



INSPIRED SENIOR LIVING

June 2026

Gilmore Gardens



GILMORE GARDENS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Chair Fitness (ACT) 1 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 11:30 Bus Outing: Shopping Trip to Seafair (GG) 2:30 Ice Cream Floats on the Patio (CKP) 6:45 Music with Ron (FIR) 7:30 Bingo (ACT)	10:00 Armchair Video (ACT) 2 10:45 Resident Handbook Review with Lorne (FIR) 11:30 Meditation (ACT) 2:45 Giant Crosswords (CL) 6:00 Mah Jong (ACT) 7:00 Crib/Chess (CL)	Red Shirt Day for Accessibility 3 10:00 Chair Fitness by BCIT Students (ACT) 10:30 Catholic Prayer & Communion (PRI) 11:00 RMS Ukulele Lessons (ACT) 11:45 Bus Outing: Lunch & Shopping at McArthurGlen Designer Outlet Vancouver Airport (GG) 1:30 Billiards (SFL) 1:30 Chair Yoga with Lauren (ACT) 3:00 Happy Hour (CL) 6:45 Music with Ron (FIR) 7:00 Rummikub (CL)	8:00 Hair with Marlene (SALO) 4 10:00 Chair Fitness: Strength & Balance (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 2:30 Wellness Session: Vitals Monitoring Clinic with NND (ACT) 6:45 Music with Ron (FIR) 7:00 Game of Hearts (ACT)	9:30 - 1:30 Wellness Session: Hear Canada (SALO) 5 10:00 Osteofit with Robin Masters (ACT) 11:00 Advanced Armchair Video with Curtis (ACT) 11:00 Play Reading with Stephen (PRI) 2:00 Entertainment with Peter Williams, Pianist (FIR) 3:00 Happy Hour (CL) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	10:00 Armchair Video (ACT) 6 11:00 Tai Chi (ACT) 1:30 Ladder Ball (ACT) 3:00 Painting with Elizabeth (ACT) 6:00 Mah Jong (FIR) 7:00 Movie Night: Ocean's Twelve (ACT)
10:00 Armchair Video (ACT) 7 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 2:00 Rummikub (CL) 2:30 Melissa Huen Music School (FIR) 7:30 Sing Along with Roger (FIR)	10:00 Chair Fitness (ACT) 8 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 1:30 Shuffle Board (ACT) 2:30 Art History Speaker Anik: The Night Watch: Rembrandt's Masterpiece Revealed (ACT) 6:45 Music with Ron (FIR) 7:30 Bingo (ACT)	10:00 Armchair Video (ACT) 9 11:30 Meditation (ACT) 1:30 Scattergories (ACT) 2:45 Fit Minds (CL) 6:00 Mah Jong (ACT) 7:00 Crib/Chess (CL)	10:00 Chair Fitness by BCIT Students (ACT) 10 10:30 Catholic Prayer & Communion (PRI) 11:00 RMS Ukulele Lessons (ACT) 11:45 Bus Outing: Picnic at Richmond Nature Park (GG) 1:30 Billiards (SFL) 1:30 Chair Yoga with Lauren (ACT) 2:00 Book Club Meeting (CL) 3:00 Happy Hour (CL) 6:45 Music with Ron (FIR) 7:00 Rummikub (CL)	8:00 Hair with Marlene (SALO) 11 10:00 Advanced Armchair Video with Curtis (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 2:00 "Artfull Enrichment": Painting Daffodil Workshop (ACT) 6:45 Music with Ron (FIR) 7:00 Game of Hearts (ACT)	Living Loving Local Dinner: Strawberry 12 10:00 Osteofit with Robin Masters (ACT) 11:00 Play Reading with Stephen (PRI) 2:00 Entertainment with Randy & Jeff (FIR) 3:00 Happy Hour (CL) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	9:00 Nails with Angie (SALO) 13 10:00 Armchair Video (ACT) 11:00 Tai Chi (ACT) 1:30 Roll A Trump Game (ACT) 6:00 Mah Jong (FIR)
10:00 Armchair Video (ACT) 14 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 11:00 Beginner Mah Jong with Kaela (FIR) 1:30 Tech Time with Erin (FIR) 2:00 Rummikub (CL) 2:00 Java Music Club (ACT) 7:30 Sing Along with Roger (FIR)	10:00 Chair Fitness (ACT) 15 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 11:30 Bus Outing: Shopping Trip to Ironwood (GG) 1:00 Mini Golf Game with "Comfort Cocoons" (ACT) 1:30 Meet Me at the MoMA: Emily Carr (ACT) 6:45 Music with Ron (FIR) 7:30 Bingo (ACT)	10:00 Armchair Video (ACT) 16 11:30 Meditation (ACT) 11:30 Food Committee Meeting (PRI) 1:30 Recreation Committee Meeting (PRI) 2:45 Giant Crosswords (CL) 6:00 Mah Jong (ACT) 7:00 Crib/Chess (CL)	10:00 Chair Fitness (ACT) 17 10:30 Catholic Mass (PRI) 11:00 RMS Ukulele Lessons (ACT) 11:45 Bus Outing: River Rock Casino (GG) 1:30 Billiards (SFL) 1:30 Chair Yoga with Lauren (ACT) 3:00 Happy Hour (CL) 6:45 Music with Ron (FIR) 7:00 Rummikub (CL)	8:00 Hair with Marlene (SALO) 18 10:00 Chair Fitness: Strength & Balance (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 1:30 Scrabble with Pat (CL) 3:00 Resident Forum (ACT) 6:45 Music with Ron (FIR) 7:00 Game of Hearts (ACT)	National Wear Blue Day in Support of Men's Health 19 10:00 Osteofit with Robin Masters (ACT) 11:00 Advanced Armchair Video with Curtis (ACT) 11:00 Play Reading with Stephen (PRI) 2:00 Father's Day Social & Entertainment with Mike Kinal (FIR) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	9:00 Nails with Angie (SALO) 20 10:00 Armchair Video (ACT) 11:00 Tai Chi (ACT) 1:30 Jeopardy! (ACT) 3:00 Painting with Elizabeth (ACT) 6:00 Mah Jong (FIR) 7:00 Movie Night: Singin' in the Rain (ACT)

