



INSPIRED SENIOR LIVING

# July 2023 Hawthorn Park



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>SATURDAY</b> <b>JUL 1</b></p> <p><b>Canada Day</b></p>	 <p><b>National Culinary Arts Month</b></p>					<p><b>Happy Canada Day! Wear Red and White Today!</b></p> <p>9:00 Go4Life Walking Club (no staff today for the walk) (MF)</p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Scenic Drive *Sign up (MEE)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>3:00 Canada Day Celebration with Mar Manongdo! (LO)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>9:00 Go4Life Walking Club (MF) <b>2</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:00 Central Okanagan United Church Service (LO)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) <b>3</b></p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service with Father Gabriel (T)</p> <p>1:30 Courtyard Social! *treat provided! (C)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>7:00 Bingo Game (Bring \$.50 cents for the first card/\$.25 cents for each card after) (O)</p>	<p>9:00 Go4Life Walking Club (MF) <b>4</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:45 Shopping Shuttle to Orchard Park *Sign-up (MEE)</p> <p>1:30 Balance for Life in the Oakroom (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>3:00 Toonie Tuesday Pub Afternoon (LO)</p>	<p>9:00 Go4Life Walking Club (MF) <b>5</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Dog Therapy with Dawn and Angel (LO)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Happy Hour &amp; Entertainment with Mar Manongdo (LO)</p> <p>7:00 Wednesday Movie Night</p>	<p>9:00 Go4Life Walking Club (MF) <b>6</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Picnic Lunch at Bear Creek Park (MEE)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Bingo Game- Beginners Pace: Great for those wanting to learn how to play! (O)</p>	<p>9:00 Go4Life Walking Club (MF) <b>7</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Block Party on the First Floor Puzzle Area! (FIR)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo Game (Bring \$.50 cents for the first card/\$.25 cents for each card after) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) <b>8</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Scenic Drive *Sign up (MEE)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>9:00 Go4Life Walking Club (MF) <b>9</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>2:30 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) <b>10</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service with Father Gabriel (T)</p> <p>1:30 Courtyard Social! *treat provided! (C)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo Game (Bring \$.50 cents for the first card/\$.25 cents for each card after) (O)</p>	<p><b>National Fashion Day</b></p> <p>9:00 Go4Life Walking Club (MF) <b>11</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:30 Shopping Shuttle to Walmart *Sign-up (MEE)</p> <p>9:30 TV series Matinee- Next In Fashion playing in the Theatre today (T)</p> <p>1:30 Balance for Life in the Oakroom (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>3:00 Toonie Tuesday Pub Afternoon (LO)</p>	<p>9:00 Go4Life Walking Club (MF) <b>12</b></p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Dog Therapy with Dawn and Angel (LO)</p> <p>10:00 5th Avenue Jewelry Display- 10:00-4:00 (LO)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Happy Hour &amp; Social with Jeremy! (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) <b>13</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Cheryl's Craft Sale (LO)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Bingo Game- Beginners Pace: Great for those wanting to learn how to play! (O)</p>	<p><b>French Day!</b></p> <p>9:00 Go4Life Walking Club (MF) <b>14</b></p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time in the Bistro with French Pastries (BIST)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:00 Block Party- Meet your Neighbours! Second floor Puzzle Area! (SF)</p> <p>10:00 Traveling through France- travelouge (T)</p> <p>1:30 Fit Minds (LI)</p> <p>1:30 Drum Fit with Gabby! Try it out and receive a free drink ticket on your first time! (O)</p> <p>3:00 Friday Social and Pub Afternoon *French wine available for purchase (LO)</p> <p>7:00 Bingo Game (Bring \$.50 cents for the first card/\$.25 cents for each card after) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) <b>15</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Scenic Drive *Sign up (MEE)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday														
