 Bingo (ACT)</p>	<p>Purdy's Easter Orders Deadline 10</p> <p>10:00 Armchair Video (ACT)</p> <p>11:30 Meditation (ACT)</p> <p>1:30 - 2:30 Purdy's Easter Order Desk (FIR)</p> <p>2:45 Fit Minds (CL)</p> <p>6:00 Mah Jong (ACT)</p> <p>7:00 Crib/Chess (CL)</p>	<p>10:00 Chair Fitness (ACT) 11</p> <p>10:30 Catholic Prayer & Communion (PRI)</p> <p>11:00 RMS Ukulele Lessons (ACT)</p> <p>1:00 Bus Outing: Scenic Drive (GG)</p> <p>1:30 Billiards (SFL)</p> <p>1:30 Chair Yoga with Lauren (ACT)</p> <p>2:00 Book Club Meeting (CL)</p> <p>3:00 Happy Hour (CL)</p> <p>6:45 Music with Ron (FIR)</p> <p>7:00 Rummikub (CL)</p>	<p>8:00 Hair with Farah (SALO) 12</p> <p>10:00 Armchair Video (ACT)</p> <p>11:00 Go4Life Walking Club (GG)</p> <p>11:00 RCMP Presentation on Fraud Awareness (ACT)</p> <p>1:30 Movie Matinee: Song Sung Blue (ACT)</p> <p>6:45 Music with Ron (FIR)</p> <p>7:00 Game of Hearts (ACT)</p>	<p>10:00 Osteofit with Robin Masters (ACT) 13</p> <p>11:00 Advanced Armchair Video with Curtis (ACT)</p> <p>11:00 Play Reading with Stephen (PRI)</p> <p>2:00 Entertainment with Randy & Jeff (FIR)</p> <p>3:00 Happy Hour (CL)</p> <p>3:30 Table Tennis (ACT)</p> <p>6:00 Mah Jong (ACT)</p>	<p>9:00 Nails with Angie (SALO) 14</p> <p>10:00 Armchair Video (ACT)</p> <p>11:00 Tai Chi (ACT)</p> <p>1:30 Roll A Trump Game (ACT)</p> <p>3:00 Painting with Elizabeth (ACT)</p> <p>3:00 Decorate for St. Patrick's Day (FIR)</p> <p>6:00 Mah Jong (FIR)</p> <p>7:00 Movie Night: The Greatest Game Ever Played (ACT)</p>
<p>10:00 Armchair Video (ACT) 15</p> <p>10:30 GPUC Worship Service (GPUC)</p> <p>11:00 Gentle Fit with Winnie (ACT)</p> <p>1:30 Tech Time with Erin (ACT)</p> <p>1:30 Sharing Music, Sharing Joy - JW Piano Studio Recital (FIR)</p> <p>2:00 Rummikub (CL)</p> <p>7:30 Sing Along with Roger (FIR)</p>	<p>Big Brothers Donation Drop Off Deadline at 3:00PM (PG) 16</p> <p>10:00 Chair Fitness (ACT)</p> <p>11:00 Go4Life Walking Club (GG)</p> <p>11:00 Armchair Video (ACT)</p> <p>11:30 Bus Outing: Shopping Trip to Seafair (GG)</p> <p>2:00 Armchair Travel: Wonders of Ireland (FIR)</p> <p>6:45 Music with Ron (FIR)</p> <p>7:30 Bingo (ACT)</p>	<p>Happy St. Patrick's Day! Wear Green Today! St. Patrick's Day Featured Dinner 17</p> <p>10:00 Armchair Video (ACT)</p> <p>11:30 Meditation (ACT)</p> <p>11:30 Food Committee Meeting (PRI)</p> <p>1:30 Chair Yoga with Lynn Walters (ACT)</p> <p>2:45 Giant Crosswords (CL)</p> <p>6:00 Mah Jong (ACT)</p> <p>7:00 Crib/Chess (CL)</p>	<p>10:00 Chair Fitness (ACT) 18</p> <p>10:30 Catholic Mass (PRI)</p> <p>11:45 Bus Outing: River Rock Casino (GG)</p> <p>1:30 Billiards (SFL)</p> <p>1:30 Chair Yoga with Lauren (ACT)</p> <p>3:00 Happy Hour with Pot of Gold Game (CL)</p> <p>6:45 Music with Ron (FIR)</p> <p>7:00 Rummikub (CL)</p>	<p>8:00 Hair with Farah (SALO) 19</p> <p>10:00 Armchair Video with Curtis (ACT)</p> <p>11:00 Go4Life Walking Club (GG)</p> <p>11:00 Armchair Video (ACT)</p> <p>1:30 Scrabble with Pat (CL)</p> <p>3:00 Resident Council Meeting (ACT)</p> <p>6:45 Music with Ron (FIR)</p> <p>7:00 Game of Hearts (ACT)</p>	<p>First Day of Spring! 20</p> <p>10:00 Osteofit with Robin Masters (ACT)</p> <p>11:00 Play Reading with Stephen (PRI)</p> <p>2:00 Courtyard VS. Gilmore Jeopardy! (ACT)</p> <p>3:00 Happy Hour with Courtyard Residents (CL)</p> <p>3:30 Table Tennis (ACT)</p> <p>6:00 Mah Jong (ACT)</p>	<p>9:00 Nails with Angie (SALO) 21</p> <p>10:00 Armchair Video (ACT)</p> <p>11:00 Tai Chi (ACT)</p> <p>1:30 Dart Challenge (ACT)</p> <p>6:00 Mah Jong (FIR)</p>




