



INSPIRED
SENIOR LIVING

October 2025

Granville Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div>Breast Cancer Awareness Month</div>			<div>OKTOBERFEST HEARING CLINIC TODAY 1</div> <div>10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR)</div> <div>11:00 Life Enrichment Meeting (PDR)</div> <div>1:00 Hearing Clinic On-Site (1:00pm-3:00pm) SIGN UP (G)</div> <div>1:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</div> <div>2:30 German Beer, Tea & German Cookies Served (B)</div> <div>2:45 Java Music Sing-a-long (with some German Songs) (PDR)</div> <div>4:30 German Themed Dinner (FL)</div> <div>6:00 Netflix Movie: The Thursday Murder Club (Witty, Heartfelt, Mystery) (FL)</div>	<div>10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 2</div> <div>10:30 Play Farkle with Brenda (Fun, Easy Dice Game) (GR)</div> <div>1:00 Kerrisdale Van Shuttle (Starbucks, Library & London Drugs) (OUT)</div> <div>2:00 Kings in the Corner Card Game (FL)</div> <div>3:00 Happy Hour: Roberto Risman (Guitar/Vocals) (FL)</div> <div>6:00 Netflix Movie: Mission Impossible (Action, Slick, Adrenaline Rush) (Tom Cruise) (FL)</div>	<div>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 3</div> <div>10:30 Indoor Bocce with Shirley S. & Brenda C. (Volunteers) (FL)</div> <div>1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL)</div> <div>2:00 Bridge Group (Games Room) (FL)</div> <div>2:30 Trivia and Word Games (45 mins.) (PDR)</div> <div>3:15 Group Walk - Meet at Reception (30 mins.) (OUT)</div> <div>6:00 Disney+ Series: Only Murders in the Building (Season 1, E. 1/2/3) (Steve Martin, Martin Short & Selena Gomez) (FL)</div>	<div>10:30 DVD Fitness Class (GR) 4</div> <div>11:00 Resident Social Chat (Meet in Bistro) (B)</div> <div>1:00 Bean Bag Toss Game with Lia & Lilly (Volunteers) (FL)</div> <div>2:15 Netflix Documentary: Sunday Best (The Untold Story of the Ed Sullivan Show) (FL)</div> <div>3:30 Go 4 Life Walking Group (30 mins.) (OUT)</div> <div>4:00 Card Games (Lounge) (FL)</div> <div>6:00 Netflix Movie: The Commuter (Action, Suspense, Fast-Paced) (Starring Liam Neeson) (PG-13) (FL)</div>
<div>10:00 Virtual Church Service (PDR) 5</div> <div>10:30 Qigong Fitness Class with Anita Wong (60 mins.) (GR)</div> <div>1:30 PAINTING ART CLASS with Dawn Mattson (Sign Up) (AR)</div> <div>2:30 Prime Video Food Show: The Taste UK (Season 1, Episode 1 & 2) (FL)</div> <div>3:00 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</div> <div>4:00 Patio Time & Group Socializing (OUT)</div> <div>6:00 Prime Video Movie: Woman in Gold (2015 Biographical Drama) (FL)</div>	<div>"VERVE ACTIVE AGING WEEK" 6</div> <div>10:00 Tai Chi Class with Eric Liu (60 mins.) (GR)</div> <div>11:00 Fit Minds (Brain Games) (PDR)</div> <div>1:30 BINGO with Prizes @ 1:30pm (GR)</div> <div>2:30 CRAFT: Make & String 'Citrus Peel' Garlands (AR)</div> <div>3:30 Socializing & Coffee (Bistro or Patio) (OUT)</div> <div>6:00 Prime Video Movie: The Nanny Diaries (16+) (Starring Scarlett Johansson) (FL)</div>	<div>HAIR SALON OPEN 7</div> <div>10:00 DRUM FIT (GR)</div> <div>10:45 TED Talk: "7 Foods That Supercharge Your Memory & Brain Health" (15 mins.) (GR)</div> <div>1:00 Pet Therapy Visit (Olga & Her Dog Sasha)(30 mins.) (FL)</div> <div>1:30 Flower Arranging (B)</div> <div>2:30 