




INSPIRED SENIOR LIVING

April 2026 Granville Gardens




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Parkinson's Awareness Month</p>			<p>APRIL FOOLS' DAY 1 HAIR SALON OPEN PASSOVER - April 1st-9th 9:00 Yodeling Lessons and Bear Wrestling @ Grouse Mountain (OUT) 10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR) 1:30 Monthly Life Enrichment Meeting (PDR) 2:30 Tea & Cookies (B) 2:45 Java Music Sing-a-long (PDR) 3:15 A Very Foolish Photo Shoot (Hats, Wigs & Glasses Provided) (PDR) 6:00 Netflix Movie: The Swedish Connection (Emotional Drama, Inspiring) (FL)</p>	<p>PARKINSON'S AWARENESS MONTH 2 10:00 Seated Functional Fitness Class with Brenda (30 Mins.)(Hand Weights, Cardio Boxing & Grip Strengthening) (GR) 10:30 FELT & EMBROIDERY CLASS (PDR) 1:00 Kerrisdale Van Shuttle (Starbucks & London Drugs) (OUT) 2:00 Group Walk (30 mins.) (OUT) 3:00 Happy Hour: Randy & Jeff Duo (Country, Harmonies, Country Blues) (FL) 4:00 Kings in the Corner Card Game (FL) 6:00 Netflix Movie Series: Downton Abbey (New Episodes) (FL)</p>	<p>GOOD FRIDAY 3 10:00 DRUM FIT Exercise to Music w/ Brenda (30 mins.) (GR) 10:30 ART: "Baby Easter Chicks" (Watercolour Painting Class) (AR) 1:30 Good Friday Special Hymn Sing & Prayer w/ Pastor Lee (60 Mins.) (FL) 2:30 Bridge Group (GR) 3:00 Socializing & Coffee (OUT) 4:30 Hot Cross Buns Served with Dinner (DR) 6:00 Netflix Movie: Steel Magnolias (Starring Julia Roberts & Sally Field) (GR)</p>	<p>10:00 30-Min Seated Chair Exercises for Seniors No equipment (YouTube) (GR) 4 11:00 Socializing & Coffee in the Bistro (B) 1:00 Bean Bag Toss Game with Lia & Lilly (Volunteers) (FL) 2:00 Disney+ Documentary (National Geographic): Photographer (2024 Biography, Docuseries) (PDR) 3:30 Go 4 Life Walking Group (30 mins.) (OUT) 6:00 Netflix Series: Virgin River (Season 7, E. 1 & 2) (FL)</p>
		<p>EASTER SUNDAY BRUNCH 5 9:30 Virtual Church Service (PDR) 10:30 (YouTube) Full Chair Workout For Seniors (Seated) - 35 Minutes, Beginner - Exercise Every Area of Your Body (35 mins.) (GR) 11:00 Card Games (Lounge) (FL) 11:30 Easter Sunday Semi-Brunch Buffet (DR) 1:00 Netflix Food Show: Bake Squad (in the Great Room) (GR) 3:30 Group Walk - Meet at Reception (30 mins.) (OUT) 6:00 Netflix Movie: The Short Game (Family, Feel-Good, Inspiring) (FL)</p>	<p>EASTER MONDAY 6 10:00 DVD Seated Yoga Fitness Class (GR) 11:00 Coffee & Hot Chocolate in the Bistro (B) 1:00 Continued.....Nurse's Educational Talk by Ayne "Levels of Care" (Independent Living, Assisted Living and Long Term Care) (GR) 2:00 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT) 3:00 Enjoy a Game of Scrabble in the Lounge (FL) 6:00 Netflix Movie: 2 Hearts (Faith, Spirituality, Heartfelt) (FL)</p>	<p>HAIR SALON OPEN 7 10:00 DVD Seated Yoga Fitness Class (GR) 11:00 Flower Arranging (B) 1:00 Pet Therapy Dog Visit (FL) 1:30 BINGO with Prizes (GR) 2:45 15-Minute Power Fit Class Out Front, Under Cover (OUT) 3:00 Word Games & Brain Games (PDR) 6:00 Disney+ Movie: The Amateur (Espionage, Spies, Action, Adventure) (PG-13) (FL)</p>	<p>HAIR SALON OPEN 8 9:00 Bread Making Using The Bread Machine (PDR) 10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR) 11:00 Giant Crossword (GR) 1:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 1:30 Play Farkle w/ Brenda (Fun Dice Game) (PDR) 2:30 Rosemary Bread, Tea & Cookies (B) 2:45 Java Music Sing-a-long (PDR) 3:30 Patio Social Time! (OUT) 6:00 Disney+ Movie: The Martian (Action, Adventure, Sci-Fi) (Starring Matt Damon) (FL)</p>	<p>10:00 DRUM FIT Exercise to Music w/ Brenda (30 mins.) (GR) 9 10:30 FELT & EMBROIDERY CLASS (PDR) 1:00 Kerrisdale Van Shuttle (Starbucks & London Drugs) (OUT) 2:00 Kings in the Corner Card Game (FL) 3:00 Happy Hour: Cherelle Jardine (Guitar & Vocals) (FL) 4:00 Group Walk (30 mins.) (OUT) 6:00 Netflix Movie Series: Downton Abbey (New Episodes) (FL)</p>