INSPIRED SENIOR LIVING

March 2026

Gilmore Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Armchair Video (ACT) 22 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 11:00 Beginner Mah Jong with Kaela (FIR) 1:30 Tech Time with Erin (ACT) 2:00 Rummikub (CL) 7:30 Sing Along with Roger (FIR)	10:00 Chair Fitness (ACT) 23 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 11:30 Bus Outing: Shopping Trip to Ironwood (GG) 2:00 Meet Me at the MoMA: Jim Fitzpatrick's (ACT) 2:45 Bean Bag Toss (ACT) 6:45 Music with Ron (FIR) 7:30 Bingo (ACT)	10:00 Armchair Video (ACT) 24 11:30 Meditation (ACT) 2:00 Wellness Session: Brain Health Presentation by Jonathan Askholm (ACT) 2:45 Fit Minds (CL) 6:00 Mah Jong (ACT) 7:00 Crib/Chess (CL)	10:00 Chair Fitness (ACT) 25 10:30 Catholic Prayer & Communion (PRI) 11:45 Bus Outing: Steveston Village (GG) 1:30 Billiards (SFL) 1:30 Chair Yoga with Lauren (ACT) 3:00 Happy Hour (CL) 6:45 Music with Ron (FIR) 7:00 Rummikub (CL)	8:00 Hair with Farah (SALO) 26 10:00 Armchair Video with Curtis (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 2:00 Birthday Party & Welcome Tea (DR) 6:45 Music with Ron (FIR) 7:00 Game of Hearts (ACT)	10:00 Osteofit with Robin Masters (ACT) 27 11:00 Advanced Armchair Video with Curtis (ACT) 11:00 Play Reading with Stephen (PRI) 11:00 Trivia with Jill (ACT) 2:00 Entertainment with John Parsons (FIR) 3:00 Happy Hour (CL) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	10:00 Armchair Video (ACT) 28 11:00 Tai Chi (ACT) 1:30 Horserace Game (ACT) 3:00 Painting with Elizabeth (ACT) 6:00 Mah Jong (FIR) 7:00 Movie Night: Julie & Julia (ACT)
9:00 Foot Care with Pam (SALO) 29 10:00 Armchair Video (ACT) 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 1:30 Tech Time with Erin (ACT) 2:00 Rummikub (CL) 7:30 Sing Along with Errol (FIR)	10:00 Chair Fitness (ACT) 30 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 11:30 Bus Outing: Shopping Trip to Lansdowne/T&T (GG) 2:00 You be the Judge! (ACT) 6:45 Music with Ron (FIR) 7:30 Bingo (ACT)	10:00 Armchair Video (ACT) 31 11:30 Meditation (ACT) 1:30 Chair Yoga with Lynn Walters (ACT) 2:45 Giant Crosswords (CL) 6:00 Mah Jong (ACT) 7:00 Crib/Chess (CL)				 <p>St. Patrick's Day</p>



Be Colourful

Locations Legend

- Activity Room (ACT)
- Fireside Lounge (FIR)
- Club Lounge (CL)
- Gilmore Gardens (GG)
- Private Dining Room (PRI)

- Salon (SALO)
- Gilmore Park United Church (GPUC)
- Second Floor Lounge (SFL)
- Parking Garage (PG)
- Dining Room (DR)

Calendar Legend

- All Day
- Outing
- Special Program
- Vendor
- Theme Day
- Living, Loving, Local
- Resident Run