<p>9:00 Go4Life Walking Club (MF) <b>16</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) <b>17</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service with Father Gabriel (T)</p> <p>1:30 Courtyard Social! *treat provided! (C)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo Game (Bring \$.50 cents for the first card/\$.25 cents for each card after) (O)</p>	<p>9:00 Go4Life Walking Club (MF) <b>18</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:30 Hearing Clinic with Hear Care Audiology (T)</p> <p>9:45 Shopping Shuttle to Orchard Park *Sign-up (MEE)</p> <p>1:30 Balance for Life in the Oakroom (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>3:00 Toonie Tuesday Pub Afternoon (LO)</p>	<p><b>National Hot Dog Day!</b> <b>19</b></p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Dog Therapy with Dawn and Angel (LO)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Happy Hour &amp; Social with Rolland (LO)</p> <p>7:00 Wednesday Movie Night</p>	<p>9:00 Go4Life Walking Club (MF) <b>20</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 5 Pin Bowling at Pins &amp; Pints and Lunch Outing *Lunch money required, \$6 for bowling (MEE)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Bingo Game- Beginners Pace: Great for those wanting to learn how to play! (O)</p>	<p>9:00 Go4Life Walking Club (MF) <b>21</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:00 Block Party- Meet your Neighbours! Third floor seating area! (TF)</p> <p>1:30 Fit Minds (LI)</p> <p>1:30 Drum Fit with Gabby! Try it out and receive a free drink ticket on your first time! (O)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo Game (Bring \$.50 cents for the first card/\$.25 cents for each card after) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) <b>22</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Scenic Drive *Sign up (MEE)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>														
<p>9:00 Go4Life Walking Club (MF) <b>23</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) <b>24</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service with Father Gabriel (T)</p> <p>1:30 Courtyard Social! *treat provided! (C)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo Game (Bring \$.50 cents for the first card/\$.25 cents for each card after) (O)</p>	<p>9:00 Go4Life Walking Club (MF) <b>25</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:30 Shopping Shuttle to Walmart *Sign-up (MEE)</p> <p>1:30 Balance for Life in the Oakroom (O)</p> <p>1:30 Bridge in the Library (LI)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>3:00 Toonie Tuesday Pub Afternoon (LO)</p>	<p>9:00 Go4Life Walking Club (MF) <b>26</b></p> <p>9:30 Gym Dandies (O)</p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Dog Therapy with Dawn and Angel (LO)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>2:00 Horse Race Game in the Oakroom (Bring \$0.25 cents per race - we play 10 races total) (O)</p> <p>3:00 Birthday Party &amp; Social with Vic &amp; Carol! (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) <b>27</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:45 Java Music Club (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Golf Putting Game (O)</p> <p>3:00 Busy Fingers Craft Circle (LO)</p> <p>3:00 Bingo Game- Beginners Pace: Great for those wanting to learn how to play! (O)</p>	<p>9:00 Go4Life Walking Club (MF) <b>28</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>1:30 Fit Minds (LI)</p> <p>1:30 Drum Fit with Gabby! Try it out and receive a free drink ticket on your first time! (O)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo Game (Bring \$.50 cents for the first card/\$.25 cents for each card after) (O)</p>	<p>9:00 Go4Life Walking Club (no staff today for the walk) (MF) <b>29</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Scenic Drive *Sign up (MEE)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>7:00 Saturday Night Movie (T)</p>														
<p>9:00 Go4Life Walking Club (MF) <b>30</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:45 Piano Music with Beryl (CH)</p> <p>1:30 Chair Yoga with Heather (O)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club! (no staff today for the walk) (L) <b>31</b></p> <p>9:30 Coffee Time in the Bistro (BIST)</p> <p>9:30 Gym Dandies (O)</p> <p>10:00 Group Swim- independent swim with other residents (P)</p> <p>10:30 Catholic Communion Service with Father Gabriel (T)</p> <p>1:30 Courtyard Social! *treat provided! (C)</p> <p>2:15 Monday Movie Matinee (T)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>7:00 Bingo Game (Bring \$.50 cents for the first card/\$.25 cents for each card after) (O)</p>				<p style="text-align: center;"><b>Locations Legend</b></p> <table border="0"> <tr> <td>Oakroom (O)</td> <td>Meet by bus (MEE)</td> </tr> <tr> <td>Lounge (LO)</td> <td>Coffee House (CH)</td> </tr> <tr> <td>Theatre (T)</td> <td>Lobby (L)</td> </tr> <tr> <td>Bistro (BIST)</td> <td>Courtyard (C)</td> </tr> <tr> <td>Main Floor (MF)</td> <td>First Floor (FIR)</td> </tr> <tr> <td>Pool (P)</td> <td>Second Floor (SF)</td> </tr> <tr> <td>Library (LI)</td> <td>Third Floor (TF)</td> </tr> </table>		Oakroom (O)	Meet by bus (MEE)	Lounge (LO)	Coffee House (CH)	Theatre (T)	Lobby (L)	Bistro (BIST)	Courtyard (C)	Main Floor (MF)	First Floor (FIR)	Pool (P)	Second Floor (SF)	Library (LI)	Third Floor (TF)
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