

GILMORE GARDEN WEEKENDER HIGHLIGHTS



HAPPY
Mother's Day



Happy Mother's Day to all our wonderful ladies at Gilmore Gardens!

May 8th, 2026

IN HOUSE NEWS

We have a special **Mother's Day Featured Dinner** on Sunday, May 10th from 4:45PM - 6:00PM. The full menu is available at Reception. Please let Reception know if you have guests for dinner. Cost for guests is \$33.60 including GST and \$16.80 for children (ages 4-12) including GST.

Sign-up for the Covid-19 Booster on Thursday, May 14th from 10:00AM - 12:30PM in the Fireside Lounge. This is when you can choose a time for the actual **Covid-19 Booster Vaccine Clinic** that will be held on May 20th from 9:00AM – 2:00PM in the Activity Room. If you do happen to receive your booster earlier from your pharmacy, please let Reshma know so she has record.



Please note: **Gutter Cleaning and Window Washing** is scheduled for Tuesday, May 12th and Wednesday, May 13th from 9:00AM. Residents are *not* required to be in their suites as Christopher, Building Services Manager, Christian and the Housekeeping Team will be entering the suites to clean the balcony and to remove bugs screen from window. This is a two-day process thank you for understanding!

REMINDERS

Why not treat yourself to a nice manicure or pedicure for the upcoming warmer weather! Book an appointment for **Nails with Angie** starting at 9:00AM at Reception for Saturday, May 9th in the Beauty Salon.

Bring your enthusiasm and spend time with fellow residents at the game of **Roll A Trump** on Saturday, May 9th at 1:30PM in the Activity Room. All you need to do is aim the balls at the slots!

Join **Sing Along with Errol** on Sunday, May 10th at 7:30PM in the Fireside Lounge. Errol plays his guitar and sings some popular songs that everyone can join in for!

Sign up for our **Bus Outing: Shopping Trip to Ironwood** on Monday, May 11th at 11:30AM. Ironwood Plaza has many stores to visit, including London Drugs, Save on Foods, BC Liquor, and Canadian Tire. There are also places to have a coffee or lunch if you want to grab a bite to eat! Sign-up sheet is available in the Activity Room. Please wait in the Fireside Lounge before we take off!



Join us for a fun game of **Shuffle Board** on Monday, May 11th at 2:30PM. From a standing position, try and slide the weighted puck down the strip to land in a scoring zone – not the negative zone!

Do you enjoy word challenges? Why not come for **Giant Crosswords** on Tuesday, April 12th at 2:45PM in the Club Lounge. This is a great opportunity to spend social time with fellow residents!

Let's keep our fingers crossed for a sunny day for our **Bus Outing: Scenic Drive** on Wednesday, May 13th at 1:00PM. This is a popular trip so sign up early for a seat on the bus. Linda is looking forward to taking you all on a lovely drive!

Enjoy a special **OWL (Orphaned Wildlife) Rehabilitation Society Presentation** on Thursday, May 14th at 2:00PM in the Fireside Lounge. Since January 1985, OWL became a non-profit organization whose staff and volunteers are dedicated to the rescue, rehabilitation and release of injured and orphaned raptors and birds. There may be TWO birds that will be introduced to our residents!

Join us for a refreshment at **Happy Hour** on Friday, May 15th at 3:00PM in the Club Lounge. You can enjoy a glass of complementary juice or purchase an alcoholic drink to savour with tasty appetizers from our kitchen!

Weekly Calendar for May 9th – May 15th, 2026

Saturday, May 9 th		Sunday, May 10 th		
9:00AM 10:00AM 11:00AM 1:30PM 3:00PM 6:00PM	Nails with Angie Armchair Exercise Video Tai Chi Roll A Trump Game Painting with Elizabeth Mah Jong	10:00AM 10:30AM 1:30PM 2:00PM 7:30PM	Happy Mother's Day! Mother's Day Featured Dinner Armchair Exercise Video GPUC Worship Service Tech Time with Erin Rummikub Sing Along with Errol	
Monday May 11 th	Tuesday May 12 th	Wednesday May 13 th	Thursday May 14 th	Friday May 15 th
10:00AM Advanced Armchair Video with Curtis 11:00AM Go4Life Walking Club 11:00AM Armchair Video Exercise 11:30AM Bus Outing: Shopping Trip to Ironwood 1:30PM Meet Me at the MoMA: Ann Craven 2:30PM Shuffle Board 6:45PM Music with Ron 7:30PM Bingo	10:00AM Armchair Video Exercise 11:30AM Meditation 1:30PM Chair Yoga with Lynn Walters 2:45PM Giant Crosswords 6:00PM Mah Jong 7:00PM Crib/Chess	10:00AM Chair Fitness 10:30AM Catholic Prayer & Communion 11:00AM RMS Ukulele Lessons 1:00PM Bus Outing: Scenic Drive 1:30PM Billiards 1:30PM Chair Yoga with Lauren 2:00PM Book Club Meeting 3:00PM Happy Hour 6:45PM Music with Ron 7:00PM Rummikub	Hair with Marlene 10:00AM- 12:30PM Sign up for Covid-19 Booster Clinic 10:00AM Armchair Video with Curtis 11:00AM Go4Life Walking Club 11:00AM Armchair Exercise Video 2:00PM OWL Rehabilitation Society Presentation 6:45PM Music with Ron 7:00PM Game of Hearts	10:00AM Osteofit with Robin Masters 11:00AM Advanced Armchair Video with Curtis 11:00AM Play Reading with Stephen 3:00PM Happy Hour 3:30PM Table Tennis 6:00PM Mah Jong