Food Demo by Cindy Low - Popcorn Shrimp Tacos (Sign Up) (GR)</div> <div>2:30 Bridge Group (G)</div> <div>3:30 Indoor Bocce w/ Stella & Layla (Volunteers) (FL)</div> <div>4:30 Living Loving Local, Farm To Table Dinner (Featuring Apples) (DR)</div> <div>6:00 Netflix Movie: Alpha (Inspiring, Emotional, Family) (PG-13) (FL)</div>	<div>10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR) 8</div> <div>11:00 Spelling Bee & "Memory Tray Game" (PDR)</div> <div>1:00 15-Minute Power Fit (OUT)</div> <div>1:30 Play Farkle with Brenda (Fun, Easy Dice Game) (GR)</div> <div>2:30 Chef Chat & Fruit Kabobs Served (with Chef, Sushant) (PDR)</div> <div>2:45 Java Music Sing-a-long (PDR)</div> <div>3:30 Kings in the Corner Card Game (FL)</div> <div>4:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</div> <div>6:00 Prime Video Movie: A Hologram for the King (Starring Tom Hanks) (FL)</div>	<div>SEATED MESSAGES TODAY 9</div> <div>9:30 Seated Messages (Sign Up) (G)</div> <div>10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR)</div> <div>11:00 Giant Crossword 11am (GR)</div> <div>1:00 Kerrisdale Van Shuttle (Starbucks, Library & London Drugs) (OUT)</div> <div>2:00 Food Demo with Michael: Homemade Healthy Granola with Greek Yogurt & Maple Syrup (GR)</div> <div>3:00 Happy Hour: Randy & Jeff Duo (Country, Harmonies, Country Blues) (FL)</div> <div>4:30 Private Function in Great Room (GR)</div> <div>6:00 Netflix Movie: The Wrong Track (Sports, Inspiring, Sincere) (A Norwegian Skiing Movie) (PDR)</div>	<div>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 10</div> <div>10:30 Indoor Bocce with Shirley S. & Brenda C. (Volunteers) (FL)</div> <div>1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL)</div> <div>2:00 Bridge Group (Meet in Games Room) (G)</div> <div>2:30 BILLY'S TRAVEL SHOW - "PERU" (GR)</div> <div>2:45 Group Walk - Meet at Reception (OUT)</div> <div>4:00 Crossword Handouts (FL)</div> <div>6:00 Disney+ Series: Only Murders in the Building (Season 1, E. 4/5/6) (Steve Martin, Martin Short & Selena Gomez) (FL)</div>	<div>10:30 Tappercise Seated Tap Dance with Beryl (60 mins.) (GR) 11</div> <div>11:00 Resident Social Chat (Meet in Bistro) (B)</div> <div>1:00 Bean Bag Toss Game with Lia & Lilly (Volunteers) (FL)</div> <div>2:15 Netflix Documentary: The Last Days (World War II Critically Acclaimed Documentary) (FL)</div> <div>3:45 Go 4 Life Walking Group (30 mins.) (OUT)</div> <div>4:00 Card Games (Lounge) (FL)</div> <div>6:00 Prime Video Movie: The Map That Leads to You (FL)</div>
<div>10:00 Virtual Church Service (PDR) 12</div> <div>10:30 DVD Fitness Class (GR)</div> <div>1:00 Prime Video Food Show: The Taste UK (Season 1, Episode 1 & 2) (FL)</div> <div>1:30 Card Games (Lounge) (FL)</div> <div>2:30 Live Classical Music, Youth Musician & Artist Association (FL)</div> <div>3:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</div> <div>4:00 Patio Time & Group Socializing (OUT)</div> <div>6:00 Netflix Movie: Wonder Woman (Rousing, Imaginative, Fantasy) (2017) (FL)</div>	<div>THANKSGIVING DAY 13</div> <div>10:00 Tai Chi Class with Eric Liu (60 mins.) (GR)</div> <div>1:00 Flower Arranging (B)</div> <div>2:00 SKETCHING/DRAWING: Meet Me at The MoMA (Featuring Mike Nudelman) (Resident-Led) (AR)</div> <div>3:15 Play