

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div>HAIR SALON OPEN</div> <div>CANADA DAY</div> <div>10:00 DVD Seated Chair Yoga (GR)</div> <div>10:30 Resident Social Chat (Meet in Bistro) (B)</div> <div>11:30 Canada Day BBQ Lunch (OUT)</div> <div>1:30 Jenga (Wood Stacking Table Game) (FL)</div> <div>2:00 Flower Arranging (B)</div> <div>2:30 Bridge Group (FL)</div> <div>4:30 Living Loving Local, Farm To Table Dinner (Featuring Cherries) (DR)</div> <div>6:00 Evening Movie - A Dog's way home - A devoted dog goes on a treacherous journey across the American heartland to be reunited with her owner. (FL)</div>	<div>10:00 Let's Get Moving Fitness Class with Michel (GR)</div> <div>11:00 Trivia (FL)</div> <div>1:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</div> <div>2:00 Tea & Cookies Served (B)</div> <div>2:15 Java Music Sing-a-long (PDR)</div> <div>3:00 Seated Yoga with Sarah De Lucca (60 minutes) (GR)</div> <div>3:30 Socializing on the Patio (Bring Your FOB) (OUT)</div> <div>6:00 Netflix Mini Series: 1883 (Season 1, Episode 9 & FINAL EPISODE 10 of 10) (Riveting, Western, Emotional) (FL)</div>	<div>9:30 MASSAGES TODAY (9:30AM TO 4:30PM) - Sign up (G)</div> <div>10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR)</div> <div>11:00 Go For Life Walking Club - Meet in Lobby (OUT)</div> <div>1:00 Kerrisdale Van Shuttle (Starbucks, Library, London Drugs) (OUT)</div> <div>2:00 Herbs of Hope - Make your own herb sachets from our own herb garden! Part.2 (OUT)</div> <div>3:00 Happy Hour: John Dean (Piano) (FL)</div> <div>4:00 Kings in the Corner Card Game (FL)</div> <div>6:00 Amazon Movie (Comedy/Action) Thelma - 93-year-old Thelma Post gets duped by a phone scammer pretending to be her grandson, she sets out to reclaim what was taken from her. (FL)</div>	<div>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR)</div> <div>10:30 Resident Social Chat (Meet in Bistro) (B)</div> <div>1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL)</div> <div>2:00 Therapeutic Coloring - Butterflies (AR)</div> <div>2:30 Bridge Group (FL)</div> <div>3:00 Giant Crossword (GR)</div> <div>4:00 Socializing on the Patio (Bring Your FOB) (OUT)</div> <div>6:00 Evening Movie - Roy Orbison - In Dreams (FL)</div>	<div>10:30 Tappercise Seated Tap Dance with Beryl (GR)</div> <div>11:00 Resident Social Chat (Meet in Private Dining Room) (B)</div> <div>1:00 Prime Video Documentary: Anthony Bourdain: Parts Unknown (Season 2, Episode 4 - COPENHAGEN) (FL)</div> <div>1:30 BINGO with Prizes! (GR)</div> <div>2:30 Mahjong (2:30pm - 4:30pm) (G)</div> <div>3:00 Resident Social Chat (Meet in Bistro) (B)</div> <div>3:30 Card Games (Old Maid & Crazy 8s) (FL)</div> <div>3:30 Go 4 Life Walking Group (30 mins.) (OUT)</div> <div>6:00 Evening Movie - Priscilla - Through Priscilla's eyes, Sofia Coppola tells the unseen side of a great American myth in Elvis and Priscilla's long courtship and turbulent marriage, (FL)</div>
<div>10:00 Virtual Church Service (PDR)</div> <div>10:30 Qigong Fitness Class with Anita Wong (GR)</div> <div>1:00 Prime Video Food Show: The Taste UK (Season 1, Episode 9 & Final Episode 10) (FL)</div> <div>2:00 Card Games (Lounge) (FL)</div> <div>3:00 PAINTING ART CLASS with Dawn Mattson (Sign Up) (AR)</div> <div>3:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</div> <div>4:00 Patio Time & Group Socializing (OUT)</div> <div>6:00 Evening Movie - Mama Mia - Here we go again! (FL)</div>	<div>10:00 Tai Chi Class with Eric Liu (GR)</div> <div>11:00 