

GILMORE GARDENS WEEKENDER HIGHLIGHTS



We wish all our residents a very Happy Easter!

*Hope you enjoy your little Easter treat to enjoy with your morning coffee
from your Gilmore Gardens family!*

April 3rd, 2026

IN HOUSE NEWS

The Easter Bunny is planning an **Easter Egg Hunt at Gilmore Gardens only for our residents!** On the morning of Sunday, April 5th, we invite you to search the main floor for colourful Easter eggs that are hidden around the reception area, Fireside Lounge, Club Lounge, or Computer Den. Please note: to ensure everyone has a chance to participate, each resident can collect up to 3 eggs only. Inside each egg is a chocolate treat and it *may* have a slip of paper with the words, "You won a prize!". Keep this paper safe and return it to Reception on Monday, April 6th to claim your treat!

We are delighted to offer a special **Easter Sunday Dinner** on Sunday, April 5th from 4:45PM to 6:00PM. There is limited seating for this featured dinner so if you would like to invite your family or friends, please let Reception know early. The menu is available at Reception when you make your reservation. Cost for guests is \$33.60 (inc GST) and \$16.80 for children aged 4-12 years (inc GST).

REMINDERS

Join us this Saturday, April 4th at 1:30PM in the Activity Room for an exciting game of **Ladder Ball**. Test your aim by tossing the rope with 2 balls attached and see if it stays on the ladder rungs!

We have a special afternoon Entertainment **Music Performance of Speak with Arts Foundation**, with ten to twelve performers on Saturday, April 4th at 2:45PM in the Fireside Lounge.

Stock up on your in-suite provisions and sign-up for our **Bus Outing: Shopping Trip to FreshCo** on Monday, April 6th at 11:30AM. Please wait in the Fireside Lounge.

Meet Me at the MoMA: Qian Songyan is on Monday, April 6th at 1:30PM in the Activity Room. Songyan was born in 1988 in the Jiangsu Province of China. He was a proponent of the New Nanjing art style and often depicted landscapes, birds, flowers, and chrysanthemums. Come and learn more about this artist in an informative session.

We have a special video featuring **Rick Steves' "European Easter"** on Monday, April 6th at 2:30PM in the Activity Room. Come and observe the many cultural aspects of Easter Sunday in Europe, as families come together in Spain, Italy, Slovenia and Greece to celebrate their Easter traditions.

Join us for a **Wellness Session: BC Medequip Walker Check with Bill** on Tuesday, April 7th at 2:00PM in the Activity Room. Bill offers expertise, information and a range of assistive tools and products to help you in your rehabilitation or with mobility issues. Come and chat with him this day!


Don't forget to sign up for our **Bus Outing: Richmond Oval Experience** on Wednesday, April 8th at 10:45AM. Please Meet in the Fireside Lounge. Summon your strength and feel the weight of an Olympic-grade shot put in your hand! Or test your balance and go for gold on this (low) beam! The virtual sport simulators available combine real equipment with 180-degree screens so you can experience the thrill of Olympic competition firsthand! Plus, there are many other featured Olympic exhibits to discover! Free entry is given to Richmond residents so bring a letter or document with your name and address on it!

It's that time of the year when you feel like wearing something lighter and cooler during the warm, spring days. This is a great opportunity to visit **Altavida Fashions** on Thursday, April 9th from 11:00AM-2:00PM in the Fireside Lounge. Come and browse the new outfits and accessories!

We have a **Wellness Session: Vitals Monitoring Clinic with Nurse Next Door** on Thursday, April 9th at 2:30PM in the Activity Room. It has been two months since their last visit so it's time to come and have your blood pressure checked by the technician!

It's a treat to have live music on a Friday and we are excited to feature **Entertainment with The Richmond Singers Ensemble** on Friday, April 10th at 2:00 PM in the Fireside Lounge. This group of singers always bring fun and laughter to their performances so mark the date on your calendar!

Weekly Calendar for April 4th – April 10th, 2026

Saturday, April 4 th		Sunday, April 5 th		
 <p>10:00AM 11:00AM 1:30PM 2:45PM 6:00PM</p>	<p>Armchair Exercise Video Tai Chi Ladder Ball Music Performance of Speak with Arts Foundation Mah Jong</p>	<p>10:00AM 10:30AM 11:00AM 11:00AM 1:30PM 2:00PM</p>	<p style="text-align: center;"><i>Happy Easter!</i></p> <p>Armchair Exercise Video GPUC Worship Service Gentle Fit with Winnie Beginner Mah Jong with Kaela Tech Time with Erin Rummikub</p>	
Monday April 6 th	Tuesday April 7 th	Wednesday April 8 th	Thursday April 9 th	Friday April 10 th
<p><i>Easter Monday</i></p> <p>10:00AM Chair Fitness 11:00AM Go4Life Walking Club 11:00AM Armchair Exercise Video 11:30AM Bus Outing: Shopping Trip to FreshCo 1:30PM Meet Me at The MoMA: Qian Songyan 2:30PM Rick Steves' "European Easter" 6:45PM Music with Ron 7:30PM Bingo</p>	<p>10:00AM Armchair Exercise Video 10:45AM Resident Handbook Review with Lorne 11:30AM Meditation 1:30PM De-decorate Easter 2:00PM Wellness Session: BC Medequip Walker Check with Bill 2:45PM Fit Minds 6:00PM Mah Jong 7:00PM Crib/Chess</p>	<p>10:00AM Chair Fitness 10:30AM Catholic Prayer & Communion 10:45AM Bus Outing: Richmond Oval Experience 11:00AM RMS Ukulele Lessons 1:30PM Chair Yoga with Lauren 1:30PM Billiards 3:00PM Happy Hour 6:45PM Music with Ron 7:00PM Rummikub</p>	<p><i>Hair with Farah</i></p> <p>10:00AM Armchair Exercise Video with Curtis 11:00AM Go4Life Walking Club 11:00AM Armchair Video 11:00AM – 2:00 PM Altavida Fashions 2:30PM Wellness Session: Vitals Monitoring with NND 6:45PM Music with Ron 7:00PM Game of Hearts</p>	<p><i>Living Loving Local: Eggs</i></p> <p>10:00AM Osteofit with Robin Masters 11:00AM Play Reading with Stephen 11:00AM Advanced Armchair Video with Curtis 2:00PM Entertainment with Richmond Singers Ensemble 3:00PM Happy Hour 3:30PM Table Tennis 6:00PM Mah Jong</p>