Bananagrams (Similar to Scrabble w/ Brenda) (GR)</div> <div>4:00 Socializing & Coffee (Bistro) (OUT)</div> <div>4:30 Traditional Turkey Dinner Served (4:30pm - 6:00pm) (DR)</div> <div>6:00 Prime Video Movie: The Long Walk Home (18+ Drama) (Set in 1955 Montgomery, Alabama) (FL)</div>	<div>HAIR SALON OPEN 14</div> <div>10:00 DVD Fitness Class (GR)</div> <div>11:00 Fit Minds (Brain Games) (PDR)</div> <div>1:00 Van Trip to Shop at Dollarama (Halloween Costume Ideas Here) (OUT)</div> <div>2:30 Bridge Group (FL)</div> <div>2:30 DRUM FIT to Music (30 mins.) (GR)</div> <div>3:30 Indoor Bocce w/ Stella & Layla (Volunteers) (FL)</div> <div>6:00 Netflix Movie: Runaway Jury (Twists & Turns, Slick) (PG-13) (Starring John Cusack) (FL)</div>	<div>9:00 Add Ingredients to Bread Maker (PDR) 15</div> <div>10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR)</div> <div>11:00 Giant Crossword with Brenda (GR)</div> <div>1:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</div> <div>2:30 Tea, Cookies & Rosemary Bread Served (B)</div> <div>2:45 Java Music Sing-a-long (PDR)</div> <div>3:15 Play Farkle with Brenda (Fun, Easy Dice Game) (GR)</div> <div>3:30 Socializing on the Patio (OUT)</div> <div>6:00 Netflix Movie: A Perfect Pairing (Australian Romantic Comedy) (FL)</div>	<div>10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 16</div> <div>11:00 Giant Crossword 11am (GR)</div> <div>1:00 Kerrisdale Van Shuttle (Starbucks, Library & London Drugs) (OUT)</div> <div>2:00 Resident General Meeting (GR)</div> <div>3:00 Happy Hour: John Parsons (Guitar/Vocals) (FL)</div> <div>4:00 Kings in the Corner Card Game (FL)</div> <div>6:00 Netflix Movie: Life or Something Like It (Charming Romantic Drama) (PG-13) (Starring Angelina Jolie) (FL)</div>	<div>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 17</div> <div>10:30 Indoor Bocce with Shirley S. & Brenda C. (Volunteers) (FL)</div> <div>1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL)</div> <div>2:00 Bridge Group (Meet in Games Room) (G)</div> <div>2:30 BINGO with Prizes @ 2:30pm (GR)</div> <div>3:30 Group Walk - Meet at Reception (OUT)</div> <div>4:00 Crossword Handouts (FL)</div> <div>6:00 Disney+ Series: Only Murders in the Building (Season 1, E. 7/8/9/10) (Season Finale E. 10) (FL)</div>	<div>10:30 Tappercise Seated Tap Dance with Beryl (60 mins.) (GR) 18</div> <div>11:00 Resident Social Chat (Meet in Bistro) (B)</div> <div>1:00 Bean Bag Toss Game with Lia & Lilly (Volunteers) (FL)</div> <div>2:15 Netflix Documentary: Life on Our Planet (Nature, Animals, Captivating, Informative) (FL)</div> <div>3:30 Go 4 Life Walking Group (30 mins.) (OUT)</div> <div>4:00 Card Games (Lounge) (FL)</div> <div>6:00 Disney+ Movie: Sweet Home Alabama (Drama, Comedy) (PG-13) (FL)</div>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>10:00 Virtual Church Service (PDR) 19</div> <div>10:30 Qigong Fitness Class with Anita Wong (60 mins.) (GR)</div> <div>1:00 Prime Video Food Show: The Taste UK (Season 1, Episode 1 & 2) (FL)</div> <div>1:30 Card Games (Lounge) (FL)</div> <div>3:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</div> <div>4:00 Patio Time & Group Socializing (OUT)</div> <div>6:00 Disney+ Movie: Secretariat (Drama History) (Diane Lane & John Malkovich) (FL)</div>	<div>DIWALI 