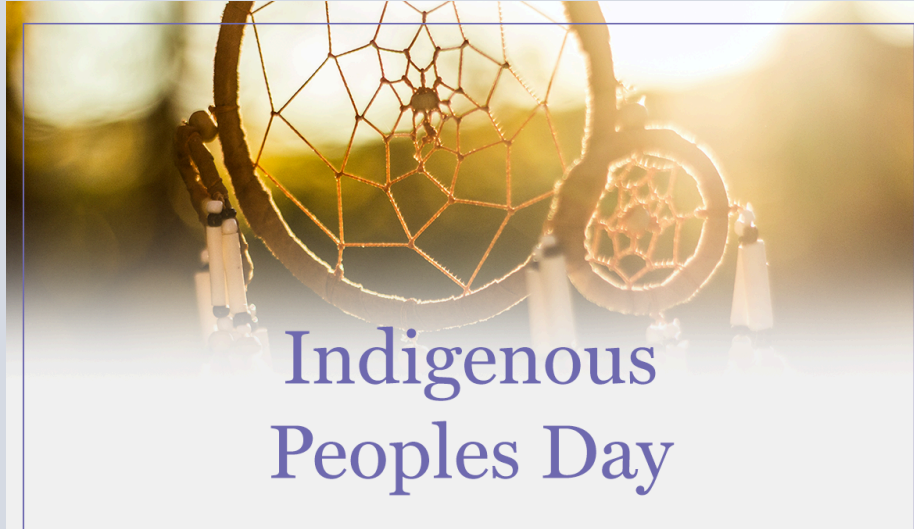


INSPIRED SENIOR LIVING

June 2026 Gilmore Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Father's Day! National Indigenous Peoples Day 21 Father's Day Featured Dinner 9:00 Foot Care with Pam (SALO) 10:00 Armchair Video (ACT) 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 1:30 Tech Time with Erin (ACT) 2:00 Rummikub (CL) 2:00 Craft Session: Dream Catchers (ACT) 7:30 Sing Along with Errol (FIR)	Richmond Library Books Due 22 10:00 Chair Fitness (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 11:30 Bus Outing: Shopping Trip to Freshco (GG) 2:30 You be the Judge! (ACT) 6:45 Music with Ron (FIR) 7:30 Bingo (ACT)	23 10:00 Armchair Video (ACT) 11:30 Meditation (ACT) 1:30 Chair Yoga with Lynn Walters (ACT) 2:45 Fit Minds (CL) 6:00 Mah Jong (ACT) 7:00 Crib/Chess (CL)	24 10:00 Chair Fitness by BCIT Students (ACT) 10:30 Catholic Prayer & Communion (PRI) 10:30 Bus Outing: Hastings Mill Museum (GG) 1:30 Billiards (SFL) 1:30 Chair Yoga with Lauren (ACT) 2:30 Gilmore's Ukulele Group Showcase (FIR) 3:00 Happy Hour (CL) 6:45 Music with Ron (FIR) 7:00 Rummikub (CL)	New Richmond Public Library Books Available 25 8:00 Hair with Marlene (SALO) 10:30 Fire & Life Safety Presentation by Richmond Fire Rescue (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 2:00 Birthday Party & Welcome Tea (DR) 6:45 Music with Ron (FIR) 7:00 Game of Hearts (ACT)	26 10:00 Osteofit with Robin Masters (ACT) 11:00 Play Reading with Stephen (PRI) 2:00 Strawberry Social & Entertainment with Roberto Risman (CKP) 3:00 Happy Hour (CL) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	27 10:00 Armchair Video (ACT) 11:00 Tai Chi (ACT) 1:30 Bean Bag Toss (ACT) 6:00 Mah Jong (FIR)
28 10:00 Armchair Video (ACT) 10:00 Advanced Rummikub with Sally (CL) 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 11:00 Beginner Mah Jong with Kaela (FIR) 1:00 Table Tennis with Sally (ACT) 1:30 Tech Time with Erin (FIR) 2:30 Youth Musician Association (FIR) 2:30 Mexican Train with Sally (CL) 7:30 Sing Along with Roger (FIR)	29 10:00 Chair Fitness (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 11:30 Bus Outing: Shopping Trip to Lansdowne/T&T (GG) 1:30 Decorate for Canada Day (FIR) 2:30 Indoor Bowling (ACT) 6:45 Music with Ron (FIR) 7:30 Bingo (ACT)	30 10:00 Armchair Video (ACT) 11:30 Meditation (ACT) 2:45 Giant Crosswords (CL) 6:00 Mah Jong (ACT) 7:00 Crib/Chess (CL)	 Father's Day		 Men's Health (Wear Blue Day)	



Indigenous Peoples Day



Be Among Friends

Locations Legend

Activity Room (ACT)	Salon (SALO)
Fireside Lounge (FIR)	Second Floor Lounge (SFL)
Club Lounge (CL)	Gilmore Park United Church (GPUC)
Gilmore Gardens (GG)	Country Kitchen Patio (CKP)
Private Dining Room (PRI)	Dining Room (DR)

Calendar Legend

- All Day
- Outing
- Special Program
- Vendor
- Theme Day**
- Living, Loving, Local
- Resident Run