

GILMORE GARDEN WEEKENDER HIGHLIGHTS



May 22nd , 2026

IN HOUSE NEWS

We invite everyone to come for a **'Farewell to Maureen'** on Wednesday, May 27th at 2:00PM in the Fireside Lounge. Maureen, our long-time serving *Client Relations Manager* is sadly leaving Gilmore Gardens. Her last day is Friday, May 29th. We will all miss her smiling face! Appetizers and fruit punch will be served for all to enjoy.



We hope you're looking forward to supporting us with fundraising for the second year for the **Alzheimer's Society** on Tuesday, May 26th. Our wonderful resident volunteers will have a table set up in the morning from 10:30AM-11:30AM and in the afternoon from 1:30PM-2:30PM in the Fireside Lounge. Please note all donations over \$15.00 will receive a tax receipt. Donations can be made via cash, cheque (payable to *Alzheimer Society of BC and Yukon*) or credit card by scanning the QR code on the flyers. **Funds raised support local programs delivered by Alzheimer Societies across Canada, providing essential services for those impacted by dementia.**

REMINDERS

Come for a **Horseshoe Game** on Saturday, May 23rd at 1:30PM in the Activity Room. It's thrilling when your horse crosses the finish line first and you walk away with the jackpot! Please remember to bring \$3.50 in quarters with you.

Come for **Painting with Elizabeth** on Saturday, May 23rd at 3:00PM in the Activity Room. Everyone is welcome! Elizabeth is a community volunteer and can help guide you through a painting that you would like to do. It's casual, with no pressure involved!



Spend some time with the **Youth Musician Association** on Sunday, May 24th at 2:30PM in the Fireside Lounge. These young performers look forward to playing for an appreciative audience!

Sign up for our **Bus Outing: Shopping Trip to Lansdowne and T&T** on Monday, May 25th at 11:30AM. Sign up sheet is available in the Activity Room. Visit the large Asian supermarket or explore the other stores in the mall. Please wait in the Fireside Lounge prior to the outing!

Test your aim in knocking down the pins at **Indoor Bowling** on Monday, May 25th at 2:30PM in the Activity Room. Why not come and give it a try, you may surprise yourself - and have fun too!

Show your support for Alzheimers and join us as we **Walk to Grauer Neighborhood School Park for "IG Wealth Management Walk for Alzheimers"** on Tuesday, May 26th at 2:30PM. Please meet in the Fireside Lounge and we will take this walk together. The walk will take approximately 20-30 minutes depending on your pace. This is the Alzheimer Society of BC's largest fundraiser with participants across the province raising awareness for people affected by dementia so please come and show your support! (*We will be walking, rain or shine!*)

Sign up for **Bus Outing: Van Dusen Gardens or Lunch at Shaugnessy Restaurant** on Wednesday, May 27th at 11:45AM. This beautiful garden is a 55-acre oasis with over 7,500 plants from around the world. You can wander along the smooth pathways and admire the many colourful blooms - tickets are \$13.28 including GST. There is also a café where you can have refreshments, sandwich or soup. Or, you can choose to have lunch at the Shaugnessy Restaurant (see the menu available at the sign-up table). Please check off which option you're choosing on the sign up sheet in the Activity Room.

Fancy a new piece of jewelry to perk up a summer outfit? Why not browse the accessories at **Fifth Ave Jewelry** on Thursday, May 28th from 12:00PM-4:00PM in the Fireside Lounge.

Everyone is welcome to join our **Birthday Party and Welcome Tea** on Thursday May 28th at 2:00PM in the Dining Room. Come enjoy a piece of cake along with a cup of coffee or tea!

We have a special **Piano Performance with Mark Wilson** on Thursday, May 28th at 3:30PM in the Fireside Lounge. Come and enjoy the musical talents of this gifted musician!

All are welcome to join our annual summer **BBQ on the Patio** on Friday, May 29th at 12:15PM. We will be serving hot dogs and fries and offering ice cream for dessert! We will start **Planting on the Patios** at 1:15PM. Anyone who would like to help with planting will be warmly welcomed!

Weekly Calendar for May 23rd – May 29th, 2026

Saturday, May 23 rd		Sunday, May 24 th		
9:00AM 10:00AM 11:00AM 1:30PM 3:00PM 6:00PM	Nails with Angie Armchair Exercise Video Tai Chi Horseshoe Game Painting with Elizabeth Mah Jong	10:00AM 10:30AM 11:00AM 1:30PM 2:00PM 2:30PM 7:30PM	Armchair Exercise Video GPUC Worship Service Gentle Fit with Winnie Tech Time with Erin Rummikub Youth Music Association Sing Along with Roger	
Monday May 25 th	Tuesday May 26 th	Wednesday May 27 th	Thursday May 28 th	Friday May 29 th
10:00AM Chair Fitness 11:00AM Go4Life Walking Club 11:00AM Armchair Video Exercise 11:30AM Bus Outing: Shopping Trip to Lansdowne and T&T 1:30PM Meet Me at the MoMA: Amy Serald 2:30PM Indoor Bowling 6:45PM Music with Ron 7:30PM Bingo	10:00AM Armchair Video Exercise 10:30AM-11:30AM Alzheimer Society Fundraiser 11:30 Food Committee Meeting 11:30AM Meditation 1:30PM Chair Yoga with Lynn Walters 1:30PM-2:30PM Alzheimer Society Fundraiser 2:30PM Walk to Grauer Neighborhood School Park for "IG Wealth Management Walk for Alzheimer's" 6:00PM Mah Jong 7:00PM Crib/Chess	10:00AM Armchair Video 10:30AM Catholic Prayer & Communion 11:00AM RMS Ukulele Lesson 11:45AM Bus Outing: Van Dusen Gardens and/or Lunch at Shaughnessy Restaurant 1:30PM Billiards 2:00PM Farewell to Maureen Celebration 3:00PM Happy Hour 6:45PM Music with Ron 7:00PM Rummikub	Hair with Marlene 10:00AM Advanced Armchair Video with Curtis 11:00AM Go4Life Walking Club 11:00AM Armchair Exercise Video 12:00PM-4:00PM Fifth Ave Jewelry 2:00PM Birthday Party and Welcome Tea 3:30PM Piano with Mark Wilson 6:45PM Music with Ron 7:00PM Game of Hearts	BBQ & Planting Day! 10:00AM Osteofit with Robin Masters 11:00AM Play Reading with Stephen 12:15PM BBQ on the Patio  1:15PM Planting on the Patios 3:30PM Table Tennis 6:00PM Mah Jong