20</div> <div>10:00 Tai Chi Class with Eric Liu (60 mins.) (GR)</div> <div>10:30 Mini-Meetings w/ Ayne (Profile Updates) (G)</div> <div>11:00 Fit Minds (Brain Games) (PDR)</div> <div>1:30 Presentation: FLO True Balance (Open-Ear Bone Hearing Conduction Headphones with Amplification Testing) (PDR)</div> <div>2:30 PAINTING CLASS: Emily Carr's Swirling Tree (AR)</div> <div>4:00 Socializing & Coffee (Bistro) (OUT)</div> <div>4:30 Special South Asian Dinner for Diwali (DR)</div> <div>6:00 Disney + Movie: The Journey of Natty Gann (Drama, Action, Adventure) (FL)</div>	<div>HAIR SALON OPEN 21</div> <div>10:00 DRUM FIT to Music (30 mins.) (GR)</div> <div>10:30 Mini-Meetings w/ Ayne (Profile Updates) (G)</div> <div>10:45 Flower Arranging (B)</div> <div>1:30 BINGO with Prizes @ 1:30pm (GR)</div> <div>2:30 Bridge Group (FL)</div> <div>2:30 Play Farkle with Brenda (Fun, Easy Dice Game) (GR)</div> <div>3:30 Indoor Bocce w/ Stella & Layla (Volunteers) (FL)</div> <div>6:00 Disney+ Movie: Chain Reaction (Action, Adventure, Sci-Fi) (Starring Morgan Freeman and Keanu Reeves) (FL)</div>	<div>10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR) 22</div> <div>10:30 Mini-Meetings w/ Ayne (Profile Updates) (G)</div> <div>11:00 Giant Crossword with Brenda (GR)</div> <div>1:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</div> <div>1:30 15-Minute Power Fit Class (OUT)</div> <div>2:30 Tea & Cookies Served (B)</div> <div>2:45 Java Music Sing-a-long (PDR)</div> <div>3:15 NATURE CRAFT: Leaf Print (Butterfly) (AR)</div> <div>3:30 Socializing on the Patio (OUT)</div> <div>6:00 Prime Video Movie: The Legend of Molly Johnson (Australian Western) (FL)</div>	<div>10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 23</div> <div>10:30 Mini-Meetings w/ Ayne (Profile Updates) (G)</div> <div>11:00 Giant Crossword 11am (GR)</div> <div>1:00 Kerrisdale Van Shuttle (Starbucks, Library & London Drugs) (OUT)</div> <div>2:30 Resident & Staff Costume Contest! (FL)</div> <div>3:00 Happy Hour: Luke Sandford (Piano/Vocals) (FL)</div> <div>4:00 Kings in the Corner Card Game (FL)</div> <div>6:00 Netflix Movie: In My Dream (Romantic, Magical Realism, Sentimental) (FL)</div>	<div>VACCINE CLINIC 24</div> <div>9:00 Flu and Vaccine Clinic (9am Until Finished) (GR)</div> <div>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR)</div> <div>10:30 Indoor Bocce with Shirley S. & Brenda C. (Volunteers) (FL)</div> <div>10:30 Mini-Meetings w/ Ayne (Profile Updates) (G)</div> <div>1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL)</div> <div>2:00 Bridge Group (G)</div> <div>2:30 TONY'S TRAVEL SHOW - "ALASKA" (GR)</div> <div>3:30 Group Walk - Meet at Reception (OUT)</div> <div>6:00 Disney+ Movie: Glory Road (Drama, Biography) (FL)</div>	<div>10:30 Tappercise Seated Tap Dance with Beryl (60 mins.) 25</div> <div>11:00 Resident Social Chat (Meet in Bistro) (B)</div> <div>1:00 Bean Bag Toss Game with Lia & Lilly (Volunteers) (FL)</div> <div>2:30 Piano Music by Anita Du, Accompanied by Violin & Cello (30 Minutes) (FL)</div> <div>3:00 Netflix Documentary: Shark Whisperer (Riveting, Controversial) (GR)</div> <div>3:30 Go 4 Life Walking Group (30 mins.) (OUT)</div> <div>4:00 Card Games (Lounge) (FL)</div> <div>6:00 Disney+ Movie: A Good Year (Drama, Romance) (PG-13) (FL)</div>