<p>9:30 Virtual Church Service (PDR) 12 10:30 (YouTube) Full Chair Workout For Seniors (Seated) - 35 Minutes, Beginner - Exercise Every Area of Your Body (35 mins.) (GR) 11:00 Card Games (Lounge) (FL) 11:30 Private Lunch in PDR (PDR) 1:00 Netflix Food Show: Street Food USA (GR) 2:30 Live Classical Music, Youth Musician & Artist Association (FL) 3:30 Group Walk - Meet at Reception (30 mins.) (OUT) 6:00 Netflix Movie: Ordinary Angels (Inspirational, Sentimental) (FL)</p>	<p>10:00 Tai Chi Class with Eric Liu (60 mins.) (GR) 13 11:00 Fit Minds (Brain Games) (PDR) 1:00 Van to Shop at Dollarama (OUT) 2:00 BINGO with Prizes (GR) 3:00 Patio Social with Drinks Served & Neil Diamond Music (OUT) 3:45 Kings in the Corner Card Game (FL) 6:00 Prime Video Movie: His Girl Friday (1940) (Screwball Comedy Starring Cary Grant & Rosalind Russell) (FL)</p>	<p>LLL DINNER (Featuring Eggs) 14 HAIR SALON OPEN 10:00 DVD Seated Yoga Fitness Class (GR) 11:00 Flower Arranging (B) 1:00 Pet Therapy Dog Visit (FL) 1:30 ARTFULL ENRICHMENT: Jean-Michel Basquiat (Abstract Artist, Poet, Graffiti Artist) (Oil Pastels & Paint) (AR) 2:45 15-Minute Power Fit Class Out Front, Under Cover (OUT) 3:00 Group Walk (30 mins.) (OUT) 6:00 Netflix Movie: School of Rock (Family, Comedy Starring Jack Black) (FL)</p>	<p>HAIR SALON OPEN 15 FOOT CARE NURSE HERE 10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR) 11:00 Giant Crossword (GR) 1:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 1:30 Play Farkle w/ Brenda (Fun Dice Game) (PDR) 2:30 Tea & Cookies (B) 2:45 Java Music Sing-a-long (PDR) 3:15 Guided Audio Meditation "Release All Negative Energy" & Sharing Inspirational Quotes (30 mins.) (PDR) 6:00 Netflix Movie: Little Women (Nostalgic, Family) (FL)</p>	<p>CARIBBEAN CRUISE WEEK 16 SEATED MASSAGES ALL DAY 10:00 BOCCIE COMPETITION - Our Residents vs. Managers! (FL) 11:00 FELT & EMBROIDERY CLASS (PDR) 1:00 Kerrisdale Van Shuttle (Starbucks & London Drugs) (OUT) 2:00 Resident General Meeting (GR) 2:30 Chef Chat with Gary (GR) 3:00 Happy Hour: Michael Turner (Piano) (FL) 6:00 Netflix Movie Series: Downton Abbey (New Episodes) (FL)</p>	<p>PORT OF CALL - MEXICO 17 10:00 DRUM FIT Exercise to Music w/ Brenda (30 mins.) (GR) 10:30 Indoor Bocce with Shirley! (FL) 11:00 Group Walk (30 mins.) (OUT) 11:30 "Baja Fish Tacos "Mexico" - Lunch Option (DR) 1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL) 2:30 Bridge Group (G) 2:45 Food Demo: Homemade Pico de Gallo (Served with Corn Chips & 'Bubly' Lime Beverage) (PDR) 3:30 Patio Social Time! (OUT) 6:00 Netflix Movie: La Bamba (Nostalgic, Music, Story of Ritchie Valens) (FL)</p>	<p>OPEN HOUSE 1:00pm to 3:00pm 18 PORT OF CALL - JAMAICA 10:00 30-Min Seated Chair Exercises for Seniors No equipment (YouTube) (GR) 10:30 Go 4 Life Walking Group (30 mins.) (OUT) 11:00 Socializing & Coffee (OUT) 1:30 Live Music - Bob Collins (Guitar/Vocals) (FL) 2:30 "SIP & PAINT" Painting Class w/ Dawn-Florals on Ceramic Plates (Drinks Served) (GR) 3:30 Indoor Bocce with Amy! (FL) 6:00 Netflix Series: Virgin River (Season 7, E. 5 & 6) (FL)</p>



