



COMMON THREADS TO AGING WELL

70 to 100+ Being Part of the New Paradigm



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THURSDAY, APRIL 19TH FROM 2 - 4 PM

Barbara J. Kirby, Professional Consultant on Aging, Later Life Planner, Navigator & Advocate, Author & Speaker will share how to prepare for the realities of aging and common threads she sees of those aging well 70 through 100+ as super seniors. Barb touches on planning and support services and outlines the various care approaches and housing systems and how planning avoids falling into crisis management. She explains the necessity of executive level management to support single and widowed seniors and aging parents with out of town families. **Please RSVP as space is limited.**

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