What's your Verdict? (EXE)</div> <div>1:30 Live Piano Music Played by Anita Du in the Lounge (30 minutes) (FL)</div> <div>1:30 Art Therapy Group session with Rebecca Kwan (Sign Up) (AR)</div> <div>1:30 Bean Bag Toss Game (FL)</div> <div>2:30 Art Therapy one-on-one session with Rebecca 2:30 + 3:30- (Sign up) (AR)</div> <div>2:30 FitMinds - Words in a Word (FL)</div> <div>3:30 Socializing on the Patio - Enjoy the Fresh Air! (Back Patio) (OUT)</div> <div>6:00 Eveing Movie - West Side Story (FL)</div>	<div>HAIR SALON OPEN</div> <div>10:00 DVD Seated Chair Yoga (GR)</div> <div>10:30 Resident Social Chat (Meet in Bistro) (B)</div> <div>11:00 Farkle with Jennifer (dice game) (FL)</div> <div>1:30 Flower Arranging (B)</div> <div>2:00 Afternoon Movie - Wicked (2024)- The prequel to Wizard of OZ (FL)</div> <div>2:30 Bridge Group (FL)</div> <div>3:00 Jenga (Wood Stacking Table Game) (FL)</div> <div>6:00 Evening Netflix Movie- Clambake - Starring Elvis Presely (FL)</div>	<div>10:00 Let's Get Moving Fitness Class with Michel (GR)</div> <div>11:00 Giant Crossword (GR)</div> <div>1:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</div> <div>2:00 Tea & Cookies Served (B)</div> <div>2:15 Java Music Sing-a-long (PDR)</div> <div>3:00 Life Long Learning - Raising Kids then vs now - Discussion Group (PDR)</div> <div>3:30 Socializing on the Patio (Bring Your FOB) (OUT)</div> <div>6:00 Netflix Movie - Nonna's - (After losing his beloved mother, a man risks everything to honor her by opening an Italian restaurant with actual grandmothers as the chefs.) (FL)</div>	<div>10:00 DVD Seated Yoga Class (Virtual) (GR)</div> <div>11:00 Go For Life Walking Club - Meet in Lobby (OUT)</div> <div>1:30 Trivia (FL)</div> <div>3:00 Happy Hour: Luke Sandford (Piano/Vocals) (FL)</div> <div>4:00 Kings in the Corner Card Game (FL)</div> <div>6:00 Eveing Disney Movie-Hidden Figures (Three female African-American mathematicians play a pivotal role in astronaut John Glenn's launch into orbit) (FL)</div>	<div>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR)</div> <div>10:30 Resident Social Chat (Meet in Bistro) (B)</div> <div>1:30 Socializing on the Patio (Bring Your FOB) (OUT)</div> <div>2:00 Therapeutic Coloring - Flowers (AR)</div> <div>2:30 Bridge Group (FL)</div> <div>3:00 Bocce with Jennifer (FL)</div> <div>3:30 Crossword Handouts (FL)</div> <div>6:00 Netflix Movie - NYAD (The remarkable true story of athlete Diana Nyad who, at the age of 60 and with the help of her best friend and coach, commits to achieving her life-long dream: a 110-mile open ocean swim from Cuba to Florida.) (FL)</div>	<div>10:30 Tappercise Seated Tap Dance with Beryl (GR)</div> <div>11:00 Resident Social Chat (Meet in Private Dining Room) (B)</div> <div>1:30 BINGO with Prizes! (GR)</div> <div>2:30 Mahjong (2:30pm - 4:30pm) (G)</div> <div>2:30 Disney+ National Geographic Documentary: Drain the Oceans (FL)</div> <div>3:30 Go 4 Life Walking Group (30 mins.) (OUT)</div> <div>3:30 Resident Social Chat (Meet in Bistro) (B)</div> <div>6:00 Disney+ Movie - The Princess Bride (FL)</div>
