

# GILMORE GARDENS WEEKENDER HIGHLIGHTS

SPRING FORWARD  
Turn your clocks ahead



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March 6<sup>th</sup>, 2026

## IN HOUSE NEWS

We have a bike located in the secure parking. Please inform Reception if it belongs to you. Thank you.

**Daylight Savings Time** starts on Sunday, March 8<sup>th</sup> at 2:00AM. Remember to set your clocks one hour forward before bed time on Saturday, March 7<sup>th</sup>. It's time to enjoy days of longer light in the evenings!

**Deadline to place your Purdy's Easter Chocolate Order is on Tuesday, March 10<sup>th</sup>**. Order desk will be available on Tuesday, March 10<sup>th</sup> from 1:30PM-2:30PM in the Fireside Lounge. Credit Card, cheques payable to Gilmore Gardens or exact change in cash will be required at the time of ordering. Thank you!



Need assistance with your taxes? Add your name to the sign-up sheet if you would like an appointment with **Tax Clinic with Equity CPA Inc** on Saturday, March 21<sup>st</sup>. Appointments will be available every hour from 10:00-4:00PM in the Private Dining Room. Sign up sheet is available in the Activity Room.

**Time for Spring Cleaning! Big Brothers** will be picking up donations on Tuesday, March 17<sup>th</sup>. Please put your clothing in garbage bags and household items in a box. **Any items that are loose will not be accepted.** Take your items, marked with "BB", directly to the **secured** area in the underground parking (as you come out of the elevator, turn right and go through the door) where there will be a large sign that reads, "Big Brothers Drop Off". **Deadline to drop off items is Monday, March 16<sup>th</sup> by 3:00PM.**

We are now taking reservations for the **Easter Buffet** on Thursday, April 2<sup>nd</sup>. There are 2 seatings: 4:45PM and 6:30PM. Cost for guests will be \$44.10 including GST and \$16.80 for children (ages 4-12) including GST. We request you please inform reception what time you will be dining even if you are not having guests. Thank you!

## REMINDERS

Invite your neighbour for a game of **Lotto 649 Game** on Saturday, March 7<sup>th</sup> at 1:30PM in the Activity Room. Remember to bring your quarters for the game sheet. This is a fun game which everyone can play!

Come for **Music with Instrumentopia** on Saturday, March 7<sup>th</sup> at 3:00PM in the Fireside Lounge. Made up of passionate high school musicians, the team present engaging programs featuring instruments like piano, flute, saxophone, guitar, traditional Chinese instruments such as the hulusi, and more. Having performed at over 100 nursing homes, their repertoire ranges from classical and baroque to pop and traditional Chinese music!

We have **Piano Forte Music School** coming to Gilmore on Sunday, March 8<sup>th</sup> at 2:30PM in the Fireside Lounge. This group consists of students L. 2 up to ARCT level piano, some may even sing if time permits! Come encourage and support them as they grow their confidence!

Do you need to restock your cupboards with essentials? If so, add your name to the sign up sheet for our **Bus Outing: Shopping Trip to Walmart** on Monday, March 9<sup>th</sup> at 11:30AM. Please wait in the Fireside Lounge and remember your reusable bags! Sign up sheet is available in the Activity Room!

We're excited for another therapy dog visit! Come join us for **Pets & Friends Visit** on Monday, March 9<sup>th</sup> from 2:00-3:00PM in the Fireside Lounge. The members are volunteers that dedicate their personal time to share the unconditional love and companionship of their pet to those that would benefit from the healing power of pet therapy. We will have 2 furry friends visiting us!



Don't forget to sign up for **Bus Outing: Scenic Drive** on Wednesday, March 11<sup>th</sup> at 1:00PM. Linda will be driving this day and is looking forward to showing you some wonderful scenery! Sign up sheet is available in the Activity Room. Please meet in the Fireside Lounge prior to outing.