<div>10:00 Virtual Church Service (PDR) 26</div> <div>10:30 Qigong Fitness Class with Anita Wong (60 mins.) (GR)</div> <div>1:00 Prime Video Food Show: The Taste UK (Season 1, Episode 1 & 2) (FL)</div> <div>2:00 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</div> <div>3:00 Piano and Violin Performances (Amanda Andrishak & Her Students) (FL)</div> <div>4:00 Card Games (Lounge) (FL)</div> <div>6:00 Netflix Movie: Family Pack (Quirky, Family, Fantasy) (FL)</div>	<div>10:00 Tai Chi Class with Eric Liu (60 mins.) (GR) 27</div> <div>11:15 Van Trip to Bufala Pizzeria for Lunch (PDR)</div> <div>1:00 Card Games (Lounge) (FL)</div> <div>2:00 BINGO with Prizes @ 2:00pm (GR)</div> <div>3:00 PAINTING CLASS: Hibiscus Flower (Watercolour) (AR)</div> <div>4:00 Socializing & Coffee (Bistro) (OUT)</div> <div>6:00 Disney+ Movie: The Full Monty (Comedy, Musical) (Filmed in South Yorkshire & Manchester, England) (FL)</div>	<div>HAIR SALON OPEN 28</div> <div>10:00 DRUM FIT to Music (30 mins.) (GR)</div> <div>10:30 Flower Arranging (B)</div> <div>11:00 Socializing & Coffee in the Bistro (B)</div> <div>1:00 Pet Therapy Visit (Olga & Her Dog Sasha)(30 mins.) (FL)</div> <div>1:30 CRAFT: Decoupage Pumpkins for Display (AR)</div> <div>2:30 Bridge Group (FL)</div> <div>3:30 Indoor Bocce w/ Stella & Layla (Volunteers) (FL)</div> <div>6:00 Disney+ Movie: The Sound of Music (History, Music) (FL)</div>	<div>9:00 Add Ingredients to Bread Maker (PDR) 29</div> <div>10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR)</div> <div>11:00 Giant Crossword with Brenda (GR)</div> <div>1:30 Play Cards with Brenda (OUT)</div> <div>2:30 Tea, Cookies & Rosemary Bread Served (B)</div> <div>2:45 Java Music Sing-a-long (PDR)</div> <div>3:30 Socializing on the Patio (OUT)</div> <div>6:00 Disney+ Movie: A Hidden Life (Historial Drama) (FL)</div>	<div>COSTUME CONTEST 2:30PM 30</div> <div>10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR)</div> <div>10:30 Van to Shopper's Drug Mart (20% Off Seniors Day) (DUNBAR) (OUT)</div> <div>1:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</div> <div>2:30 Halloween Costume Contest Before Happy Hour. Starts @ 2:30pm Sharp! (Arrive Early) (FL)</div> <div>3:00 Happy Hour: Peter Williams (Piano & Vocals) (FL)</div> <div>4:00 Kings in the Corner Card Game (FL)</div> <div>6:00 Netflix Movie: Off Track 2 (Inspiring, Sincere, Sports) (FL)</div>	<div>HALLOWEEN 31</div> <div>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR)</div> <div>10:30 Indoor Bocce with Shirley S. & Brenda C. (Volunteers) (FL)</div> <div>1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL)</div> <div>2:00 Bridge Group (Meet in Games Room) (G)</div> <div>2:30 Play Farkle with Brenda (Fun, Easy Dice Game) (GR)</div> <div>3:30 Group Walk - Meet at Reception (OUT)</div> <div>4:00 Crossword Handouts (FL)</div> <div>6:00 Netflix Movie: Love and Monsters (PG-13) (Sci-Fi Adventure, Imaginative, Exciting) (FL)</div>	



WEDNESDAY

OCT 1

International Day of Seniors

Be Colourful

Locations Legend

Fireplace Lounge (FL)

Great Room (GR)

Outside (OUT)

Private Dining Room (PDR)

Bistro (B)

Games Room (G)

Fine Arts Room (AR)

Dining room (DR)

Calendar Legend

Outing

Special Program

Living, Loving, Local

Artful Enrichment

Drumfit