<div>10:00 Virtual Church Service (PDR)</div> <div>10:30 Qigong Fitness Class with Anita Wong (GR)</div> <div>1:00 Prime Video Food Show: The Taste UK (Season 1, Episode 1 & 2) (FL)</div> <div>2:00 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</div> <div>2:30 Live Classical Music, Youth Musician & Artist Association (FL)</div> <div>3:30 PAINTING ART CLASS with Dawn Mattson (Sign Up) (AR)</div> <div>4:00 Patio Time & Group Socializing (OUT)</div> <div>6:00 Netflix Movie - A Man called OTTO - Starring Tom Hanks (FL)</div>	<div>10:00 Tai Chi Class with Eric Liu (GR)</div> <div>11:00 Drama Club - Skit readings (PDR)</div> <div>1:30 Live Piano Music Played by Anita Du in the Lounge (30 Minutes) (FL)</div> <div>1:30 Art Therapy Group session with Rebecca Kwan (Sign Up) (AR)</div> <div>2:30 Art Therapy one-on-one session with Rebecca 2:30 + 3:30- (Sign up) (AR)</div> <div>2:30 Bean Bag Toss Game (FL)</div> <div>3:30 FitMinds (FL)</div> <div>4:00 Resident Social Chat (Meet in Bistro) (B)</div> <div>6:00 Netflix Movie - Fried Green Tomatoes - Starring Kathy Bates (FL)</div>	<div>HAIR SALON OPEN</div> <div>10:00 DVD Seated Chair Yoga (GR)</div> <div>10:30 Resident Social Chat (Meet in Bistro) (B)</div> <div>11:00 Flower Arranging (B)</div> <div>2:30 Bridge Group (FL)</div> <div>2:30 Chef Food Demo with Cindy Low! (Sign Up) (GR)</div> <div>3:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</div> <div>6:00 Prime Movie - The Upside - (Inspired by a true story, The Upside is a heartfelt comedy about a recently paroled ex-convict (Kevin Hart) who strikes up an unusual and unlikely friendship with a paralyzed billionaire (Bryan Cranston). (FL)</div>	<div>10:00 Let's Get Moving Fitness Class with Michel (GR)</div> <div>11:00 Name that Tune (FL)</div> <div>1:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</div> <div>1:30 True or False Game (FL)</div> <div>2:00 Tea & Cookies Served (B)</div> <div>2:15 Java Music Sing-a-long (PDR)</div> <div>3:00 Seated Yoga with Sarah De Lucca (60 minutes) (GR)</div> <div>6:00 Disney Movie - 9-5 - Staring Dolly Parton (FL)</div>	<div>10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR)</div> <div>10:30 CRAFT: "Working With Clay" with Stella & Layla (FL)</div> <div>1:30 Giant Crossword (GR)</div> <div>2:15 Resident General Meeting (GR)</div> <div>3:00 Happy Hour: Roberto Risman (Guitar/Vocals) (FL)</div> <div>4:00 Kings in the Corner Card Game (FL)</div> <div>4:00 Socializing on the Patio (Bring Your FOB) (OUT)</div> <div>6:00 Disney+ Movie - Big - Starring Tom Hanks (After wishing to be made big, a teenage boy wakes the next morning to find himself mysteriously in the body of an adult) (FL)</div>	<div>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR)</div> <div>10:30 Resident Social Chat (Meet in Bistro) (B)</div> <div>1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL)</div> <div>2:30 Bridge Group (FL)</div> <div>2:30 Therapeutic Coloring (AR)</div> <div>3:00 Spelling Bee with Jennifer (FL)</div> <div>3:30 Crossword Handouts (FL)</div> <div>4:00 Socializing on the Patio (Bring Your FOB) (OUT)</div> <div>6:00 Netflix Movie - Book Club: The Next Chapter - Starring Diane Keaton and Jane Fonda (Follows the new journey of four best friends as they take their book club to Italy for the fun girls trip they never had.) (FL)</div>	<div>10:30 Tappercise Seated Tap Dance with Beryl (GR)</div> <div>11:00 Resident Social Chat (Meet in Private Dining Room) (B)</div> <div>1:30 BINGO with Prizes! (GR)</div> <div>2:30 Mahjong (2:30pm - 4:30pm) (G)</div> <div>2:30 Disney+ National Geographic Explorer Documentary: Lost in the Arctic (FL)</div> <div>3:30 Go 4 Life Walking Group (30 mins.) (OUT)</div> <div>4:00 Resident Social Chat (Meet in Bistro) (B)</div> <div>6:00 Netflix Movie - Remembering Gene Wilder -A special tribute documentary honoring Gene Wilder's life and career. (FL)</div>