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19 PORT OF CALL - ARUBA 9:30 Virtual Church Service (PDR) 10:30 (YouTube) Full Chair Workout For Seniors (Seated) - 35 Minutes, Beginner - Exercise Every Area of Your Body (35 mins.) (GR) 11:00 Card Games (Lounge) (FL) 1:00 Netflix Food Show: Street Food Latin America (PDR) 3:00 The BC Chinese Chamber Ensemble Performs! (With Traditional Chinese Instruments) (FL) 3:30 Group Walk (30 mins.) (OUT) 6:00 Netflix Movie: Love, Divided (Comedy, Charming, Feel-Good) (FL)	20 PORT OF CALL - BELIZE 10:00 Tai Chi Class with Eric Liu (60 mins.) (GR) 11:00 Fit Minds (Brain Games) (PDR) 1:00 Van to Walk the West Side Arbutus Greenway (W. 52 Ave. to W. 57 Ave.) & Shopping at Choices Market (OUT) 2:00 BINGO with Prizes (GR) 3:00 Drinks Served on the Patio: Guava Juice, Perrier Sparkling Water or Cold Beer (OUT) 3:15 Java Music Sing-a-long (PDR) 6:00 Netflix Movie: One Life (Inspiring Drama) (FL)	21 PORT OF CALL - DOMINICAN REPUBLIC NAT'L TEA DAY HAIR SALON OPEN 10:00 Tappercise Seated Tap Dance with Beryl (60 mins.) (GR) 10:45 Flower Arranging & Tea Time (B) 1:00 Kings in the Corner Card Game (FL) 1:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 2:30 Drink Demo & Tasting: "Coco Loco" (Tropical Cocktail with Coconut, Rum & Citrus) (PDR) 3:15 Patio Social Time! (OUT) 6:00 Netflix Movie: The Net (Suspenseful) (Starring Sandra Bullock) (FL)	22 HAIR SALON OPEN EARTH DAY PORT OF CALL - BAHAMAS 10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR) 11:00 Giant Crossword (GR) 1:30 Play Farkle w/ Brenda (Fun Dice Game) (GR) 2:00 Drink Demo & Tasting: "Bahama Mama" (Pineapple Juice, Orange Juice, Rum & Grenadine) (GR) 3:00 Patio Social Time! (OUT) 6:00 Netflix Movie: One Life (Heartfelt & Inspiring) (FL)	23 WORLD BOOK DAY 10:00 Seated Functional Fitness Class with Brenda (30 Mins.) (Hand Weights, Cardio Boxing & Grip Strengthening) (GR) 10:30 FELT & EMBROIDERY CLASS (PDR) 1:00 Kerrisdale Van Shuttle (Starbucks & London Drugs) (OUT) 1:30 Group Walk (30 mins.) (OUT) 2:00 Card Games (FL) 3:00 Happy Hour: Matthew Ma (Classical Piano) (FL) 4:00 Card Games (FL) 6:00 Netflix Movie Series: Downton Abbey (New Episodes) (FL)	24 10:00 DRUM FIT Exercise to Music w/ Brenda (30 mins.) (GR) 10:30 Indoor Bocce with Shirley! (FL) 1:00 Guided Audio Meditation "Motivation & Energy" (PDR) 1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL) 2:30 SPRING RUMMAGE SALE (1 Hour Sale from 2:30pm to 3:30pm, Great Room) (GR) 2:30 Bridge Group (FL) 4:00 Neighbourhood Walk Around the Block - Resident-Led (30 mins.) (OUT) 6:00 Netflix Movie: Midway (WWII, Deep Sea, Gritty) (Rated PG) (FL)	25 10:00 30-Min Seated Chair Exercises for Seniors No equipment (YouTube) (GR) 11:00 Socializing & Coffee in the Bistro (B) 1:00 Bean Bag Toss Game with Lia & Lilly (Volunteers) (FL) 2:00 Go 4 Life Walking Group (30 mins.) (OUT) 2:30 Card Games (FL) 3:00 Live Performance - Y.C. Canada Chinese Youth Orchestra (FL) 6:00 Netflix Series: Virgin River (Season 7, E. 7 & 8) (FL)
