

Menu for the Week of March 16 - March 22, 2026

*Menu items are subject to change due to availability of product. * Please check the Daily Menu Board**

Dinner

OMELETTE OF THE WEEK: GREEK STYLE (TOMATO, ONION, FETA CHEESE)

	16-Mar	17-Mar	18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
Week 8	Monday	*Tuesday*	Wednesday	Thursday	Friday	Saturday	Sunday
Appetizer: SOUP	TOMATO, CHICKEN, VEGETABLES & RICE SOUP	*ST. PATRICKS DAY* GREEN LEEK & POTATO SOUP WITH CORNED BEEF	CREAM OF MUSHROOM SOUP	SEAFOOD CHOWDER SOUP	PUREED PEA SOUP	CHICKEN NOODLE SOUP	CREAM OF ASPARAGUS SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	BOCCONCINI, TOMATO, CUCUMBER ON BUTTER LETTUCE	*AVOCADO & SMOKED SALMON SALAD	SLICED *PEACHES & *BLUEBERRIES ON ICEBERG LETTUCE	MIXED GREENS WITH RED GRAPES, *RASPBERRIES & BLUE CHEESE	JICAMA, MANGO ON FRESH SPINACH SALAD	WARM CALAMARI SALAD WITH RANCH DRESSING	CRISPY BACON, HARD BOILED EGGS ON ICEBERG LETTUCE
Entrée 1	GRILLED MINI BURGER SLIDERS WITH FRENCH FRIES	BRAISED IRISH STEW WITH DUMPLING	BAKED HAM & CHEESE QUICHE	PAN FRIED VEAL LIVER WITH SAUTEED ONIONS, GRAVY	BBQ PORK SPARERIBS	BEEF & VEGETABLE POT PIE WITH GRAVY	ROASTED PORK TENDERLOIN WITH BLUEBERRY SAUCE
Entrée 2	MARINATED AND ROASTED CHICKEN BREAST WITH HOISIN SAUCE	CHICKEN & VEGETABLE STIR FRY WITH NOODLES	SWEET CURRY CHICKEN WITH BASMATI RICE	BAKED MACARONI & CHEESE	ROASTED CHICKEN LEGS WITH GRAVY	ROASTED CHICKEN THIGHS WITH CREAMY MUSHROOM SAUCE	CHICKEN FINGERS WITH CAESAR SALAD, PLUM SAUCE
Entrée 3	PAN FRIED LOBSTER CAKE WITH TARTAR SAUCE	PAN FRIED POLLOCK FILET WITH SEAFOOD SAUCE	POACHED SALMON FILET WITH DILL SAUCE	ALMOND CRUSTED SOLE FILET WITH TARTAR SAUCE	BAKED TARTAR BASA FILET	BAKED ASIAN STYLE SALMON FILET	POTATO CRUSTED COD FILET WITH TARTAR SAUCE
Starch	STEAMED WHITE POTATOES WITH DILL	POTATOES O'BRIEN	POTATO LYONNAISE	MASHED POTATOES	POTATO PATTIES	BAKE 1/2 POTATO WITH SOUR CREAM	ROASTED RED POTATOES
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	RED SWISS CHARD	MIXED VEGETABLES	*CAULIFLOWER	ROASTED BUTTERNUT SQUASH	BROCCOLI	MIXED VEGETABLES	YELLOW BEANS
Vegetable	BABY CARROTS	CORN, PEAS & CARROTS	ASPARAGUS	GREEN BEANS	YELLOW ZUCCHINI		HONEY CARROTS
FEATURED Dessert	CHOCOLATE PUDDING	IRISH CREAM CHEESECAKE	TRIPLE CHOCOLATE CAKE	ORANGE CAKE	BLUEBERRY PIE	HOME STYLE CARROT CAKE	INDIVIDUAL PINEAPPLE JELLO

* Menu item contains a Superfood.

Choose Superfoods more often for optimal health



APPLES
AVOCADO
BEANS & LENTILS
BEETS

BLACKBERRIES
BLUEBERRIES
BRAN & OAT
BROCCOLI

CAULIFLOWER
CHERRIES
CRANBERRIES
EGGS

FATTY FISH
NUTS
PEACHES
RASPBERRIES

SPINACH
STRAWBERRIES
SQUASH
TOMATO