INSPIRED
SENIOR LIVING

July 2025

Granville Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>10:00 Virtual Church Service (PDR) 20</div> <div>10:30 Qigong Fitness Class with Anita Wong (GR)</div> <div>1:00 Prime Video Food Show: The Taste UK (Season 1, Episode 1 & 2) (FL)</div> <div>2:00 Card Games (Lounge) (FL)</div> <div>3:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</div> <div>4:00 Patio Time & Group Socializing (OUT)</div> <div>6:00 Netflix Movie - Sleepless in Seattle - Ft. Tom Hanks and Meg Ryan (A recently widowed man's son calls a radio talk-show in an attempt to find his father a partner) (FL)</div>	<div>10:00 Tai Chi Class with Eric Liu (GR) 21</div> <div>11:00 Resident Social Chat (Meet in Bistro) (B)</div> <div>1:30 Art Therapy Group Session with Rebecca Kwan (Sign Up) (AR)</div> <div>1:30 Bean Bag Toss Game (FL)</div> <div>2:30 Art Therapy one-on-one session with Rebecca 2:30 + 3:30- (Sign up) (AR)</div> <div>3:00 Kings in the Corner Card Game (FL)</div> <div>3:30 Socializing on the Patio - Enjoy the Fresh Air! (Back Patio) (OUT)</div> <div>6:00 Netflix Movie - My Girl - Ft. Macaulay Culkin and Dan Ackroyd (FL)</div>	<div>HAIR SALON OPEN 22</div> <div>10:00 DVD Seated Chair Yoga (GR)</div> <div>10:30 Resident Social Chat (Meet in Bistro) (B)</div> <div>11:00 Farkle with Jennifer (dice game) (FL)</div> <div>2:00 Flower Arranging (B)</div> <div>2:30 Bridge Group (FL)</div> <div>3:00 Jenga (Wood Stacking Table Game) (FL)</div> <div>6:00 Netflix Movie - The Miracle Club Starring. Madame Maggie Smith + Kathy Bates (FL)</div>	<div>10:00 Let's Get Moving Fitness Class with Michel (GR) 23</div> <div>11:00 Giant Crossword (GR)</div> <div>1:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</div> <div>2:00 Java Music Sing-a-long (PDR)</div> <div>2:30 Tea & Cookies Served (B)</div> <div>3:00 Seated Yoga with Sarah De Lucca (60 minutes) (GR)</div> <div>3:30 Socializing on the Patio (Bring Your FOB) (OUT)</div> <div>6:00 Netflix Movie - Queen Bees - A Comedy about the Young at Heart (FL)</div>	<div>10:00 DVD Fitness Class (GR) 24</div> <div>10:30 CRAFT: "Working With Clay" with Stella & Layla (FL)</div> <div>2:00 Nurse Talk with Natasha - Topic HeatStroke (FL)</div> <div>3:00 Happy Hour: Ranj Singh (Guitar/Vocals) (FL)</div> <div>4:00 Kings in the Corner Card Game (FL)</div> <div>6:00 Netflix Movie - Irish Wish (When the love of Maddie's life gets engaged to her best friend, she puts her feelings aside to be a bridesmaid at their wedding in Ireland.) (FL)</div>	<div>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 25</div> <div>10:30 Resident Social Chat (Meet in Bistro) (B)</div> <div>1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL)</div> <div>2:30 Bridge Group (FL)</div> <div>3:00 Bocce with Jennifer (FL)</div> <div>3:30 Crossword Handouts (FL)</div> <div>4:00 Socializing on the Patio (Bring Your FOB) (OUT)</div> <div>6:00 Disney+ Movie - A Night at the Museum - Starring Ben Stiller (A newly recruited night security guard at the Museum of Natural History discovers that an ancient curse causes the animals and exhibits on display to come to life and wreak havoc.) (FL)</div>	<div>10:30 Tappercise Seated Tap Dance with Beryl (GR) 26</div> <div>11:00 Resident Social Chat (Meet in Private Dining Room) (B)</div> <div>1:30 BINGO with Prizes! (GR)</div> <div>2:30 Mahjong (2:30pm - 4:30pm) (G)</div> <div>2:30 Afternoon Move - The Titanic (FL)</div> <div>4:00 Go 4 Life Walking Group (30 mins.) (OUT)</div> <div>6:00 Resident Social Chat (Meet in Bistro) (B)</div>