Come join an informative **Presentation by Richmond RCMP's Crime Prevention Unit on Fraud Awareness** on Thursday, March 12<sup>th</sup> at 11:00AM in the Activity Room. This workshop is approximately 1 hour long, consisting of a 40 min PowerPoint presentation, followed by 20 mins for questions.

As per your request, we will be showing **Movie Matinee: Song Sung Blue** on Thursday, March 12<sup>th</sup> at 1:30PM in the Activity Room! Please note the movie is 2 hours and 13 minutes long (*10 minute break will be provided after 1 hour*). Due to it's rating and length, the movie will be shown in the Activity Room and not the Fireside Lounge. Thank you for understanding!

We hope you're looking forward to a fantastic hour of music at **Entertainment with Randy and Jeff** on Friday, March 13<sup>th</sup> at 2:00PM in the Fireside Lounge. Come enjoy listening to the popular songs! Afterwards, join us at **Happy Hour** at 3:00PM in the Club Lounge and enjoy a glass of punch or purchase a wine or beer whilst enjoying tasty appetizers from the kitchen and socializing!

### Weekly Calendar for March 7<sup>th</sup> – March 13<sup>th</sup>, 2026

Saturday, March 7 <sup>th</sup>		Sunday, March 8 <sup>th</sup>		
10:00AM 11:00AM <b>1:30PM</b> <b>3:00PM</b> 6:00PM	<b>Daylight Savings Time: Spring Forward Tonight</b> Armchair Exercise Video Tai Chi <b>Lotto 649 Game</b> <b>Music with Instrumentopia</b> Mah Jong	10:00AM <b>10:00AM</b> 10:30AM 11:00AM 11:00AM <b>1:00PM</b> 1:30PM <b>2:30PM</b> 2:30PM 7:30PM	Armchair Exercise Video <b>Advanced Rummikub with Sally</b> GPUC Worship Service Gentle Fit with Winnie Beginner Mah Jong with Kaela <b>Table Tennis with Sally</b> Tech Time with Erin ( <i>CL today</i> ) <b>Piano Forte Music School</b> Mexican Train with Sally Sing Along with Errol	
Monday March 9 <sup>th</sup>	Tuesday March 10 <sup>th</sup>	Wednesday March 11 <sup>th</sup>	Thursday March 12 <sup>th</sup>	Friday March 13 <sup>th</sup>
11:00AM Go4Life Walking Club  11:00AM Armchair Exercise Video  <b>11:30AM Bus Outing: Shopping Trip to Walmart</b>   <b>2:00 Pets &amp; Friends Visit</b> <i>(moved to Fireside Lounge)</i>  6:45PM Music with Ron  <b>7:30PM Bingo</b>	<b>Purdy's Easter Orders Deadline</b>  10:00AM Armchair Exercise Video  11:30AM Meditation   <b>1:30-2:30PM Purdy's Easter Order Desk</b>  2:45PM Fit Minds  6:00PM Mah Jong  7:00PM Crib/Chess	10:00AM Chair Fitness  10:30AM Catholic Prayer & Communion  11:00AM RMS Ukulele Lessons  <b>1:00PM Bus Outing: Scenic Drive</b>  1:30PM Chair Yoga with Lauren  1:30PM Billiards  <b>2:00PM Book Club Meeting</b>  3:00PM Happy Hour  6:45PM Music with Ron  7:00PM Rummikub	<b>Hairdresser</b>  10:00AM Armchair Exercise Video  11:00AM Go4Life Walking Club  <b>11:00AM RCMP Presentation on Fraud Awareness</b>  <b>1:30PM Movie Matinee: Song Sung Blue</b>  6:45PM Music with Ron  7:00PM Game of Hearts	10:00AM Osteofit with Robin Masters  11:00AM Advanced Armchair Video with Curtis  11:00AM Play Reading with Stephen  <b>2:00PM Entertainment with Randy &amp; Jeff</b>  <b>3:00PM Happy Hour</b>  3:30PM Table Tennis  6:00PM Mah Jong