26 9:30 Virtual Church Service (PDR) 10:30 (YouTube) Full Chair Workout For Seniors (Seated) - 35 Minutes, Beginner - Exercise Every Area of Your Body (35 mins.) (GR) 11:00 Card Games (Lounge) (FL) 11:30 Private Lunch in PDR (PDR) 1:00 Netflix Food Show: Fresh, Fried and Crispy (GR) 3:00 The Cub Scouts Youth Visit - Skills Demonstration (ages 8 - 10) (FL) 4:00 Group Walk - Meet at Reception (30 mins.) (OUT) 6:00 Netflix Movie: Labor Day (Bittersweet Drama) (FL)	27 ARTFUL ENRICHMENT WEEK 10:00 Tai Chi Class with Eric Liu (60 mins.) (GR) 11:00 Fit Minds (Brain Games) (PDR) 1:00 BINGO with Prizes (GR) 2:00 PAINTING: Meet Me at The MoMA (Qian Songyan, Chinese Painter) (Cherry Blossoms) (AR) 3:00 (Spotify) Guided Audio Meditation "A Positive Mindset" (PDR) 3:15 DRAWING: Learn to Draw a Daffodil (PDR) 6:00 Netflix Movie: The Lighthouse of the Orcas (English Subtitles) (Spanish-Argentine Heartfelt Drama) (FL)	28 HAIR SALON OPEN 10:00 Tappercise Seated Tap Dance with Beryl (60 mins.) (GR) 10:45 Flower Arranging (B) 11:00 Van to Dim Sum at Golden Ocean Restaurant (OUT) 1:00 Group Walk (30 mins.) (OUT) 1:30 ART: Elton John Creative Art Project (Sequins, Feathers & "Bling") (AR) 2:30 Play Farkle w/ Brenda (Fun Dice Game) (PDR) 6:00 Prime Video Movie: Captain Fantastic (18+, Oscar Nominee) (An idealistic father raising his 6 children in the wilderness) (FL)	29 HAIR SALON OPEN 9:00 Bread Making Using The Bread Machine (PDR) 10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR) 11:00 Giant Crossword (GR) 1:00 Wellness Clinic with Nurse Ayne (1pm - 3pm) (Sign Up) (PDR) 2:30 Rosemary Bread, Tea & Cookies (B) 2:45 Java Music Sing-a-long (PDR) 3:15 Patio Social & Music by Elton John (OUT) 6:00 Netflix Movie: Ordinary Angels (Inspiring, Sentimental) (FL)	30 10:00 Van to Shoppers Drug Mart - Senior's Day (DUNBAR) (OUT) 10:00 DVD Seated Yoga Fitness Class (GR) 10:30 PENCIL SKETCHING: Learn to Draw a Lighthouse (Coloured Pencils) (PDR) 1:30 PAINTING CLASS: Maude Lewis (Canadian Folk Artist) (GR) 3:00 Happy Hour: Mike Kinal Performs (Guitar & Vocals) (FL) 4:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 6:00 Netflix Movie Series: Downton Abbey (New Episodes) (FL)	 <p style="text-align: center; font-size: 2em;">Easter</p>	



Locations Legend

Fireplace Lounge (FL)	Bistro (B)
Great Room (GR)	Fine Arts Room (AR)
Outside (OUT)	Dining room (DR)
Private Dining Room (PDR)	Games Room (G)

Calendar Legend

Artful Enrichment Week
Outing
Special Program
Cruise Week
Signature Program
Artful Enrichment
Drumfit