<div>10:00 Virtual Church Service (PDR) 27</div> <div>10:30 Qigong Fitness Class with Anita Wong (GR)</div> <div>1:30 Hand Sewing Class with Danielle (Using Felt Fabric & Embroidery Thread @ 1:30pm) (AR)</div> <div>2:30 Prime Video Food Show: The Taste UK (Season 1, Episode 1 & 2) (FL)</div> <div>3:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</div> <div>4:00 Patio Time & Group Socializing (OUT)</div> <div>6:00 Disney+ Movie - Mrs. Doubtfire - Starring Robbin Williams (FL)</div>	<div>10:00 Tai Chi Class with Eric Liu (GR) 28</div> <div>11:00 Resident Social Chat (Meet in Bistro) (B)</div> <div>1:30 Art Therapy Group Session with Rebecca Kwan (Sign Up) (AR)</div> <div>1:30 Bean Bag Toss Game (FL)</div> <div>2:00 Kings in the Corner Card Game (FL)</div> <div>2:30 Art Therapy one-on-one session with Rebecca 2:30 + 3:30- (Sign up) (AR)</div> <div>2:30 FitMinds (FL)</div> <div>3:30 Socializing on the Patio - Enjoy the Fresh Air! (Back Patio) (OUT)</div> <div>6:00 Disney+ Movie - Father of the Bride - Starring Steve Martin (FL)</div>	<div>HAIR SALON OPEN 29</div> <div>10:00 DVD Seated Chair Yoga (GR)</div> <div>10:30 Resident Social Chat (Meet in Bistro) (B)</div> <div>11:00 Flower Arranging (B)</div> <div>2:30 Bridge Group (FL)</div> <div>3:00 Jenga (Wood Stacking Table Game) (FL)</div> <div>6:00 Netflix Movie - Ticket to Paradise- Starring George Clooney and Julia Roberts (A divorced couple teams up and travels to Bali to stop their daughter from making the same mistake they think they made 25 years ago.) (FL)</div>	<div>FootCare Nurse in Today - Sign up with Reception 30</div> <div>10:00 Let's Get Moving Fitness Class with Michel (GR)</div> <div>1:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</div> <div>2:30 Tea & Cookies Served (B)</div> <div>2:45 Java Music Sing-a-long (PDR)</div> <div>3:15 Work on the Jigsaw Puzzle in the Lounge (FL)</div> <div>3:30 Socializing on the Patio (Bring Your FOB) (OUT)</div> <div>6:00 Netflix Movie - Wonka -(With dreams of opening a shop in a city renowned for its chocolate, a young and poor Willy Wonka discovers that the industry is run by a cartel of greedy chocolatiers.) (FL)</div>	<div>10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 31</div> <div>10:30 CRAFT: "Working With Clay" with Stella & Layla (FL)</div> <div>2:00 Giant Crossword (GR)</div> <div>3:00 Happy Hour: Peter Williams (Piano & Vocals) (FL)</div> <div>4:00 Kings in the Corner Card Game (FL)</div> <div>6:00 Prime Movie - August Osage County - Starring Meryl Streep (A look at the lives of the strong-willed women of the Weston family, whose paths have diverged until a family crisis brings them back to the Oklahoma house they grew up in, and to the dysfunctional woman who raised them.) (FL)</div>	<div></div>	

Culinary Arts Month

Locations Legend

Fireplace Lounge (FL)

Great Room (GR)

Outside (OUT)

Bistro (B)

Fine Arts Room (AR)

Private Dining Room (PDR)

Games Room (G)

Dining room (DR)

Exercise Room (EXE)

Calendar Legend

Outing

Special Program

Cruise Week

Living, Loving, Local

Signature Program